



SNOW

The Official Publication of the
Professional Ski Instructors of America
Eastern / Education Foundation

PRO

FALL 2005

A New Window to the Web

.....Newly designed Eastern Division website introduced at www.psia-e.org

by Michael J. Mendrick, Executive Director

For the first time in five years, the Eastern Division of PSIA & AASI has a brand new website that is full of valuable content, new features and is (MUCH) easier for members to use. No more trying to decipher insider terms such as Trail Map (for the Site Map) and Snow Junction (for Links). No more wandering through page after page, looking for the study guide you need. And, alas, no more “shhhh” sound. We’re hoping everyone can get used to that!

A big thank you goes to Jodi Bedson, IT & Events Manager at the division office, for making this site redesign her primary “summer project.” I think you’ll be very pleased with the results and actually bookmark our division site as one of your “favorites” to which you return again and again. We believe that the educational and membership-specific content of the Eastern Division site complements the features and opportunities presented to you at the national websites (www.psia.org and www.aasi.org), both easily linked from our division site.

Some of the highlights of the new site include:

- Each page features the same easy-to-use menu.
- Each page has access to the high-traffic areas of the site.
 - > STUDY GUIDES
 - > SNOW PRO NEWSLETTERS
 - > SNOWSPORTS LINKS
- Also, the national sites at www.aasi.org and www.psia.org are clearly marked and accessible.

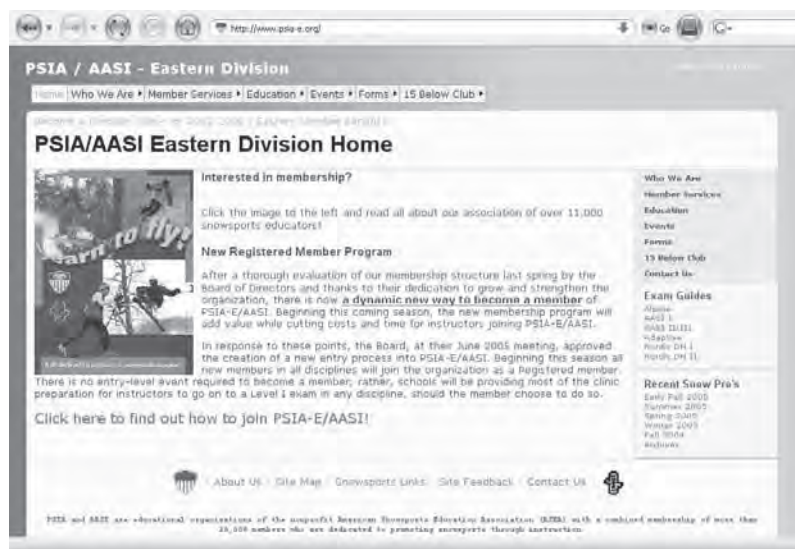
On the Home Page

- Dynamic screen with a focus on new member information, in conjunction with Member Services section, which highlights member benefits.
- Will also be used for any urgent “updates” or breaking news information.
- Last year, we used a scrolling text box for this information. We’ll do something similar with the new site as well, but with a different look.

Who We Are

The “Who We Are” screen features descriptions and overviews as presented in our “Learn to Fly” membership brochure. It highlights each discipline, as well as including our contact information.

- All Disciplines profiled separately
- 15 Below Club
- Education Foundation
- Division Staff
- Division Board and Committees
- Contact Us



Member Services

- The Member Services screen is the gateway to the section that has been enhanced to provide thorough information and resources for members as well as those looking for information on how to become a member.
- New member benefits are highlighted and old information is made easier to find.

Education

Education features scholarships, general education articles, and all of the educational pieces that are available for download, including study guides, Master Teacher Certification and accreditation information.

- Scholarships
- General Education Articles
- Discipline-specific Materials

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guest editorial

What Has Teaching Done for You?

by Sherry L. Hofecker

PSIA-E Alpine Level I

Blue Knob All-Seasons Resort, PA

Snowsports Instructor: purveyor of wild parties; enjoys naked romps with the opposite sex in a hot tub.

An acquaintance admitted to me this was the image that flashed through her mind when her teenage son said he wanted to be a snowboard instructor. The image came from several infamous ski movies. While we all may know someone who fits this stereotype, it really is the exception rather than the rule. I knew I needed to act fast if this kid was ever going to have a chance to try to follow his dream.

The obvious benefits came to mind. This young man would be doing something constructive, while enjoying the fresh air and getting exercise, instead of playing video games. He would be participating in a lifetime sport that he could continue to enjoy into adulthood. He could improve his riding skills. He could get paid to do something he enjoys. These are all good things, but I knew I needed to go a little deeper.

I proceeded by explaining the correlation of how being a ski instructor has positively affected other areas of my life. I started training to be an instructor when I was sixteen. It was my first real employment opportunity and the lessons I learned on the hill helped prepare me for future employment. I learned skills that cannot be taught in a classroom.

Responsibility happens on several levels. Showing up on scheduled days, and arriving on time for the designated group lesson times taught me responsibility to the customer, my employers and my co-workers. Since snowsports can be a high risk activity, I learned there is a great deal of responsibility with getting your group safely down the mountain, or being responsible for someone's child on the lift. I learned to be flexible to do other jobs as needed.

People skills and handling customer service are invaluable to anyone in any profession. As instructors, we handle people of all ages, from all walks of life, even from other parts of the world. My first job out of college was as a recreation director. I was well prepared to deal with the public, including the children and adults who participated in the programs, as well as staff, board members, and community officials.

I have been asked on several occasions to speak to various community groups. As instructors, we speak in front of people all the time with our group lessons! When we become instructors, we learn to articulate, project our voices, and make eye contact. If you have an opportunity to observe the new trainees at your mountain, listen as they perform their first practice lesson with the trainers. They look at the ground, speak softly, and interject "um" between every word. With practice, however, they become polished speakers.

Good communication skills are beneficial in many ways. As instructors, we need to give clear, concise instructions and demonstrations so our students will understand the task they are to perform. If they are confused, they will not perform the task correctly, they will not improve, and they may lose interest in the sport. I now work in the vocational rehabilitation field with people who have cognitive disabilities. The communication skills I learned from instructing have helped me to better communicate with my clients. I am able to give clear, simple instructions to explain the task. If the individual still does not understand, I reach into my "bag of tricks" and use a different explanation or method to explain the task.

The organizational skills I learned have been useful in my daily work. We learn to keep our group lessons organized and flowing (especially beginners!) so they aren't sprawled all over the hill. When I accompany my clients who have cognitive disabilities into the community, my group handling skills are definitely an asset when it comes to keeping the group together, assisting everyone with buying lunch, and having everyone participate in the activity.

I also learned to accept and to give constructive criticism. I accepted constructive criticism in clinics to help improve my skiing and teaching skills, and I learned to give meaningful feedback to my students. Learning to give and receive constructive criticism has been beneficial to me as both an employee and as a supervisor.

When I made a career switch from recreation director to vocational rehabilitation, skiing helped me make that move. I had volunteered with, and later directed, my local county Special Olympics

continued on page 3



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Bill Hetrick, Editor

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General Information

Submission of articles, photos or other items for publication is invited. Articles should not exceed about 1000 words. Receipt of submissions will be confirmed to the writer. Upcoming deadlines are published in each issue of *SnowPro*. Material should be sent to "SnowPro Editor" at: psia-e@psia-e.org as an MS Word document attachment. If it is necessary to mail material, it may be sent to:

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Pro Shop header and Your Turn header photos by Scott Markewitz. Courtesy of PSIA.

All submitted material is subject to editing. Its use, whether solicited or not, is at the discretion of the editorial staff. All published material becomes the property of PSIA-E/EF. Articles are accepted on the condition that they may be released for publication in all National and Divisional publications.

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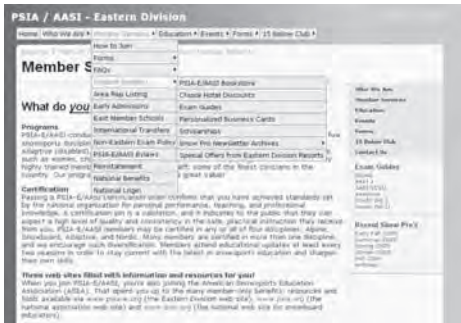
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PSIA-E/EF reserves the right to refuse or edit all advertising.



■ [new window to the web, continued from page 1](#)



Events

Events section has all of the event-related information compiled together.

- Event schedule
- Event descriptions for all disciplines.
- Event descriptions for all Feature Events.
- Event schedule is available in 3 formats.
- Traditional (.pdf document)
- National site Event Preview
- Sortable/Searchable Discipline-specific tables

Forms

- Forms section is available through the Member Services section, or through its own menu.
- Forms include mostly .pdf documents; some are forms to fill out to e-mail to office.

15 Below Club

The 15 Below Club section has its own look to reflect the younger and decidedly “hipper” members of our youth snowsports club.

Club members will find info on the following:

- 15 Below News
- 15 Below Events
- 15 Below Forms

Obviously, it is a lot easier to get a feel for the new site by actually visiting it (not reading a list of its features) so, by all means, check us out at www.psia-e.org. Kudos, complaints and everything in between are welcome by e-mail to Jodi Bedson at jbedson@psia-e.org. The site will remain a fluid “work in progress” and we pledge to continually upgrade and improve as we move ahead into the season and beyond. Happy surfing! ■

■ [editor's desk, continued from page 2](#)

Ski program. This experience in working with people who have disabilities helped me to land my present job, but it was skiing that got me involved with the program.

As I continued to develop these and other skills, my confidence level grew. The friends and contacts I have made over the years have been invaluable. When I am training new employees where I work, I'm often asked where I learned to handle certain situations. My answer is always “from teaching people to ski.”

As instructors, we regularly discuss the contributions we make to teaching and promoting snowsports à but, what has teaching snowsports done for you? It has certainly been a great added value to my life, and I'm sure it has been the same for the vast majority of our members. Pass it on!

By the way, that young man successfully completed his training and is now a snowboard instructor. ■

New England Powder 8 Championships Returns for a Fourth Season

February 9-10, 2006, will see the best powder 8 skiers in the East take to the slopes in a battle of the ski schools, as Jay Peak Resort, home of the deepest snow in the East, once again plays host to the New England Powder 8 Championships.

Presented by Synchronski.Com, this event will feature some of the best powder 8 skiers in the U.S., including teams from Aspen, Vail, Beaver Creek, Big Sky, Stowe, Jay Peak, Okemo and more, going head-to-head on the steepest and deepest terrain Jay Peak has to offer.

The New England Powder 8 Championships is open to all skiers willing to pay their team entry fee and test their skills - a unique opportunity in the world of skiing.

Prizes will be awarded to the top 8 teams, and there may be a cash purse for those that make the podium. Moreover, the winning team will receive free entry fees and accommodations at the U.S. National Powder 8 Championships in Big Sky, Montana (Travel expenses not included).

Entry fee will be \$75.00 per team for the New England Powder 8 Championships. Entry forms and additional event information may be obtained on-line at (www.jaypeakresort.com) or by e-mailing (powdereight@gmail.com) or by calling (802) 484 0008.

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President's Message



by Bob Shostek
PSIA-E/AASI President

The Season Ahead

I would like to share some highlights of the season ahead, and provide an update from the October Board of Directors meeting.

The Division's Website

The website received a complete overhaul this summer and the revamped site was up and running the week of October 17th. The BOD enjoyed an impressive "sneak preview" at the October meeting by our own IT and Events Manager, Jodi Bedson, who did an excellent job putting the new site together. Check it out at (www.psia-e.org).

Reports

All Committee Chairs and Discipline Coordinators reported to the Board regarding exciting projects planned for the upcoming season:

- Alpine Certification/Education Chair, Peter Howard, gave a preview of the new Alpine Standards DVD and reviewed the plans to prepare Educational Staff for the season.
- AASI Coordinator, John Hobbs, shared the AASI new educational offerings and schedule revisions to address member concerns. John also reported that the AASI video is in its final stages and will be ready this season. In addition, the Master Accreditation is in final review and the AASI world has been busy preparing for the season.
- Children's Committee Chair, Jake Jacobsen, shared the Committee and ACE Team's excitement about what's in store for members at this season's Children's Academy and various Children's events. With the energy and enthusiasm shown by both groups, this would NOT be the year to pass up any children's event!
- Racing Committee Chair, Charlie Knopp, shared with the Board the excellent coaching staff for this season's Race events. Complete details can be found in this SnowPro.
- Adaptive Coordinator, John Lincoln, reported, with Gwen Allard, about the new revisions to the Adaptive Workbook and Exam Guide, and shared the focal points of the upcoming season for the Adaptive Board of Examiners.

- Nordic Coordinator, Mickey Stone, and crew are all psyched for the upcoming season after a very successful start with this summer's jumping events. Mickey reports that the finishing touches on the Level III Nordic Downhill study guide are complete and should be on the website, along with other new Nordic material by year's end.

- Area Rep Program Coordinator, Joan Heaton, reported that the program has 122+ member representatives, and the communication highway is open and very active, relaying divisional information to members. Joan recommends finding out who your area rep is, and getting into the information loop! If your area does not have a rep, talk with your director about having one appointed.

- Snowsports School Management Committee Chair, Steve Howie, gave a preview of this year's Management Seminar. He reported on the great efforts of the committee in putting together this year's Seminar. He also shared ongoing efforts to provide the Division's schools with the most updated material available.

- The Governance Task Force (GTF) Chair, Marty Harrison, reviewed results of the GTF's numerous conference calls, identifying and discussing potential policy changes to the existing Bylaws of the association. Following this review, and healthy BOD discussions, recommendations supported by the BOD will be presented to the membership in future SnowPro newsletters for membership review and endorsement.

- Finance Task Force (FTF) Chair, Eric Jordan, along with fellow FTF members and Executive Director Michael Mendrick, shared their plans to review all items related to the budget. The object/vision of this review is to evaluate the division's ongoing financial challenges in order to best prepare the 2006-07 operating budget.

- PSIA-E Executive Director, Michael Mendrick, shared updates with the Board addressing all Divisional operations, from the successes and challenges of 2005, to priorities, threats and opportunities in 2006 and beyond. Rest assured, Division and Member interests are in excellent hands with our office staff team, under Michael's guidance.

- Director of Education and Programs, Mickey Sullivan, reported to the Board on the status of projects, objectives and incentives started last spring in preparation for the upcoming season. He indicated that the education and programs team - he, Melissa Skinner, and Eileen Carr - are ready to go!

In closing, I would like to add that by now you should have had the opportunity to look over the vast menu of events listed in the Early Fall issue of SnowPro. If not, you can find the event schedule for all disciplines again in this issue. We are very excited

continued on page 5

PSIA - Eastern Education Foundation and PSIA/AASI - Eastern Division

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Mickey Sullivan
Director of Education & Programs
Sue Tamer
Director of Operations

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Bob Shostek
Vice President
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Representative - Nick Brewster
Region VI
Director - Sue Moses
Representative - Scott J. Allard
Region VII
Director - Steve Kling
(Treasurer, PSIA-E)
Representative - John Cossaboom

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Umbrella Steering Committee
Dutch Karnan
Alpine Education & Certification Committee
Peter Howard
Snowsports School Management Committee
Steve Howie
Alpine Education Staff/BOE
Kristi Robertson
Children's Committee
Jeff "Jake" Jacobsen
PSIA Representative
Ray Allard
Adaptive Coordinator
John Lincoln
Nordic Coordinator
Mickey Stone
AASI Advisor
John Hobbs
Race Programs Committee
Charlie Knopp
Area Rep Program Coordinator
Joan Heaton
"15 Below" Club Advisor
Gary "Griz" Caudle



administrative update

Planning for a Dynamic Season

by Michael Mendrick

PSIA-E/AASI Executive Director

Our summer and early fall "planning season" has been marked by lots of dynamic, positive change, initiatives and effort as we prepare for the 2005-06 season.

Some highlights from our summer "planning season":

- The packaging and communication tools related to the new entry process for Registered members were developed for introduction in the Early Fall SnowPro, in the snowsports school manager's mailing and at the SSM Seminar. The response from school directors so far about this new approach has been terrific!

- We developed new member services and benefits to enhance perceived "value for the dollar" of Eastern Division ASEA members, including a discounted lodging service through Choice Hotels (i.e. Comfort Inns, Clarion, Quality Inns, etc.) and a personalized business card service.

- We worked with Lane Press of Albany and completed a dynamic redesign of the SnowPro newsletter, with a bolder, more open look that was introduced in the 2005 Summer issue.

- We completed a redesign of the Eastern Division website at (www.psia-e.org) - see cover story - including much improved navigation and enhanced features. The redesign was directed by Jodi Bedson of the division staff, which saved the organization a minimum of \$5,000 in potential outsourcing costs.

- Mickey Sullivan and I attended NSAA/New England and NSAA/SANY trade shows, and continued to strengthen sponsor and vendor relations for all disciplines.

- We held our fall Board of Directors meeting (see the column from President Shostek) in mid-October, and enjoyed a spirit of enthusiasm for all the efforts and initiatives underway by our committees and disciplines, as well as a genuine sense of anticipation for the season to arrive.

- ProJam sold out in a day; Master's Academy in a week!

The team is ready, in place, in action, and we anticipate an awesome season ahead. Let it snow! ■

Avalanche Skiwear to outfit Eastern Education Staff

Agreement with PSIA-E/AASI renewed for six years

P SIA-E/AASI Executive Director Michael Mendrick announced the renewal and extension of an agreement with Avalanche Skiwear to continue outfitting the division's education staffs for the next six years. The agreement will put our "hill staff" in new Avalanche wear for the 2006-07 season and then again for the 2009-2010 season. Each uniform cycle will last three seasons.

In addition, Avalanche is offering a big selection of new customized "member items" beginning RIGHT NOW! (see four color supplement in the centerfold of this issue). Check it out and get your orders in for delivery before the snow flies.

"We took a hard look at our relationship with Avalanche and gave serious consideration to other options," said Mendrick. "In the end, we felt the existing relationship showed much promise for growth and enhancement and that the potential for mutual benefit for our members, our education staff and for the supplier was there with Avalanche. We look forward to getting the new look uniforms out in front of our members next year."

Brian Brooks, Director of Business Development, Avalanche Skiwear has been working with PSIA-E/AASI Staff and Members for the past 5



years. Says Brooks, "Our goal is to supply our finest designs to PSIA-E/AASI staff and members alike and use feedback and suggestions from the membership to improve designs and enhance features that work best for snowsports education professionals."

Director of Education & Programs Mickey Sullivan has formed a Uniform Advisory Group to assist with design and usage elements for all discipline uniforms.

"We are excited to continue our relationship with Avalanche Ski Wear," said Sullivan. "Our Uniform Advisory group will be working with Avalanche designers to provide a sharp looking and very functional uniform for our education staff. We encourage all of our members to take advantage of the high quality Avalanche products that are offered at a terrific value price. We also hope that PSIA member school Directors and advisors take a look at our new uniforms as they plan for their staff uniform needs in the future." ■

■ president's message, continued from page 4

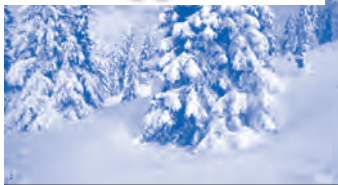
to offer over 500 events, with over 140 weekend events that will cover every discipline, at every level, in every Region, from November to April! Events include teaching children, running gates, mastering the bumps, cruising with fellow seniors, enjoying women's events, dodging some bark, negotiating the steeps, brushing up on synchro, daring the park or pipe, or just getting some good old teaching tips. The education and programs team, office team, and the Division's excellent educational staff are confident this schedule will fulfill your educational needs as a snowsports teaching professional!

Your office staff and volunteer leadership have worked hard to make this and future seasons the best ever. We wish everyone a wonderful season! Let's hope for a great winter! ■

Sugarbush Resort in Warren, VT is looking for individuals who love to have fun, live for the outdoors and have a commitment to providing excellent customer service. We offer great skiing, benefits & competitive wages.

Positions available: Ski + Ride instructors, child care providers, and indoor/outdoor support staff.

Call 802 583 6737 or visit sugarbush.com for details and applications.



straight talk from the association

Early Admissions Program

by Peter Howard

PSIA-E Alpine Education-Certification
Chairman

PSIA-E is pleased to continue the Early Admissions Program into the 2005-06 season. This program speeds up the certification process for exceptional individuals. Last season several people participated in the program. What follows is a brief review of the rationale for the program, a profile of likely candidates, and the portfolio requirements to enter the program.

For most people the normal timeline of the certification process encourages educational growth and nicely maps out steps toward professional goals. However, it came to our attention through the Area Reps program that, from time to time, there are a few exceptional individuals who may be held back or dissuaded from joining PSIA-E because of the time requirements of the four-season certification process. If you are or have been a National Team athlete, National Team coach, NCAA athlete or coach, Certified Pro from a foreign nation, or a strong skier and teacher with years of experience who never joined PSIA (**you do not have to be a member to apply**), this program may be of interest to you. We set no limits on who may apply. For example, a Heli ski guide, an avid skier who is an experienced Children's Educator, or a Mountain Manager could also be individuals with the exceptional skills to pass all the certification requirements in one season.

Early Admissions Portfolio Requirements

If you feel you have the experience and credentials to pass through the certification levels in one season, you are invited to take advantage of the Early Admissions program and submit a portfolio.

In order to qualify for the Early Admissions Program, you must submit the following to the PSIA-Eastern office with your application:

A \$50 non-refundable fee: Required with the application to cover the added administrative expenses of tracking Early Admissions individuals through the season and getting them into exams in a timely fashion.

One letter of recommendation from the applicant's Snowsports School Director.

One additional letter of recommendation documenting the applicant's exceptional skiing skill, teaching and coaching ability, and training.

One cover letter detailing why the applicant believes he or she qualifies for the Early Admissions program.

One skiing resume.

One completed application for the candidate's first Early Admissions event

All of the items listed above must accompany the candidate's first application, and the application and complete portfolio must be received prior to the first event deadline.

A member may try to go as far as he/she can in one year. Individuals will have to attend every event required of any other certification candidate, including all prerequisites.

If at any point along the way the candidate is unsuccessful at an exam, the Early Admission program ends for that season at the last certification level successfully attained. If the candidate successfully attained Part 1 of an exam, (s)he also retains that part for that season and the following two (the same policy as for all other exam candidates).

An Early Admissions candidate who had been unsuccessful at an exam the previous season may reapply for the program the following year (\$50 non-refundable application fee required again) if (s)he did not get as far as desired the first season. After two unsuccessful exam attempts (at any level), the applicant must enter the traditional certification pathway and their Early Admissions bid has ended.

All required prerequisites must be attended.

We are pleased to offer this custom service and thank the Membership and the Area Reps for the vision to ask that it be created. It is our hope that exceptional individuals in skiing and education will avail themselves of this opportunity and further enrich our talented and diverse membership.

Further questions regarding the Early Admissions Program should be directed to Jan Pryor, PSIA-E Member Services Director. ■

Alpine Certification Standards DVD Available Soon

by Peter Howard

PSIA-E Alpine Education-Certification
Chairman

In June the PSIA-E Board of Directors approved the creation of an Alpine Certification Standards DVD for the Eastern Membership. The purpose of the DVD is to provide images and statements that support and bring life to the PSIA Alpine National Standards.

The DVD contains footage of Eastern Members, Eastern Education Staff, along with other special guest skiers. The narration is non-technical in nature, and references "The Effective Cues" and National Team Concept Statements. The DVD covers all three Certification levels, and has an advanced images section. The skier's runs are looped, accompanied by music, and in some cases additional computer graphics are used to highlight key points.

This should be an aid to anyone contemplating certification, area trainers, and ski teachers interested in movement assessment. This product will first be offered at the Snow Sports Management Seminar at Mt. Snow on November 28-30. After that it is anticipated that it will be available through the Eastern Office and at larger events. The cost for this impressive educational tool is twenty dollars. This will be a nice addition to the educational material that is currently available. ■

Wintergreen Resort
Snowsports School

Wintergreen Snowsports School is seeking Full-Time & Part-Time ski and snowboard instructors for the 2005-06 winter season.
Call 434-325-8064 or visit
www.WintergreenResort.com

A "Killer" Lodging Deal at Killington

Our Choice Hotel partner offers "Above & Beyond" Discount at Comfort Inn



As you have heard, PSIA-E/AASI members are getting some FANTASTIC rates through our new member services agreement with Choice Hotels. In addition, the Comfort Inn, Killington, Vermont (A Choice Hotel affiliate) is offering us some "Above and Beyond" discounts during some of our big mid-week event weeks this season.

For details, keep checking at our new website www.psia-e.org and go to the Member Services and Eastern Benefits Section. All of the Choice Hotels Program details will be listed there, including any other "Above and Beyond" discounts being offered at specific resort areas, during specific event weeks for this season.

Check out this great offer for the Killington area.....

The Comfort Inn on the Killington Access Road is offering us 30% off their standard "rack rate" during these dates ONLY. Depending on specific dates, that can bring a room with two double beds to a rate of approximately \$70-\$75 per night! If you take advantage of these great rates, be sure to say "Hi" and "Thanks" to David Sambor, owner/manager! And don't forget to check out the discounts from our other Killington area lodging partners, too (see shaded blurb).

Week of Dec 12-16	SnowPro Jam
Week of Feb 6-10	Multiple Alpine events at Killington and Pico
Days of March 30-31	Alpine Level III exams
Week of April 3-7	AASI Exam week

NOTES:

- If arriving on the Sunday evening before, the 30% discount will still apply
- To take advantage of this special discount offer on these dates, please call The Comfort Inn at Killington directly at 1-800-257-8664 and let them know you are with PSIA-E/AASI. Please have your PSIA-E/AASI Membership Card with you upon arrival.
- For all other Choice Hotels arrangements on other dates or at other Choice locations, please call the main Choice Hotel number at 800-258-2847 or access their website at www.choicehotels.com and enter our ID number. For more information about this member program, go to www.psia-e.org. ■

The following Killington lodging properties are offering discounted rates to PSIA-E/AASI Members for the 2005-06 season. Simply identify yourself as a member when inquiring to receive the discounts on lodging.

Snowed Inn
800-311-5406
www.snowedinn.com

Mountain Sports Inn
888-422-3315
www.mountainsportsinn.com

Mountain Inn
888-422-3595
www.mtinn.com

Cortina Inn
800-451-6108
www.cortinainn.com

Killington Grand Resort
800-282-9955
www.killington.com

Cascades Lodge
800-345-0113
www.cascadeslodge.com

Why We Do

What We Do

PSIA-E Vision Statement:

PSIA-E works to inspire life-long passion for snowsports.

PSIA-E Mission Statement:

To provide professional development opportunities that continuously improve member fulfillment and guest satisfaction in order to strengthen the snowsports industry.

APPALACHIAN TELEMAR ASSOCIATION

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One day \$65.00 ~ Two days \$85.00
\$10.00 discount to A.T.A. members (see website)

EXKURSION OUTFITTERS
CLOUDVEIL

WESTERN PA SKI COUNCIL

Measuring Performance

by Doug Stewart
PSIA-E Alpine ETS Member
Stowe Mountain Resort, VT

Skiing is a great way to spend a day, or, as Glen Plake puts it, “A great way to kill time.” It’s an endless adventure, offering us an endless challenge. To better meet this challenge we spend a lot of time working on our skiing. In our effort to improve our skiing, what are we really trying to achieve? What does it mean to improve our skiing? Is it to be faster in a racecourse? Is it more turns made or less stops on a given run? Or, is it more subjective things, like rounder turns, more consistent turns, or symmetrical turns? No matter what we’re trying to achieve, what is the indicator that says we’re doing it?

Other sports have objective measurements built into them. Your golf swing is better when your score is lower, or when your drive goes farther. You’re shooting the basketball well when it goes in the basket. Objective skiing exists in the form of racing or freestyle competition, but is that our ultimate goal as recreational skiers and instructors? It might be, and I would recommend to any instructor to take some runs through a timed racecourse, or in the pipe and park. These activities can bring an objective measure to your skiing. Can you get a Nastar gold medal? Can you throw a “360” on the “big tabletop”? Setting these types of goals can give you a more defined road map to success. Along these lines of thinking, synchronized skiing can really help to improve upon the more subjective side of skiing.

As a fighter jet pilot, how do you know you’re a great pilot? Is it just how fast you can get from point A to point B, or is it more than that? For the US Air Force and Navy, true flying ability is showcased through the demonstrations of the Thunderbirds and Blue Angels, respectively. These teams perform high-speed maneuvers with amazing accuracy. During these demonstrations, the timing of the pilots’ moves is crucial. It is the same with synchronized skiing. Be it with a single partner or a team of many, synchronized skiing requires the team to perfectly match velocity (directional speed). While that goal sounds simple, it requires an in-depth understanding of how direction (turn shape) relates to both the speed you travel and the speed with which you descend the hill. These are the essence of what we work on in our own skiing, and what we teach our students.

Through synchro skiing or riding, as the case may be, participants improve their ability to control their gear. This includes carving, skidding, and everything in between. Teammates leave their comfort zones and learn to match each other’s movements. Most instructors have some experience with synchro skiing from either an exam task or teaching it to students, but how many times have you really dedicated a day or two to the topic? In Europe, synchronized skiing is embraced through World Cup Synchro, which is synchronized carving on a course that’s half in-line slalom and half side-by-side GS. Many western ski & snowboard schools sponsor formal synchro teams, with coaches, which rehearse complicated routines for competition. Our own PSIA National Demonstration Team has performed awesome routines at Interski. I think it’s time to get Eastern ski schools back into doing synchro demonstrations too. Last season at Stowe we had a synchro clinic with an informal competition between teams, and it was a blast. The teams then went on to compete in the New England Powder 8 Championships (see “An Awesome Event”, Spring SnowPro, 2005). This season, PSIA-E is helping the cause by offering a great two-day clinic on synchro skiing at Stowe on January 18 and 19, which will include video feedback. This will be a terrific event for both learning about synchronized skiing and improving your own skiing.

The essence of synchro skiing as a training tool is to enhance skill blending and movement analysis. The idea of skill blending, which stems from the skills concept (including balancing movements, pressure control movements, rotary movements, and edging movements), is that the duration and timing of these skills determines the outcome, which is some type of turn. Because of the infinite combinations, every turn is unique. When synchro skiing, participants explore different types of turns, and how they affect speed and direction. What type of skill blending is needed to carry speed across the hill? How is that blending different to descend the hill faster? The ability to adjust skill blending on demand is crucial to dynamic, modern skiing, not to mention to passing a Level 2 or 3 skiing exam. To perfect synchro skiing routines, participants need to analyze the movements of the other skiers and properly adjust their skill blending to complement each other. When viewing video, this movement analysis is crucial to identifying the effectiveness of the group’s movements, both individually and as a whole.

There is no doubt that synchro skiing will improve the accuracy of your skiing. Take the time this season to grab a partner, or an entire team, and see where it takes you. There is no limit to the challenge and the fun with synchro. Maybe you can even stay in synch while riding the pipe! ■

Experiential WHAT??

by Joan E. Heaton
PSIA-E Area Rep Program Coordinator
Past Chairperson, PSIA-E Education
Committee

So, think about it: You are skiing down a slope and you attempt to do “something”. Upon immediate reflection you decide that the outcome you wanted did not occur. In a quick analysis, you decide that in the next attempt to accomplish that particular “something”, you will make “x, y, z” changes. The time comes, and you perform the modified “something”. Immediately after this attempt, you decide if the outcome you wanted was accomplished. This process repeats itself over and over as you ski down the hill. Am I right? If I am, then, to some degree, you are experiencing the process of Experiential Learning. Many of us do this as we ski - *we feel, we reflect, we analyze, and, we try again.* Now, if we had an instructor working with us, that instructor could help us work through this process. The instructor would help us decide if we actually did what we wanted to do. If it were decided that we did not do it, then we would discuss how it could be changed. Once the task was modified, the instructor could once again observe our performance and help decide if, this time, we accomplished our goal. This process would repeat itself until we got the *desired* outcome, the outcome we originally wanted.

Approximately five years ago the Technical Director of our snowsports school asked me to do a presentation on Experiential Teaching. Experiential Teaching seemed to be the buzz phrase of that year. In my preparation and research I did not find as much information on Experiential “Teaching” as I did on Teaching for Experiential “Learning”. I made the executive decision that the information on Teaching for Experiential “Learning” would be the information that I would pursue for my presentation. In so doing, I have come upon what I think to be the best description of Teaching for Experiential “Learning” that I have seen. There is no doubt in my mind that the answer to the title of this article is **Experiential Learning**. This type of learning follows the learning model developed by David A. Kolb, a world-renowned expert in the field.

Let’s go back to skiing down a slope and trying to do that “something”; in this case, a certain kind of turn. If I were working with you, in my interpretation of the Teaching for Experiential Learning setting, I would begin by asking you, “Did the ‘something’ you did get the results you wanted?” If your answer were “Yes”, then we would have to move on to another “something”. However, if your answer were “No”, we would have some work to do.

Our work would begin with your “No” assessment of your performance. My comment to you would be, “Since you have decided that you did not perform the turn the way you wanted, and, in light of what you have told me your intentions were, I have to agree with you. So, let’s begin by examining the outcome that *actually* occurred.” I would ask, “*What* did you feel happening as you performed that turn?” Your answer to me could be anything from “I have no idea”, to “I felt my skis slip away at the end of the turn”. My job, as your instructor, is to help you to recognize *what* you felt during the execution of the turn you are unhappy with. I would help you to focus on *what* you were feeling during your performance until we identified “some” feelings with which to begin our analysis. I could say, “Focus on *what* you feel your skis are doing”. “Do they feel as though they are responding the same way throughout the turn?” I would continue with questions such as, “As you are turning, can you feel the edge of your ski riding on the snow?” “Can you feel the edge of your ski cutting through the snow?” “Zero in on the point at which you feel the ski perform differently than what you intended it to do”. “*What* are you feeling when the edge of the ski is performing the way you want it to perform, as opposed to when you feel it is not?” I would continue with questions, comments, and suggestions that would help you to recognize and to associate *what* you felt when you did the turn you are unhappy with. Keep in mind that these same questions can be used in a class situation with the teacher addressing each of the student’s answers individually.

In the beginning of the process, it is imperative that you recognize *what* you are feeling as you execute the “something”, in this case the turn that you are unhappy with. Only when you can associate whatever you are feeling during the performance to the actual outcome of the performance have we successfully established a *concrete experience* from which to begin work. This *concrete experience* is the base, the starting point from which we can proceed.

Establishing this concrete experience, or starting point, may be an early challenge for instructors in the Teaching for Experiential Learning process. Since not every learner is a willing *Feeler*, those who are not could, in fact, resist learning in this style. The same can hold true as the learner experiences learning as a *Watcher* in the observation and reflection stage, as a *Thinker* in the analysis stage, and as a *Doer* in the final stage of trying the task again. However, according to the creator of the Experiential Learning model, Professor David A. Kolb, the power of the model lies in the fact that learners will be able to experience learning in all four styles and not just in their dominant learning style. In order for experiential learning to take place, the learning environment created should provide for the total

involvement of the student (physically, mentally, emotionally, and actively) in the learning process.(1) How better to involve a student so totally in the process than to have him/her experience learning in all four learning styles?

Once the learner has established a concrete experience through observation and reflection of the performance in question, we can move on through the model. The third stage is to *analyze* the feelings you experienced during the performance of the concrete experience and discuss ways to create new and/or different feelings. We will be seeking those feelings that can be associated with the turn we want. Herein lies a second possible challenge in this process for instructors. At this point, attempts can be made to modify the task in an effort to change the actual outcome into the *desired* outcome. In-depth knowledge of the subject matter at hand is required in order to think of ways to modify the tasks. But, since each task will be unique unto itself, the instructor needs to create tasks that service each and every moment at hand. Although it is possible to use a *ready-made* task, I feel that, in time, instructors will find that designing tasks to fit each situation will become a natural part of the process. The goal is to help the learner experience the feelings that are associated with the *desired* outcome.

Now, as your instructor, I can help you focus on recognizing *when* in the turn you feel the ski slip. You will learn to recognize the difference between the feelings of *when* your ski is holding and *when* it is slipping. When this feeling is recognized, we can work on ways to continue the feeling of not slipping that was lost, for some reason, early in the turn. This focus can help you learn what it takes for you to keep the ski from slipping for as long as you want. I could modify what you are doing by asking you to play with the amount of pressure you are applying throughout the turn and to encourage you to recognize and to continue the feelings received when the ski is holding on the snow. You would then try this modified task; and, once completed, we would assess again if what you did was what you wanted to do. Is it another actual outcome or have we accomplished the desired outcome? If your answer were “Yes” (desired outcome), then we would move on to something else. If your answer was “No”, then we would analyze what you did, modify the task, and have you perform yet another modified task.

The ultimate goal is to help you experience the feelings that you need to feel in order to accomplish what you want to do the way you want to do it As your instructor, I will help you find YOUR way of doing what you want to do. There will be little or no discussion of “which body part should go where”. It is universally recognized that everyone is different and the unique physical characteristics of each person affects the performance of the same task in different ways. Each person needs to find his/her way to

perform what s/he wants to perform. Discussions of body parts often lead the learner into moving mechanically or robotically. When this happens, skiing becomes a checklist of positioning body parts with little regard to the needs and requirements of the various situations in which we find ourselves.

In summary, the teacher’s role is most important in helping the learner decide whether or not the outcome that occurred was the *desired* outcome or was it an *actual* outcome. It is the role of the teacher to help the learner to recognize, to identify, and to associate the feelings that occur during the attempt. Once the feelings have been identified and the Concrete Experience had been established, teacher and learner can proceed through the model of feeling, observing, analyzing, and trying again. Of course, it is acknowledged that the comfort level of the learner will be better served when their dominant learning style is in use. But, in order for the total involvement of the learner to take place, the learner needs to take the “leap of faith” and make every effort to experience learning in every learning style, dominant or not.

When working with the Teaching for Experiential Learning model, any of the teaching styles (Command, Task/Practice, Reciprocal, Small Group, Individual, Guided Discovery, Guided Exploration, Problem Solving) can be used. As always, the style used becomes a matter of choice and/or the best educated guess the teacher can make to accommodate a particular teaching/learning situation. Teaching for Experiential Learning is yet one more way to present, to teach, and/or to help students to learn. Let’s add this *one more* way to our repertoire. Good luck!!

Glossary of Terms:(2)

Experiential Learning – learning based on or coming through experience. It is learning that occurs as a result of evaluating the association of specific feelings/sensations with outcomes of an activity and the subsequent refinement of these associations to produce a desired outcome.

Teaching for Experiential Learning – A process of teaching that is based on the Experiential Learning Model developed by David A. Kolb. The process brings a student through all four stages of the Kolb model, in their defined order. It requires that the student be totally (physically, mentally, socially and actively) involved in the learning process. Its strength lies in the development of a student’s ability to learn in all four learning styles.

Concrete Experience – the association of a feeling/sensation with the actual outcome of an activity.

Actual Outcome – the events that occur as the learner attempts to achieve the desired outcome of a particular activity.

Desired Outcome – an outcome that meets all the criteria of the intended outcome set forth by the learner/teacher.

Footnotes:

(1) Heaton, Joan, and Vignani, Jim. “A Framework for Teaching for Experiential Learning”. Albany: PSIA-E, Snow Pro: Winter, 2001.

(2) Heaton, Joan, and Vignani, Jim. *Glossary of Terms*. 2003. Based on our study of David A. Kolb’s work in Experiential Learning, we have formulated these definitions for more comprehensive use in the teaching of skiing. ■

Eastern Team Vision 2008

by Mickey Sullivan

PSIA-E/AASI Director of Education and Programs

On October 5 we held a conference call meeting for the PSIA-E/AASI Team coaches. The call included DCL, Development team, ETS, ACE and Examiner coaches from the Alpine, AASI, Nordic and Adaptive disciplines. It was exciting and rewarding to share, exchange ideas and learn from this valuable group of snowsport education leaders. The call was primarily about common needs and goals for our Educational Staffs. We all agreed that we could use the energy and excitement created by our "Eastern Team Vision 2008" to philosophically guide us and bond us through the next several years. Following is a statement issued to your Board of Directors and adopted by the Eastern Team coaches.

Eastern Team Vision 2008: A message from your DOE&P and our Education Staff Team Coaches to the PSIA-E/AASI Board of Directors

"As snowsport instructors we can make a positive difference with those that we touch, and far beyond. It is our responsibility to deliver the best snowsport instruction educational events possible, along with a fair exam system that maintains the PSIA/AASI national standard that is highly regarded throughout the snowsports world. We must do our best to deliver high quality events that reflect the fun and excitement that snowsports are all about.

In order for us to deliver the best product possible to our members we must be well represented at the highest educational levels of PSIA and AASI. To achieve our goals it is imperative that our PSIA-E/AASI Education Staff is directly connected to, and a part of the PSIA and AASI National Teams. Presently, we are represented with one member on the PSIA Alpine Team and one member on the AASI Team. There are 24 Team positions on our National Teams.

We would like to have all those associated with our Eastern Education Staffs join us with the goal of placing 7 members on the National Teams as a result of our participation in the 2008 National Teams tryouts. We believe that if we all work together and share resources, experience and talent that we can achieve this goal.

Working toward and achieving this goal will bring great value to our Eastern Education Staff and to our members. As we embrace, plan, train and strive for this goal, the entire PSIA-E/AASI organization will be positively affected. Obviously, those that are on the Eastern Teams will benefit. And, as this elite group trains and shares their experience with the balance of our Ed staff, they too will benefit. This training, information and enthusiasm will be shared with our members at every event and at every level. As our goals are realized in 2008 there will be a greater number of PSIA and AASI National Team members in the east to work with our Eastern Ed staff and our membership.

This is truly a goal that is worthy of all of us. PSIA-E/AASI is capable of achieving this goal and deserves the fruits of realizing this vision. So, whether you strive to be a part of the Eastern Team, or part of the support team, we hope that you will be encouraged to embrace this exciting goal".

I believe, along with our Team Coaches, that this commitment will have a very valuable and exciting impact on the education and programs that we provide for the members. There will be a "Direct Connection" of the Eastern Teams and their education, training and success with the PSIA-E/AASI members. As the Eastern Teams are formed, and they train toward the exciting goal of 2008, it's you, the member, who will see the positive effect. As we raise the bar for our top educators in the east, so too will the bar be raised for all of our education staff.

As the entire education staff grows, improves and is a part of this movement, the higher degree of education and knowledge will be shared and delivered to the members at the numerous and varied educational events that are available

to you. Eastern Team members will also be highlighted at numerous PSIA-E/AASI events, clinics and seminars. The Eastern Teams will remain intact after the 2008 tryouts to continue to share their expertise and to provide you with first-hand experience of the 2008 tryouts. And, as the 2008 goal is realized, then we will have a greater number of National Team members to train with our Education Staffs and spend time on the snow with you, the member. We look forward to a challenging and exciting movement toward this worthy goal of 2008. ■

There will be a "Direct Connection" of the Eastern Teams and their education, training and success with the PSIA-E/AASI members.

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Eastern Team Tryouts

What is it? When is it? Who Can Try Out? Why Try Out?

As you can see from the adjacent article, "Eastern Team Vision 2008" is going to be an exciting movement for PSIA-E/AASI for the next several years. We hope that the entire membership will feel connected to this movement and that some of you will desire to be a part of the Eastern Team. Those selected to be on the Eastern Team will have the opportunity to receive extensive training in preparation for the 2008 PSIA/AASI National tryouts, involving some of the best skiers and educators in the country. The Eastern Teams will represent the best skiers, riders and coaches in the east and PSIA-E/AASI. Those selected to the Eastern Team should be prepared to arrange their schedule to allow for a minimum of 15 days per year to attend various training events and activities.

Each discipline will have its own selection tryout and individual training activities. There will also be many training activities that can and will be held for all discipline team members in preparation for the 2008 tryouts.

PSIA-E/AASI Level III certified members are eligible to register for and participate in the Eastern Team tryout of your discipline. PSIA/AASI rules allow each division to send a pre-determined number of qualified candidates to the national tryouts. A qualified candidate must be a Level III certified instructor, in good standing, in the discipline for which they are trying out, be full time (seasonal) in the ski/snowboard industry, and chosen by their division to represent PSIA/AASI at a National level.

ALPINE TRYOUTS

Part 1 of the Alpine Eastern Team tryout is scheduled for March 28-29, 2006, at Killington, VT. The cost to participate in Part 1 of this tryout is \$195. Applicants should use a standard event registration form and adhere to the registration deadline of March 7, 2006.

Part 1 of the Alpine tryout will focus primarily on skiing skills in all conditions, terrain and situations. There will be some evaluation throughout the exam of personal character, communication skills and leadership skills. Those selected at this tryout will be considered to be on the Alpine Eastern Team during the time leading up to Part 2 of the tryout.

Part 2 of the Alpine tryout will be held during the early winter of 2007. This will be a one or two day tryout that will focus on coaching and presentation skills.

"Special" one-day Part 1 tryout in 2007: Prior to Part 2 of the tryout there will be an opportunity for those that missed the Part 1 in 2006 to participate in a "special" one day Part 1 tryout in 2007. However, it should be noted that those that elect to participate in the 2007 tryout will have to be a very strong candidate. Those selected in 2006 will remain on the Alpine Eastern Team and any newcomers will have to be strong enough to make that team.

An excellent way to prepare for the Alpine Eastern Team tryout would be to attend one of the DEV/DCL Team Prep events. Refer to the PSIA-E Alpine Schedule of events for this information.

If you are considering the Alpine Eastern Team tryout and have additional questions please e-mail or call:

Terry Barbour, Alpine Eastern Team Coach, tbar@madriver.com

Mickey Sullivan, Director of Education and Programs, msullivan@psia-e.org

AASI TRYOUTS

The AASI Eastern Team tryout is scheduled for April 6-7, 2006, at Killington, VT. This tryout will be held in conjunction with the AASI Dev Team tryout, with a focus on riding, teaching, and presentation skills. A short writing sample will be required as well. It is possible to try out for both the AASI Dev Team and the AASI

Eastern Team at this tryout event. The cost for this event, whether trying out for Dev Team, Eastern Team, or both, is \$195. Applicants should use a standard event registration form and adhere to the registration deadline of March 16, 2006.

Should you miss the 2006 AASI Eastern Team tryout, or think you need more time to prepare, there will be another AASI tryout in 2007. Be aware, however, that the team selected this April will remain on the AASI Eastern Team and any newcomers will have to be strong enough to make that team.

If you are considering the AASI Eastern Team tryout and have additional questions please e-mail or call:

Rob Bevier, AASI Eastern Team Coach, bevrbt@aol.com

John Hobbs, AASI Coordinator, onetracksmine@aol.com

NORDIC TRYOUTS

The Nordic Eastern Team tryout is scheduled for March 28-29, 2006, at Killington, VT. This tryout will be held in conjunction with the Alpine Eastern Team tryout. The tryout will focus on skiing skills, coaching skills and presentation skills. The cost to participate in this tryout is \$125. Applicants should use a standard event registration form and adhere to the registration deadline of March 7, 2006.

There will be an opportunity for those that missed the 2006 tryout to participate in a 2007 tryout. However, it should be noted that those that elect to participate in the 2007 tryout will have to be a very strong candidate. Those selected in 2006 will remain on the Nordic Eastern Team and any newcomers will have to be strong enough to make that team.

If you are considering the Nordic Eastern Team tryout and have additional questions please e-mail or call:

Mickey Stone, Nordic Eastern Team Coach, cpage3@aol.com

ADAPTIVE TRYOUTS

The Adaptive Eastern Team tryout is scheduled for March 28-29, 2006, at Killington, VT. This tryout will be held in conjunction with the Alpine Eastern Team tryout. The PSIA board requires that the Adaptive member should be truly adaptive - i.e., not "able-bodied". The tryout will focus on skiing skills, coaching skills and presentation skills. The cost to participate in this tryout is \$125. Applicants should use a standard event registration form and adhere to the registration deadline of March 7, 2006.

There will be an opportunity for those who missed the 2006 tryout to participate in a 2007 tryout. However, it should be noted that those that elect to participate in the 2007 tryout will have to be a very strong candidate. Those selected in 2006 will remain on the Adaptive Eastern Team and any newcomers will have to be strong enough to make that team.

If you are considering the Adaptive Eastern Team tryout and have additional questions please e-mail or call:

John Lincoln, Adaptive Coordinator, jlincoln04078@yahoo.com ■



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No.	Location	Dates	Deadline	Member Non-Member	
				Price	Price
751	Hunter Mountain, NY	Dec 19-22	11/28/05	\$255	\$280
752	Hunter Mountain, NY	Dec 19-20	11/28/05	\$150	\$175
753	Hunter Mountain, NY	Dec 21-22	11/30/05	\$150	\$175
754	Okemo, VT	Jan 04-06	12/14/05	\$195	\$220
755	Jack Frost, PA	Jan 09-10	12/19/05	\$150	\$175
756	Kissing Bridge, NY	Jan 09-10	12/19/05	\$150	\$175
		-4pm - 10pm			
757	Holiday Valley, NY	Jan 11-12	12/21/05	\$150	\$175
758	Gunstock, NH	Jan 24-25	01/03/06	\$150	\$175
759	Ski Roundtop, PA	Jan 30-31	01/09/06	\$150	\$175
760	Ski Butternut, MA	Feb 02-03	01/12/06	\$150	\$175
761	Bristol Mountain, NY	Feb 06-08	01/16/06	\$195	\$220
762	Waterville Valley, NH	Mar 09-10	02/16/06	\$150	\$175

Meet the Coaches for the 2005-2006 RACE SERIES

Some of the Best Coaches in the East !!

DIANN ROFFE

Jan. 9-10 2006 at Jack Frost, PA

Feb 6-8, 2006 at Bristol Mountain, NY

Diann was a member of three U.S. Olympic Teams and founder of the Roffe Training Center at Ski Roundtop, PA. She won a gold medal at the World Alpine Ski Championships in 1985, the first American woman to win gold. She also won silver in the Giant Slalom at the 1992 Olympics in Albertville, France, and a gold medal in the Super-G at the 1994 Olympics in Lillehammer, Norway. She has competed for the USA for eleven years. Her name is well known to skiers everywhere.

GEORGE CAPUAL

March 9-10, 2006 at Waterville Valley, NH

PSIA-E is proud to announce George Capual as the guest speaker. George is a member of the U.S. Ski Team coaching staff and manages the Team's women's Alpine slalom and giant slalom teams.

DAVE LYON

Dec. 19-22, 2005 at Hunter Mountain, NY

* Owner and director of Lyon Ski School, Stevens Pass, Washington

* Director and head coach of Team LYON Alpine Race Club, Stevens Pass, Washington

* Owner and head coach of Dave Lyon Summer Race Camps

* Coach of the PSIA Northwest Division Technical Team

* Division Clinic Leader and Examiner, PSIA-Northwest Division

* Member, U.S. Ski Team, 1984-85

* NCAA All-American skier, 1984-86

Dave's love of skiing and ski racing was instilled in him largely by his mother, who was a member of the Canadian National Alpine Ski Team. He had a successful racing career and was named to the U.S. Ski Team in 1984. He achieved career-high national rankings of 5th in slalom and 15th in GS. From 1984-87, he raced for University of Wyoming, where he was named NCAA All-American three times, Rocky Mountain Overall Champion twice, and served as a coach of the school's development team. He then raced on the pro tour until 1990. Lyon worked in retail and as a manufacturer's sales rep before assuming ownership of the Lyon Ski School in 1993. In 1994 he founded his race camp. In his free time, he leads ski and ski racing clinics and coaches soccer and athleticism training. He returns for his second term as a member of the PSIA Alpine Team.

CHARLIE KNOPP

Dec. 19-22, 2005 at Hunter Mountain, NY

Jan. 9-10, 2006 at Kissing Bridge, NY

Charlie is a PSIA-E Examiner, and has been PSIA-E Racing Coordinator since 2002. He has played a significant role in negotiating the partnership between PSIA-E and Reliable Racing. Charlie is currently the Director of Skiing and Snowboarding at Hunter Mountain Ski Bowl in the Catskills. He spends

his summers coaching for Peak Performance Ski Camps at Mt. Hood, Oregon. Charlie has featured some of the top-notch coaches-including Olympic and World Champions.

BRIAN SMITH

Dec. 19-22, 2005 at Hunter Mountain, NY

Brian is a PSIA-E Examiner, current Race Committee member, and a DCL coach. He is from the Adirondack Mountains where he has worked at Gore Mountain Ski Resort for the past 20 years. Brian has been the Training and Technical Supervisor for the Snow Sports Center for the past 6 years. He has managed the NASTAR program and has been a long time NASTAR pacesetter. Brian's racing career started with the NYSEF programs in the 1980s. Recently, he has been a member of the PSIA-E Eastern Team, competing in the last National Team tryouts in Snowbird, Utah.

KRISTI MCCARTHY ROBERTSON

Jan. 24-25, 2006 Gunstock, NH

Kristi is a PSIA-E Examiner, and has been a ski coach for the Stowe Ski School for 27 years. She has an extensive background in boot fitting for Inner Bootworks in Stowe. Kristi is the Head Coach for "Women in Motion" a women-specific program. Her daily duties at Stowe include Technical Trainer. In addition, she has coached for Mahre Training camps for three years.

RAY DeVERRY

Feb. 2-3, 2006 at Ski Butternut, MA

Ray is a PSIA-E/AASI Examiner, and the Education Director at the Butternut Snow Sports School. He has been a member for over 25 years, and an education staff member since 1982. He oversees the training of the coaching staff at Butternut and is the coach for the adult racing program. Each year he participates in a special race-training event with a national and Olympic coach to ensure he is up-to-date on the latest racing and coaching techniques. Ray has successfully competed in several corporate ski race leagues for over 25 years. He also competes in the annual PSIA-E Spring Rally & Hans Schneider race and has won several times over the years.

DAVID WENN

Jan. 4-6, 2006 Okemo, VT

Dave is a PSIA-E Examiner, a member of the Eastern Alpine Racing Committee, and Head of School at The National Sports Academy, Lake Placid, New York.

DAVE GREGORY

Jan. 4-6, 2006 Okemo, VT

Dave is the Director of Peak Performance Camps and Mt. Washington Valley Ski Team Head Coach/Program Director. He was named 2005 NHARA coach of the year by his peers. Each year Dave has a number of athletes invited to U.S. National Development Camps. This year is no different

- five of his athletes attended Development Camps in Austria, Chile and Mammoth, CA.

HAYDEN McLAUGHLIN

Jan. 24-25, 2006 Gunstock, NH

Hayden has been an active member for over 25 years and an Education Staff member for over 18 years. He has been coaching at Gunstock Ski Club for 20 years, leading several athletes to Eastern Regional competitions. Recently spent time in Europe with the U.S. Ski Team observing and learning the competitive environment. Hayden also personally competes in local competitions. ■

In Memoriam

Mark Kesselak, of Laurel, MD, has passed away at the age of 47. He was an Alpine Level I member of PSIA-E, having joined in 1996. He taught at Whitetail Ski Area, PA.

Corrections

Bill Hornbeck was listed as a Level I, 30 year member in the Early Fall Snow Pro. Bill has been Level III since 1974. Sorry for the "retro" rank, Bill.

Also, Richard Whiston, Level III (also Rocky Mountain member) should have been listed as 40-year, Eastern Division life member.



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ASEA (PSIA/AASI) National Report

by Ray Allard

PSIA-E National Board Representative

ASEA (PSIA/AASI) Operations V.P.

ASEA recently held a series of fall meetings in Denver, CO. This included the National Board, Presidents' Council, and Education Advisory Committee (EAC). Divisional Executives met earlier. The fall meetings typically provide an opportunity to review strategic objectives, evaluate operations, and entertain feedback, discussion and debate on several issues.

Strategic plan - Education: One focus of our meeting was to more clearly define the roles of the EAC and to start looking further out at our schedule of educational projects and events. Taking a longer-range view will help to better allocate resources and assure that the needs of all are met in a timely manner.

Governance: An ongoing focus is to better delineate the roles of national and divisions in order to present a more seamless and transparent organization to the membership and industry.

Membership Growth and Retention continues to be a goal. We still have work to do on all of these strategic objectives.

Snowsports School surveys and focus groups: We saw a preliminary report on the first phase of a study to determine how we are viewed by snowsports directors, and what they want most from us. This will be followed up with more research and sampling before a final report later this season. This will then drive many of our decisions for the next budget cycle. Preliminary indications show differences in expectations between large and small schools. National standards, training programs, certification, and educational materials are a focus, as are marketing/promotional materials and membership recruitment.

Presidents' Council: Bill Beerman has completed a very active term as Council Chairman and should be commended for his leadership of this high profile group. Ed Younglove of Northwest was selected to fill that position. The Board confirmed a streamlined process by which Council proposals reach the board, and reaffirmed the informal policy of inviting the Council Chair to sit in on Board and Executive Committee meetings.

Team: Annual training is at Copper Mt., CO. Procuring workers' compensation insurance for multiple state coverage has become an expensive and difficult challenge; an issue also affecting divisions such as ours. The Board is considering the level of participation we can support at the 2007 South Korean Interski.

Nordic (Track/Skate) Examiners' College: Will take place after Team training. Last year's Alpine College was a very successful event, as was the Snowboard version the prior year. The Presidents voiced strong support for continued annual colleges, alternating among disciplines. The result should be more standardization among (and within) divisions.

Educational materials and programs: Release of the "Core" manual a few years ago initiated a new generation of high quality educational materials in every discipline. The Education Department was expanded and the EAC was formed to help expedite the movement of projects through the production cycle. The Park and Pipe/Freestyle manual is due in late October. The new Snowboard DVD is complete; the manual is in revision. An advanced Alpine technical piece is in process, as is a revision to the Technical manual. A "best practices" teaching manual will address all disciplines. A revision of the Children's manual is also planned. "Annual manuals" are online reports from Team training, in each discipline, that will be posted early season. The new "Accessories Catalog" was going to the mailer as of this report. There is a lot of excitement about the Academy in Chamonix, France.

Finances: The fiscal, year-end audit reflected a slightly less-than-projected result. This was because of a decline in dues, mainly from Northwest and Eastern, and an off-year for accessory and educational material sales. However, operational expenses were less than projected, and resulted in a surplus equal to about 3% of income. Unrestricted net assets have grown steadily since consolidating operations with NSP 15 years ago.

Miscellaneous:

- Proposals were limited to a few Life members, and a minor Bylaw wording change.

- The "Go With A Pro" campaign is expected to gain momentum this year, as several areas have reported success with the program.

- The staff has just completed a survey on divisional backcountry accreditation/certification offerings. Six of nine have it. Previous surveys have

addressed master teacher, park and pipe, adaptive snowboarding, and children's programs. A need is seen for standardization across divisions as these programs become more mainstream.

- Websites are continually updated, with some major changes slated for early winter, including improved forums.

- USSA, while busy preparing for this Olympic season, will be doing some exchanges with us between their coaches and our Team. We are also sharing materials and resources, plus doing groundwork to provide special functions for their members, primarily teaching-related.

- The IT department continues to work on transitioning to a new software system.

- National has asked divisions to consider a policy (for the next dues cycle) to waive dues and educational updates for members on active duty in the military who are unable to actively engage in snowsports teaching.

- Recognition Award recipients will be announced later this season.

As always, please feel free to ask for more information, or to provide input on national activities. You can contact me at (allardray@aol.com). ■



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Around the Regions



Region 1 (ME & NH)

Ross Boisvert, Regional Director, reports:

Here we go with winter 2005-06. What a crazy weather pattern going on this fall, with the biggest hurricane season on record, and record rainfall and flooding in parts of New Hampshire and Maine. In less than two weeks we have received over 12 inches of rain. If the temperatures were right, that could have been 12 feet of snow. Let's hope Mother Nature is planning a snowy winter for us this season.

Thank you to Lost Valley and Cannon Mountain for allowing us to host our Regional meetings at their resorts. I also want to thank everyone that took time out of their busy schedule to attend the Regional meetings. We had great discussions on many different topics. It is always good to have many points of view on different topics and to be able to bring those ideas and thoughts back to the Board of Directors.

Congratulations to Nat Putnam on receiving a Divisional Life Membership Award and National Life Member Award. Nat is a PSIA-E past Board member and President, and has dedicated many hours regionally and nationally to our organization. Nat is currently working at Cannon Mountain.

Congratulations to Roberta "Bertie" Holland on receiving a Divisional Life Membership Award. Bertie is the Ski School Director at Pat's Peak and has been a PSIA-E member for over 20 years. Bertie has done an incredible job with the ski school at the Peak. Under her direction over 700,000 students have taken lessons in the past 10 years. Bertie has also overseen the training of over 5,000 ski and snowboard instructors. She has been a dedicated supporter of our sport and PSIA. Both Nat and Bertie are scheduled to receive their awards at the Snowsports Management Seminar at Mt. Snow at the end of November.

The Area Rep program continues to expand. Joan Heaton has done a wonderful job with creating and coordinating this program. The Area Rep program is designed to help the director of each area to channel information from PSIA-E to members. If your area does not have a rep, talk to your director and offer to become your area's rep. Please contact Joan Heaton for more details at (jeheaton@optonline.net).

By the time this issue of the SnowPro hits your mailbox, I hope you've had the chance to make your first turns of the season. I'll be working on setting up a Region 1 ski day late season - sometime in mid-March. I hope everyone has a safe and enjoyable snowsports season. Please e-mail me with any questions, thoughts or ideas at (ross@mcintyreskiarea.com).

Region 2 (VT)

Marty Harrison, Regional Director, reports:

The leaves are finally turning and the weather is rapidly getting colder, so winter is right around the corner. Looking at the event schedule in the SnowPro, Region 2 is again fortunate to be hosting so many premier as well as traditional events in all disciplines. We encourage all members to take advantage of our proximity to these great educational opportunities.

You may have noticed that I've been talking a lot about our upcoming election in the past couple Region 2 articles. This issue of the SnowPro contains the candidacy information and forms for those interested in running for the Board of Directors, the Snowsports School Management Committee, or the Alpine Education/Certification Committee for Region 2. If you meet the qualifications for any of these positions, and are interested in broadening your professional experience, please consider sending in a candidacy form. If you have questions about what is involved or the time commitment, feel free to get in touch with me (mgone2sun@aol.com) or with any of the other current office-holders in our region.

Along this same line, I'd like to stress again that if you work - but do not live - in Vermont, and wish to vote or run for office in our Region 2 election, you may not be officially listed as a Region 2 member. You need to contact the PSIA-E office in Albany to change your region of record, since the region where you live is the default for membership. Many of you live in surrounding states and are officially members of another region. Please make the effort to check your home region and change to Region 2 if you want to be able to vote for your friends and make a difference in the Region that you consider your professional home. There will be specific instructions about this in the Winter issue of the SnowPro, but now is a good time to do this before the craziness of winter sets in.

The annual James Leader Memorial Golf Tournament was held on a spectacular fall day at the Okemo Valley Golf Course. The 64 players came from many other regions as well as from Vermont. I'm very happy to report that my team (Dave Bowyer, Mike Denver, Maura Gorman, and I) won this year at 11 under par. With the same score, but losing on

a match of cards, was the second-place team of Michael Mendrick, Mickey Sullivan, Nick Brewster, and Pam Bouton. Third place was the team of Herb Eddy, Art O'Hare, John Pawlak, and Dick Ferencik. Thanks again to Chuck and Jane Leader and their family for sponsoring this event that has become such a highlight of the fall for so many PSIA-E members.

On a personal note, Rich Weiss and I would like to thank all the Region 2 members for their support during our terms on the Board of Directors. Neither of us will be running for office again in the upcoming election. We have thoroughly enjoyed the opportunity to represent our region on the Board and look forward to seeing all of you on the snow this winter.

PLEASE NOTE: The date of our annual Region 2 meeting has been changed slightly. It will now be held on FRIDAY, NOVEMBER 18 at Killington. As in years past, this will be a ski/ride day for any Region 2 member, with the meeting at 12:30 this year instead of at the end of the day. Details will be given when you register in the K1 Lodge at the top of the Killington access road. This is the time for you to become current with changes in PSIA-E and AASI for the coming year, including the new membership program. We encourage you to come to the meeting to give your input and suggestions, as well as to stretch out your legs on the hill. This is your organization, so take advantage of this opportunity to meet with other members and enjoy the day.

Questions/Input: Marty Harrison, mgone2sun@aol.com.

Region 3 (MA, CT & RI)

David Welch, Regional Representative, reports: The annual Region 3 membership meeting was held at Wachusett Mountain, MA, on Sunday, October 2, 2005. A spectacular fall day and the great hospitality provided by the staff at Wachusett Mountain set the stage for our meeting, in which 40 AASI-PSIA members participated.

On the agenda were topics such as our NEW Registered Member Program, the changes to the Level 1 certification process, scholarship news and a discussion of the issues and challenges that face our Association in the future; these included cost of dues, event pricing and member benefits. Also, Mark Campaniello, our region's Snowsports School Management Committee member, reported on the work the SSMC has done this season.

As always, your comments and suggestions were included in our Regional Report to the Board of Directors.

Ray DeVerry and I would like to thank all of those who attended the meeting and those who, because

continued next page

■ around the regions, continued

of prior commitments, could not attend but took the time to contact us with questions and feedback prior to the meeting.

Also, a BIG thank you goes out to the staff and management of Wachusett Mountain for making this year's meeting possible!

Lets all hope for a good old-fashioned winter, with plenty of the white stuff!!

Region 4 (PA & NJ)

Eric Jordan, Regional Director, reports: It seems like only a short time ago it was 90+ degrees; now, late summer/fall is on its way out and winter is finally moving in. Let's all cross our fingers for a cold and snowy winter!

The Region 4 annual membership meeting has been scheduled for Tuesday, January 24, 2006. The meeting will be held at Elk Mountain. We are going to hold the meeting in conjunction with the educational events that are being offered throughout the week. I received a tremendous amount of positive feedback relative to holding the meeting during the same dates as the events. I would encourage everyone to take a look at the schedule and consider attending one of the many events being offered at Elk. This way, you can attend the regional meeting and get your update all in one. The meeting will once again be held at approximately 4:15 pm in the Winter Garden restaurant. The regional meeting will address the current direction of the organization, both nationally and divisionally, as well as the current state of Region 4. There will also be an open forum to allow you, the members, to voice your questions and concerns so that we can bring these issues to the attention of the Board of Directors.

That all for now.

Questions/Input: Eric Jordan, enj5050@yahoo.com; Jay Minnicks, jayellenminnicks@worldlynx.net.

Region 5 (Western NY State)

Ron Kubicki Regional Director, reports: Region Five is pleased to report that it looks like summer is over. We still had 80-degree temps until a week before this writing. Things always seem to be hectic, but falling into place this time of year.

As has been our practice the past few seasons, Nick Brewster, Regional Rep, and I plan to hold two regional meetings to best accommodate our membership. This has proved successful and we intend to move them throughout various resorts in our region.

Reviewing the events schedule we are pleased to see we have a varied menu of events from Alpine Master Teaching to AASI Exams to Nordic Teaching,

and we want to thank the coordinators and office staff for getting us these important dates.

We are also pleased to have one of our Region 5 resorts (Holiday Valley) be named in the SKI Magazine reader's poll as one of the top ten resorts in the country - in several categories - sharing this honor with several other of our Eastern member resorts.

The Upstate NY team of Bouton, Brewster, Sullivan & Mendrick tied for 1st at the Vermont Leader Memorial PSIA-E Golf Tournament, held October 6 at Okemo, but lost in match of cards.

PSIA-E has offered licensed NY State Ski Coaches access to PSIA-E events. Former Greek Peak'er, U.S. Demo Team member, and PSIA-E examiner Terry Barbour, and 1984 Olympic Gold Medallist and 2005 PSIA Demo Team member, Deb Armstrong are presenting to the New Hampshire Ski coaches.

Nick and I are trying to remember to have our e-mail contact info in each report in the SnowPro to make it more convenient for our members. Maybe we could incorporate that info into each Region's heading in the SnowPro, if everyone was of like mind.

I wanted to close by quoting from a letter I received from one of our newer members from Region 5 (a new Level I):

"...By becoming a member in PSIA I have jump-started a wonderful life. Being a Snowsports Instructor is a heck of a lot more than just being rewarded with a uniform and a season pass. It's about the people's lives you excite, the friendships that are made, and the trust that is built between our guests, other teachers and our Director...Its about getting up early every Saturday and Sunday of the season, being on the top of the mountain and breathing in the ice cold air; then, smiling because you can't think of anywhere else you would rather be than right there, at work!"

So, maybe we are getting to our younger members! The course we have taken has been pro-active and consistent, and it looks like we are reaching people! Thank you!

Questions/Input: Ron Kubicki, rkubicki@holidayvalley.com; Nick Brewster, nickb@bacagency.com.

Region 6 (Eastern NY State)

Sue Moses, Regional Director, reports: Regional meeting dates and locations have been set for March 10 at Belleayre Mt., and March 15 at Gore Mt. The March 10 meeting at Belleayre will begin at 9:00am in the Longhouse Lodge. After the business meeting, there will be organized skiing and riding. Belleayre will showcase their exciting new glade and off-piste terrain, so be sure to put this date on your calendar. The March 15 meeting will be held

at 4:00pm at the end of the first day of scheduled events at Gore. This would be an excellent opportunity for you to attend both an event and your regional meeting. Gore is a great skiing mountain in March! There will be a ski/ride day available for members not attending the events at Gore on March 15, but desiring to take advantage of the slopes during the day leading up to the meeting. A postcard will be sent to Region 6 members outlining the details of both meetings.

Once again, Scott Allard, Regional Rep, and I are looking for regional news - your ideas and your input. Please e-mail me at (sailinsue27@msn.com) with agenda items for the regional meetings and any other ideas/concerns.

We are beginning to compile a communications list for Region 6. This would provide each snowsports school director with contact information for every other school in the region. Our Snowsport's Management Seminar is a great place to exchange ideas with other directors and trainers. However, it is only two days a year. With a communications list it will be possible to interface with other directors and trainers throughout the year.

As we eagerly look ahead to the season, we can anticipate that Region 6 could be affected, along with the entire snowsports industry, by gas and energy costs that will probably remain off the scale. It is not just the cost of travel to resorts that may affect skier/boarder visits. People are most likely going to find, especially after the holidays, that they have less discretionary income to spend. The everyday cost of commuting to work, astronomical home energy bills, higher prices for all manufactured goods which are petroleum-dependent, and the hit from holiday spending will all affect the decisions skiers and riders make during the upcoming season.

We may see some people consider making fewer visits to their resort of choice. "Special deal days" will probably draw greater numbers than ever because most folks are going to be paying more attention to where the best deals are this season; and, effective guest service will be more important than ever!

At at least one or two areas in Region 6 we are seeing people who have always been our guests inquiring about becoming ski or snowboard instructors this season. They are being enticed by the season pass (in some cases a benefit for the entire family) and the modest pay that will help to offset other expenses they incur to enjoy their sport.

Overall, I believe Region 6 will do quite well this winter despite the challenges everyone faces. Most every resort in our region has state-of-the-art snowmaking, a good water supply, temperatures to support a long season of snowmaking, and convenient driving distance. In addition, the great people

who work in Region 6 will continue to be an asset to their resorts and resort guests.

So here we go again! If we didn't love it, we wouldn't do it!

Questions/Input: Sue Moses, sailinsue27@msn.com; Scott Allard, allardc@frontiernet.net.

Region 7 (States South of PA & NJ)

Steve Kling, Regional Director, reports: The big news to report for Region 7 is a change at the top. Bill Cox, Regional Representative, and Treasurer of PSIA-E, has resigned from the Board of Directors. Bill has moved to Utah to take a position with a golf and ski resort outside of Logan. Many of you may not be aware that Bill, in addition to being Snowsports School Director at Wisp, MD, was also the head golf pro. In his new position Bill will be responsible for developing both golf and skiing programs at a growing facility. We wish him well.

I'm pleased to announce that the Board of Directors has approved the appointment of John Cossaboom to finish out Bill's term on the Board for Region 7. Many of you know John. He served on the Board previously as Regional Rep. for Region 4 South before the creation of Region 7. There's a good justice in this appointment as John spearheaded the creation of Region 7. John, who for many years has been the Snowsports School Director at Cataloochee, NC, will again be an effective voice for the most geographically distant reaches of the Region and the Association.

Two final notes: Let me again encourage folks to support educational events in our Region this upcoming season. The more support for our local events, the more local events there will be in future years. Also, please remember (or maybe become aware) that with the First Tracks program eliminated, it's now extremely easy for instructors in all disciplines to join the Association. I encourage all members to make an effort to take one of this season's newly hired instructors under your wing and help them become a Registered member of our Association at the earliest opportunity - which is probably about the time they teach their first lesson.

Questions/Input: Steve Kling, skling1@verizon.net. ■



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Growing from Experience

by Steve Howie

PSIA-E Snowsports School Management

Committee Chairman

PSIA-E Alpine Examiner

Being involved in the snowsports industry since the early seventies, I have had many opportunities to ask myself, "What can I do that will have a positive effect on the skiing of the guests I am working with?" As we head into a new ski season I wanted to share a few challenges and breakthroughs that have helped me along the way. Comparing apples to apples may be a little difficult, as the American Teaching System, along with the equipment we use, have evolved so much over the years; but, our need to acquire knowledge, apply it, and gain experience is still what it's about.

When I started teaching, *Final Forms and Exercises* were drummed into our heads. When I would go out to teach I repeated very specific exercises that went with each final form. Many students did not move on to the next level until they mastered the tasks they were working on. Sometimes a student that was having difficulties with a task, like a Stem Turn, would be seen after class on a steeper run making turns that better resembled parallel than the Stem Turns they were instructed to work on. Everything we learned and taught was on a linear path (A followed by B followed by C), with little room to explore laterally. Although it was not very student-centered, it was easy for the instructor to learn and use (indeed, even today, until new instructors acquire knowledge and experience, most of what they teach is still repeated progressions learned through repetition).

As we became more student-centered with our methodology, we started to teach to the students' needs. Movement patterns and skill blends became the focus, and, based on age, physical condition, equipment, and snow conditions, just to mention a few of the variables, we coached to the individuals in our lessons. Sounds good on paper, but by the time I would read through the manuals and take in

as many clinics as I could, I would still get out with a group of students and think, "What exercise would Joe Woods or Willie Tate use for this level skier?" This being a ski teacher is hard work! I had acquired book knowledge but was still lacking the experience of trying something new with a group, or individual, and seeing the end results. This must be the case for many instructors today because I see the same exercises being repeated at exams and clinics ("You hold the tray of hot chocolates like this.").

This is not meant to criticize anyone; it's just that we all start with someone else's good ideas before we start to develop our own. Somewhere along the line an examiner that I was working with passed on some advice. He said, "When you stop thinking about what someone else would do, or what exercise you should use, and start to develop your own lesson content based on your students' needs, you can call yourself an instructor." So, I started to come up with answers on my own and develop tasks that were specific to the individuals. When I would see a student doing something that I did not recognize, I would try to imitate their movements and internalize what they were doing. Many of the corrective or developmental tasks I started to use were variations of some of the old exercises that I had learned in the past, along with new ones that were pretty unique.

I have to admit it was fun modifying the old exercises and developing new ones on the spot that accomplished what I had hoped they would.

I had just been elevated to examiner and was at one of my first examiner training sessions when I was involved in an on-hill discussion about a particular movement pattern. I do not remember the details of the discussion, but what I do remember is Jonathan Jenkins telling me not to be afraid of questioning the validity of anything if I felt there was a better answer. What I later found out was that as I participated in discussions that day, everything that I was describing was 100% correct; but the problem was that it was

100% correct based only on feedback that I was getting from my own skiing. I later realized that the perception of how I skied, and how I was actually skiing, were slightly different. Had I been more aware of my own movement patterns that day at examiner training, I might have seen things differently. Understanding how I skied not only changed how I internalized movements, but also made me think of all the demos I did that might have been different from what I thought they were.

The point is, we all learn and grow from our experiences. As you prepare to start teaching this season – and helping others to improve their teaching and skiing – be aware that it takes knowledge, experience, creativity, good skiing skills and the awareness of the effect they all have on each another. How can you get better at it? Read, clinic, teach, share experiences with other instructors, ski, ski harder, teach, clinic, ski faster, teach, share experiences with other instructors...

Have fun with it. The fun and enthusiasm you have for teaching and training is contagious. ■

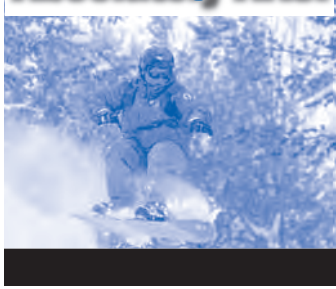
NOTE: See related article in this issue by Joan E. Heaton.

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Women's AASI Events 2005-2006

by Holly Andersen

AASI Examiner Training Squad

AASI Steering Committee Member

Ladies, ladies, ladies! I'm pleased to let you know about two women's AASI events this year that are sure to leave you in pain - mostly from laughing too much and too hard for too long!

This year, please consider signing up for the Women's Seminar at Stratton Mountain, or the Women's Riding Improvement 200 Level at Okemo. I can only tell you if they are half as much fun as last year's women's event- you will not want it to end! I certainly didn't want it to.

Last year, we had ten of the finest women on the east coast gather at Hunter Mountain to ride with each other, learn from each other, do things that are slightly intimidating, as well as things that we never thought we would do (yeah, we rode down the bumps in a rather peculiar way.)

One of the many benefits of attending a women's event is being able to meet some like-minded women interested in improving their riding and stepping it up a notch. We have a great time, chill, and share some insights on what we do at our own mountains – and, how we can improve it. We do this in the most comfortable environment you will ever experience.

If you have any questions or concerns, please feel free to e-mail me at (info@psia-e.org). Look forward to riding with you! Happy Trails! ■



Safe Coaching in the Freestyle Venues

You asked for it, you got it!

A one-day course that meets the specific needs of what to do and how to handle your snowsport classes in the park and pipe.

This NEW one day course is a must for ALL snowsport instructors that take classes in the terrain park. Tele, alpine and snowboard equipment is welcomed. The focus of this course is how to be safe in the park (and half-pipe where available) and how to conduct your classes in the park. This course will be conducted by Eastern AASI Education Staff members and is partially based on NSAA's Smart Style Initiative. The Safe Coaching course will definitely lead to a better appreciation for teaching and learning in the freestyle venues. ■

Course offerings (see event schedule for details):

Mount Snow, VT	November 28
Stratton, VT	January 8
Snowshoe, WV	January 30

Early Fall SnowPro Clarification

We apologize for a misstatement in our Early Fall SnowPro. To clarify.....AASI Level II and Level III Exam Clinics WILL count as exam pre-requisites for the 2005-2006 season. See the information box in this AASI section which provides all of the details about AASI pre-requisites for this season. ■

SEASON 2005-2006**

AASI LEVEL II AND III

EXAM PRE-REQUISITE INFORMATION

AASI Courses which WILL count as an exam pre-requisite are:

All Level 200 Courses (for those going for Level 2); including Exam Clinics
All Level 300 Courses (for those going for Level 3); including Exam Clinics
Eastern Academy
Resort Trainers Program

AASI Courses which will NOT count as pre-requisites are:

Snowsports Management Seminar
Train-the-Trainer
ITC Clinic
Riders Weekend Academies
Women's Seminar
Safe Coaching Courses
Freestyle and Backcountry Accreditation Courses
Riding Assessments (Riding Retakes)
Specialty Events: Skills for Riding Pak & Rails and Old Fart Park & Pipe
Level 100 Courses
Spring Rally

** Please check our website each season for the most up-to-date information



Excerpts from Exam Dialogues – An Inspiration!

by Meryl Jacobson and Bob Cooperman

Bob: Meryl and I chose to share these e-mail dialogues for the purpose of helping exam candidates and coaches to understand and to deal with some of the emotional components of the exam process, a process that inherently may be so stressful that it can affect even the most confident individuals. These excerpts point out how easily one's self-image may be weakened as a result of an emotional affront, a premature or capricious decision, a negative experience during preparation, or, just simply, a perceived loss of control. Our story also shares a rebuilding process: the energies, the strategies and the people power. It is a story about success and it has a happy ending.

Part I: The Challenge

Meryl Jacobson has been teaching skiing for more than ten years. She was certified Level 1 in February of 2000. In 2004, Meryl decided to prepare to take the Adaptive Level 2 certification exam. She did so feeling that she still didn't have enough "hands-on" experience in some of the disciplines and, moreover, that her personal skiing wasn't yet "there". Accordingly, she worked on her areas of concern, applied to take the first two of four modules in early March and subsequently passed them.

Buoyed by her success, Meryl applied to take the last two modules in late March (the last exam of the 2004 season). She still had concerns about her personal skiing but realized that were she not to pass this module, she would still be allowed two more seasons to reach her goal without having to retake the other three modules of the exam. Although successful in the 3-track/4-track module, Meryl did not pass the personal skiing module.

Meryl: I felt that my exam results were honest and accurate but more critical than I had anticipated, and I did not see any positives in them. Maybe I had no strengths? What a painful supposition! Although these results had injured my self-confidence, they

did not derail my drive to do what I felt needed to be done. The 2004 personal skiing exam experience, while disappointing at the time, had provided a direction for improvement and a surmountable challenge in which I eagerly engaged at the start of the new ski season.

Bob: Armed with the critiques provided by the examiners, Meryl began the 2004-2005 season determined to improve her personal skiing, and confident that she would be able to do so. Her plan included a two-day PSIA-E Alpine clinic, a one-day PSIA-E Adaptive clinic, weekend morning Alpine clinics at her home ski area, personal training from a friend who is PSIA-E Level 2 certified in both Alpine and Adaptive skiing (and who had been among the candidates in her personal skiing exam group the previous year), and from another friend and colleague who is a training coordinator for a large adaptive organization.

Meryl: The derailing blow came only when I believed that I had done everything possible to make the recommended changes in my personal skiing and I could see no improvements. I believed that I had tapped into every resource that was available to me. I understood what I needed to accomplish but felt physically unable to do what was necessary. I experienced the ultimate insult after seeing myself on a short video clip; I recognized immediately that this was not the image that I believed I had projected while skiing.

Bob: On January 7, 2005, I e-mailed Meryl in order to update myself on her progress and to offer my help in her exam preparation.

January 9, 2005 (Meryl to Bob): In response to your question, no, I have decided to abandon the whole exam process. I have spent a lot of time over the past month with different people in an attempt to make changes (in my personal skiing) and this exploration has left me discouraged, frustrated and even angry. I have been analyzed, tweaked, critiqued and over-cliniqued. Each person wanted me to try this and that. The result of all of this is that I am no longer enjoying skiing. Nope. Not fun. I give up. I ski as I ski and if it is not good enough, so be it. I need to see if skiing can be fun again.

I never should have begun the Level 2 process; it is out of my reach. After the hard work that I put in to be able to pass all three of the teaching exams, I have reached a dead-end. I wish I could feel good again about my own skiing. Although giving up the exam was the right thing to do, I doubt that I will ever feel happy with my decision.

Part 2: Rebuilding

January 10, 2005 (Bob to Kirsty Digger): Kirsty, Can you help me find a way to resolve this

problem? Please see the attached email from Meryl.

January 12, 2005 (Kirsty to Meryl): Know that what I write here comes from personal experience. I moved from teaching at a small mountain in PA to Windham. I found no end of experienced instructors willing to help me improve my skiing. For a while it seemed wonderful. Here I was with all the free lessons in the world and I soaked it up. At some point things started to change. If I went out free skiing, people started to take note of what I was doing and would offer suggestions for improvement. I have no doubt they were well meaning, but, in short, I started to doubt my own skiing ability. Worse, skiing started to become a chore, a performance, rather than being fun.

I think you have the knowledge and skiing ability to pass Level 2. From what you say, I think you'd be wise to go out, rip it up on the mountain, enjoy your skiing, don't get technical, don't think, and have some fun. I am not sure if what I say has helped or will help. I hope you can resolve things for yourself.

January 12, 2005 (Meryl to Kirsty): I began this ski season determined to use the suggestions (on the exam score sheet) to help me to train for the January 29 exam and to improve my skiing. I was so hopeful that I could make positive changes in my skiing but I have not been able to do so. I wish I could find a mountain where I have no personal connections and I wish I could find the time and the means to go there for a week just to disappear and to see if it is possible to recapture the joy of skiing.

January 12, 2005 (Bob to Meryl): I'll be happy to meet... just to ski... or just to ski and to "beat to death" the analysis aspects of skiing and of your skiing in particular; either is OK w/me. I value your expertise as both teacher and trainer (as does Kirsty and the rest of the group). By the way, for what it's worth (and at this moment, you'll probably think, not too much), the dialectic you're experiencing is pretty much the same type that most of us have experienced when we were "breaking through" to the next level.

January 12, 2005 (Meryl to Bob): It does help to know from both Kirsty and you that I am not the only person to find this whole process such a misery.

January 14, 2005 (Bob to Meryl): A colleague had asked me for Adaptive L2 exam training. How about I set it up so that both of us go to his mountain to train him and ski together in the process?

January 17, 2005 (Meryl to Bob): I could certainly help train him because I have just been through that process. If I were in a different mind frame, that would be fine. I don't know how I can

■ adaptive airtime, continued

cheerfully drill someone else for an exam that I know I will never finish.

January 18, 2005 (Bob to Meryl): I suggested this as a potential forum because we both define ourselves, at least in part, as ski instructors who specialize in teaching people with disabilities. This day is not about what I feel or think is “good” for you. It’s all about what you can do for yourself to satisfy your personal need “to have fun again while skiing”, and to find the confidence you had before trying to “fix” your skiing in order to pass a test.

January 18, 2005 (Meryl to Bob): Even though I feel that drilling skills for an exam is probably the last thing that I should be doing right now, and that what I really need to do is to detach myself from the exam, let’s meet on Saturday as planned. I think it is going to take a lot of work on my part to sort out my feelings and figure out what I really want to do about skiing.

January 24, 2005 (Meryl to Bob) After having skied together on the 22nd: I appreciate that you are not willing to let me hang up the ski equipment and run off without giving it another shot. As you can see, I don’t feel confident with my left turn. I never feel stuck to the mountain and really on edge. When I exert pressure and do not get sufficient response from the ski, I back off and just try to maintain balance into the right turn, using it to control my speed. You see how frustrated and discouraged I am.

January 24, 2005 (Bob to Meryl): It can’t be much fun struggling the way you were on Saturday. I think that your explanation of your difficulties is sound.

Meryl: During our session on the 22nd, Bob and I had explored the similarities and differences between the way I made my right turn vs. my left turn. Among the questions we tried to answer were: Did I use the same mechanics in both turns, and, if not, what might be preventing me from a more effective movement pattern on my weaker turn. It was during this comparative analysis that Bob convinced me to check out my equipment and my setup to see if I could find a different, less rigid way to attach the adaptive platform (lift peg). We discussed different possibilities, such as a boot-mounted device that could rotate, one that would free my left side and allow me to employ diagonal movements, to balance on the edge, and to ski into and out of counter during my turn from right to left. I was wary about getting too hopeful and thinking that equipment and setup could possibly make such a big difference.

Earlier in January, I ran into Liz Craveiro. Liz is an adaptive skier who, like me, has two legs but skis 3-track (one ski and two outriggers). When Liz heard that I was planning to walk away from the exam after passing ¾ of it, she volunteered to try to help. She pointed out that I was having difficulties with

personal skiing but had not asked another 3-tracker to try to problem-solve with me. We discussed the equipment issue and I had explained to her that in order to avoid further injury to my left leg I could see no alternative to using the adaptive platform. Liz said that if we had to live with the platform, then we could still try to achieve more effective ski performance via outrigger usage.

In retrospect, my words were at least partially motivated by my fear that modifying my adaptive equipment would require that I relearn to ski from the beginning; I did not want to regress to being a beginner! In any event, after working with Bob on the 22nd I decided to take Liz up on her offer.

On January 29, Liz and I met at Waterville Valley. We started to explore outrigger usage, but after just a few turns on easy terrain, Liz readdressed the platform issue. She asked me to try one turn and then another without the support of the platform. I doubted that I would be successful and consented only to demonstrate that I truly could not ski safely without it. Needless to say, we were both astounded at the results. Each turn was stronger, better, and very, very right. I had been imprisoned by my equipment and I was finally free!

January 30, 2005 (from Meryl): Dear Bob, Liz and Kirsty: Each of you has helped me through a miserable couple of months as I have struggled to figure out what to do about my personal skiing. Some of you know each other and some do not, but, collectively, you have been wonderful friends and a great support group. Yesterday, with Liz’s encouragement, I took a giant leap of faith; I stopped using the platform that had inhibited much of my movement. It was like getting rid of the training wheels and just taking off on the bike. I don’t know who was more surprised with the results, Liz or I. This was a total transformation. It was not anything that I had anticipated, but the results are everything that I wanted; the results are dramatic!

February 8, 2005 (Meryl to Bob): I think that now I may be able to bring my skiing up to Level 2 standards. My plan is to prepare for the March 7th exam, get an analysis of my skiing within the next couple of weeks, and if I feel that I look good out there, and if others concur, then I will go through with the test. Otherwise, I will opt out and think it over again next winter.

February 27 (Meryl to Liz): I was at Okemo today working w/Bill Korzon. It was a wonderful experience. Bill gave me very useful feedback; he had some very good suggestions. At lunch I was totally surprised to see Bob Cooperman walk in. Bob skied with us this afternoon and he recommends that I strategize the steeper terrain. I like the idea of working on a strategy. I’ve decided to go for the exam and I really need to practice. Is there any way

that we could ski a few runs at WV on Sunday, March 6th? If you are able to ski w/me, the steeper terrain is where I would ask for your help.

Part 3: Results

Meryl: How does one get back on track after deciding to abandon a goal, and a lifestyle that has been so essential? For me the cure was the support of colleagues who believed in me and who very deftly drew me back into completing what I started; professionals who understood and validated my frustrations and motivated me to consider the possibilities and to take some risks. The rest was my own drive and desire, and my personal growth as I searched for answers.

The exam is a process, and it is not just about skiing or about the pin. I have emerged from this process strong and confident, and very proud of my accomplishments. I faced each of my challenges. I pushed myself harder and farther than I would have believed to be possible, and on March 7, 2005, I had the time of my life; I successfully completed the Level 2 Adaptive exam, and I had fun doing it!

Epilogue

March 10, 2005 (Liz to Meryl): Yes, it does help to have another skier to “tweak” you. Mine was Diana Golden. The reason I started in this business was to give back to someone else the feeling that I have when I’m skiing. I’ve taught many lessons, but I believe YOU were the reason that I stuck with it. Our paths crossed years ago and I believe our fate to hook up together was already in the making back then. I’m now passing that SPIRIT on to you, for you to pass it along to someone else. THANK YOU for letting me fulfill my destiny.

Biographical information:

-Meryl Jacobson is the adaptive skiing training coordinator at Bretton Woods, NH.

-Bob Cooperman and Kirsty Digger are examiners with the PSIA-E Adaptive Board of Examiners.

-Liz Craveiro is Level 3 Adaptive and Alpine, and skis and instructs at Waterville Valley, NH.

-Bill Korzon is Level 3 Adaptive and Level 2 Alpine, and instructs at Okemo, VT.

Notes:

- *The Level 2 Adaptive exam is comprehensive. It is a four-day exam that includes demonstrations of knowledge and proficiency in bi-ski and mono-ski instruction, visually impaired and developmentally disabled instruction, 3-track and 4-track (using outriggers) instruction, and personal skiing. Candidates are allowed 3 years from the time of passing the first module, to complete the exam.*

- *Meryl is unable to use her left leg to ski. Her right ski had been adapted by attaching a metal platform, or shelf, upon which she could support her left leg, off the ground and out of the way. She uses one ski and a pair of*

outriggers (Canadian crutch assemblies with abbreviated skis attached to the bases) to aid in balancing. This adaptive discipline is referred to as "3-track" because up to 3 tracks may be left in the snow.

- Kirsty had examined Meryl for two of her four Adaptive Level 2 exams.

- Diana Golden was one of the greatest disabled athletes of all time. She skied 3-track, having lost her leg to cancer as a child. As a member of the U.S. Disabled Ski Team, Diana won numerous world medals, including a gold medal in Calgary in 1988, when disabled skiing was first introduced to that venue. Diana's many recognitions include induction into the U.S. National Ski Hall of Fame and the International Women's Sports Hall of Fame. ■

Handling the Special Needs Student in a Group Setting

by John Lincoln

PSIA-E Adaptive Coordinator

Adaptive Level III, Alpine Level III

Maine Handicapped Skiing @ Sunday River and Sugarloaf

Does the challenge of handling the special needs student in a group setting arise at your Snowsports School? If it does, you are not alone, and the Adaptive Board of Educators has taken the many requests for help to heart and put together a one-day clinic to address it. An indoor session at the Snowsports Management Seminar will preview the program in preparation for offering throughout the season, and the staff of the ABOE will be available all winter to help anyone looking for ideas and solutions.

The purpose is to increase the awareness of, and provide teaching techniques for ski instructors who may have a special needs student in a group setting. The syllabus will include a review of the disabilities likely to be seen and a means of doing physical, emotional and mental/cognitive evaluations, as well as tactics for heightening awareness and motivation coupled with the teaching techniques that have been shown to work. The clinic will be both indoors and on-snow.

If this is something that might help you, please give a call to the Albany office or directly to any of the ABOE staff. You can also contact me at 207-838-5046 or by e-mail at (jlincoln04078@yahoo.com). We'd be happy to help in any way we can. ■

Motivating Adaptive Instructors with Indoor Training

by Mary Ellen Whitney

Director, STRIDE Adaptive Ski Programs

PSIA-E Adaptive Level III, PSIA-E Alpine Level II ABOE Development Team.

Fall is a beautiful season, especially for fitness training. You can hike, or take those last few chilly bike rides, walk or jog, enjoy the fall golf season. You've probably begun your stretching and strength building routines. But, mental preparation is equally as important; a time to review your knowledge base, read your manuals, tune up your gear, and, if you are a member of the STRIDE Adaptive ski programs, you have multiple choices of indoor educational clinics provided without a fee.

Over the years, the STRIDE Adaptive program trainers at the three mountain locations of Jiminy Peak, Catamount and Ski Sundown have put their collective intelligence together to provide an interesting and varied selection of indoor training sessions. These sessions will get the juices flowing for returning and seasoned instructors, and will open imaginative doors of knowledge for new instructors. Training sessions at STRIDE begin the first week of October and continue with two clinics offered per week at various locations. Subject matter included in the two-month period is as diverse as the students. Here's a list of some of our topics, suggested here for you to consider as you build an adaptive training program at your area:

- A review of ATS and the stepping-stones progressions related to disabilities.
- Behavior management – clinical and practical approach as it relates to skiing.
- Blood-borne pathogens training and universal precautions.
- Chapter review of each disability discipline – offered separately with equipment available for close inspection.

- Introductory Sign Language (related to snowsports).

- Medications – their use and side effects.

- Mentor Night – invited guest speaker/psychologist addresses mentors and "mentees" on the protocol of mentoring.

- Movie Night – get out the popcorn and watch the oldies but goodies. This is offered twice, showing all the educational flicks, including DAV, Disability Rights, Documentaries and PSIA videos on Technical skills and the History of American Skiing. Then, for fun, we watch Warren Miller!) Find someone to offer up his or her big screen and sofas – and this is a huge training hit!

Training sessions do not have to be boring! Invite special guests from schools or agencies to offer insights on certain populations or their area of expertise, and you will soon have the best-trained and knowledgeable instructors at your area. We do! ■

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Nov 12th

Contact: Sue Spencer Moses
845 254-5600 ext. 303

JOB PLACEMENT SERVICE

Available ski school positions. A=Alpine, N=Nordic, S=Snowboard, H=Adaptive, X=Open

		Full	Part			Full	Part			Full	Part	
Acutney Learning Center					Double H Ranch					Labrador Mountain		
Christopher Sailor	A-All Levels	3	5	Ronnie VonRonnie	A-Volunteers	25		Frank O'Donnell	A-All Levels	20	30	
PO BOX 347	S-All Levels	3	5	97 Hidden Valley Rd	N-Volunteers	10		Route 91	S-All Levels	20	30	
Brownville, VT 05037	N-All Levels	0	1	Lake Luzerne, NY 12846	S-Volunteers	10		Truxton, NY 13158				
802-484-7711				(518) 696-5676				(607) 842-6204				
Balsam's Wilderness					Four Seasons Golf & Ski Center					Lapland Lake X-C Ski Center		
Andy Pearson	A-All Levels	1	3	JoAnna Buckley	A-All Levels	5		Olavi Hirvonen	N- Instructor		3	
RR 1 Box 1000	S-All Levels	1	3	8012 East Genesee St	N-Level I	1		139 Lapland Lake Rd	Wknds-Hols.			
Dixville Notch NH 03576	N-All Levels	1	1	Fayetteville, NY 13066	S-Level I	3		Northville, NY 12134	Flexible			
603-255-3136				(315) 637-9023				(518) 863-4974	Scheduling			
Belleayre Mtn. Ski & Snow School					Gore Mtn. Ski Area					Loon Mtn. Snowsports School		
Sue Moses	A-Kids Camp		25	Dave Bulmer	A-All Levels	5	15	Matt Boyd	A-Level I	2	9	
PO Box 313	A-Level I-II		20	PO Box 470	S-All Levels	5	15	60 Loon Rd	A-Level II-III	3	5	
Highmount, NY 12441	A-Level III		20	North Creek, NY 12853				Lincoln, NH 03251	S-Level I	2	7	
845-254-5600 x303	S-All Levels		20	(518) 251-2411				(603) 745-8111	S-Level 2-3	2	7	
Blue Hills Ski Area					Great Glen Trail Outdoors					Magic Mtn. SnowSports Center		
Lettie Trespass	A-All Levels		25	Nathan Harvey	A-All Levels	0	0	John Pawlak	A-All Levels		20	
4001 Washington St	S-All Levels		25	Route 16 Pinkham	N-All Levels	0	1	PO Box 524 Rt 11	S-All Levels		20	
Canton MA 02021				Gorham, NH 03581	S-All Levels	0	0	Londonderry, VT 05148				
781-828-5070				(603) 466-2333				(603) 824-5645				
Blue Mountain Ski Area					Greek Peak Snowsports School					McIntyre Ski School		
Timothy Burt	A-All Levels	4	20	Roger Nadolski	A-All Levels	10		Ross Boisvert	A-Levels II-II	10	20	
PO Box 216	S-All Levels	2	20	2000 Rte 392	A-Tech. Support	10		50 Chalet Ct	S-Level I-II	1	20	
Palmerton, PA 18071				Cortland, NY 13045	S-Level I	10		Manchester, NH 03104	S-Level III	1	20	
610-826-7700 x224				(607) 835-6111	S-Level 2-3	5		(603) 622-6159				
Bretton Woods Resort					Gunstock Learning Center					Montage Improvement Center		
Steve DeBenedictis	A-Kid Trainer	5	20	Thomas Peary	A-All Levels	20	20	Mark R. Symancek	A-Level II	1	5	
Route 302	A-All Levels	5	20	PO Box 1307	S- Kids& Freestyle	20	20	PO Box 3539	S-Instructor	2	10	
Bretton Woods, NH 03575	S-All Levels	4	5	Laconia, NH 03247				Scranton, PA 18505	S-All Levels	2	10	
(603) 278-3314	H-Volunteers	2	20	(603) 293-4341				(570) 969-7669				
Bromley Mtn. Learning Center					Hidden Valley SnowSports					Mount Snow - Perfect Turn		
Peter Robertson	A-All Levels	5	15	Roni Mattiello	A-All Levels	2	10	Erik Barnes	A-Levels I-II	5	10	
PO Box 1130	S-All Levels	3	10	44 Breakneck Rd	S-All Levels	1	10	Route 100	S- I or II	5	10	
Manchester Center, VT 0525				Vernon NJ 07462				West Dover, VT 05356				
(802) 824-5522								(802) 464-3333				
Bryce Resort					Holiday Valley Resort					Mountain Creek		
Horst Locher	A-Level I-II	1	2	Ron Kubicki	A/S Kid Super	1		Chris Heidebrecht	A-Adult Instr	10	10	
PO Box 3	S-Level I-II	1	2	PO Box 370 Rte 219	S-Children Any	10	15	200 Rt 94	A-Kids Pro	10	10	
Basye VA 22810				Ellicottville, NY 14731	Night Super Any	1		Vernon NJ 07462				
540-856-2121				(716) 699-2345	Line Super Any	10	15	973-864-8171				
Butternut Snowsports School					Hunter Mountain					Mystic Mountain		
Einar Aas	A-All Levels	2	15	Charlie Knopp	A-All Levels	5	20	Chris Roffe	A-Level I		2	
PO Box 480	S-All Levels	1	6	Route 23A	S-All Levels	5	30	1001 Lafayette Dr				
Gt. Barrington, MA 01230				Hunter, NY 12442				Farmington, PA 15437				
(413) 528-2000				(518) 263-4223				(724) 329-6070				
Camelback Ski/Snowboard					Jiminy Peak Inc.					Okemo Mtn. Learning Center		
Joe Amato	A-Level I	5	5	Chcuk Seymour	A-All Levels	20	30	Dan Bergeron	A-All Levels	15	30	
PO Box 168	A-Level II	4	3	37 Corey Rd	S-All Levels	10	20	77 Okemo Ridge Rd	A-Supervisor		2	
Tannersville PA 18342	S-Level I	6	4	Hancock, MA 01237				Ludlow, VT 05149	S-All Levels	15	35	
518-629-1661x2231	S-Level 2	3	4	(413) 738-5500 x51				(802) 228-1564	S-Supervisor		1	
Canaan Valley Resort					Killington Perfect Turn					Pat's Peak Ski School		
J.R. Nolan	A-All Levels	5	3	Kevin Anderson	Kids Super.	1		Roberta Holland (Bertie)	A-All Levels	15	10	
HC70 Box 330	S-All Levels	5	3	4763 Killington Rd	S- Level III	2		PO Box 2448, 24 Flanders R	S-All Levels	5	5	
Davis WV 26260	H-All Levels	1		Killington, VT 05751	A-All Levels	15	20	Henniker, NH 03242	Race Coaches	5	10	
304-866-4121	Children's Instr	3	5	(800) 923-9444				(603) 428-3245				
Cataloochee Ski & Snowboard					Killington SnowSports					Powder Ridge Ski Area		
John Cossaboom	A-All Levels	10	20	Kevin Anderson	A-Trainer	2	2	Rob Amrein	A-Level II	5	10	
1080 Ski Lodge Rd	S-All levels	4	10	4763 Killington Rd	A-All Level	10	20	99 Powder Hill Rd	A-Level I		15	
Maggie Valley, NC 28751				Killington VT 25751	S-All Levels	5	10	Middlefield, CT 06455	S-All Levels	5	15	
(828) 926-0285				(802) 422-6853	S-Trainer	2	2	(860) 349-3454				
Cranmore Snowsports School					Kissing Bridge Ski School					Royal Mountain Snowsports		
Karen Dolan	A-All Levels	3	15	Debbie Goslin	A-Level I	2		Mike DiBartocomeo	A-All Levels		4	
PO Box 1640	S-All Levels	5	20	Route 240	S-Level I	2		7 Stewart St	S-All Levels		4	
North Conway, NH 03860	A-Free Style		2	Glenwood, NY 14069				Amsterdam, NY 12010				
(603) 356-8540	S-Freestyle		2	(716) 592-4963				(518) 843-1789				

Ski Beech Snowsports

Scott Boutillier
PO Box 1118
Banner Elk, NC 28604
(800) 438-2093

A-All Levels	10	50
S-All Levels	5	30

Ski Denton Ski School

Bob Grosjean
5661 US Rte 6 West
Coudersport, PA 16915
(814) 435-2115

A-All Levels	1	20
S-All Levels	1	20

Ski Plattekill

Bob Leonard
Plattekill Mountain Rd
Roxbury, NY 12474
(607) 326-3500

A-All Levels	20	
S-All Levels	20	

Ski Sundown

Carol Marchion
126 Ratlum Rd
New Hartford, CT 06057
860-379-7669 x214

A-All Levels	0	10
S-Level I-II	0	5
H-Level I-II	0	6

Ski Ward Snow School

Mark Campaniello
1000 Main St
Shrewsbury, MA 01545
508-845-1797 x31

A- Race Coach	1	4
A-Children Instr	1	10
Adult Instr.	3	10
S-Instr	2	10

Smuggler's Notch

Peter Ingvaldstad
Rte 108 South
Jeffersonville VT 05464
802-644-8516

A-Children	25	30
S-Children's	15	20
H-All Levels	5	8
N- All Levels	5	5

Snow Ridge

Robert Jones
4173 West Rd
Turin NY 13473
315-348-8456

A-All Levels	5	15
S-All Levels	3	12

Snowshoe Ski & Snowboard

Bryan Fielding
10 Snowshoe Dr
Snowshoe, WV 26209
(304) 572-5402

A-All Levels	30	20
A-Children Instr	25	25
S-Instr All	20	10
S-Child Instr	20	10

Stowe Ski & Snowboard School

Dave Merriam
5781 Mountain Rd
Stowe, VT 05672
(802) 253-3696

A-All Levels	10	5
S-All Levels	5	5
H- All Levels	3	3

Stratton Ski & SB School

Alois Lechner
RR 1, Box 145
Stratton Mt., VT 05155
(802) 297-4071

A-Instructor	7	10
S-Instructor	7	10
A-Kids Inst	10	15

Sugarloaf/USA Perfect Turn

Thomas Butler
5092 Access Rd
Carra Bassett Valley
207-237-6924

A-Kids Inst	20	30
A-Adult Instr	0	10
S-Kids Instr	10	10

Suicide 6 Ski School

Charlie Reeves
Woodstock Resort 14 The Gr
Woodstock, VT 05091
(802) 457-6661

A-All Levels	2	1
GrH- All Levels	4	2
S-Any Level	1	1

Sunday River

Rik Dow
PO Box 450
Bethel ME 04217
207-824-5268

A-All Levels	10	15
S-All Levels	5	8

Swain Ski & Snowboard Center

Chic Carlucci
2275 Main St
Swain, NY 14884
(607) 545-6511

A-All Levels	8	20
S-All Levels	4	15

Thunder Ridge Ski School

Dave Taylor
Rt 22 PO Box 627
Patterson, NY 12563
(845) 878-4100

A-All Levels	2	5
S-All Levels	2	5

Toggenburg Mt. Winter Sports

Jim Morris
PO Box 162 Toggenburg Rd
Fabius, NY 13063
(315) 683-5842

A-All Levels	5	5
S-All Levels	5	5

Wachusett Mountain

Bruce McDonald
499 Mountain Rd
Princeton, MA 01541
(978) 464-2300

A-All Levels	2	5
S-All Levels	2	5

Waterville Valley Snowsports

Pete Weber
PO Box 540
Waterville Valley, NH 03215
(603) 236-8511

A-All Levels	4	15
S-All Levels	3	10

West Mtn. Snowsports School

Douglas Holl
59 West Mountain Rd
Queensbury, NY 12804
(518) 793-6606

A-All Levels	5	10
A-Supervisor	2	
S-All Levels	2	10
N- All Levels	2	

Whiteface SnowSports

Aleks Hickey
PO Box 1980
Wilmington, NY 12997
518-946-2223

A-All Levels	2	10
A-Child Instructor	1	10
A-Adult Supervisor	1	0
S-All Level	1	10

Whitetail Schools

Sue Slick
13805 Blairs Valley Rd
Mercersburg, PA 17536
717-328-9400

A-All Levels	5	20
S-All Levels	5	20
H-All Levels	2	

Wildcat Tracks Training Ctr.

Richard Russo
PO Box R-Pinkham Notch
Jackson, NH 03846
(603) 466-3326

S-Instructor	5	5
Desk Person	1	

Windham Mtn. Snowsports

Franz Krickl
PO Box 457
Windham, NY 12496
(518) 734-4300

A-Level II	2	3
A-Level III	2	5
S-Level I	6	
S-Level 2	8	

Winding Trails X-C Ski Center

Heidi Martin, Manager
50 Winding Trails Dr
Farmington, CT 06032
(860) 678-9582

N- Level I	1	
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Wintergreen Resort

Brian S. Coon
Rt. 664, PO Box 706
Wintergreen, VA 22958
(434) 325-8064

A-All Levels	15	40
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Wisp Ski & Snowboard School

Eric Anderson
296 Marsh Hill Rd, PO Box 6
McHenry, MD 21541
(301) 387-4911

A-All Levels	5	30
S-All Levels	3	15

Education Foundation Donors

The PSIA-E Education Foundation expresses its sincere appreciation to the following members who have contributed at least \$50.00 to the Foundation. Since no dues or program fees go to the EF, contributions are the primary source of support for the Foundation and its scholarships. Thank you! ■

Amanda Amory
Kare Andersen
Angus Black
Brian Fairbank
Norma Hetrick
William Hetrick

Peter Kyriacopoulos
Jennifer LeVan
Thomas Reynolds
Gordon Richardson

Thank you

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"15 Below" Club Member Application

Member applicants & sponsors - please read & complete all sections.

Hey gang, here's all you have to do to join the "coolest" club on the hill!

- Pay \$20 club dues (hey, that's only one CD!).
- Be at least 10 years of age and less than 16 years of age at the time of application.
- Be sponsored by a current member of PSIA-E/AASI (sponsors - see below).
- Be ready to meet new friends, learn new stuff and have great fun with snowsports!

That's it—nothing to it! So get your sponsor and sign up!

Male / Female
Circle one

CLUB MEMBER NAME: _____ Date of Birth: _____

ARE YOU A SKIER OR A SNOWBOARDER? **SKIER** **SNOWBOARDER** Please circle.

WHAT IS YOUR HOME MOUNTAIN? _____

ADDRESS: _____

Street/Box

City

State

Zip

HOME PHONE: (____) _____ E-MAIL (optional) _____

PAYING \$20 ANNUAL MEMBERSHIP BY CHECK CHECK #: _____ APPLICATION DATE: _____

OR please charge \$20 to: MasterCard or Visa Exp. Date: _____

Cardholder Signature

Make payment to PSIA-E. Mail or fax to: PSIA-E, 1-A Lincoln Ave., Albany, NY 12205 Fax # (518) 452-6099

"15 Below" Club Member Sponsor Responsibilities

1. Provide general guidance, direction and information to the club member as he/she learns about PSIA-E/AASI. Act as a mentor to assure a well-rounded positive orientation to PSIA-E/AASI and its vision, which is to "inspire lifelong passion for snowsports."
2. Be a resource to answer questions about the organization and assist with training and development opportunities in skiing/riding skills as well as principles of teaching snowsports.
3. Serve as a liaison between the "15 Below" club member and the local PSIA-E/AASI Area Rep, snowsports school director, and/or other area staff as needed.
4. Contribute ideas and energy to help in developing educational and other activities for "15 Below" club members at the local area.
5. As requested, assist PSIA-E/AASI division and education staff in carrying out programs and activities for the "15 Below" club.
6. Most importantly, share your enthusiasm for PSIA-E/AASI and your passion for snowsports!

I am a current member of PSIA-E/AASI and agree to fulfill the above stated responsibilities in sponsoring this individual as a member of the "15 Below" club:

Sponsor Name: _____ PSIA/AASI Member#: _____

Sponsor Signature: _____

Note: While the "15 Below" club operates under the umbrella of PSIA-E, club membership is separate from PSIA-E/AASI membership.



Hey, "15 Below" Club Members!

Look for your profile in future issues of the SnowPro. Starting in our next issue we will profile a "graduate" of the "15 Below" club and see what's been happening. Find out where they are now, and what they might be doing in the snowsports world. Plus, we are going to profile two current members in each SnowPro. So, get ready to see your name, and your face in future SnowPro articles.

See you at Killington in December!!
Sapere aude,
Griz ■

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Become a Snowsports Mentor and More

...Think about Sponsoring a "15 Below" Club Member!

What does it take to sponsor a new member into the "15 Below" club? As a potential sponsor, your end of the deal is simple - but very important! If you can comfortably fulfill the following basic responsibilities, then you've got what it takes to help a young skier or rider enjoy the fun, friendship and personal growth provided through "15 Below" club membership. As a club member sponsor, you are asked to:

1. Provide general guidance, direction and information to the club member as he/she learns about PSIA-E/AASI. Act as a mentor to assure a well-rounded positive orientation to PSIA-E/AASI and its vision, which is to "inspire lifelong passion for snowsports."
2. Be a resource to answer questions about the organization and assist with training and development opportunities in skiing/riding skills as well as principles of teaching snowsports.
3. Serve as a liaison between the "15 Below" club member and the local PSIA-E/AASI Area Rep, snowsports school director, and/or other area staff as needed.
4. Contribute ideas and energy to help in developing educational and other activities for "15 Below" club members at the local area.
5. As requested, assist PSIA-E/AASI division and education staff in carrying out programs and activities for the "15 Below" club.
6. Most importantly, share your enthusiasm for PSIA-E/AASI and your passion for snowsports!

That's it - a beautiful partnership! Join in! An application form can be found at left. ■

 Keep your tootsies toasty with half-price socks & other ski accessories. First quality deals for snow-industry pros at:

www.SnowProDeals.com

Ski & Board socks	\$4
Longunderwear	\$12
Sock liners	\$2.50
Glove liners	\$2.50

Goggles, gloves, facemasks
nose warmers, neck
gaiters and clothing.



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877-754-3325



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**"15 Below" Club
Event Sign-Up Form**

Club members & sponsors - please read & complete all sections.

CLUB EVENT: "BRING IT ON" RIDE & SLIDE EVENT

EVENT FEE: \$104.00

EVENT DATES: December 10-11 Killington, VT

SIGN-UP DEADLINE: November 18, 2005

MEMBER NAME: _____ Date of Birth: _____ Male / Female
Circle one

MEMBER NUMBER (On your membership card): _____

WILL YOU BE SKIING OR SNOWBOARDING AT THIS EVENT? **Skiing** **Snowboarding** Please circle.

ADDRESS: _____
Street/Box

_____ City _____ State _____ Zip

HOME PHONE: () _____ E-MAIL _____

WHAT IS YOUR HOME MOUNTAIN? _____

PAYING BY CHECK CHECK #: _____ APPLICATION DATE: _____

OR please charge to: MasterCard or Visa Exp. Date: _____

Cardholder Signature

Make payment to PSIA-E. Mail or fax to: PSIA-E/AASI, 1-A Lincoln Ave, Albany, NY 12205 Fax# (518) 452-6099

All club members & sponsors must sign the following Release Form:

Recognizing that skiing and snowboarding can be hazardous sports, I hereby release PSIA-E, PSIA-E/EF, AASI, the host area, and agents and employees of each from liability for any and all injuries of whatever nature arising during, or in connection with the conduction of the event for which this application is made.

Member Signature: _____ Date: _____

Sponsor Name & PSIA/AASI Member #: _____

Sponsor Signature: _____ Date: _____

BORING BUT NECESSARY BUSINESS STUFF

Sign-up form must be postmarked by event deadline. Sorry, no walk-ins.

CHARGES:

NO-SHOWS: Regardless of reason50% of fee

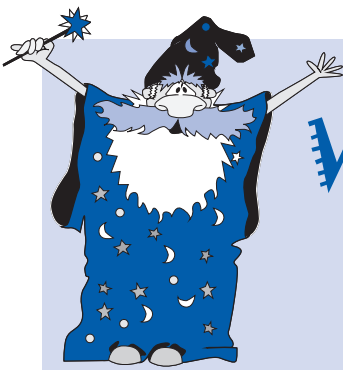
CANCELLATIONS: Up to one week prior to event.....\$20.00

During the week prior to event (notice given no later than 4:30 PM on the last business day before event)...50% of fee

RETURNED CHECKS/DECLINED CHARGES: Checks returned for insufficient funds will not be redeposited.

Registrant's application will be voided unless such checks or charges are replaced by certified check, money order or cash prior to the event. For returned checks, this must include a processing charge of \$25.00.

Note: While the "15 Below" club operates under the umbrella of PSIA-E, club membership is separate from PSIA-E/AASI membership.



Wizard's Words Fall 2005

Creativity...Nature versus Nurture

by Jeffrey W "Jake" Jacobsen
PSIA-E Children's Committee Chair
ACE Team Member
Gunstock Mountain Resort, NH

As part of the ACE team, I have the opportunity to ski with a lot of enthusiastic ski and snowboard pros who currently coach, or are interested in coaching children. Take the Eastern Children's Academy (December 5-7, 2005 at Mount Snow) as an example. The Children's Committee and the ACE team develop a theme for the academy and then break that theme down into on-hill sessions for which the ACEs develop clinic outlines. When I attended my first Children's Academy (Symposium at the time) I was impressed with how creative the course conductors were. Clinics seemed to pop out of their head and take twists and turns to lead the group back into the fundamental movements of good skiing. I had a lot of fun keeping up with, and, in many cases, adding to the presentation. However, at the end of the day I was concerned that I was not as creative as the specialists I was skiing with, and that my programs would be lacking the punch of the program I just participated in. In my opinion, I was not NATURALLY creative because it didn't just flow.

Well that's where the NURTURE comes in. What can you do to develop your sense of creativity? What tools are there to help you grow as a creative person? Let me share with you some ideas that have helped me develop my own creativity.

❖ During my second children's academy I was introduced to an activity called "Spider webbing", which is essentially a word association exercise. Think of the word "Soccer"...I think of kick, foot, goal, shot, etc. Take one of those words and continue the exercise..."Foot": I think of outside, inside, top, bottom, etc. I would be willing to bet that many of you are already developing activities as you read. As you are developing your

clinic this exercise allows you and your group to stray from themes or topics specific to on-snow activities. It is also an opportunity to involve your group in the direction or theme your clinic will take.

❖ Telling a story and/or reading a book to your group (age appropriate) can be a great way to develop a fun and creative clinic. One of my favorites for very young groups was a book about a porcupine named Fluffy. We were able to imagine Fluffy getting into all sorts of predicaments as he tried to do all the things his softer (less pointy) animal friends could do. Develop your activities using these idea generators to elicit movement. Ex.: Fluffy always wanted to get a big batch of balloons for his birthday but you can only imagine what happens when Fluffy gets close to balloons. Paint the snow with food coloring to create the balloons and have your group ski/ride around the balloons without popping any. As the group starts to realize success, make the balloons closer together, farther apart, or arranged in a funnel. By altering the course you will elicit a change in turn shape, perhaps gain speed, and may even see spontaneous matching in a wedge turning group. All because Fluffy needs to avoid the balloons!

❖ As we head into the winter season, spend some time getting current with popular literature, movies, video games (appropriate, of course), and music for many age groups, or at least the age groups with which you frequently work. Create themes from your research; remember details and your groups will appreciate your knowledge of their "stuff".

As you try these and other ideas (there are many more) to help you CREATE activities for your clinics, remember you must complete the circle with real skiing/riding. The words may still be part of the theme, but put the parts back together to view the fundamental movements, just as a piano recital brings the scales back to a complete piece of music.

Use what comes NATURALLY, NURTURE what does not, and you and your guests will have a lot of fun and get better at the same time. And, I'll finish with this statement: Being creative in coaching does not is not restricted to working with children. Adults are entitled to efforts from their coach to creatively use activities, terrain, and delivery to effect a change in performance, just as are children. ■

The Children's Academy...One size fits all!

by Steve McGrath
Children's Committee Region 1
Representative
Mount Sunapee Learning Center, NH

Once again, the Children's Committee and the ACEs are offering you a great event built around how to teach children, with the added experience of attending a Level I exam.

The Level I exam is now the entry-level event into PSIA-E/AASI. Unlike past seasons where you were required to attend a First Tracks event and then the exam, now once you have become a Registered Member through your home mountain, you are eligible to attend either a PSIA-E event or the Level One exam - so why not do it ALL at one event?

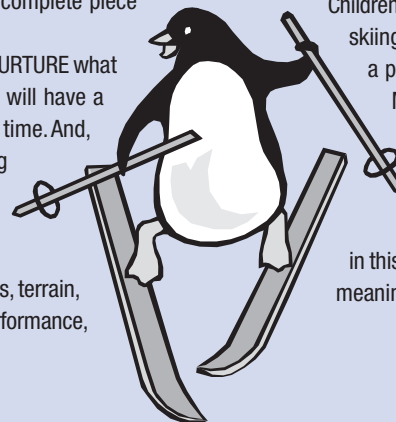
This year's Children's Academy at Mt. Snow, VT, held from December 5-7, will allow you to get introduced to Children's education, and to PSIA-E. All disciplines are welcome to attend the Children's Academy, however, the Level 1 event at the Children's Academy is open to skiers only. Event registration information is in this issue of SnowPro.

I have been a member of PSIA-E since before it became PSIA-E. Ask me about my "White Badge." Why? Because, by being involved, by getting the education, I feel like the "energizer bunny" even after over 50 years of skiing. The

Children's Academy, and the great skiing offered at the event, are a part of the "WHY" for me.

Make it a part of you! See you at the Children's Academy! Think KIDS and SNOW, and GAS.

Read elsewhere in this issue to find out the true meaning of GAS. ■



continued next page

Vroom-Vroom-Vroom !!

by Jay Minnicks

Children's Committee Member-at-Large

Rev up your engines, Step on the GAS, and Join us at this year's Children's Academy!... at Mount Snow, VT, Dec. 5-7 (3-day) and 5-6 (2-day).

The theme this year is GAS. The G stands for GEAR. People on any gear are welcome: adaptive, alpine, Nordic, & snowboards. For you alpine people we're going to be talking about and using really short skis that help kids really get into the sport easily.

The A stands for AGES. Not chronological of the kids, but different eras of our skiing past. Do you have wooden skis, leather boots, and bear trap bindings? Bring them along. How about straight 205s, or a Billy Kidd western-themed outfit, or a stretch outfit into which you can now barely fit? The retro fluffy look is coming back this year - why don't you bring yours? And, we'll work in teaching techniques from those times, using all of the good methods that we've kept, while stressing the latest in Children's Education.

The S stands for STAGES. We, as children's educators, know about kids' different stages of cognitive, affective, and physical development, and these stages will be worked into our program. Groups will be divided just as at the pump - Regular, Super, and Premium - in two modes: the speed at which you wish to go down the hill and also the type of position you hold at your home mountain.

At registration, which may be either Sunday evening or Monday morning, you'll get a menu of topics from which to select. You'll also receive a bag of Trix. At the end of each individual session you'll receive more tricks to go into your bag. The end of the Academy will also provide you with a booklet highlighting those special gains that you have garnered or made, while leaving you room to add your own personal touches.

Some special events will be: a Sunday evening get-together in the Snowlake Lodge; an après ski munchie party on Monday - while wearing some of our retro outfits; presentations by our own ACEs; a guest speaker's thoughts on "Kid's Power in the Household in terms of Travel Decisions, Spending, & Recreational Activities; an opportunity to see new children-specific gear; a bookstore stocked with children-specific items; and a raffle of items all connected with snowsports.

This year's concurrent three-day Level I exam (023) will have a teaching-of-children focus.

So, vroom, vroom - rev up your snow motors and we'll meet at this year's CHILDREN'S ACADEMY! ■

\$avings on Rooms at the Children's Academy

If you'd like to save up to \$45.42 a night at Mount Snow while attending the Children's Academy, here's how to do it - Pick up the phone, dial Central Reservations at 1-800-817-0764, tell them you are with PSIA-E, and then let them know which of the three following choices you prefer:

- The Snowlake Lodge - two double beds with a hot tub and a continental breakfast, for \$52.65 a night (as opposed to \$79.13).
- The Grand Summit - a studio with one fold-down bed and a kitchenette, with hot tubs and a pool, for \$80.73 a night (as opposed to \$96.90).
- The Grand Summit - a regular room with two queen-sized beds, with hot tubs and a pool, for \$80.73 a night (as opposed to \$126.15).

Prices include all taxes & gratuities! You may be quoted a lower base price on the phone, but that's without taxes & gratuity. Early Registration and a Sunday evening get-together will be held in the Grand Summit Sadawga Room. Call by Sunday, November 26th to take advantage of these rates. NOTE: Please don't arrive on Sunday, Dec. 4th and expect these savings to apply!

Your Children's Committee is happy to have made these savings available for you. ■

What's an ACE ?

By Mac Jackson, ACE Coach

The season is fast approaching, and it's time to gear up for all those families who are planning to visit your resort this season. Have you ever heard of an ACE? No, it is not a character from Dr. Seuss - although, if you ask, an ACE could probably recite *The Cat in the Hat*. ACEs are Advanced Children's Educators. Highly trained, certified at Level III or above, an ACE is a snowsports coach who specializes in coaching kids and has a passion for sharing their expertise with any instructor/coach who will ski or ride with them.

Members of the ACE team have dedicated much of their professional career to submersing themselves into the child's perspective of the snowsport experience. Their dynamic energy is bound to show through to anyone who gets the opportunity to ski/ride with an ACE. Fast-paced and full of motion - there isn't a lot of standing around with this group of people! An ACE sees the love and freedom that a child has when they play in the mountain environment. Like most people who enjoy playing/working with children, ACEs know how kids can unlock an adult's imagination and allow them to see the world in a long forgotten light. The ACEs are dedicated to helping other coaches learn how to unlock the door to a child's world. There are so many new worlds to experience when you learn how to communicate and work with children of all ages. Platform 9¾ really can exist!

These highly specialized coaches aspired to be members of the ACE team so they could share their experiences with as many instructors in the East as possible. So, if you ever meet an ACE, don't run away; they aren't selling bandages! They are not traveling salespeople; they are traveling children's educators!

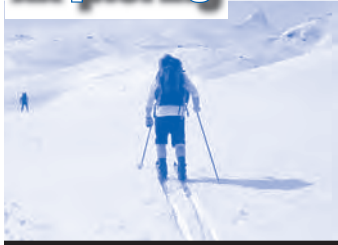
ACEs are available to train the staff at your mountain. Their passion is training snowsports instructors on new ways to have fun with, and teach, children! Learn some new skills that will help keep your younger students going down the mountain and coming back for more! Let your snowsports school director know about the ACE team and what they can do for your snowsports school staff. SAPERE AUDE! ■

The ACEs:

Gary "Griz" Caudle (Whiteface)
Ali Cummings (Stratton)
Marsha Curtis (Stowe)
Cindy Dady (Winter Park)
Joel Dewey (Shawnee)
Maureen Drummey (Mt. Snow)
Sharon Foehl (Mt. Snow)
Lisa Gouwens (Whiteface)
Jan Hawkes (Roundtop)

Mac Jackson (Mad River Glen)
Jake Jacobsen (Gunstock)
Sue Kramer (Bromley)
Bonnie O'Hara (Windham)
Alan "My Pal" Sadler (Sunday River)
Chris Saylor (Okemo)
Dana Scronek (Holiday Valley)
Ginny Terry (Hunter)
Earl Whitmore (Jay Peak)





with loose heels

Preview of 2005-06 Events

by Mickey Stone

PSIA-E Nordic Coordinator

Swimming in the Pool Done till Next Season



September's Flying Circus Actors

The Summer Jumping Clinics finished as a huge success. In September we once again placed 40 daredevil, high flying, PSIA-E/AASI individuals into the air and water once again. We cannot tell you how fun and educational these clinics have been. Here are a few comments from participants on the evaluations: "Wow, what a blast! I never had so much fun not being on snow". "I learned how thrilling being a first-timer at something is again. Granted, I was a little scared, tentative, quiet and stiff - oh yeah - just like my students in the winter. I guess now I can be even more sensitive to their needs". "Great time, what an education I got! I learned to control my body in the air - somewhat". "I'll be back next year too".

Well, you get the picture. Once again there were diverse age groups and diverse disciplines. The group consisted of approximately half alpine and half snowboard (with two brave telemarkers). They performed core stretching, trampoline skills, learning how to slide and balance down the ramp, to the crescendo of jumping off the ramp and into the pool being anywhere from 15-25 feet into the air. Hats off to the coaching staff of Suzy Chase-Motzkina, David Lynch, Dylan Sanford, Mickey Stone, and ORDA'S very own Ritchie Morgan.

Next year's dates for the event are July 10-11 and September 12-13, 2006. Write it down now and join in the fun next season.

MIDSEASON EVENT DESCRIPTIONS NORDIC DOWNHILL Backcountry Accreditation



Poetry in motion after a Track event.

Collecting Data - 1/21-22 at Maple Wind Farm, Huntington, VT. This is the site where we will be climbing, testing snow conditions, traveling and getting everyone oriented with transceivers. This is in the Camel's Hump region. The next day we will travel to Bolton and ski the Bolton to Trapps connector, emphasizing leading, traveling, pacing, snow conditions and route finding skills. There is a yurt on the property where you can stay: call 802 434-7257.

Putting It All Together - 2/25-26 at Maple Wind Farm, Huntington, VT. Consists of the group performing most of the following tasks: digging and analyzing snow pits, retrieving buried beacons, route selection, pacing/breaks, downhill, traveling/uphill techniques, basic first aid scenarios and temporary shelters. The goal of these last two days is for the participants to make the proper decisions at the right time, depending on the group and conditions. Summiting Mt. Mansfield or Camel's Hump will be part of this tour, weather permitting.

Carving - 1/7-8 at Stratton Mt., VT. This weekend event will focus on telemark skiing on resort area terrain. Body positioning, touch, transitions, pressure, edging and using the ski as a tool will be the topics covered. Great for Alpine cross-overs, beginning race skills and learning to control your speed to go fast, maintain and to slow down. Tactics, strategies and technique for skiing "Elle firmo" is our goal.

Teaching Tele - 1/12-13 at Stowe, VT, and Teaching/Skiing - 1/24-25 at Bristol Mt., NY (night clinic 4:00-10:00); 3/2-3 at Shawnee Mt., PA; and 3/5-6 at Ragged Mt., NH. For participants that have at least a novice and above understanding

Free Heelin'



of telemark skiing. These events will review the components of a telemark turn and how these basic movements can be taught successfully to diverse styles of stu-

dents. Creative activities, small progressions, exercises coupled with movement analysis to target the concerned areas of students will allow people to learn to teach effectively. The group's level will dictate the areas we teach in - all levels will be explored. You can obtain a Level I at these events. In the Teaching/Skiing clinics an equal component on skiing improvement will be included.

Learn To Tele - 1/21-22 at Gunstock, NH, and 2/11-12 at Mt. Sunapee, NH. Are geared for the participant to learn how to telemark. Each venue has rental gear available, either at the mountain, a nearby store, or both. If you need equipment, please call the area for availability and reserve it. Novice and beginner skills will be the focus of these clinics. Getting participants comfortable in the gear and learning the telemark turn (FUN) are the goals. Feel free to contact the Nordic Coordinator if you have equipment questions. You can obtain Level I at this clinic after meeting the standard. Both areas have great terrain for beginner to intermediate sliding.

Ski Improvement - 1/19-20 at Hunter Mt., NY; 1/28-29 at Catamount, NY; and 2/6-7 at Blue Knob, PA. Allows the telemark skier to specifically be coached on their current level of telemark skiing. Movement analysis and personal lesson plans with activities crafted to meet your needs specifically are our goals. Visual cues and markers for feedback that you can control as you improve will be taught. You should be able to negotiate blue square terrain before arriving (you might have some stance issues, and we're used to that). We can share why and what we did with others in the group, or it can be all about you! A great clinic to improve your skiing!

Bumps All Levels - 4/1-2 at Sugarbush, VT. Stretching, clean up of your telemark turn through individual coaching outside of the bumps, and then into the bumps, with specifics to your skill level. Sample progressions, activities concepts to help you become as efficient as one can on tele skies will be offered. Different styles and techniques will be shared so you have many ways to adjust according to terrain and conditions. There probably will be trees also. Tactics, choosing and reacting to specific lines will also be shared. Sugarbush has some awesome spring skiing and some big long bump runs. You

continued next page

■ **xx-ploring, continued**

should be able to tele blue square flat terrain, at least. Be aware of closings - if South is closed, it will be at Sugarbush North. If not closed, we will be at South. Hints of a Norwegian Party being there!

Intro To Glades - 2/4-5 at Bretton Woods, NH. This mountain has some fantastic blue square tree lines all over the place. If you are a blue square telemarker, and thinking about getting into the trees, this is the clinic for you. A relaxed pace, lots of feedback, personal coaching, skiing improvement, safety, and picking negotiable routes is the syllabus for this course.

Premier Off-Piste - 2/27-28 at Smugglers Notch, VT, and Intermediate/Adv Glades - 1/26-27 at Jay Peak VT. Though there will be some resort skiing, both these mountains have hidden glades and challenges all over it. Plus, they possess numerous routes outside the area to explore. When we say exploration, that is what we mean. Be ready to hike, tour and climb. Our goal is to find the best snow and trees somewhere on or near the surrounding mountain environment. There are always two groups to accommodate the pacing needs. Safety and endurance are strictly adhered to in these clinics - at times suggestions will be made for your enjoyment. A great way to improve your off-piste skiing performance. Normally, this clinic is more of an experiential learning environment as opposed to a task-teaching environment. The advanced group will be looking to find the best spots all day. Your skis could be in some rough places, so come with the attitude that they are merely a replaceable tool (that is a disclaimer if the snow is low). Usually, tips/suggestions and then skiing is the common model we use. Intermediate to advanced, solid blue square and above.

Off-Piste Backcountry - 3/5-6 at Timberline, WV. Normal telemark gear is fine for this clinic. If you have climbing skins, please bring them; if not, choose grip wax to bring (we will also be prepared to assist with other tricks and wax). After learning some traveling and climbing techniques you will challenge yourself in off-piste descent situations. Basic orienteering, route finding, hydration, packs, food, safety gear and repair kits will be reviewed. Any gear you have in these areas you may bring. You will need a day pack, food and hydration at the very least. This is a learn-to clinic, so our staff will be prepared if you only have ski gear, your pack, water and food. Contact person for this is Darell Hensley. Call the office if you have any questions and they will have him contact you.

Exam - 3/18-20 at Sugarbush North, VT. Level II/III, DCL, Dev. Team. See Study Guides on the website for more detail.

Spring Rally - 3/25-26 at Mt. Snow, VT. Anything goes here. Level I to advanced, to off-piste,

bumps or the park - we will service any of your needs. Telemark race included and the Norwegian Party will be there. Usually, this event is fun and light-hearted. You dictate the amount of info you want. Lets get a HUGE turnout for this!!!

NORDIC TRACK/SKATE

Teaching/Skiing - 1/7-8 at Balsams Wilderness, NH; 2/11-12 at Woodstock, VT; 2/18-19 at Notchview, MA; and 2/21-22 at Savage River, MD. You can acquire a Level I, an upgrading, or exam



prep from these events. Teaching scenarios, activities, progressions, kids games for each discipline and each of their techniques. Time will be set aside for you to teach your group and gain feedback on your lesson plan. Skiing improvement, movement analysis and delivery will also be reviewed. Bring classical and freestyle gear.

Skating - 1/17-18 at Ole's, VT. Any level. Rentals available if needed. Everything you want to know about skating. We will share with you the new contemporary components of skating, and build a sound base of gliding. We will review each of the maneuvers, as well as activities and strategies to teach each one of them. Fitting gear and waxing will also be detailed. Climbing, tempos and transitions from one maneuver to another will be shared. Ole's is a great place to skate - wide open rolling terrain allows this to be a great learning environment

Advanced Skating Academy - 1/28-29 at Jackson Ski Touring, NH. Geared for the intermediate to advanced skier who wants to improve his or her own technique, efficiency and speed. Techniques, form and tempos used by the racing community, as well as proper eating, endurance training and pacing are the topics in the syllabus. Individual technique will be analyzed, with specific suggestions and activities to improve. Transitions from maneuver to maneuver, terrain, conditions and cornering will be the highlight. Mini races and high-end situations will be added for fun and teambuilding. Jackson Ski Touring is one of the finest in the east, with great diversity and lots and lots of trails.

Level I - 2/4-5 at Salmon Hills, NY. This event is geared to the person wanting to enter and learn about the PSIA organization. A solid teaching com-

ponent with methodologies, templates, deliveries, and making skiing fun is one part. The other is the skiing component, which includes cause and effect, movement analysis, demonstrations and skiing improvement. Waxing, fitting and understanding why the gear is made like it is are also reviewed. Mostly beginner to intermediate skills are reviewed in both classical and freestyle, so bring both gear or be prepared to rent there.

Train the Trainer - 2/4-5 at Pineland Farms, ME. Will focus on how to prepare, improve and broaden you coaching skills. Skiing techniques, activities, movement analysis, reinforcement types, delivery of information, planning, waxing, games and motivation will be some of the topics covered. We will gear this to each individual, so bring your short list of needs.

Ski Improvement - 2/6-7 at Waterville Valley, NH. Uses the video as a tool for the participant to improve. Individual coaching and personalized lesson plans will be delivered. Many chances will be available to see yourself on video. Both disciplines will be covered. A great way to change your skiing, and your understanding of what you are doing. Waxing and fitting gear will also be reviewed. Intermediate and above skiing level.

Video Movement Analysis - 2/13-14 at Verizon Sports Complex, NY (Mt. Van Hovenberg). Allows the participant to gain a further understanding of the correct biomechanical movement needed in each of the sports. Watching, following and describing what one does, and then offering a basic lesson plan to improve will be our template for this clinic. What the feet, legs, torso and arms and shoulders do will be constantly looked at, with feedback. The new Track/Skate Components will be utilized - they should be up on the website by Dec 1.

Ski Jouring - 3/1-2 at Garnett Hill, NY. Hounds are running. Bring both types of gear with you. We have the harness, lines and the dogs ready for you. If you have never tried this, it is a blast!!! You should be able to skate or stride efficiently (Level I, and skiing regularly). The exhilaration you get cornering and being pulled is really a thrill. Techniques and tactics for skating with man's/woman's best friend will be reviewed, as well as the common calls used. During the down time we can field any teaching or skiing concept of your choice. Please leave your dog at home, but sign up for this. Garnett Hill is a beautiful place to ski with the dogs, in the woods.

Backcountry Tour - 3/13-14 at Garnett Hill, NY. Light touring gear. as compared to performance track gear. is recommended. Ankle high boots with support, 75 mm, NNN BC or SNS BC bindings, and skis with waist of 50-60 mm and tip/tail 70-85 ¾ edge (your choice, no matter) are recommended. Climbing, descending and traveling in off-piste snow will be covered in the technique area, as well

as fitting equipment. What should go in a daypack, and how to use, will also be covered. A long day tour, or two tours depending on group make-up, will take the skills you acquired and put them to use. To bring: Wax or waxless skis (bring wax no matter what), daypack, hydration, food, clothing, repair kit, first aid (we will have for all), compass and map. Garnett Hill in the Adirondacks makes this a beautiful and diverse area for us to explore. Strategies for overnight will also be reviewed.

Exam - 3/4-5 at Mountain Top, VT - Level II/III, Dev. Team. See Study Guide on the website for more details.

EARLY SEASON ON-SNOW ACTIVITIES TO ACCELERATE YOUR SKILLS

We all know those first turns or glide/stride/skates are not quite the same as they were at the middle to end of last season. With all the "Ks" logged, and all the runs made, we get quite proficient at our sliding skills. Early season, though, we (I) tend to be less fluid, with lower stamina (even though we trained and worked out all summer), jerky, tense and not that efficient in movements and technique.

For Track/Skate (doesn't matter if it is classical or freestyle), try this exercise line:

- Ski very slow, technically correct, but not dynamic or fast, practicing all the different types of maneuvers while you just free ski. 15 min.
- Next, do this with very little pole usage. In the beginning, use them for balance, but once you seem better ditch the poles entirely. 15 min.
- Perform repeats going uphill as well as downhill. Remember, no poles and slow deliberate movements. 15 min.
- When gliding or going downhill, perform one-leg sliding. Do it so you are more or less in the proper position for the type of skiing you are doing. Try not to just lift the leg up like a heron and glide awkwardly, but be efficient. Start with the leg that you cannot glide on as long, and also finish on that leg. This will allow you to strengthen and to become more proficient with your weaker leg/side. 20 min
- Safely and in an open area, close your eyes, place your hat over your head (be practical here) and run through scootering with each leg, diagonal stride no poles, diagonal stride w/ poles, double pole, kick double pole, marathon skate, and back to one-legged scootering. Perform at least 20-30 strides of each maneuver before moving on. Use your eyes if you need to reset yourself.
- Warm down and stretch.

This combination of slow movements, not depending on your poles for balance or propulsion, coupled with a lot of the one-legged balance and gliding will allow your senses to give you feedback

on where your body position is and help you to become more fluid and balanced. By closing your eyes your mind will read the information your body is telling it, and help to correct it. The next time you go out you should notice you are less awkward in your movements. A Norwegian Demo Team member began and ended his training days like this. Try it!

For Nordic Downhill, my suggestion is to ski your first day in powder. As long as you continually shuffle your feet you cannot go wrong. But, alas, being here in the east I guess that is impossible. A few friends and I have done that the last few years and believe me you do not need to be as accurate compared to the "Elle firmo". Because of the snow the ski bends and you just follow the arc. Here is something for the machine-made areas

- Tele very slowly and make it very shapely, with constant shuffling through the turn (1000 shuffles through a GS turn activity). Easy flatter terrain.
- Parallel turn slowly, concentrating on being more pendulum like, so you move across your skis more. Go from one set of corresponding edges to the other.
- Monomark slowly once again, moving across the skis or moving the skis under you.
- Now, tele with a slow lead change, moving across instead of forward into the lead change. Be very soft, light and retractive with your legs.
- Repeat the process again

In the beginning we tele and our lead change takes us straight down the fall line. We become defensive and stiff at the end of the turn. We have found that learning to let the edges grab hold and the ski to bend because of the grip allows the ski to make a better and more controllable arc compared to a fast athletic lead change. We also feel that practicing the above Track/Skate maneuvers first allows you to be more comfortable when sliding down the hill.

Enjoy the above tips and have a great season. We are here to serve you and show you a good time. Good luck from the entire Nordic Staff, and many happy turns, strides, climbs and lessons. ■



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Advanced Backcountry Course: Ski The Tetons!

January 28–February 4, 2006

by Mickey Stone
Nordic Coordinator, and
Bruce Hennessey
Nordic Downhill Dev Team

The Advanced Backcountry Course builds on the knowledge and skills learned in the six-day Backcountry Accreditation course (now offered for a third season) and extends them in one of the most spectacular backcountry areas on Earth!

The course is open to all graduates of the Backcountry Accreditation program, and fit Alpine, Nordic Downhill and Snowboard enthusiasts with proven basic avalanche, route finding, and backcountry travel skills, by permission of the instructors. If you have already gained BC Accreditation, then fill out an event application and send in \$1295 for the 8-day course (excludes flight). If you have not participated in any of the previous BC Accreditations, please e-mail Mickey Stone at (heymickey1@adelphia.net), and include your phone number and background. A simple phone interview will be conducted to assure your ability to participate.

The trip is limited to eight participants. Once you have applied and sent in your money you will be contacted about further details (Flight and transportation, packing list, \$, personal additional items, health background check, gear status, etc.) of the trip.

The Tetons

North America's youngest mountain range is home to striking granite spires and hanging glaciers on its eastern flank, and boasts the continent's most varied and accessible backcountry skiing terrain on its gentler western aspect. Because climatic conditions tend to drop a third more snow on the western Tetons before blanketing eastern slopes, these western bowls and ridges are known to rival Utah's claims of "the best snow on earth," making Wyoming a perfect destination for our Advanced Backcountry Course. Known as the Serengeti of North America for its diverse and large mammal populations, the Teton region is home to buffalo, elk, ermine, coyote, mountain lion and moose, all of which may be seen during the winter months.

The Trip

Arriving in Jackson on either Friday night or Saturday, we'll settle into comfortable guesthouse accommodations. Those arriving early enough will head out for a Friday afternoon warm-up ride down Teton Pass. Our first full day together will be



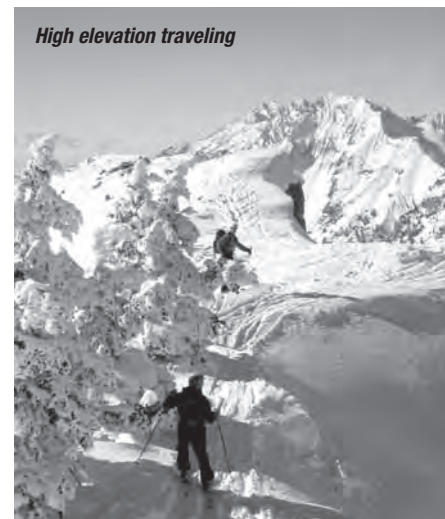
spent at Grand Targhee Resort, renowned for "snow from heaven, not hoses", and boasting some of the deepest snow (more than the Jackson Hole ski area since it is on the Western flanks of the Tetons). This day allows us to get acclimated to the altitude as we hone our sliding skills in deep, dry Western powder. The following day is devoted to teaching safe backcountry travel procedures and avalanche awareness on Teton Pass. We'll be digging hasty and full snow study pits, cutting and testing Ruschblochs, navigating using map and compass, and monitoring our food, fluids and clothing choices, as we search out a few stashes of powder to "earn our turns".

Teton Valley has so much to offer in addition to skiing that, for our third day, we will take a rest and acclimatization day allowing time to enjoy a visit to the National Elk Refuge, home to 8000 Elk, the National Wildlife Art Museum, or a stroll on the wooden boardwalks of downtown Jackson, in conjunction with organizing and packing for our 4-day backcountry excursion into the Tetons. One final hot tubbing at the guesthouse and a good night's sleep will prepare us for the 3-4 mile trek into a backcountry yurt the following day. Surrounded by spectacular sliding terrain, the yurt is a comfortable wood-heated base for our snowbound excursions. Four days of terrain and avalanche assessment, navigation through unfamiliar terrain, snow study, awesome community-prepared meals, team-building and leadership experiences, and many thousands of feet of powder turns will bring us back to our Jackson Hole guesthouse for much needed hot showers and tubs. A dinner out on the town will put us in bed that night dreaming of the hundreds of turns and loads of fun we had.

GENERAL ITINERARY

Friday 1/27/06 - Arrival day! If you need to get fitted for rental gear, we will assist you in getting the appropriate equipment at a local rental shop. A warm-up run down one of Teton Pass's classic backcountry runs for those who arrive early.

Saturday 1/28/06 - Ski at Grand Targhee Ski Resort (Possible arrival day for those who cannot make Friday). Informal clinics by discipline, with focus on techniques specific to the backcountry. Lunch on your own. Meet at 4:00pm to return to guesthouse for dinner.



Sunday 1/29/06 - Avalanche and Backcountry Safety clinic and data gathering on Teton Pass. Extending the skills necessary for safe winter backcountry travel. There will be plenty of opportunities to sample Teton powder during our day on the pass.

Monday 1/30/06 - Rest and rejuvenation, and final packing for heading into the backcountry. Take a horse-drawn sleigh ride into the National Elk Refuge, explore the National Wildlife Art Museum, visit Jackson Hole's old west charm, or head to Teton Village for a day at Jackson Hole Mountain Resort (this is the last season for the famous Jackson Hole Tram). Dinner at the house or on your own, as desired. Final check-in meeting at 8:00pm.

Tuesday 1/31/06 - Pack in to the Yurt. Located at 8000', the yurt sits on a beautiful ridge with spectacular views of the Tetons. Expect about 4 miles of travel with an elevation gain of 1200'. Settle in and head out for some assessment and turns.

Wed/Th 2/1-2/06 - Sliders paradise. Enjoy exploring the phenomenal terrain at our disposal. Choose from a plethora of gentle humpbacked ridges, moderate bowls, glades and steep chutes. We'll problem-solve each new slope by pooling our knowledge and making our decisions through in-depth study of the snow pack, terrain, aspect, sliding skills and fitness of the group, and weather conditions.

Friday 2/3/06 - Pack up and say good-bye to the yurt – after some great skiing, of course. Once out, we'll drive back to Jackson Hole and refresh ourselves at the guesthouse for a night out on the town.

Saturday 2/4/06 - Departures

GENERAL INFORMATION

Backcountry Sliding

Though traveling over some flat or uphill terrain will be a part of the experience, the main focus of the backcountry portion of this trip is to find bowls and ridges in order to make turns in uncut powder. There is a wide variety of terrain from easy to extreme, yet we expect that participants that choose this trip are comfortable sliding downhill, in moderate terrain, on telemark, alpine touring, or snowboard equipment.

Equipment

You will need heavy-duty telemark, alpine touring, or snowboard (either split board, or snowshoe combination) equipment for this trip. Bruce and Mickey will be happy to assist you in making a rental arrangement in Jackson if you do not have your own equipment or wish not to lug skis through the airport. Transceiver, compass, repair kit, first aid kit, climbing skins, clothing, hydration container, sleeping bag (for guest house), day pack and a larger pack (for carrying into the yurt) will also be needed. A more complete list will be sent to you once you have signed up.

Weather

February boasts a great amount of snowfall, crisp days and cold nights - the perfect combination of temperature and sun for the snow to remain light and fluffy. Weather in the Tetons can change very rapidly, so we have planned for many skiing options depending on the conditions of the snow and the safety of the slopes. Appropriate clothing for a wide range of weather conditions should be considered.

Meals

The cost will include all meals, starting with dinner on the arrival day, with the exception of one lunch and one dinner (please be prepared financially

for those times). Healthy meals will be prepared by the group in a full kitchen while we are at the guest-house. At the yurt, we will feast on hearty, delicious meals, sharing the workload together after each day of skiing. Personal preferences and additions can be purchased in Jackson for your needs.

Physical Preparation

Jackson Hole is situated at 6,500 feet, with ski terrain in the range of 6,500 to 10,000 feet. Individuals are affected differently by altitude, and it may take you a few days to fully acclimate. Staying well-hydrated and getting rest will help before/during the trip. Lower your alcohol consumption and caffeine also two weeks before the trip.

Backcountry skiing will require that you be in strong physical condition. You will be carrying your own full backpack (about 40 lbs) on the trek into and out of the yurt. You can prepare yourself by exercising regularly, especially by doing aerobic activity like skiing, hiking and running. The more you are prepared for this trip, the more fun you will have.

Accommodations

For the first four nights we will stay in a guesthouse, exclusively for our use. This private, comfortable ski house is complete with outdoor hot tub and cozy common room, all nestled at the base of the Tetons. There are several rooms with double beds, and one bunkroom. Sleeping arrangements reflect the make-up of the entire group, and we'll strive to maximize comfort and privacy for each individual where possible.

Yurt Camping

Three nights will be spent in a wood-heated, insulated yurt. Yurts are round, insulated structures of Mongolian design that sit on wooden platforms and provide a warm, cozy shelter for winter camping. Beds will be bunk or platform-style with foam mattresses. Winter weight sleeping bags provided will keep us warm and comfortable, while propane lanterns provide bright, friendly light for evening



If they could see me back East!

meals and cribbage games (earplugs may be helpful if Bruce or Mickey begin to snore). There is a sheltered pit toilet for our use. The yurt is simple, wonderful and welcoming after a full day of skiing in the backcountry! We will carry in our personal clothing, food and ski equipment for the 3 nights. ■

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PSIA-E /AASI "Multi-Discipline" Schedule for 2005-2006

Notes: * = Events with limited attendance; may fill prior to deadlines! ^ = Night event
 # = Events non-members may attend for \$25 additional fee. Weekend events are highlighted in blue.
 R = Events Open to Registered Members
 If openings are available after the deadline date, members may be admitted based on availability. A \$25 non-refundable late fee will be charged.
 Please contact the office at (518) 452-6095 to inquire on availability. Absolutely no walk-ons will be admitted to any event.

MULTI-DISCIPLINE (Open to members of all disciplines, some open to non-members)

Programs are open to all disciplines - Clinic Coach may not be riding the same type of equipment you are

Notes	No.	Event/Description	Location	Dates	Deadline	Price
Children's Events – Skis, Snowboard, or Tele Equipment						
R #	702	Children's Academy – 3 day	Mount Snow, VT	Dec 05-07	11/14/05	\$165
R #	701	Children's Academy – 2 day	Mount Snow, VT	Dec 05-06	11/14/05	\$130
R #	704	Mini-Kids Academy	Snowshoe, WV	Feb 02-03	01/12/06	\$120
R #	703	Children's Movement Analysis	Ski Butternut, MA	Jan 11-12	12/21/05	\$120
R #	705	Children's Movement Analysis	Camelback, PA	Feb 08-09	01/18/06	\$120
Backcountry Accreditation -- Skis; Snowshoes/Snowboard, or Split Board; or Tele Equipment						
	650	Snow Sense and Planning Level I, II or III Members	Mount Snow, VT	Nov 12-13	10/21/05	\$155
	655	Collecting, Data Level I, II or III Members	Maple Wind Farm, VT	Jan 21-22	12/29/05	\$155
	665	Putting It All Together Level I, II or III Members	Maple Wind Farm, VT	Feb 25-26	02/03/06	\$155
Freestyle Clinics – Skis, Snowboard or Tele Equipment						
R #	401	Safe Coaching in Freestyle Venues	Mount Snow, VT	Nov 28	11/04/05	\$85
R #	414	Safe Coaching in Freestyle Venues	Stratton, VT	Jan 08	12/16/05	\$85
R #	430	Safe Coaching in Freestyle Venues	Snowshoe, WV	Jan 30	01/10/06	\$85
	453	Cross Discipline Freestyle Level I, II or III Members	Cranmore, NH	Mar 01-02	02/08/06	\$137

CROSSOVER CLINICS (Open to members of all disciplines, open to Non-members for additional \$25)

Programs are open to all disciplines – Proper Equipment is required

Snowboard - Training clinics – Must be a competent rider

R #	406	Instructor Training Course (ITC)	Jiminy Peak, MA	Dec 17-19	11/22/05	\$195
R #	411	Assessing Movement	Okemo, VT	Jan 05-06	12/15/05	\$130
R # *	422	Riding Foundations	Belleayre, NY	Jan 21-22	12/29/05	\$130
R #	439	Teaching Foundations	Montage, PA	Feb 08-09	01/18/06	\$130
R #	471	Riding Foundations	Wachusett, MA	Mar 23-24	03/02/06	\$130
Adaptive – Equipment will be provided						
R #	516	Intro to Adaptive World	Toggenburg, NY	Feb 04-05	01/13/06	\$131
Nordic Downhill - Learn to clinics						
R #	607	Learn to Tele Crossover	Gunstock, NH	Jan 21-22	12/29/05	\$99
R #	613	Learn to Tele Crossover	Mt. Sunapee, NH	Feb 11-12	01/20/06	\$99

PSIA-E Alpine Schedule for 2005-2006

Notes: * = Events with limited attendance; may fill prior to deadlines! ^ = Night event
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 R = Events Open to Registered Members
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 Please contact the office at (518) 452-6095 to inquire on availability. Absolutely no walk-ons will be admitted to any event.

FEATURE EVENTS (Some open to Non-members and/or Registered Members – All open to Level I, II or III members)

Notes	Num.	Event	Description	Location	Price	Dates	Deadline
R #	020	Snowsports School	For Directors and Supervisors				
		Management Seminar	2 1/2 days; banquet	Mount Snow, VT	\$178	Nov 28-30	11/04/05
		Train-the-Trainer	2 days; Directors & Supervisors	Snowshoe, WV	\$130	Jan 31-Feb 1	01/10/06
Level 3	035 *	Mini Academy	2 days	Killington, VT	\$173	Dec. 10-11	11/18/05
Level 3	039 *	Masters Academy	5 days, banquet/video	Killington, VT	\$389	Dec. 12-16	11/18/05
R, L1, L2	040 *	Snow Pro Jam	5 days, banquet/video	Killington, VT	\$342	Dec. 12-16	11/18/05
R #	165	Adv. Women's Seminar	3 days; banquet	Sugarbush, VT	\$195	Feb. 01-03	01/11/06
R #	256	Women's Seminar	3 days; banquet	Stratton, VT	\$195	Feb 27-Mar 1	02/06/06
R	334	Spring Rally	2 days; banquet / race	Mount Snow, VT	\$152	Mar 25-26	03/03/06

TEAMS (Open to Level III members)

Notes	Num.	Event	Description	Location	Price	Dates	Deadline
	075	DEV / DCL Team Prep	(Level 3 only) 2 days	Hunter Mtn., NY	\$125	Jan. 05-06	12/15/05
	188	DEV / DCL Team Prep	(Level 3 only) 2 days	Killington, VT	\$125	Feb. 06-07	01/16/06
	227	DEV / DCL Team Prep	(Level 3 only) 2 days	Cannon Mtn., NH	\$125	Feb. 13-14	01/23/06
	316	DEV Team Exam	(Level 3 only) 2 days	Hunter Mtn., NY	\$220	Mar. 15-16	02/22/06
	302	DCL Exam	(Level 3 only) 2 days	Hunter Mtn., NY	\$220	Mar. 15-16	02/22/06
	339	Eastern Team Tryout	(Level 3 only) 2 days	Killington, VT	\$195	Mar. 28-29	03/07/06

PSIA-E Alpine Schedule for 2005-2006

Notes: * = Events with limited attendance; may fill prior to deadlines!
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 R = Events Open to Registered Members

^ = Night event
 Weekend events are highlighted in blue.

If openings are available after the deadline date, members may be admitted based on availability. A \$25 non-refundable late fee will be charged.
 Please contact the office at (518) 452-6095 to inquire on availability. Absolutely no walk-ons will be admitted to any event.

REINSTATEMENT EVENTS 3 days; Call for requirements - \$165 plus dues and reinstatement fee

No.	Event	Location	Dates	Deadline	No.	Event	Location	Dates	Deadline
231	Reinstatement Event	Loon Mtn., NH	Feb 13-15	01/23/06	319	* Reinstatement Event	Windham, NY	Mar 17-19	02/24/06

SPECIALTY EVENTS (Some open to Non-members and/or Registered members, all open to Level I, II or III members) 2 days - \$120

No.	Event	Location	Dates	Deadline	No.	Event	Location	Dates	Deadline
R 084	Women Only Wkshop	Ski Liberty, PA	Jan 05-06	12/15/05	325	Advanced Trees/Steeps	Smugglers' Notch, VT	Mar 20-21	02/27/06
R 154	Women Only Bumps	Attitash, NH	Jan 28-29	01/06/06	326	Intermed. Trees/Steeps	Smugglers' Notch, VT	Mar 20-21	02/27/06
R 090	Park & Pipe	Labrador, NY	Jan 07-08	12/16/05	R # 327	Intro to Trees/Steeps	Smugglers' Notch, VT	Mar 20-21	02/27/06
R 143	Park & Pipe	Gunstock, NH	Jan 24-25	01/03/06	R 315	Trees/Steeps	Gore Mtn., NY	Mar 15-16	02/22/06
R 167	Park & Pipe	Sugarbush, VT	Feb 01-02	01/11/06	R # 166	Intro to Trees/Steeps	Sugarbush, VT	Feb 01-02	01/11/06
R 186	Park & Pipe	Bear Creek, PA	Feb 06-07	01/16/06	R # 268	Teaching Seniors	Bromley, VT	Mar 01-02	02/08/06
R 318	Park & Pipe	Mt. Sunapee, NH	Mar 16-17	02/23/06	215	Stance & Alignment	Pico, VT	Feb 08-09	01/18/06
240	Advanced Trees/Steeps	Sugarloaf, ME	Feb 15-16	01/25/06	273	Stance & Alignment	Bristol Mtn., NY	Mar 02-03	02/09/06
276	Advanced Trees/Steeps	Mad River Glen, VT	Mar 02-03	02/09/06	R # 121	Synchro Skiing	Stowe, VT	Jan 18-19	12/28/05

RACE EVENTS (Open to Registered, Level I, II or III members - Open to Non-members for additional \$25)

No.	Location	Dates	Deadline	Price	No.	Location	Dates	Deadline	Price	
751	Hunter Mtn., NY	Dec 19-22	11/28/05	\$255	757	Holiday Valley, NY	Jan 11-12	12/21/05	\$150	
752	Hunter Mtn., NY	Dec 19-20	11/28/05	\$150	758	Gunstock, NH	Jan 24-25	01/03/06	\$150	
753	Hunter Mtn., NY	Dec 21-22	11/30/05	\$150	759	Ski Roundtop, PA	Jan 30-31	01/09/06	\$150	
754	Okemo, VT	Jan 04-06	12/14/05	\$195	760	Ski Butternut, MA	Feb 02-03	01/12/06	\$150	
755	Jack Frost, PA	Jan 09-10	12/19/05	\$150	761	Bristol Mtn., NY	Feb 06-08	01/16/06	\$195	
756 ^	Kissing Bridge, NY	-4pm - 10pm	Jan 09-10	12/19/05	\$150	762	Waterville Valley, NH	Mar 09-10	02/16/06	\$150

WORKSHOP CLINICS (Open to Registered, Level I, II or III members) 2 days - \$99

No.	Location	Dates	Deadline	No.	Location	Dates	Deadline
022	Okemo, VT	Dec 03-04	11/11/05	147	Cranmore, NH	Jan 26-27	01/05/06
028	Sunday River, ME	Dec 05-06	11/16/05	132	Hidden Valley, NJ	Jan 28-29	01/06/06
036	Killington, VT	Dec 10-11	11/18/05	164	Snowshoe, WV	Jan 31-Feb 1	01/10/06
038	Seven Springs, PA	Dec 10-11	11/18/05	168	Sugarbush, VT	Feb 01-02	01/11/06
043	Holiday Valley, NY	Dec 17-18	11/22/05	172	Bolton Valley, VT	Feb 02-03	01/12/06
045	Ski Butternut, MA	Dec 17-18	11/22/05	193	Killington, VT	Feb 06-07	01/16/06
056	Stratton, VT	Dec 21-22	11/30/05	226	Jiminy Peak, MA	Feb 13-14	01/23/06
063	Hunter Mtn., NY	Jan 03-04	12/13/05	247	Sugarloaf, ME	Feb 15-16	01/25/06
085	Ski Liberty, PA	Jan 05-06	12/15/05	251	Ski Plattekill, NY	Feb 25-26	02/03/06
088	Balsams Wilderness, NH	Jan 07-08	12/16/05	255	Ascutney, VT	Feb 27-28	02/06/06
091	Labrador, NY	Jan 07-08	12/16/05	274	Bristol Mtn., NY	Mar 02-03	02/09/06
099 ^	Kissing Bridge, NY	4pm - 10pm	Jan 09-10	279	Bretton Woods, NH	Mar 04-05	02/10/06
103	Wachusett, MA	Jan 09-10	12/19/05	284	Ski Beech, NC	Mar 05-06	02/10/06
127	Okemo, VT	Jan 19-20	12/29/05	287	Mohawk, CT	Mar 06-07	02/13/06
129	Snow Ridge, NY	Jan 19-20	12/29/05	290	Loon Mtn., NH	Mar 07-08	02/14/06
135	Pat's Peak, NH	Jan 21-22	12/29/05	305 *	Massanutten, VA	Mar 11-12	02/17/06
				321	Seven Springs, PA	Mar 18-19	02/24/06

SENIOR TOUR (Open to Registered, Level I, II or III members - Recommended for members age 55 and over) 2 days - \$115

No.	Title	Location	Dates	Deadline	No.	Title	Location	Dates	Deadline
066	In Search of Corduroy	Seven Springs, PA	Jan 03-04	12/13/05	212	Senior Bumps	Killington, VT	Feb 08-09	01/18/06
120	Senior Bumps	Okemo, VT	Jan 17-18	12/27/05	225	Senior Workshop Clinic	Jiminy Peak, MA	Feb 13-14	01/23/06
123	In Search of Corduroy	Okemo, VT	Jan 19-20	12/29/05	228	In Search of Corduroy	Loon Mtn., NH	Feb 13-14	01/23/06
206	Senior Workshop Clinic	Camelback, PA	Feb 08-09	01/18/06					

DEVELOPMENT SERIES SKIING (Open to Registered & Level I members) 2 days - \$120

No.	Location	Dates	Deadline	No.	Location	Dates	Deadline
030	Sunday River, ME	Dec 07-08	11/16/05	169	Bolton Valley, VT	Feb 02-03	01/12/06
053	Stratton, VT	Dec 21-22	11/30/05	189	Killington, VT	Feb 06-07	01/16/06
059	Hunter Mtn., NY	Jan 03-04	12/13/05	202	Camelback, PA	Feb 08-09	01/18/06
064	Seven Springs, PA	Jan 03-04	12/13/05	221	Jiminy Peak, MA	Feb 13-14	01/23/06
097 ^	Kissing Bridge, NY	- 4pm -10pm	Jan 09-10	253	Ascutney, VT	Feb 27-28	02/06/06
101	Wachusett, MA	Jan 09-10	12/19/05	258	Bristol Mtn., NY	Feb 28-Mar 1	02/07/06
104	Holiday Valley, NY	Jan 11-12	12/21/05	263	Bromley, VT	Mar 01-02	02/08/06
112	Ski Butternut, MA	Jan 11-12	12/21/05	285	Mohawk, CT	Mar 06-07	02/13/06
122	Okemo, VT	Jan 19-20	12/29/05	292	Waterville Valley, NH	Mar 09-10	02/16/06
136	Elk Mtn., PA	Jan 24-25	01/03/06	306	Middlebury Snow Bowl, VT	Mar 11-12	02/17/06
145	Cranmore, NH	Jan 26-27	01/05/06	313	Gore Mtn., NY	Mar 15-16	02/22/06
161	Snowshoe, WV	Jan 31-Feb 1	01/10/06	322	Whiteface, NY	Mar 18-19	02/24/06

PSIA-E Alpine Schedule for 2005-2006

Notes: * = Events with limited attendance; may fill prior to deadlines!
 # = Events non-members may attend for \$25 additional fee.
 R = Events Open to Registered Members

^ = Night event
 Weekend events are highlighted in blue.

If openings are available after the deadline date, members may be admitted based on availability. A \$25 non-refundable late fee will be charged.
 Please contact the office at (518) 452-6095 to inquire on availability. Absolutely no walk-ons will be admitted to any event.

MASTERS SERIES SKIING II / III (Open to Level II & III members) 2 days - \$120

No.	Location	Dates	Deadline	No.	Location	Dates	Deadline
055	Stratton, VT	Dec 21-22	11/30/05	192	Killington, VT	Feb 06-07	01/16/06
062	Hunter Mtn., NY	Jan 03-04	12/13/05	205	Camelback, PA	Feb 08-09	01/18/06
070	Seven Springs	Jan 03-04	12/13/05	224	Jiminy Peak, MA	Feb 13-14	01/23/06
094	Greek Peak, NY	Jan 09-10	12/19/05	246	Sugarloaf, ME	Feb 15-16	01/25/06
109	Holiday Valley, NY	Jan 11-12	12/21/05	254	Ascutney, VT	Feb 27-28	02/06/06
126	Okemo, VT	Jan 19-20	12/29/05	260	Bristol Mtn., NY	Feb 28-Mar 1	02/07/06
142	Elk Mtn., PA	Jan 24-25	01/03/06	297	Waterville Valley, NH	Mar 09-10	02/16/06
159	Stowe, VT	Jan 30-31	01/09/06	324	Whiteface, NY	Mar 18-19	02/24/06

MOGUL SERIES (Some open to Registered members, all open to Level I, II or III members) 2 days - \$120

No.	Location	Dates	Deadline	No.	Location	Dates	Deadline
Advanced Bumps				Intro to Bumps			
073	Hunter Mtn., NY	Jan 05-06	12/15/05	R 032	Sunday River, ME	Dec 07-08	11/16/05
115	Okemo, VT	Jan 17-18	12/27/05	R 077	Hunter Mtn., NY	Jan 05-06	12/15/05
156	Stowe, VT	Jan 30-31	01/09/06	R 106	Holiday Valley, NY	Jan 11-12	12/21/05
207	Killington, VT	Feb 08-09	01/18/06	R 117	Okemo, VT	Jan 17-18	12/27/05
239	Sugarloaf, ME	Feb 15-16	01/25/06	R 138	Elk Mtn., PA	Jan 24-25	01/03/06
275	Mad River Glen, VT	Mar 02-03	02/09/06	R 152	Attitash, NH	Jan 28-29	01/06/06
291	Waterville Valley, NH	Mar 09-10	02/16/06	R 209	Killington, VT	Feb 08-09	01/18/06
Intermediate Bumps				R 236	Jiminy Peak, MA	Feb 15-16	01/25/06
076	Hunter Mtn., NY	Jan 05-06	12/15/05	R 242	Sugarloaf, ME	Feb 15-16	01/25/06
105	Holiday Valley, NY	Jan 11-12	12/21/05	R 265	Bromley, VT	Mar 01-02	02/09/06
116	Okemo, VT	Jan 17-18	12/27/05	R 294	Waterville Valley, NH	Mar 09-10	02/16/06
137	Elk Mtn., PA	Jan 24-25	01/03/06	R 301 *	Belleayre, NY	Mar 11-12	02/17/06
151	Attitash, NH	Jan 28-29	01/06/06	Specialty Bumps			
157	Stowe, VT	Jan 30-31	01/09/06	R 154	Women Only Bumps		
208	Killington, VT	Feb 08-09	01/18/06		Attitash, NH	Jan 28-29	01/06/06
235	Jiminy Peak, MA	Feb 15-16	01/25/06	R 120	Senior Bumps	Registration fee \$115	
241	Sugarloaf, ME	Feb 15-16	01/25/06		Okemo, VT	Jan 17-18	12/27/05
264	Bromley, VT	Mar 01-02	02/09/06	R 212	Senior Bumps	Registration fee \$115	
277	Mad River Glen, VT	Mar 02-03	02/09/06		Killington, VT	Feb 08-09	01/18/06
293	Waterville Valley, NH	Mar 09-10	02/16/06				
300 *	Belleayre, NY	Mar 11-12	02/17/06				

LEVEL I EXAMS (Open to Registered members) 2 days - \$115

No.	Location	Dates	Deadline	No.	Location	Dates	Deadline
021	Okemo, VT	Dec 03-04	11/11/05	185	Bear Creek, PA	Feb 06-07	01/16/06
023	Level I Exam at Children's Academy – 3 days \$165			203	Camelback, PA	Feb 08-09	01/18/06
	Mount Snow, VT	Dec 05-07	11/14/05	210	Killington, VT	Feb 08-09	01/18/06
026	Sunday River, ME	Dec 05-06	11/14/05	218	Song, NY	Feb 11-12	01/20/06
034	Killington, VT	Dec 10-11	11/18/05	223	Jiminy Peak, MA	Feb 13-14	01/23/06
037	Seven Springs, PA	Dec 10-11	11/18/05	243	Sugarloaf, ME	Feb 15-16	01/25/06
041	Gunstock, NH	Dec 17-18	11/22/05	248	Mt. Peter, NY	Feb 16-17	01/26/06
042	Holiday Valley, NY	Dec 17-18	11/22/05	249	McIntyre, NH	Feb 25-26	02/03/06
044	Ski Butternut, MA	Dec 17-18	11/22/05	250	Ski Plattekill, NY	Feb 25-26	02/03/06
046	* Smugglers' Notch, VT	Dec 17-18	11/22/05	252	* Ski Sundown, CT	Feb 25-26	02/03/06
047	* Wachusett, MA	Dec 17-18	11/22/05	298	Mountain Creek, NJ	Feb 27-28	02/06/06
060	Hunter Mtn., NY	Jan 03-04	12/13/05	266	Bromley, VT	Mar 01-02	02/08/06
087	Balsams Wilderness, NH	Jan 07-08	12/16/05	278	Bretton Woods, NH	Mar 04-05	02/10/06
089	Labrador, NY	Jan 07-08	12/16/05	280	Hidden Valley, PA	Mar 04-05	02/10/06
098	^Kissing Bridge, NY			281	Ski Ward, MA	Mar 04-05	02/10/06
	- 4pm – 10pm	Jan 09-10	12/19/05	282	West Mountain, NY	Mar 04-05	02/10/06
124	Okemo, VT	Jan 19-20	12/29/05	283	Ski Beech, NC	Mar 05-06	02/10/06
128	Snow Ridge, NY	Jan 19-20	12/29/05	286	Mohawk, CT	Mar 06-07	02/13/06
133	Pat's Peak, NH	Jan 21-22	12/29/05	303	* Massanutten, VA	Mar 11-12	02/17/06
148	Elk Mtn., PA	Jan 26-27	01/05/06	307	Middlebury Snow Bowl, VT	Mar 11-12	02/17/06
153	Attitash, NH	Jan 28-29	01/06/06	309	* Mt. Abram, ME	Mar 11-12	02/17/06
131	Hidden Valley, NJ	Jan 28-29	01/06/06	310	* Bousquet, MA	Mar 12-13	02/17/06
170	Bolton Valley, VT	Feb 02-03	01/12/06	314	Gore Mtn., NY	Mar 15-16	02/22/06
174	Snowshoe, WV	Feb 02-03	01/12/06	317	Mt. Sunapee, NH	Mar 16-17	02/23/06
179	* Catamount, NY	Feb 04-05	01/13/06	320	Seven Springs, PA	Mar 18-19	02/24/06
181	Homestead, VA	Feb 04-05	01/13/06	323	Whiteface, NY	Mar 18-19	02/24/06
183	* Mount Southington, CT	Feb 04-05	01/13/06	328	Mount Snow, VT	Mar 21-22	02/28/06
184	Swain, NY	Feb 04-05	01/13/06	338	Killington, VT	Apr 01-02	03/10/06

PSIA-E Alpine Schedule for 2005-2006

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LEVEL II TEACHING SEMINARS (Open to Level I members) 2 days - \$115

No.	Location	Dates	Deadline	No.	Location	Dates	Deadline
027	Sunday River, ME	Dec 05-06	11/14/05	139	Elk Mtn., PA	Jan 24-25	01/03/06
054	Stratton, VT	Dec 21-22	11/30/05	146	Cranmore, NH	Jan 26-27	01/05/06
061	Hunter Mtn., NY	Jan 03-04	12/13/05	171	Bolton Valley, VT	Feb 02-03	01/12/06
069	Seven Springs, PA	Jan 03-04	12/13/05	180 *	Catamount, NY	Feb 04-05	01/13/06
082	Ski Liberty, PA	Jan 05-06	12/15/05	182	Homestead, VA	Feb 04-05	01/13/06
093	Greek Peak, NY	Jan 09-10	12/19/05	204	Camelback, PA	Feb 08-09	01/18/06
102	Wachusett, MA	Jan 09-10	12/19/05	211	Killington, VT	Feb 08-09	01/18/06
108	Holiday Valley, NY	Jan 11-12	12/21/05	237	Jiminy Peak, MA	Feb 15-16	01/25/06
119	Okemo, VT	Jan 17-18	12/27/05	267	Bromley, VT	Mar 01-02	02/08/06
134	Pat's Peak, NH	Jan 21-22	12/29/05	308	Middlebury Snow Bowl, VT	Mar 11-12	02/17/06

LEVEL II PRACTICE EXAMS (Open to Level I & Trainers - Not a prerequisite) 2 days - \$120

No.	Location	Dates	Deadline	No.	Location	Dates	Deadline
Skiing – Part 1				Teaching – Part 2			
081	Ski Liberty, PA	Jan 05-06	12/15/05	068	Seven Springs, PA	Jan 03-04	12/13/05
107	Holiday Valley, NY	Jan 11-12	12/21/05	125	Okemo, VT	Jan 19-20	12/29/05
118	Okemo, VT	Jan 17-18	12/27/05				

LEVEL II EXAMS (Open to Level I members) 2 days - \$155

No.	Location	Dates	Deadline	No.	Location	Dates	Deadline
Skiing – Part 1				Teaching – Part 2			
050	Stratton, VT	Dec 19-20	11/28/05	051	Stratton, VT	Dec 19-20	11/28/05
130	Windham, NY	Jan 19-20	12/29/05	150	Elk Mtn., PA	Jan 26-27	01/05/06
149	Elk Mtn., PA	Jan 26-27	01/05/06	217	Pico, VT	Feb 11-12	01/20/06
175	Snowshoe, WV	Feb 02-03	01/12/06	272	Bristol Mtn., NY	Mar 02-03	02/09/06
216	Pico, VT	Feb 11-12	01/20/06	289	Loon Mtn., NH	Mar 07-08	02/14/06
271	Bristol Mtn., NY	Mar 02-03	02/09/06	299	Ski Liberty, PA	Mar 09-10	02/16/06
288	Loon Mtn., NH	Mar 07-08	02/14/06	333	Mount Snow, VT	Mar 23-24	03/02/06
332	Mount Snow, VT	Mar 23-24	03/02/06				

LEVEL III EXAM CLINICS (Open to Level II members) 2 days - \$115

No.	Location	Dates	Deadline	No.	Location	Dates	Deadline
Skiing – Part 1				Teaching – Part 2			
078	Hunter Mtn., NY	Jan 05-06	12/15/05	079	Hunter Mtn., NY	Jan 05-06	12/15/05
140	Elk Mtn., PA	Jan 24-25	01/03/06	141	Elk Mtn., PA	Jan 24-25	01/03/06
190	Killington, VT	Feb 06-07	01/16/06	191	Killington, VT	Feb 06-07	01/16/06
244	Sugarloaf, ME	Feb 15-16	01/25/06	245	Sugarloaf, ME	Feb 15-16	01/25/06
295	Waterville Valley, NH	Mar 09-10	02/16/06	296	Waterville Valley, NH	Mar 09-10	02/16/06

LEVEL III EXAMS (Open to Level II members) 2 days - \$155

No.	Location	Dates	Deadline	No.	Location	Dates	Deadline
Skiing – Part 1				Teaching – Part 2			
158	Stowe, VT	Jan 30-31	01/09/06	230	Cannon Mtn., NH	Feb 13-14	01/23/06
229	Cannon Mtn., NH	Feb 13-14	01/23/06	312	Hunter Mtn., NY	Mar 13-14	02/20/06
311	Hunter Mtn., NY	Mar 13-14	02/20/06	337	Killington, VT	Mar 30-31	03/09/06
336	Killington, VT	Mar 30-31	03/09/06				

MASTER TEACHER CERTIFICATION (See psia-e.org for details -Open to Level I, II or III members) 2 days - \$125; 1 day - \$85

No.	Event	Location	Dates	Deadline	No.	Event	Location	Dates	Deadline
025	Get In Gear	Sunday River, ME	Dec 05-06	11/16/05	196	Physical & Mental Dis	Montage, PA	Feb 06	01/16/06
031	Foundations of Teaching	Sunday River, ME	Dec 07-08	11/16/05	200	Knee High Knowledge	Montage, PA	Feb 07	01/16/06
033	Movement Analysis	Sunday River, ME	Dec 07-08	11/16/05	199	Get In Gear	Pico, VT	Feb 06-07	01/16/06
065	Foundations of Teaching	Seven Springs, PA	Jan 03-04	12/13/05	195	History Comes Alive	Montage, PA	Feb 06-07	01/16/06
067	Knee High Knowledge	Seven Springs, PA	Jan 03	12/13/05	214	Movement Analysis	Pico, VT	Feb 08-09	01/18/06
072	Physical & Mental Dis	Seven Springs	Jan 04	12/13/05	234	Foundations of Teaching	Jiminy Peak, MA	Feb 15-16	01/25/06
080	Physical & Mental Dis	Hunter Mtn., NY	Jan 05	12/15/05	238	Movement Analysis	Jiminy Peak, MA	Feb 15-16	01/25/06
086	Knee High Knowledge	Hunter Mtn., NY	Jan 06	12/15/05	259	Get In Gear	Bristol Mtn., NY	Feb 28-Mar 1	02/07/06
083	Movement Analysis	Ski Liberty, PA	Jan 05-06	12/15/05	261	Physical & Mental Dis	Bristol Mtn., NY	Feb 28	02/07/06
095	Movement Analysis	Greek Peak, NY	Jan 09-10	12/19/05	262	Knee High Knowledge	Bristol Mtn., NY	Mar 01	02/07/06
113	Foundations of Teaching	Ski Butternut, MA	Jan 11-12	12/21/05	270	Foundations of Teaching	Bristol Mtn., NY	Mar 02-03	02/09/06
162	History Comes Alive	Snowshoe, WV	Jan 31-Feb 1	01/10/06	331	History Comes Alive	Windham, NY	Mar 22-23	03/01/06
177	Movement Analysis	Snowshoe, WV	Feb 02-03	01/12/06					

PSIA-E Alpine Schedule for 2005-2006

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 Weekend events are highlighted in blue.

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ACCREDITATION PROGRAMS (See psia-e.org for program details - Open to Level I, II, or III members) 2 days - \$155; 1 day \$84

No.	Event	Location	Dates	Deadline	No.	Event	Location	Dates	Deadline
Children's Specialist					Backcountry Accreditation				
024	Childhood Dev: Physical	Stratton, VT	Dec 19-20	11/28/05	650	Snow Sense & Plan	Mount Snow, VT	Nov 12-13	10/21/05
029	Childhood Dev: Affective	Stratton, VT	Dec 21-22	11/30/05	655	Collecting, Data	Maple Wind, VT	Jan 21-22	12/29/05
074	Childhood Dev: Affective	Hunter Mtn., NY	Jan 05-06	12/15/05	665	Putting It All Together	Maple Wind, VT	Feb 25-26	02/03/06
160	Childhood Dev: Physical	Snowshoe, WV	Jan 31-Feb 1	01/10/06	Teaching Beginners Specialist				
194	Childhood Dev: Cognitive	Montage, PA	Feb 06-07	01/16/06	058	Communication Loop	Hunter Mtn., NY	Jan 03-04	12/13/05
220	Childhood Dev: Physical	Jiminy Peak, MA	Feb 13-14	01/23/06	198	Assess Beginners Move	Pico, VT	Feb 06-07	01/16/05
257	Childhood Dev: Cognitive	Bristol Mtn., NY	Feb 28-Mar 1	02/07/06	222	The Learning Environment	Jiminy Peak, MA	Feb 13-14	01/23/06
330	Childhood Dev: Physical	Windham, NY	Mar 22-23	03/01/06	329	Assess Beginners Move	Windham, NY	Mar 22-23	03/01/06
Special Populations					Sport Science				
024	Childhood Dev: Physical	Stratton, VT	Dec 19-20	11/28/05	092	Biomechanics	Greek Peak, NY	Jan 09-10	12/19/05
114	Teaching Women	Ski Butternut, MA	Jan 11-12	12/21/05	197	Sports Psychology	Montage, PA	Feb 06-07	01/16/06
160	Childhood Dev: Physical	Snowshoe, WV	Jan 31-Feb 1	01/10/06	213	Biomechanics	Pico, VT	Feb 08-09	01/18/06
178	Teaching Women	Snowshoe, WV	Feb 02-03	01/12/06	233	Exercise Physiology	Jiminy Peak, MA	Feb 15-16	01/25/06
220	Childhood Dev: Physical	Jiminy Peak, MA	Feb 13-14	01/23/06	269	Exercise Physiology	Bristol Mtn., NY	Mar 02-03	02/09/06
232	Adult Dev. & Aging	Jiminy Peak, MA	Feb 15-16	01/25/06	304*	Sports Psychology	Massanutten, VA	Mar 11-12	02/17/06
330	Childhood Dev: Physical	Windham, NY	Mar 22-23	03/01/06	Adaptive Accreditation				
Freeride Accreditation					501	Teaching Amputees	Hunter Mtn., NY	Jan 20	01/02/06
057	Basic Park & Pipe	Hunter Mtn., NY	Jan 03-04	12/13/05	541	Dealing with Autism	Hunter Mtn., NY	Jan 21-22	01/02/06
187	Intermediate New School	Killington, VT	Feb 06-07	01/16/06	503	Experience Sit Down Skiing	Hunter Mtn., NY	Jan 23	01/02/06
335	Advanced Freeriders	Killington, VT	Mar 30-31	03/09/06					

MASTER TEACHER EXAMS (All Exams Start at 4:00 pm) - \$10

No.	Location	Dates	Deadline	No.	Location	Dates	Deadline
928	Sunday River, ME	Dec 06	11/15/05	934	Montage Mtn., PA	Feb 07	01/16/06
929	Hunter Mountain, NY	Jan 04	12/14/05	935	Pico, VT	Feb 07	01/16/06
930	Seven Springs, PA	Jan 04	12/14/05	936	Jiminy Peak, MA	Feb 14	01/24/06
931	Greek Peak, NY	Jan 10	12/20/05	937	Bristol Mtn., NY	Feb 28	02/07/06
932	Ski Butternut, MA	Jan 12	12/21/05	938	Mount Snow, VT	Mar 25	03/03/06
933	Snowshoe Mtn., WV	Feb 01	01/11/06				

PSIA-E / AASI Children's Schedule for 2005-2006

Notes: * = Events with limited attendance; may fill prior to deadlines!
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 R = Events Open to Registered Members

^ = Night event
 Weekend events are highlighted in blue.

If openings are available after the deadline date, members may be admitted based on availability. A \$25 non-refundable late fee will be charged. Please contact the office at (518) 452-6095 to inquire on availability. Absolutely no walk-ons will be admitted to any event.

CHILDREN'S ACADEMY (Open to Registered, Level I, II or III members. Non-members add \$25)

No.	Event/Description	Location	Dates	Deadline	Price
R # 702	Children's Academy - 3 day	Mount Snow, VT	Dec 05-07	11/14/05	\$165
R # 701	Children's Academy - 2 day	Mount Snow, VT	Dec 05-06	11/14/05	\$130
R # 704	Mini-Kids Academy	Snowshoe, WV	Feb 02-03	01/12/06	\$120

CHILDREN'S EVENTS (Open to Registered, Level I, II or III members. Non-members add \$25) 2 days - \$120

No.	Event/Description	Location	Dates	Deadline
R # 703	Children's Movement Analysis	Ski Butternut, MA	Jan 11-12	12/21/05
R # 705	Children's Movement Analysis	Camelback, PA	Feb 08-09	01/18/06

CHILDREN'S SPECIALIST ACCREDITATION COURSES (Open to Level I, II or III members) 2 days - \$155

No.	Event/Description	Location	Dates	Deadline
024	Childhood Dev: Physical	Stratton, VT	Dec 19-20	11/28/05
029	Childhood Dev: Affective	Stratton, VT	Dec 21-22	11/30/05
074	Childhood Dev: Affective	Hunter Mtn., NY	Jan 05-06	12/15/05
160	Childhood Dev: Physical	Snowshoe, WV	Jan 31-Feb 1	01/10/06
194	Childhood Dev: Cognitive	Montage, PA	Feb 06-07	01/16/06
220	Childhood Dev: Physical	Jiminy Peak, MA	Feb 13-14	01/23/06
257	Childhood Dev: Cognitive	Bristol Mtn., NY	Feb 28-Mar 1	02/07/06
330	Childhood Dev: Physical	Windham, NY	Mar 22-23	03/01/06

AASI Snowboard Schedule for 2005-2006

Notes: * = Events with limited attendance; may fill prior to deadlines!
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 Please contact the office at (518) 452-6095 to inquire on availability. Absolutely no walk-ons will be admitted to any event.

FEATURE EVENTS (Some open to Non-members and/or Registered members – All open to Level I, II or III members)

Notes:	Num.	Event	Description	Location	Price	Dates	Deadline
R #	020	Snowsports School Management Seminar	For Directors and Supervisors 2 1/2 days; banquet	Mount Snow, VT	\$178	Nov 28-30	11/04/05
R #	163	Train-the-Trainer	2 days; Directors & Supervisors	Snowshoe, WV	\$130	Jan 31-Feb 1	01/10/06
R #	406	Instructor Training Course (ITC)	3 days; Training Clinic for non-certified members only	Jiminy Peak, MA	\$195	Dec 17-19	11/22/05
	405	Resort Trainers Program	3 days; Level II and III Trainers	Hunter Mtn., NY	\$195	Dec 12-14	11/21/05
	418	Resort Trainers Program	3 days; Level II and III Trainers	Massanutten, VA	\$195	Jan 11-13	12/21/05
*	403	Riders Weekend Academy	2 days, Level II and III AASI Members	Killington, VT	\$173	Dec 10-11	11/18/05
*	404	L1 Riders Wkend Academy	2 days, Level I AASI Members	Killington, VT	\$173	Dec 10-11	11/18/05
	409	Eastern Academy	3 days; Level I, II or III Members	Okemo Mtn., VT	\$220	Jan 02-04	12/12/05
	410	Eastern Academy	5 days; Level I, II or III Members	Okemo Mtn., VT	\$355	Jan 02-06	12/12/05
* R #	452	Women's Seminar	3 days, banquet	Stratton, VT	\$195	Feb 27-Mar 1	02/06/06
R	473	Spring Rally	2 days; banquet / race	Mount Snow, VT	\$152	Mar 25-26	03/03/06
R #	401	Safe Coaching in Freestyle Venues	Must have Tele, Alpine or Snowboard Equipment	Mount Snow, VT	\$85	Nov 28	11/04/05
R #	414	Safe Coaching in Freestyle Venues	Must have Tele, Alpine or Snowboard Equipment	Stratton, VT	\$85	Jan 08	12/16/05
R #	430	Safe Coaching in Freestyle Venues	Must have Tele, Alpine or Snowboard Equipment	Snowshoe, WV	\$85	Jan 30	01/10/06
	453	Cross Discipline Freestyle	Must have Twin Tips, Snowboard or Tele - Level I, II or III members	Cranmore, NH	\$137	Mar 01-02	02/08/06

TEAMS (Open to Level III AASI members)

Notes:	Num.	Event	Description	Location	Price	Dates	Deadline
	480	DEV Team Tryouts	2 days, Level III AASI Members Only	Killington, VT	\$195	Apr 06-07	03/16/06
	484	Eastern Team Tryout	Level 3 only - 2 days	Killington, VT	\$195	Apr 06-07	03/16/06

FREESTYLE ACCREDITATION (Not Alpine MTC Accred) (Open to Level I, II, or III members) 3 days - \$195; 2 days - \$145

No.	Event	Location	Dates	Deadline	No.	Event	Location	Dates	Deadline
416	Intro Session	Wachusett Mtn., MA	Jan 09-10	12/19/05	454	Park Session	Mtn. Creek, NJ	Mar 02-03	02/09/06
426	Intro Session	Waterville Valley, NH	Jan 26-27	01/05/06	462	Pipe Session	Mount Snow, VT	Mar 09-10	02/16/06
445	Intro Session	Ski Roundtop, PA	Feb 13-14	01/23/06	474	Master Session	Okemo Mtn., VT	Mar 27-29	03/06/06

SPECIALTY EVENTS (Open Level I, II or III members) 2 days - \$137

No.	Event	Location	Dates	Deadline	No.	Event	Location	Dates	Deadline
429	Skills for Riding Park & Rails	Mtn. Creek, NJ	Jan 30-31	01/09/06	446	Skills for Riding Pipe	Stratton Mtn., VT	Feb 13-14	01/23/06
					464	Old Fart Park & Pipe	Wachusett Mtn., MA	Mar 12-13	02/17/06

100 LEVEL COURSES (Open to Reg., Level I or II members or Cross-over members - Non-members for additional \$25) 2 days - \$130

No.	Event	Location	Dates	Deadline	No.	Event	Location	Dates	Deadline
411	Assessing Movement	Okemo, VT	Jan 05-06	12/15/05	439	Teaching Foundations	Montage, PA	Feb 08-09	01/18/06
422 *	Riding Foundations	Belleayre, NY	Jan 21-22	12/29/05	471	Riding Foundations	Wachusett, MA	Mar 23-24	03/02/06

200 LEVEL COURSES (Open to Level I, II or III members, Prerequisite for Level II Exam) 2 days - \$137

No.	Event	Location	Dates	Deadline	No.	Event	Location	Dates	Deadline
407	Movement Analysis	Okemo Mtn., VT	Dec 19-20	11/28/05	437	Level II Exam Clinic	Camelback, PA	Feb 06-07	01/16/06
415^	Teaching Concepts	McIntyre, NH 3-9pm	Jan 09-10	12/19/05	442 *	Teaching Concepts	Catamount, NY	Feb 11-12	01/20/06
417	Teaching Concepts	Holiday Valley, NY	Jan 11-12	12/21/05	447	Riding Concepts	Blue Knob, PA	Feb 15-16	01/25/06
419	Teaching Concepts	Snowshoe Mtn., WV	Jan 18-19	12/28/05	459	Riding Concepts	Gore Mtn., NY	Mar 06-07	02/10/06
425	Riding Concepts	Hunter Mtn, NY	Jan 23-24	01/02/06	460	Level II Exam Clinic	Killington, VT	Mar 09-10	02/16/06
428 *	Riding Concepts	Massanutten, VA	Jan 28-29	01/06/06	467	Movement Analysis	Bretton Woods, NH	Mar 15-16	02/22/06
433	Steeps	Stowe, VT	Feb 02-03	01/12/06	468	Teaching Concepts	Seven Springs, PA	Mar 15-16	02/22/06
435 ^	Movement Analysis	Labrador, NY 3-9pm	Feb 04-05	01/13/06	469 *	Trees	Jay Peak, VT	Mar 20-21	02/27/06
438 *	Women's Riding Improvement	Okemo, VT	Feb 06-07	01/16/06					

AASI Snowboard Schedule for 2005-2006

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300 LEVEL COURSES (Open to Level II or III members, Prerequisite for Level III Exam) 2 days - \$137

No.	Event	Location	Dates	Deadline	No.	Event	Location	Dates	Deadline
424	Peer Coaching	Hunter Mtn., NY	Jan 23-24	01/02/06	450*	Movement Analysis	Ski Roundtop, PA	Feb 25-26	02/03/06
434	Steeps	Stowe, VT	Feb 02-03	01/12/06	461	Level III Exam Clinic	Killington, VT	Mar 09-10	02/16/06
441	Movement Analysis	Sunday River, ME	Feb 09-10	01/19/06	470*	Trees	Jay Peak, VT	Mar 22-23	02/27/06

BACKCOUNTRY ACCREDITATION EVENTS (Open to Level I, II or III members) 2 days - \$155

No.	Event	Location	Dates	Deadline	Requirements
650	Snow Sense and Planning	Mount Snow, VT	Nov 12-13	10/21/05	Snowshoes/Snowboard or split-board required
655	Collecting, Data	Maple Wind Farm, VT	Jan 21-22	12/29/05	Snowshoes/Snowboard or split-board required
665	Putting It All Together	Maple Wind Farm, VT	Feb 25-26	02/03/06	Snowshoes/Snowboard or split-board required

LEVEL I EXAMS (Open to Registered members and crossovers) 2 days - \$130

No.	Location	Dates	Deadline	No.	Location	Dates	Deadline
408	Smugglers' Notch, VT	Dec 21-22	11/30/05	448	Mount Snow, VT	Feb 15-16	01/25/06
412	Wintergreen, VA	Jan 05-06	12/15/05	449*	Greek Peak, NY	Feb 25-26	02/03/06
413*	Jiminy Peak, MA	Jan 07-08	12/16/05	451^	Liberty Mtn., PA 4-10pm	Feb 27-28	02/06/06
420*	Ski Sundown, CT	Jan 19-20	12/29/05	456	Ski Ward, MA	Mar 04-05	02/10/06
421*	Belleayre, NY	Jan 21-22	12/29/05	457*	Wispy, WV	Mar 04-05	02/10/06
423^	Bolton Valley, VT 3pm-9pm	Jan 25-26	01/02/06	463	Ragged Mtn., NH	Mar 11-12	02/17/06
482	Mountain Creek, NJ	Jan 25-26	01/04/06	465	Bristol Mtn., NY	Mar 13-14	02/20/06
427	Gunstock, NH	Jan 28-29	01/06/06	466	Seven Springs, PA	Mar 13-14	02/20/06
483	Holimon, NY	Jan 29-30	01/06/06	472	Mount Snow, VT	Mar 25-26	03/03/06
436*	Massanutten, VA	Feb 04-05	01/13/06	475	Sugarloaf, ME	Mar 30-31	03/09/06
440^	West Mtn., NY 4-10pm	Feb 08-09	01/18/06	481	Killington, VT	Apr 08-09	03/17/06
443	Hidden Valley, PA	Feb 11-12	01/20/06				

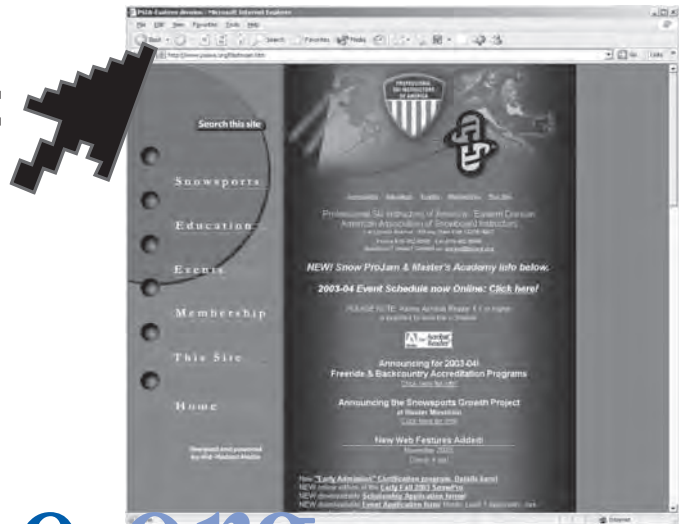
RIDING ASSESSMENT / RETAKES (Open to Level I or Level II members for assessment or exam retake) 1 day - \$85

No.	Location	Dates	Deadline	No.	Location	Dates	Deadline
LEVEL II RIDING ASSESSMENT / RETAKES				LEVEL III RIDING ASSESSMENT / RETAKES			
455	Camelback, PA	Mar 03	02/10/06	432	Stowe, VT	Feb 01	01/11/06
476	Killington, VT	Apr 02	03/10/06	477	Killington, VT	Apr 02	03/16/06

EXAMS (Open to Level I or Level II members with Exam Prerequisite) 3 days - \$230

No.	Location	Dates	Deadline	No.	Location	Dates	Deadline
LEVEL II EXAMS				LEVEL III EXAMS			
458*	Blue Mountain, PA	Mar 06-08	02/13/06	479	Killington, VT	Apr 03-05	03/10/06
478	Killington, VT	Apr 03-05	03/10/06				

...find the latest info and
schedule updates at



www.psia-e.org

PSIA-E Adaptive Schedule for 2005-2006

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FEATURE EVENTS							(Some open to Non-members and/or Registered members – All open to Level I, II or III members)	
Notes	Num	Event	Description	Location	Price	Dates	Deadline	
R #	020	Snowsports School Management Seminar	For Directors and Supervisors 2 1/2 days; banquet	Mount Snow, VT	\$178	Nov 28-30	11/04/05	
See website		Adaptive National Academy	Disabled Sports USA and PSIA Event – see Disabled Sports USA web-site at www.dsusa.org , click on winter sports/programs and then on The Hartford Ski Spectacular for details and application.	Breckenridge, CO	Varies	Dec 04-11	11/22/05	
R #	502	All Adaptive Equipment – On Hill Use	Adaptive Sports Foundation	Windham Mtn., NY	\$131	Jan 28-29	01/06/06	
R #	515	Experiential Mono Skiing	Toggenburg Mountain Ski School	Toggenburg, NY	\$131	Feb 04-05	01/13/06	
R #	516	Intro to Adaptive World	Toggenburg Mountain Ski School	Toggenburg, NY	\$131	Feb 04-05	01/13/06	
R #	521	Experiential Mono Skiing	Gunstock Adaptive Ski School	Gunstock, NH	\$131	Feb 25-26	02/03/06	
R	545	Adaptive Spring Rally	2 days; banquet / race	Mount Snow, VT	\$152	Mar. 25-26	03/03/06	
	546	Eastern Team Tryout	(Level 3 only) 2 days	Killington, VT	\$125	Mar. 28-29	03/07/06	

ADAPTIVE ACCREDITATION EVENTS						(Open Level I, II or III members) 2 days - \$155; 1 day - \$84	
No.	Event	Ski School	Location	Dates	Deadline		
501	Teaching Amputees	Hunter Mountain Ski School	Hunter Mtn., NY	Jan 20	01/02/06		
541	Dealing with Autism	Hunter Mountain Ski School	Hunter Mtn., NY	Jan 21-22	01/02/06		
503	Experience Sit Down Skiing	Hunter Mountain Ski School	Hunter Mtn., NY	Jan 23	01/02/06		

LEVEL I EXAMS						(For registered members) 2 days - \$168	
No.	Event	Ski School	Location	Dates	Deadline		
505	3/4 Track	Mount Snow Adaptive Ski Center	Mount Snow, VT	Jan 27-28	01/06/06		
504	Blind/DD	Mount Snow Adaptive Ski Center	Mount Snow, VT	Jan 27-28	01/06/06		
506	Mono/Bi	Mount Snow Adaptive Ski Center	Mount Snow, VT	Jan 27-28	01/06/06		
518	3/4 Track	Bretton Woods Adaptive Ski Center	Bretton Woods, NH	Feb 11-12	01/20/06		
517	Blind/DD	Bretton Woods Adaptive Ski Center	Bretton Woods, NH	Feb 11-12	01/20/06		
519	Mono/Bi	Bretton Woods Adaptive Ski Center	Bretton Woods, NH	Feb 11-12	01/20/06		
520	Snowboard	White Mountain Adaptive Ski School	Loon Mtn., NH	Feb 11-12	01/20/06		
523	3/4 Track	Maine Handicapped Skiing	Sunday River, ME	Mar 03-04	02/10/06		
522	Blind/DD	Maine Handicapped Skiing	Sunday River, ME	Mar 03-04	02/10/06		
524	Mono/Bi	Maine Handicapped Skiing	Sunday River, ME	Mar 03-04	02/10/06		
542	3/4 Track	Adaptive Sports Foundation	Windham Mountain, NY	Mar 18-19	02/24/06		
543	Blind/DD	Adaptive Sports Foundation	Windham Mountain, NY	Mar 18-19	02/24/06		
544	Mono/Bi	Adaptive Sports Foundation	Windham Mountain, NY	Mar 18-19	02/24/06		

LEVEL II EXAMS						1 to 4 day events - \$97 for first day; \$86 for each consecutive day	
No.	Event	Ski School	Location	Dates	Deadline		
507	3/4 Track	Mount Snow Ski School	Mount Snow, VT	Jan 27	01/06/06		
508	Blind/DD	Mount Snow Ski School	Mount Snow, VT	Jan 27	01/06/06		
511	Mono/Bi	Mount Snow Ski School	Mount Snow, VT	Jan 28	01/06/06		
512	Skiing	Mount Snow Ski School	Mount Snow, VT	Jan 28	01/06/06		
525	Blind/DD	Maine Handicapped Skiing	Sunday River, ME	Mar 03	02/10/06		
526	Skiing	Maine Handicapped Skiing	Sunday River, ME	Mar 03	02/10/06		
529	3/4 Track	Maine Handicapped Skiing	Sunday River, ME	Mar 04	02/10/06		
530	Mono/Bi	Maine Handicapped Skiing	Sunday River, ME	Mar 04	02/10/06		
533	3/4 Track	Maine Handicapped Skiing	Sunday River, ME	Mar 05	02/10/06		
534	Mono/Bi	Maine Handicapped Skiing	Sunday River, ME	Mar 05	02/10/06		
538	Blind/DD	Maine Handicapped Skiing	Sunday River, ME	Mar 06	02/10/06		
539	Skiing	Maine Handicapped Skiing	Sunday River, ME	Mar 06	02/10/06		

LEVEL III EXAMS						1 to 4 day events - \$97 for first day; \$86 for each consecutive day	
No.	Event	Ski School	Location	Dates	Deadline		
509	3/4 Track	Mount Snow Ski School	Mount Snow, VT	Jan 27	01/06/06		
510	Blind/DD	Mount Snow Ski School	Mount Snow, VT	Jan 27	01/06/06		
513	Mono/Bi	Mount Snow Ski School	Mount Snow, VT	Jan 28	01/06/06		
514	Skiing	Mount Snow Ski School	Mount Snow, VT	Jan 28	01/06/06		
527	Blind/DD	Maine Handicapped Skiing	Sunday River, ME	Mar 03	02/10/06		
528	Skiing	Maine Handicapped Skiing	Sunday River, ME	Mar 03	02/10/06		
531	3/4 Track	Maine Handicapped Skiing	Sunday River, ME	Mar 04	02/10/06		
532	Mono/Bi	Maine Handicapped Skiing	Sunday River, ME	Mar 04	02/10/06		
535	3/4 Track	Maine Handicapped Skiing	Sunday River, ME	Mar 05	02/10/06		
536	Mono/Bi	Maine Handicapped Skiing	Sunday River, ME	Mar 05	02/10/06		
537	Blind/DD	Maine Handicapped Skiing	Sunday River, ME	Mar 06	02/10/06		
540	Skiing	Maine Handicapped Skiing	Sunday River, ME	Mar 06	02/10/06		

PSIA-E Nordic Schedule for 2005-2006

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NORDIC DOWNHILL

FEATURE EVENTS (Some open to Non-members and/or Registered members – All open to Level I, II or III members)

Notes	Num.	Event	Description	Location	Price	Dates	Deadline
R #	020	Snowsports School Management Seminar	For Directors and Supervisors 2 1/2 days; banquet	Mount Snow, VT	\$178	Nov 28-30	11/04/05
R	602	Mini Academy	2 days, open to all members	Killington, VT	\$131	Dec. 10-11	11/18/05
R	603	Downhill Pro Jam	5 days, includes banquet	Killington, VT	\$282	Dec. 12-16	11/18/05
R	623	Spring Rally	2 days, includes banquet / race	Mount Snow, VT	\$152	Mar. 25-26	03/03/06
	626	Eastern Team Tryout	(Level 3 only) 2 days	Killington, VT	\$125	Mar. 28-29	03/07/06

UPGRADES (Open to Registered, Level I, II or III members. Open to Non-members for an additional \$25) 2 days - \$99

Members become Level I by attending any 2 days of upgrades or above Pro Jam, and stating "Level I Certification Requested" on application. All upgrades count as exam prep.

No.	Event	Location	Dates	Deadline	No.	Event	Location	Dates	Deadline
601	Early Season Primer	Sunday River, ME	Dec 03-04	11/11/05	612	Skiing Improvement	Blue Knob, PA	Feb 06-07	01/16/06
604	Carving	Stratton, VT	Jan 07-08	12/16/05	613	Learn to Tele Crossover	Mt. Sunapee, NH	Feb 11-12	01/20/06
605	Teaching Tele	Stowe, VT	Jan 12-13	12/21/05	614	Intermediate Skiing	Gore Mtn., NY	Feb 13-14	01/23/06
606	Ski Improvement	Hunter Mtn., NY	Jan 19-20	12/29/05	615	Premier Off Piste	Smugglers' Notch, VT	Feb 27-28	02/06/06
607	Learn To Tele	Gunstock, NH	Jan 21-22	12/29/05	616	Off Piste Backcountry	Timberline, WV	Mar 01-02	02/08/06
608^	Teaching/Skiing	Bristol Mtn., NY	Jan 24-25	01/03/06	617	Teaching / Skiing	Shawnee, PA	Mar 02-03	02/09/06
609	*Intermed/Adv. Glades	Jay Peak, VT	Jan 26-27	01/05/06	618	Teaching / Skiing	Ragged Mtn., NH	Mar 05-06	02/10/06
610	*Skiing Improvement	Catamount, NY	Jan 28-29	01/06/06	624	Bumps, All Level	Sugarbush, VT	Apr 01-02	03/10/06
611	Intro to Glades	Bretton Woods, NH	Feb 04-05	01/13/06					

EXAMS (Open to Level I, II, or III members with appropriate prerequisite) 3 days - \$179

No.	Event	Location	Dates	Deadline	No.	Event	Location	Dates	Deadline
619	DCL Exam	Sugarbush, VT	Mar. 18-20	02/24/06	621	Level II Exam	Sugarbush, VT	Mar. 18-20	02/24/06
620	DEV TEAM Exam	Sugarbush, VT	Mar. 18-20	02/24/06	622	Level III Exam	Sugarbush, VT	Mar. 18-20	02/24/06

NORDIC ACCREDITATION EVENTS

BACKCOUNTRY ACCREDITATION EVENTS (See psia-e.org for program details - Open to Level I, II or III members) 2 days - \$155

No.	Event	Location	Dates	Deadline
650	Snow Sense and Planning	Mount Snow, VT	Nov 12-13	10/21/05
655	Collecting, Data	Maple Wind Farm, VT	Jan 21-22	12/29/05
665	Putting It All Together	Maple Wind Farm, VT	Feb 25-26	02/03/06

657 * Advanced Backcountry Jackson Hole, WY Jan 28-Feb 04 01/06/06 –

This event includes all course content of Backcountry Accreditation courses event # 650, 655, 665 – see this issue page 34 for more details – cost \$1,295

NORDIC TRACK/SKATE

FEATURE EVENTS (Some open to Non-members and/or Registered members – All open to Level I, II or III members)

Notes	Num.	Event	Description	Location	Price	Dates	Deadline
R #	651	Instructor Training Course	3 days; Level I Exam	Great Glen Trails, NH	\$139	Dec. 13-15	11/22/05
R #	658	Train-the-Trainer	All Levels	Pineland Farms, ME	\$97	Feb 04-05	01/13/06
	626	Eastern Team Tryout	(Level 3 only) 2 days	Killington, VT	\$125	Mar. 28-29	03/07/06

UPGRADES (Open to Registered, Level I, II or III members. Open to Non-members for an additional \$25) 2 days - \$92

Members become Level I by attending any 2 days of upgrades or above ITC, and stating "Level I Certification Requested" on application.

All upgrades count as exam prep.

No.	Event	Location	Dates	Deadline	No.	Event	Location	Dates	Deadline
652	Early Season Primer	Lapland Lake, NY	Dec 17-18	11/22/05	661	Teaching/Skiing	Woodstock, VT	Feb 11-12	01/20/06
653	Teaching/Skiing	Balsam's Wilderness, NH	Jan 07-08	12/16/05	662	Video	Verizon Sports Complex, NY	Feb 13-14	01/23/06
654	Skating	Ole's, VT	Jan 17-18	12/27/05	663	Teaching/Skiing	Notchview, MA	Feb 18-19	01/27/06
656	Advanced Skating	Jackson Ski Tour., NH	Jan 28-29	01/06/06	664	Teaching/Skiing	Savage River, MD	Feb 21-22	01/31/06
659	Level I Event	Salmon Hills, NY	Feb 04-05	01/13/06	667	Ski Jouring	Garnet Hill, NY	Mar 01-02	02/08/06
660	Skiing Improvement	Waterville Valley, NH	Feb 06-07	01/16/06	672	Backcountry Tour	Garnet Hill, NY	Mar 13-14	02/20/06

EXAMS (Open to Level I, II, or III members with appropriate prerequisite) 2 days - \$107

No.	Event	Location	Dates	Deadline	No.	Event	Location	Dates	Deadline
670	Level II Exam	Mountain Top XC, VT	Mar. 4-5	02/10/06	668	DCL Exam	Mountain Top XC, VT	Mar. 4-5	02/10/06
671	Level III Exam	Mountain Top XC, VT	Mar. 4-5	02/10/06	669	DEV-TEAM Exam	Mountain Top XC, VT	Mar. 4-5	02/10/06

PSIA-E Region 1 and Region 2 – 2006 Election

Overview for Members and Candidates

It is time for interested members in Regions 1 (New Hampshire and Maine) and 2 (Vermont) to declare their candidacy for the Board of Directors or elected committees for the next term of office. Per the Bylaws and our staggered regional election process, Regions 1 and 2 are up for election in 2006. Following is an overview of this process. We encourage you to review this and get involved!

1. Members interested in running for an elected position must fill out and submit the candidacy form on the next page. It must be postmarked and sent to the Albany office no later than December 15, 2005. No one is permitted to run for more than one position; to do so will invalidate the form. Late candidacy forms will not be accepted.

2. Candidates are not allowed to send mailings (via post or e-mail) to voters in their Region. To do so will disqualify the candidate(s) involved. The Winter issue of the SnowPro (out mid-January) will include comprehensive candidate profiles and will serve as the official communication of candidate messages to voters in each electing region.

3. The positions open are:

- a. Two Board seats for each of the two regions of PSIA-E up for election in 2006 (Regions 1 & 2).
- b. One representative from each electing region for the Snowsports School Management Committee and for the Alpine Education & Certification Committee.

4. Elections for regional Board representatives and committee members are for three (3) year terms (beginning April 1, 2006 and concluding March 31, 2009).

5. Positions for which there are no candidates will be filled by Board appointment after the election.

6. All submitted candidacy forms will be acknowledged by post card or e-mail. Any concerns about confirmation must be resolved before the deadline.

7. Qualifications for the Board seats: Must have been a Certified Level II or Level III member for at least two years prior to January 1, 2006 and meet the requirements of item #10 below.

8. Qualifications for the committee seats: Must be an eligible voter, as described in item #9 below, meet the requirements of item #10 below, plus:

- a. For the Alpine Education & Certification Committee, candidates must be Alpine Certified Level II or Level III members.
- b. For the Snowsports School Management Committee, candidates must be or have been in a snowsports school management position. Those who feel that, via other management qualifications, they should be eligible may apply to the Board of Directors for exemption.

9. Eligible voters are all Certified Level II and Level III members as of February 15, 2006, plus any Certified Level I members with three complete years of continuous membership as of February 15, 2006. The Eastern Division of PSIA & AASI is divided into seven geographic regions (see "Around the Regions" section of the SnowPro). As a member, you may choose to be affiliated with one region – the one in which you work as a snowsports instructor or the one in which you live. This affiliation is for regional mailing and voting purposes. **You should affiliate your membership with the region in which you are most active as a snowsports instructor.** If you have not previously chosen a regional affiliation (when you joined), the region in which you live would have been assigned as your designated regional affiliation by PSIA-E Bylaws, Section 10.8. In order to change your regional affiliation (to where you work as an instructor) you must notify the division office in writing.

10. To hold office in any region, a member must run for election in the region of his/her snowsports work affiliation (Association Bylaws, Article X, Section 10.3.c). You may be declared a member of only one region.

11. Upon receipt of all valid candidacy forms and support materials, the division office will compile candidate profiles from all candidates in each electing region. These profiles, along with the official voting ballots, will appear in the Winter issue of the SnowPro, to be sent to members in mid-January, 2006. Returned ballots must be postmarked by March 6, 2006 in order to be valid. Ballots will be sent directly to and counted by an independent Certified Public Accountant.

12. Official results will be announced at the Spring Rally Annual Membership Meeting on Sunday, March 26, 2006 and subsequently via the SnowPro and PSIA-E web site. The terms of the new Board of Directors and committee members will begin on April 1, providing the opportunity for newly elected representatives to communicate with constituents prior to the June 2006 Board meeting.

Position Specifications

Regional Director (Board) – This will be the person receiving the most votes among all persons

running for Board seats within a region. A Regional Director will be responsible for, and will have final authority for, the administration of all regional affairs.

Regional Representative (Board) – This will be the person receiving the second most votes, subject to item (a) below, among all persons in a region running for Board seats. A Regional Representative will be responsible for assisting the Regional Director in regional matters as outlined by the Regional Director. Both the Regional Director and Regional Representative will sit on the Board of Directors and will exercise independent and equal voting rights.

(a) At least one Board member from each region must be a person who is not an examiner or employee of the organization; provided that at least one such individual is on the ballot.

Alpine Education & Certification Committee – Shall address issues relative to alpine education programming and materials. The committee shall advise the Board of Directors regarding standards for various levels of membership and the implementation of all training and certification programs, including courses, clinics and exams.

Snowsports School Management Committee – Shall represent snowsports school directors and shall advise the Board of Directors regarding programs affecting snowsports schools and snowsports school directors.

Being an elected or appointed official requires some commitment. We urge members who have the interest, time and capability to submit candidacy forms. Board members should plan on two Board meetings a year (mid-October and early-June), one or more regional meetings and involvement in at least one ongoing project. Committee members should plan on one or two meetings a year, ongoing involvement in the group's projects and possible participation in some events. Committee Chairpersons and Board Officers serving on the Executive Committee must commit to more time and participation than others.

This is your organization; your participation and your vote CAN make a difference. Get involved!

ELECTION PROCEDURE CALENDAR

Fall SnowPro:	Candidacy form published.
December 15, 2005	All candidacy forms must be postmarked by this date and sent to the Albany office.
Mid-January, 2006	The Winter (Election) issue of the SnowPro, including all candidate profiles and the voting ballot, will be mailed to members.
March 6, 2006	Ballots must be postmarked by this date to be valid.
Spring Rally- March 26, 2006	Election results announced.

Official PSIA-E/AASI Candidacy Form

2006 Region 1 and Region 2 Elections

Use this form to state your candidacy for a PSIA-E/AASI Board of Directors or standing committee seat for the 2006 elections. Refer to "Election Overview for Members and Candidates" on the previous page of this issue for more details. Complete the entire form; do not omit any information. Remember to submit the information requested in items #1 and 2 below. Apply for only one position.

Personal Data Please print or type _____ Name _____ Address _____ City State Zip _____ Daytime Phone E-Mail _____ Membership Discipline/Level Membership Number _____ School Affiliation/Position Your region: _____ 1: NH/ME 2: VT	Position Desired (Check one only) Board of Directors Regional Director/Regional Representative _____ Standing Committees Regional Alpine Education & Certification Committee Representative _____ Regional Snowsports School Management Committee Representative _____
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Candidates must submit a separate document, preferably via e-mail, with the following information.

- 1) Statement of your background and qualifications for the position you are seeking.
- 2) Statement of the general philosophies and directions you would support if elected.

Each candidate will be provided with a profile in the Winter 2006 SnowPro (not to exceed 400 words). Candidates may also choose to submit a photo or digital photo file (.jpg format preferred). The office will add a line of text above each space stating the position you are seeking, your name, membership level, and snowsports school affiliation.

Statements will be reproduced as submitted or written, subject to verification of factual information.

You must submit **this form by mail or fax** (518) 452-6099 (no phone or e-mail applications accepted). However, we encourage you to submit your **support materials** (outlined in 1 & 2 above) via e-mail to mmendrick@psia-e.org.

Candidate Signature

Candidacy Forms must be postmarked no later than December 15, 2005
Send to PSIA-E Elections, 1-A Lincoln Ave., Albany, NY 12205

Gift Certificates

Looking for a fun, unique and very useful gift for a friend, parent, spouse, or child who is a member of PSIA-E/AASI?

How about a Gift Certificate?

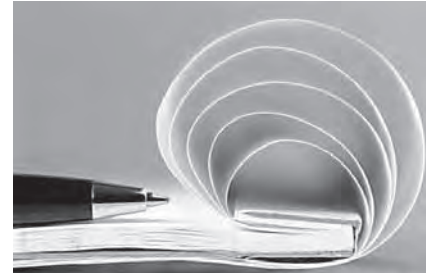
Yeah, that's right, we now have two types of Gift Certificates available!

- PSIA-E/AASI Event Gift Certificates are available in increments of \$50 and can be used toward Eastern Division events. They can be designated to be used during the current season when purchased, or can be designated for the immediate upcoming season.

Please note: Once designated, certificates cannot be carried over to another season.

- Or, purchase a PSIA-E/AASI Dues Gift Certificate for the exact amount of the recipient's dues. Please contact the Office to obtain this amount!

To purchase a Gift Certificate, please call the PSIA-E/AASI office at 518-452-6095 and ask for Eileen Carr.



Upcoming SnowPro Copy Deadlines

Winter – 12/1/05

Spring – 3/15/06

Writing Guidelines

General member submissions to the *SnowPro* should not exceed 1000 words and should be sent to psia-e@psia-e.org as an MS Word document attachment. Please see additional submission guidelines on page two under General Information.



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Eastern/Education Foundation

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