

Call for Board Candidates in Regions 5 & 6 – Page 46

executive tracks

**MICHAEL J. MENDRICK,
EXECUTIVE DIRECTOR**

New “Find a Certified Pro” Web Listings Created to Promote YOU

After years of requests for “more promotion of who we are and what we do” and many (MANY) hours, days and weeks of development, design, discussion and refinement we recently introduced a dynamic and exciting new benefit to Eastern members – searchable individual listings on the “Find a Pro” section of the new consumer website www.MakeWinterMoreFun.com.

In my 15 ½ years at the Eastern Division this is the most ambitious and involved member benefit and promotional outreach effort we have attempted. I have to acknowledge the ongoing efforts of our Director of IT Jodi Bedson, Member Services Director Krista DiCaprio and Education Associate/Marketing Coordinator Candace Charles to help make this a reality. Between the four of us we spent countless hours and days on this project since last spring and we are excited by the results. I also want to acknowledge our promotional partner and creative guru Tyler Barnes of Elev8Interactive (and a PSIA-Northwest Board member to boot) for his patience, persistence and creative talents to take this from a “cool idea” to a dynamic new benefit for our members, our snowsports schools and for consumers interested in learning how to ski and snowboard in the Eastern U.S. We also depended on the insight and input of Walter Jaeger and his Membership & Promotions Committee members – volunteers just like you that have both a passion for the sport as well as an interest in promoting our members, their talents and knowledge.

In the coming few weeks we will be populating the member listing pages on the MWMF website with hundreds of basic and enhanced premium listings. We will also continue to work on the usability for consumers in anticipation of increased usage and visits to the site beginning in November. In fact, beginning November 1 we will be aggressively promoting this new website this season to draw consumers interested in learning to enjoy snowsports to the site and provide them with the orientation and inspiration they need to both “find a snowsports school” and request a certified PSIA-AASI member instructor! All consumer requests for member instructors will be channeled through the member’s affiliated snowsports school.

The MakeWinterMoreFun website and “Find a Pro” listings will be promoted both via reciprocal web postings on the PSIA-AASI national website, the “Learn to Ski & Snowboard Month” website and a variety of regional ski club websites PLUS paid social media advertising per Google, Facebook and

other prominent social media outlets. Our goal is to have 2,000 basic member listings and 500 premium listings displayed on the site this season. We also hope to generate between 700 – 1,000 visits to the website by consumers each month between November and March. Ultimately, we’d like to see these visits result in calls made to our Eastern snowsports schools to request lessons with our certified member instructors.

For those of you that have not seen the details of the new member benefit, read on!

All actively teaching and snowsports school-affiliated members are eligible for this new benefit including a FREE basic listing with:

- Your name
- Your snowsports school
- Your certifications & accreditations
- Your years as a member

Basic Listing Example:

continued on page 4 >>>

inside

President’s Message	2
Eastern Benefits	8
Around the Regions	14
2016-17 Event Schedule	30
Region 5 & 6 Elections	46

president's message

**ERIC JORDAN,
EASTERN DIVISION PRESIDENT**



Greeting Eastern members, our favorite season of the year is upon us and I am sure you are as excited as I am to get out and enjoy the mountains. It was a long and hot summer and fall, so we can only hope that this weather pattern translates to a cold and snowy winter for us! Speaking of winter, I am fully confident that our team is prepared to provide our Eastern members with the best season yet.

October Board Meeting Affirms Stronger National Partnership

Your Board of Directors had a very productive fall meeting which was held on October 16 and 17. Both PSIA-AASI National Board Chair Ed Younglove and new National CEO Nick Herrin attended the meeting as guests of the Eastern Board. This meeting was beneficial on many fronts and allowed Nick, who began service as the new CEO of National back in July, to get to know our volunteer leadership team and understand more about our Eastern Division culture. I am pleased to report that our relationship with National has never been stronger and our communication and collaboration is at an all-time high. As far as mission and vision goes, the Eastern Division and National are clearly on the same page. This shared vision will allow us to be laser focused on the needs of our members so that we are continuously increasing the value of your membership.

Large Eastern Presence at National Leadership Summit

One important event that will further solidify this newly energized working relationship is the "National Leadership Summit" held in Colorado during the first week of November. Attending this meeting were all the division presidents, division executives, along with the National Board and National executive team. Representing the Eastern Division was myself, Ross Boisvert (Eastern VP and President-Designate in June 2018), Michael Mendrick (Eastern Executive Director) and Steve King (National Board Rep for Eastern). It has been more than four years since all these representatives have met together so this meeting was very important and will go a long way in setting the future direction of the entire organization. The more these groups can work together, the better we can serve the needs our collective membership and industry

partners across the country. I will be providing a detailed report on this meeting in the next issue of the Snow Pro so please stay tuned.

New Eastern Events & Benefits

Getting back to Eastern affairs, Don Haringa, Melissa Skinner and Candace Charles of our Education & Programs department have been extremely busy during the off season working along with our discipline advisors (Mickey Stone, Nordic; Brian Donovan, AASI and Kathy Chandler, Adaptive) in putting together a robust schedule that offers a variety of events and exams throughout all regions at various times throughout the year. I would encourage everyone to get out and take an event this year (whether or not you need an update!) as it serves as the best way to enhance your teaching skills and hone in your personal skiing. Plus it's just a lot of fun to ski and ride with our best and make some new friends along the way. So, whether you are looking to improve your movement analysis skills or get more comfortable skiing trees and steeps, you will be sure to find an event that will meet your needs.

Lastly, our Member Services Department along with our volunteer Membership & Promotions Committee (chaired by Walter Jaeger) expended a ton of creative energy in pulling together our first ever "Find a Pro" member web listing benefit. This is a new benefit to ALL actively teaching Eastern members so I hope by now most of you have "opted in" and created your FREE instructor profile on our consumer-oriented website at www.MakeWinterMoreFun.com. This site is geared towards connecting our certified members with guests that may be looking to book lessons at your resort. I would encourage you to consider a PREMIUM listing as it serves as a great way for you to further promote yourself and make a connection with guests looking to visit your resort. Your Eastern division staff has dedicated a tremendous amount of time and energy towards launching this site so please be sure to take full advantage of it. You can find more details about this exciting new benefit and promotional tool in the cover story of this issue of the SnowPro.

That's all for now, as always, please do not hesitate to contact me if you have any questions, comments or concerns. I can be reached at president@psia-e.org. ☞

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General Information

Submission of articles, photos or other items for publication is invited. Articles are not to exceed about 1000 words. Receipt of submissions will be confirmed to the writer. Upcoming deadlines are published in each issue of *SnowPro*. Material should be sent to "SnowPro Editor" at: psia-e@psia-e.org as an MS Word document attachment.

All submitted material is subject to editing. Its use, whether solicited or not, is at the discretion of the editorial staff. All published material becomes the property of PSIA-E/EF. Articles are accepted on the condition that they may be released for publication in all National and Divisional publications.

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snowsports school management

New PSIA/AASI Executive Director, Nick Herrin Headlines Snowsports School Management Seminar at Killington November 28-30

By Doug Daniels
*Snowsports Management Chair
Alpine BOE*

Nick Herrin, the new National CEO, a former snowsports manager, assistant resort GM at Crested Butte, and past alpine team member will deliver the keynote address and be skiing with groups at the Snowsports Management Seminar (SSMS) at Killington, November 28th – 30th. Nick brings a great perspective and drive to the role of executive director for our association. As soon as he was named to the position, we quickly locked him in to deliver the keynote. In addition, there will be “Ski and Ride with Nick” on-snow sessions where you may spend some time with Nick, catch a chair ride, and talk shop.

Other components of the SSMS will include indoor and outdoor sessions on some great and valuable topics including:

- Risk Management and the NSAA's project for on-snow staff safety;
- New Manager and Supervisor sessions to get you ready to lead or deal with difficult staff situations;
- Alpine Boot Fitting;
- ‘How to’ of Movement Assessment in multiple disciplines;
- Adaptive, Nordic and Snowboard indoor and outdoor sessions;
- Sponsor's Showcase and Banquet to recognize very special leaders in our division;

- Of course, the social and networking opportunities will be in full effect.

Parallel to the SSMS we will also offer the very popular Trainer's Academy 100 and 200 courses, and lots of other opportunities to learn about the industry and what's up with YOUR association. You will hear a lot about experiential learning and have the opportunity to see and feel what it is all about. Exciting news on the National front is the deep drilling by the newly named National Team into the Teaching aspect of what we do. New Teaching Standards are in the works to match the much simpler skiing fundamentals. Be on the lookout for some teaching fundamentals to surface and become a much cleaner roadmap for developing staff into better teachers. At long last!

During the first week of November there is a National Snowsports Management and Leadership Conference in Colorado. I will be attending to make sure our division has both a voice, and a reporter, for the event. I hope to share some of the outcomes of this conference at the Snowsports Roundtable and throughout the seminar as well.

I hope we will see you and your key staff at Killington in late November. The event is immediately following the Women's World Cup visit to K-Town so I am hoping the snow will be primo. If you have not yet received a brochure for the Eastern SSMS, please go to www.psia-e.org to check it out and contact the PSIA-e office to register.

See you Soon, DD «

*Live.
Breathe.
Ski.*



If you want consumers to learn more about you as a snowsports instructor, for just \$20 you can also upgrade to an enhanced “Premium Listing” that will also include all basic listing* information PLUS a Personal Profile featuring:


- Your name*
- Your snowsports school*
- Your certifications & accreditations*
- Your years as a member*
- Photo of your choice (head shot or action shot)
- Your age
- The disciplines you love to teach
- Biographical information, including why you love teaching snowsports
- Your “specialties” which are premium searchable fields
- Your school booking phone number, to specifically request a lesson with you.


PREMIUM Listing Sample:

Tyler Barnes

Once in a lifetime experiences

If you are looking for a great mountain experience with a knowledgeable, friendly snow pro then I'm your instructor. I teach skiing to children and adults. In fact I have 3 kids of my own all under 10, so I'm good with kids. I am good with adults too! I've been teaching skiing and snowboarding since I was in high school and I love working with beginners and advanced abilities alike, so let's go sliding together!






Credentials

PSIA Alpine Level 1
AASI Snowboard Level 1
PSIA Telemark Level 1
PSIA-AASI Children's Specialist 1
PSIA-AASI Freestyle Specialist 1
What do these credentials mean?

Gender: Male
20+ years as a member.
My specialties are:
✓ Adults
✓ Children

To book a lesson call Okemo Mountain Resort at (123) 456-7890 and request a lesson with me specifically.



Back to Okemo Mountain Resort Instructors
[Current applied search criteria](#)

All you have to do to get involved is go to pros.snowportal.com/resort/psia-e/get-started to complete the “Opt in” web form or, if you prefer scan in this QR code. That's it!



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Have questions? Contact:

Brian Donovan – Skiing and Riding Services Manager

E-mail - BDonovan@MountSnow.com

Phone - 802-464-4245

Congratulations to 20, 30, 40 and 50 Year Members

The following PSIA-E/AASI members are completing 20 or more consecutive years of membership in PSIA-AASI during the 2016-17 season. We congratulate these individuals on this outstanding accomplishment and thank them for their dedication to snowsports education. All qualifying members receive a commemorative pin and a letter of recognition directly from the national PSIA-AASI office.

20 Year Members

Michael J. Allen
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Priscilla Arbuckle
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Steffi Dresser
Mark R. Ecker
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Matthew Erickson
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Donna M. Falken
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Paul Gerard Ferratella
Michael Ficorilli
John Figurski
Jeff L. Fowler
Emily A. Frank
Lisa Frantz
Rebecca Frederick
Tabi M. Freedman
Candace Freeman
Charles Frey
Michael Furgal
Ann T. Galvin
James M. Garvey
Larry Geller
Mark Gemmiti
Howard Geyer

David B. Gray
Hilary Greenberg
Michael A. Gwyn
Wendy Hall
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Margarethe Hardwick
Barbara Hare
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Carol Woody
Bruno Zbinden

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Greg Taylor
Donald H. Theune
Kenneth Thulin
Kenneth L. Tingley, Jr.
Deborah C. Tolaro
Kenneth Upton
James Valo
Bill Van Herwarde
Dieter Waldschmidt
Kevin J. Walsh
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50 Year Members

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Phoebe Chardon
Brian H. Fairbank
Paul J. George
Gary A. Kiedaisch
Lawrence N. Leach
Stevan Morrow
Alan F. Skelley, Sr.
Robert Vadeboncoeur

Introducing the Alpine Advanced Educator Program

By Don Haringa

Director of Education and Programs
PSIA-E/AASI

I am proud to announce a new certificate based program for our Level II and Level III Alpine members. The Advanced Educator Program. This challenging new program has been designed to help veteran instructors enhance their knowledge of ski teaching. Achieving the certificate will require the participant to complete 11 courses. There are 8 on-snow courses, 2 indoor courses, and 1 course with a combination of an on-line component, and 1 day on snow.

The on snow courses are: Biomechanics, Exercise Physiology, Stance and Alignment, Children's Specialist 2, Practical Teaching, Movement Analysis 101, Movement Analysis 201, and Coaching High End Skiing.

The indoor courses include Anatomy, and your choice of one of the following: At Your Service, Communication Station, or the indoor version of Stance and Alignment.

The History of Snowsports is the combination of an online course and a 1 day, on-snow course.

Several of these courses have an evaluative component. They are Coaching High End Skiing, Practical Teaching, and Movement Analysis 201. The scoring of these courses will be at the Level III National Standard. To complete a course, the participant must be successful in the evaluation.

Any participant who completes all of the courses will be considered to have met the Level III Teaching Standard, and therefore they will need only to successfully complete the Level III on-line exam, and the Level III Skiing exam to earn the Level III certification.

The program must be completed within 10 years of beginning the program. The program starts on the date that the participant completes the first course. Taking any of the courses automatically registers you in the program, which starts the 10 year clock.

Any member who starts the program, and who has taken any of the following courses within 10 seasons of beginning the program, may count those courses toward the completion of the program. They are: Children's Specialist -2, Biomechanics, Exercise Physiology, Anatomy, Stance and Alignment (both indoor and on-snow), At Your Service, Communication Station, and Movement Analysis 101 (formerly Movement Analysis). Please note that to have any of these courses count toward the Advanced Educator Program, you must inform Melissa Skinner of those courses.

There is a strong resemblance of this program and the former Master Teacher program. The most noticeable differences between this program and the Master Teacher program are that the Advanced Educator Program does not offer a choice of "majors," and the Advanced Educator has on-snow evaluations built into several of the courses. For anyone working toward Level III, the advantage of taking the Advanced Educator Program, versus the Level III teaching exam, is that in the Advanced Educator Program the courses with evaluations coach you in preparation for the evaluation.

At PSIA-E/AASI, we are very excited about this program. We feel that the completion of this program will help to produce outstanding ski teachers. Because of the evaluative components built into the program, we are able to comfortably count the completion of the program as being equivalent to a successful Level III teaching exam. This won't be, nor should it be easy. Are you ready for the challenge? ☞

SPRING BREAK— Let's get together and rip!

NEW All Inclusive Package

Are you between the ages of 21 and 29? We have the perfect Spring Break for you at The Beast! Open to all disciplines, all members and non-members - you only have to be between 21 and 29 years of age. Meet your peers from all over our division and decide how *you* want to spend *your* time. You have something you want to work on – great! Just want to take on all The Beast has to offer with like-minded pros – awesome! It's *your* time, *your* agenda.

This inclusive package will get you three days of skiing at Killington – THE BEAST, three nights lodging at the Cascades Lodge, full hot breakfast each morning, the opportunity to ski/ride and learn from some of the best and brightest new talent on the PSIA/AASI education staff. Fulfill your biennial education requirements while enjoying lots of skiing/riding, camaraderie, and après ski activities all three days.

Ready to let loose - come join this inclusive Spring Break Event at Killington. Limited to the first 18 members who register – visit www.psia-e.org to sign-up today! ☞

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Book at choicehotels.com or call 800.258.2847
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Must be a PSIA/AASI member to receive discount. Advance reservations required. Discount subject to availability and cannot be combined with any other discount or promotion.

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FOMO (Fear of Missing Out) Through Not Branching Out: The Pros and Cons of In-house Events

By Candace Charles

PSIA-E Education & Programs Associate
Alpine Development Team

In the last few years, there has been an explosion of “in-house” exams and events. These events are intended as a member benefit for resorts with a large number of instructors seeking certification that are not geographically located to events on our official schedule. While these events are just as fun and informative as the rest of the events we offer at PSIA-E, we are encouraging people to take advantage of the many events that are on the official PSIA-E schedule for several reasons.

Meeting New People

One of the best parts of ski instructing is meeting new people. When in-house events are held, they are generally populated by a crew of people from the mountain holding the event, with very few instructors from other areas. On top of that, the person leading the clinic is often an examiner from that very same mountain, or a nearby resort, someone whom you may have ridden and trained with before. We all like to ride with our normal posse and accomplish our #squadgoals together, but a big part of ski instructing is branching out and interacting with different people who have different ideas about teaching, riding, and guest experiences.

Other people can help us learn new and fun ways to add to, and improve upon, the same things we've been teaching for years. A new clinician might be able to pick out a different movement that you'd never considered before, or she could explain something in a slightly different way, leading to a breakthrough in your personal skiing or riding. And, if there are members of your squad you would like to do your certification with, working together to carpool and arrange shared lodging can help keep travel costs down.

Online Event Registration Ready and Available!

To register online, go to our division website at www.psia-e.org. There you will find a “Register Online” button on the home page that goes directly to the sortable event schedule page.

You can filter events based on event name, location, discipline, level, and more! Once you choose an event, click where it says: Click here to register online!

In the process, you will need to log in at the national site. There are directions on that page, if you need assistance with logging in. (Don't forget: your username is your e-mail address!)

From there, the website walks you through the steps of registration, and when you are done, you will get 2 confirmation e-mails automatically from the system. You will later get an e-mail from the Eastern Division office with your registration details and more specific information.

Please note: Online registration is available for members only. Some sessions (exams, riding retakes, etc.) need to be processed through the office, and will not be available for online registration.

We encourage you to take advantage of our convenient event registration service! <<



Exploring New Terrain

My personal favorite part of skiing is exploring. While it's fun to show new people around my home mountain, my adventurous side loves to go to a new area, ski with ripping skiers or riders who know the resort like the back of their hand, and check out everything that mountain has to offer, from the glades to the bar. In-house events really eliminate this option. You end up skiing the same trails, with the same people, in the same way. Why go through the motions, when instead, you can branch out and explore a place you've never been? Whether we're talking about a big mountain like Killington, or a smaller mountain like Plattekill (my home mountain in the Catskills of New York State), there are nooks and crannies in every area that are prime for adventure. And the skiers you meet in PSIA and AASI events are the people who know exactly where those nooks and crannies are. And after you're done, they'll show you the finest après ski spots for a raucous party or a low-key dinner. Be bold, break out of your routine, and start exploring. Going to events at different mountains has opened up my circle and I have gained mentors as well as places to crash and friends to visit at different areas.

Event Alternatives to Consider

If you want training for your next certification level, an intense level II certification program, or a chance to ski with the best of the best (the PSIA National Team), ProJam/Masters Academy is our premier early winter event, bringing over 400 snow pros together for 5 days of skiing, a banquet dinner, and great times. Some people return every year and make it an annual group trip out of it. If you're a Telemark skier, the Spring Fling at Stowe or the Kare Andersson memorial race at Bromley are get-togethers where you can meet Telemark skiers from all walks of life. If you're a snowboarder, there are several specialty camps worth checking out, which offer a lot of coaching and comradery.

We already have so many great events on the schedule that often times do not fill because of competing in-houses, which can alienate members from different mountains and cause frustration when an event is cancelled because a private event is happening. This issue of the Snow Pro contains the schedule for 2016/2017. We ask directors to look over our schedule and encourage and help their staff to select events that will allow for meeting some new people and visiting a new mountain. Our hope is that new and veteran members can find events on our calendar that inspire them to be better teachers and riders. Why stay in-house, when a big wide world is waiting for you outside? For resorts that truly need an In-house, we have changed the process a little to help streamline the set up and avoid confusion in the office. Please see the 2016-2017 In-house procedures below:

2016-2017 In-house Procedure

- AFTER you have at least 8 committed participants, please submit a request form (found on the Snowsports help desk) via email ccharles@psia-e.org or fax 518-452-6099. Please try to refrain from making request by phone.
- Once your request has been received, the In-house coordinator will contact you with any questions and email you a packet with forms and information on your next steps for your event.
- The packet will have a deadline for when all paperwork and payment will be needed back in the office. It will be the snowsports school director's responsibility to collect and return the completed packet back to the office by the deadline.
- In-house events will have a firm minimum attendance of 8 people (CS1 and CS2 events will be a minimum of 6). There will be no exception to this.

Our hope is that these changes allow for schools that truly need an In-house event to still be able to host one, while not affecting the attendance of events on our printed calendar.

See you on the hill – perhaps even a DIFFERENT hill! <<

Eastern Division Membership Benefits for 2016-17!



VIP Privileges



Here is your 2016 - 2017 *Eastern Division* membership benefits and promotions update. Throughout the season, be sure to look on the Eastern Division website to see what's new and for more details, forms, etc. on all of our programs. Focusing on keeping our website up-to-date with the details and forms needed for any of these programs allows us to get the timeliest info possible to you. We hope you take advantage of all of these great programs!



Elan/Alpina Exclusive Offer for Eastern Division Members!

Elan/Alpina Sports is proud to support PSIA/AASI-Eastern Division and its members. With that, we are excited to extend special PSIA-E/AASI members a **35% discount off** prices shown **PLUS 50% off shipping/handling** on Elan/Alpina's entire range of products.



2XU Compression Clothing Offer for Eastern Division Members!

2XU, which is short for "Two Times You," is a high performance sports apparel brand and the Team's Official Compression Supplier for the U.S. Ski and Snowboard Association (USSA) and is currently offering discounted pricing to PSIA/AASI-Eastern Division and its members. Use the code **2XUPSAIE30** to receive 30% off an order at <https://www.2xu.com/us>.



Launch Snowboards has extended their PROFORM program to PSIA-E/AASI.

Members should place your order at www.launchsnowboards.com and before checkout enter "PSIA-E/AASI" and your membership number in the special instructions field in the Cart screen. At checkout enter the promo code "PSIA-AASI-EASTERN-1617" to get 40% off your order.



Hovland Snowskates Pro Form Offer for Eastern Division Members!

Hovland Snowskates is offering AASI members a 40% off PRO FORM deal this season - you can get more information about snowskates on Hovland's Website today! Hovland makes it easy for AASI members to order a snowskate today. All you have to do is use the Coupon Code "AASI" when you're checking out.



WSI Sports – Pro Purchase Program for 2016-2017 Season! WSI Sports manufacturers of quality 100% MADE IN USA innovative performance apparel is offering our members 30% off!

PSIA-E members will be able to access discounted products through a special web link and purchases will be 30% off of retail using the code PSIAE. Additionally, WSI Sports has created some limited addition custom "Ski with us. Ride with us." apparel in support of our Push for Public Awareness Campaign.

PSIA-E/AASI Logo Business Cards – high-quality, well-priced

Through our new partnership with **Tyler Barnes of ELEVS**, we are again offering high-quality, well-priced personalized logo business cards. You can create your cards, preview them, and place your order directly from the Eastern Division website. Order now and get ready for the season!



Avalanche Skiwear – Member purchase program will continue for 2016-2017 Season!

PSIA-E members will be able to access special pricing on Avalanche purchases at up to 40% off retail. See flyer on PSIA-E website for ordering information.



BJ's Wholesale – Fuel Your Fundraiser Program

The Fall BJ's Fuel Your Fundraiser campaign is on and running from October 10 to October 23, 2016. The program is available to both members and non-members so tell any friends who you know that shop at BJ's. It's a great deal for the BJ's patron and our PSIA Education Foundation.

Print, fill out and submit the application provided on the Eastern Division website to save up to \$25 off your BJ's membership fee and get one additional month of membership free. If it is not your time to renew, you can still use this program; your membership will simply be added to what is left of your current one. For each BJ's application submitted through the PSIA-E/AASI program, BJ's will donate \$5 to the Education Fund.

Over the past few years this program has generated about \$1,000 per year for the EF.

BURTON

Burton – Attain AASI Level II and Level III Certification Recognition Program

Burton – Attain AASI Level I Certification Recognition Program

Burton is once again providing us with awesome Burton gear to use toward recognizing the importance of obtaining your next level of AASI certification. All AASI members who attain their next certification are entered to win various prizes. As you would expect, the prize opportunities get bigger as you move up in certification level. For details about this season's Burton promotions for Level I, II and III, go to the member benefits area of the Eastern Division website.



Choice Hotels – Usage of this great member benefit program just keeps growing!

As an Eastern Member using our PSIA-E Promotion ID, you get a 15% discount when you book online for reservations at hundreds of Choice Hotel locations (including Comfort Inns, Clarion, Quality Inn and EconoLodge) – plus, take advantage of their Choice Privilege promotions to earn free rooms, etc. See the Choice Hotel ad in this issue for more details.



Green Mountain Orthotic Lab (GMOL) – Another chance to win free GMOL footbeds!

Green Mountain Orthotic Lab's Stratton store located in Bondville on RT 30 will again offer pro prices on all boots in stock as well as custom footbeds. Please call 802 875-1122 to set up an appointment.

Green Mountain Orthotic Lab is again running their annual fall promotion to our members.

Simply purchase boots and footbeds from GMOL between September 1, 2016 and November 30, 2016, send in your proof of purchase and promotion submission, and be entered to win a rebate on the cost of your footbeds- a \$199 retail value!

To download the drawing submission form, go to the new GMOL page of the Eastern website. Good Luck!



Reliable Racing – Again offering a discount to PSIA-E/AASI members!

Reliable Racing is again providing support to the Eastern Division racing program as well as again offering our members the opportunity to get 10% off purchases of \$149 or more. The discount is available for on-line orders via the Reliable Racing website or for orders placed by phone directly to them. Please go to the Eastern Division website for this season's Promotional Code which you must reference to receive your discount.



SkiPal – Back this year and again offering member and snowsports school discounts.

SkiPal, the ski/ride teaching tool, will again be offering two programs this season; a discount offer to members on individual orders as well as a volume discount offer to Snowsports schools. See the SkiPal advertisement in this SnowPro and the Eastern website for more details.



SmartWool – This popular Pro Purchase Program which provides 40% off retail is again available to Eastern members!

See the SmartWool banner and link to their site from our Member Benefits page to see their great products. Access the SmartWool page and details on how to get your 40% discount in the Member Benefits section of the Eastern website.

The SmartWool fiber combines comfort and performance into one versatile package and the product line includes shirts, pants, jackets, vests, socks and more. You won't find better gear to keep you comfortable in all conditions!



Avis is now a supplier of rental car services for members of PSIA-E/AASI.

For personal and/or business rentals when making a reservation, it is very important that you always ask for the best rate available by providing **Avis Worldwide Discount number (AWD) T453600**. PSIA-E/AASI members can enjoy special member rates, considerable value-added discounts and the latest in technology, products, and services to make your car rental experience better than ever. See our website for more details.

PSIA-E/AASI Gift Certificates

Don't forget when you are looking for a unique and useful gift for an employee, parent, spouse or child who is a member; gift certificates toward dues or events are available. To purchase a gift certificate, please call the office at 518-452-6095 and speak with member services to order your certificate.

For the latest information about PSIA-E/AASI Eastern and National Member Benefit Programs and Promotions be sure to check often at www.psia-e.org - Member Services. ☞

Movement Analysis Made Easier

By Peter Howard

Alpine Education & Certification Chairperson

If you know your way around the mountain, you can be a guide. If you know people, you can be a companion. If you know movement analysis (MA), you can be a very valuable teacher and coach. Acquiring this skill takes practice and a bit of study time to be familiar with the tools of the trade. Fortunately the MA tools exist, are easy to find, and have been improving over the seasons.

By the way, metaphorically referring to movement analysis concepts as tools does not imply that everything is broken or needs to be fixed. Tools also build, and building our customers skills toward their goals is the essence of the teaching/learning partnership.

So this is a punch list of the MA tools:

- **Skills Concept** - In the 70's this concept brought order to skiing theory. It has been updated over the years.
- **Five Fundamentals of Alpine Skiing** - These fundamentals, listed in the Alpine National Standard, speak about the best way to have selective control of the skills to achieve a desired ski snow interaction.
- **Three Turn Phases** - The phases, or parts, of a turn allow us to be specific and target where a change could be made, they are: initiation, shaping/apex, and finishing.
- **DIRT** - Duration, intensity, rate, and timing refer to when, how much, how fast, and how hard body movements need to be.
- **Biomechanics** - Understanding how the body moves and responds to force and motion is biomechanics. Understanding basic biomechanics allows us to accurately describe how to move body parts to achieve a desired reaction between the skis and the snow.
- **Ski/Snow Interaction** - There are four things a body can do to their skis on the snow. Skis can be bent, tipped, twisted and a combination of two or three.

Study and practice time is needed to know these tools, how they relate to each other, and how they appear on snow. Fortunately, this gets even easier this season because, over the summer, PSIA-E updated our Movement Analysis courses. Now, MA 101 and MA 201 are part of the "Advanced Educator Program," which anyone can attend. These courses are for you if you are interested in exploring ideas such as:

- Balance is an outcome of good movements.
- How changes in a primary skill affect secondary skills.
- What mountain tasks highlight an area where performance enhancement is possible?
- Does a skier's equipment match their skiing goals? If yes, how does one get the best out of the design. Or if no, how does one *still* get the best out of the design.
- As speed and terrain increase, pressure management competency also needs to increase.
- Or, if any of these ideas are new to you.

Equipment has evolved, choices have expanded, it's making skiing easier. Our customers come with diverse goals. Like the evolution of our sport, the evaluation of our sport has evolved. MA has expanded. It's more targeted, it's more versatile, it's easier because the tools are better.

Go out with powered-up MA tools and help build the outcomes your customers want this winter. <<

PSIA/AASI's Event Staff's Top Ten Do's and Don'ts for Event Etiquette

By Doug Daniels

Alpine BOE, on behalf of the Eastern Ed. Staff

It's happened to all of us, we get distracted, stop thinking, rushed for time and suddenly we are THAT person. Over the years the PSIA/AASI Event Staff has seen it all. So, take it from us, when you attend a PSIA/AASI event this season, these are the Top Ten suggestions for Event Etiquette:

Number 10 – **Please Do be on time** – For registration, group meeting times, after lunch. **Don't** be the one that everyone is waiting for.

Number 9 – **Please Don't bring your equipment into the lodge** – **Do** use the equipment check if available, or buy a lock if you are concerned about theft, but **Don't** drag your stuff into the lodge.

Number 8 – **Please Don't demand a food discount** – It's enough that the ski resort has already donated your lift ticket, so please **Don't** give the poor cashier a hard time for not giving you a food discount. Some resorts will, some won't. It will be part of the morning announcements if they do.

Number 7 – **Please Do remember you are representing your home area** – **Don't** do doughnuts in the parking lot. (This is an especially true if you have a company car from your home resort with their logo on the side door.) Represent your home area with pride.

Number 6 – **Please Don't forget your lift ticket** – Once it is issued to you – you are responsible. The host resort GIVES these to PSIA/AASI. If we handed you a \$50 bill would you leave it on the table?

Number 5 – **Please Don't ask for a lift ticket for a friend/spouse** – Again, think of it as a stack of \$50s, they are not a free for all, nor does the event staff have the ability to 'slide you an extra one.'

Number 4 – **Please Don't forget your boots** – Or your poles, board, skis or jacket. If you do, please **Do** start trying to solve your problem BEFORE it is time to go out on snow.

Number 3 – **Please Do the workbook or exam in advance** – Completing the required workbook or exam in advance, if applicable, is key to the quality of the event for everyone.

Number 2 – **Please Don't wear your backpack to registration** – The volume displacement of your backpack, boots, helmet etc. is more than you think, especially when you start swinging it around. Please **Do** put it down BEFORE you come to the Registration area.

And the Number 1 way to be sure that you have this Event Etiquette thing down – **Please Do know which day, time, and location the event you sign-up for is happening.** – We get it way more than you would think. Folks show up a full day into an event or at the wrong resort. "What? This isn't day one of the Level II exam?" "Really?" "Yup, really."

We are all grateful to our host resorts and we want to put our best foot forward to look and act like the pros we are. So, this season we should all focus on the **Do's** and remember Event Etiquette and a BIG "Thank you" to all of the hosting Snowsports Managers or resort representatives, we couldn't do this without their support. <<

Eastern Tech Team – Who are They?

By Peter Howard

Eastern Alpine Education/Certification Chairman

Due in part to the past lackluster snow season last year our new Alpine Technical Team Members didn't get around the Division as much as we all would have liked. The Eastern Division Alpine Technical Team was selected at Stowe Vermont in the spring of 2015. In general, their mission is to power-up the level of education and training in the division. Our division is driven in part by volunteers, and this include the Technical Team. Some of the team members have a background in racing, certification training, international experience, positions in school/area management, and even National Team Tryouts. Other skills include video editing, writing, and multimedia learning. These talented individuals have offered their services in a number of ways. They hope to find ways to reach out, buff out, speak out, and ski out the educational messages of PSIA and the Eastern Division. In an effort to reacquaint everyone with these individuals there will be a few "bios" on team members written in each issue of the Snow Pro. Robert Gallo has initiated and taken on this project. We all hope this coming season will see deeper snow and deeper involvement of our Eastern Technical Team.

Eastern Division Alpine Technical Team Introduction

When the Eastern Tech Team tryouts were announced I thought to myself, should I try it? I realized there was much more for me to focus on before attempting a team of this magnitude; however, that did not stop me from getting to know the role this team was going to play and the direction the team was headed to further education in the Eastern Division. Over the summer I sat down with Chris Ericson, Kathy Brennan, and Nate Gardner to ask them some questions. Each issue of the SnowPro will feature members of the Eastern Tech Team so you can get to know them too! Hope you enjoy!

Robert Gallo, Alpine Development Team Member «

Tech Team Bio – Chris Ericson

By Robert Gallo

Alpine Development Team

What would you like your legacy to be?

That I showed people that otherwise would not be outside in the winter, how to have fun and enjoy their day and feel more comfortable in an unfamiliar environment.



What is your favorite Mountain in the East & West?

Whiteface - that mountain just keeps coming at you.

Do you have any other pastimes?

Fishing, Hiking, Running, Gardening, hanging out with my family.

What is always in your pocket on the hill?

Candy. I have actually had some situations where a client started going into diabetic shock. Having a few pieces of candy in your pocket can make a bad situation better.

What else should we know about you?

I love teaching "First Time" skiers. People who have never even walked in boots before. Being able to celebrate in their accomplishments is a gift for me.

What is it most people who know you, don't know about you?

As the Deputy Commissioner for the Department of Health in Orange County NY, I help plan for Mass Fatality situations and bioterrorist attacks.

What are your top three training tips to pass along to other instructors?

1) Go to other mountains and different terrain to practice.

- 2) Keep yourself in shape - and continue your training program even in the winter.
- 3) Allow for failure, but don't wallow in it. Pushing your limits and exploring your boundaries is awesome, as long as you have takeaways for improvement from the times you are not successful.

Do you have advice for new instructors?

Continue to learn and explore. Understand that no two lessons are the same and that it's not about you - it's about your customer. «

Tech Team Bio – Kathy Brennan

By Robert Gallo

Alpine Development Team

What would you like your legacy to be?

I hope I have inspired some pros to pursue ski instructing with the same lifelong passion as I have; thereby, inspiring the next generation of instructors to engage our future skiers.



What is your favorite Mountain in the East & West?

In the East my favorite is Cannon. Upper Cannon – being my favorite run. Remember to only turn when the trail turns. In the West my favorite is Alpine Meadows. Probably because it reminds me a lot of Cannon, only bigger. It's a great local skier's hill.

Being one of the first Tech Team members profiled, how would you like to see the Tech Team grow and what roll do you see the team playing to help bring new young instructors into PSIA-e?

I see the Tech Team as a group that is committed to helping the pros in our division to deliver the most effective, motivating and fun experiences to our guests. We are just into the beginning of our term and we have begun to plan videos, programs and other resources that will help our instructors to be successful. Stay tuned.

You are not going out for the national team. I have spoke to other Tech Team members who are pursuing national team aspirations. Can the team work as one with two different tracks?

I don't see any conflict, the Tech Team is a four year term, and the National Team tryouts are already over. Now, we can take all our energy and experiences and focus on our division.

I've made two attempts at the National Team. I loved that experience; I grew as a coach, skier and athlete. I also, felt I improved my performance from my first tryout, which was a personal goal. When I tried out for this Tech Team I knew that I was not going to make another attempt at the National Team. My specific goal of getting on this Tech Team is to help the members in our Division by working with the leadership to develop and share information.

Do you have any other pastimes?

I've become addicted to golf. I've been told I have a lot of potential, but it is yet to be realized. As many golfers know, sometimes the harder you try, the worse it gets.

How has your maturation helped you at tryouts?

A journalist once asked a successful business man, how he became so successful. The business man thought for a moment and responded: "Experience son, experience." The journalist wrote it down and then asked him: "Well how did you get that experience?" Once again the business man thought for a moment and responded: "Good decisions, son. Good decisions." Enthusiastically the journalist wrote his notes, then furled his brow and asked. "Well how did you make all those Good decisions?" And the businessman responded: "Bad decisions, son. Bad decisions."

That about sums it up.

What is always in your pocket on the hill?

During tryouts I have a tiny, laminated cheat sheet of typical tasks and one cue, or thought; I want to remember that will help me to be successful. For example, in bumps it is “Go Here, get there” which is my cue to remind me to look ahead and just keep moving forward. I rarely look at it, but just knowing it is there helps to focus my thoughts.

What is it most people who know you, don't know about you?

When I was fifteen I was an air traffic controller / short order cook at a small private airport in Barre, MA.

What is the best way a ski instructor could bring a Tech Team member to its mountain?

Set a specific date as soon as possible. If a date is not in their calendar the season will end before anything happens.

What are your top three training tips to pass along to other instructors?

This question could be a whole article all by itself, but let's suffice to say, 1) Practice. 2) Practice in different snow conditions, on different pitches, at different speeds, in different turn shapes, and on different types of equipment. 3) When you are tired, stop practicing. When we are tired we revert to habitual movements and undo all the positive practice work done.

Do you have advice for new instructors?

Our sport continues to evolve; therefore, seek trainers who are staying current. Be wary of some of the information on the internet from sources you don't know. And, always remember you don't know what you don't know.

How do your two careers complement each other?

Understanding that people have different learning styles and preferences for processing information has helped me to effectively communicate with customers and employees in my other career. Also, leading people has helped me to be clear and confident when I need to speak in front of large groups.

What is in your quiver?

My go-to ski is the Head Rally Supershape. I also love the Head ISpeed GS for its power and performance, perfect for the local's race league.

Why is it important for you to share skiing with other people?

Skiing and ski instructing has been connected to all the best things in my life. I hope that it brings others the same joy it has brought to me.

Where do you see yourself in 10 years in skiing?

Hopefully I'm still inspiring. ☺

Tech Team Bio – Nate Gardner

By Robert Gallo

Alpine Development Team

What would you like your legacy to be?

I'm still a little young to be thinking about a legacy, I think that will come with time. While I may be fairly well known on the East coast, attending the National Demo Team selections brought me to more of a national stage. I want to be known as a athletic and inspiring skier, as well as having a real passion for teaching and creating great guest service.

What is your favorite Mountain in the East & West?

East - Sugarbush, West - Jackson Hole

Being the first Tech Team members profiled, how would you like to see the Tech Team grow and what roll do you see the team playing to help bring new young instructors into PSIA-e?

To grow we need to be known, so we have some work to do there. I'm not



sure how many of the 10,000 members could name half the team. As a team, we are tasked with being inspiring skiers and teachers. I believe demonstrating true passion will help, but also being willing to go beyond our own comfort zones and be students as well. Younger instructors don't respond well to being told what to do (look, I'm 35 and I barely respond well to it), but they want to become involved in the process. I'm somewhat known as being a quiet, brooding type of personality, but I think it is more important to listen then to talk.

You are going out for the national team. I have spoke to other tech team members who are not pursuing national team aspirations. Can the team work as one with two different tracks?

My pursuit of the National Team is inline with the goals and expectations of the Tech Team. The thought never was that all members of the Tech Team should be vying for a spot on National. I will be able to come back to the East from that experience to add more to the team, just like many of the current members brought back their previous National selection experiences.

Do you have any other pastimes?

Mountain Biking, Golf, Fly Fishing, Canoeing.

How has your maturation helped you at tryouts?

I have more confidence and calmness in my presentation.

What is always in your pocket on the hill?

I try to keep a Swiss Army knife on me at all times. I grew up watching MacGyver.

What else should we know about you?

I have a son, Everett.

What is the best way a ski instructor could bring a tech team member to its mountain?

Call the PSIA-E office. They will help with arranging it/making connections.

I feel if the Tech Team clinics at a mountain, two of the people in the clinic should not be members of PSIA-e and must be between the ages of 16 and 24. What other ideas do you feel will help bring youth into the organization?

Being in their world, i.e. social media. We can reach out to maybe 15-20 people in a day long clinic, but through social media we could reach out to thousands. The key is what we put out must be genuine and inspirational.

What are your top three training tips to pass along to other instructors?

Set SMART goals, find someone to shoot video, and find ways to teach what it is you are working on.

Do you have advice for new instructors?

Certification is a process, but a road worth traveling. Be in this for the long haul, not the short sprint. I didn't really start learning how to teach till I was on Dev Team. I'm still learning new ways to present and teach.

What is in your quiver?

For this year, Volkl Racetiger Speedwall GS 180cm, Volkl Racetiger Speedwall SL 165cm, Volkl Racetiger WC 30m GS 183cm, Volkl Mantra 191cm.

Why is it important for you to share skiing with other people?

I'm selfish. I have found a way to make a living doing what I love.

Where do you see yourself in 10 years in skiing?

Every time I take another step in this career I learn of new possibilities and directions I could go in. I'm very focused on returning to the National Team selection in 2020 so I guess 10 years from now I'd like to be halfway through my second term on the team and chasing my (by then) 13 yr old son around the mountains.

Can you recommend any books for ski pros?

Ultimate Skiing by Ron LeMaster, *Be Fit to Ski* by Sue Kramer, *Mastery* by George Leonard ☺

national report

By Steve Kling

Eastern Rep on the PSIA-AASI National Board

For a change, there is nothing particularly dramatic to report from our National association. When you read this Nick Herrin will have been on the job as our new CEO for slightly more than three months (July 18 was his first day.) Nick has been getting to know the staff and the day to day operations of our Association as well as establishing working relationships with all divisions.

Nick and many others have been actively organizing a "Leadership Summit" that will take place over the first weekend in November. This meeting will bring together all Division Presidents and Executives, as well as Eastern VP, Ross Boisvert and the Rocky Mountain VP. Much energy has gone into planning an agenda (I was part of the agenda planning group) that is intended to allow participants to find areas where we can move forward collaboratively and actually make operational changes for the benefit of all. Time will tell, so stay tuned. I'm sure the next SnowPro will include substantial discussions of the Summit from both Eastern Division President Eric Jordan and our executive director, Michael Mendrick.

I can report that there appears to be a solid and effective working relationship developing between Nick and Tom Spiess (CFO and past Interim Ex. Dir.). Tom showed us all during the year he was in charge of ASEA that he is far more valuable than "just" being a CFO, and provided excellent transitional

leadership. I believe the entire ASEA Board shares my view that keeping Tom on as part of management is very much in our best interests.

Both Nick and Ed Younglove, our National Chair attended the Eastern Board meeting a few weeks ago. They got a full picture of the Eastern Division in operation and there was a very open and frank discussion from all Eastern board members about what they would like to see from the National office. The most positive aspects of those exchanges were that unlike a few years ago, the interactions were entirely positive, and ASEA was engaged to one extent or another, in all of the program areas of interest or concern to Eastern board members.

Two areas have been of particular concern to Eastern members for many years are lack of public awareness of who we are on the part of the riding and skiing public, and in some cases, a lack of respect by area management for the time and effort we put into our craft, and the positive results we bring for our guests. Under Nick's leadership, ASEA is opening new avenue of communication and interaction with NSAA, that should provide opportunities for collaboration with and education of resort managers going forward. Also, the marketing staff in Lakewood is working on new, yet cost effective, initiatives to reach out to the public on the important of taking lessons. It would not be reasonable to expect miracles immediately, but efforts on two of our major concerns are at least underway.

Look for major updates from the Leadership Summit in the winter issue. ☞

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around the regions

Region 1 Report (NH)

By Peter Holland

Region 1 Representative

Hello from New Hampshire. I'd like to begin by saying we have already seen a significant increase in dialogue with the National Organization beginning the very first day Nick Herrin took the reins as CEO of PSIA-AASI. It is very nice to see that National is more than willing to work on regional issues and initiatives as well as national projects. Our Division's Executive Director, Michael Mendrick, along with Steve Kling, our representative to the National Board, have been very involved with the National Organization. We look for good things to come from all of this activity.

Despite a less than spectacular season this past winter, two areas that are expanding in New Hampshire are Waterville Valley and Cannon/Mittersill.

Waterville Valley is adding ten trails in a new area called Green Peak. Trails have been cleared with the installation of snowmaking and a triple chair to come. Waterville intends to offer skiing and riding on this new terrain this winter.

The expansion of Cannon at Mittersill continued this summer with the installation of 50 snowmaking guns and a T-bar on the Taft trail. This is a combined effort between Cannon Mountain and The Franconia Ski Club in developing terrain to be used for race training and USSA and FIS racing. In particular the site is designed for Super G training and racing. The NCAA Alpine National Championships will be held there in March 2017 and the site has also been designated a US Ski Team training site. Ted Sutton, a long time PSIA Member and USSA Committee Member, has been intricately involved in the layout of the trails at Mittersill and their homologation.

We will be holding our 10th NHARA/PSIA Coaches Clinic at Bretton Woods on 12/8 and 12/9. This is a training event for New Hampshire Alpine Racing Association coaches staffed by PSIA Ed Staff. The first year we had this event, we had 35 attendees and last year we had over 90 coaches. This year clinicians include Matt and Jeb Boyd, Brian Smith, Edie Thys Morgan and two other Ed Staffers. This has become a very popular event among coaches in New Hampshire. Lots of skiing, discussion and FUN.

We look to have a regional meeting in January at either Cannon or Waterville. More details will be forthcoming as we get closer to the season.

As a reminder, there is a Women's World Cup

race at Killington just prior to our Snow Sports Management Seminar. The GS is on Saturday 11/26 and the slalom on Sunday 11/27. Mikaela Shiffrin, Lindsey Vonn, and Julia Mancuso will all be there, along with the world's best women alpine skiers. There will be plenty of standing room space available. This is a great opportunity to observe some awesome skiing.

Region 2 Report (VT)

By Ted Fleischer

Region 2 Director

Vermont has had its share of challenges during the off season. Lack of heavy snowfall last winter, coupled with drier than normal summer conditions, have left many water supplies, lakes, and snowmaking ponds lower than normal for this time of year. Long range forecasts look promising for both precipitation and colder air, so I'm betting this winter will be epic. Fingers crossed.

Killington will surely start the season off with excitement as the World Cup comes to the east coast for the first time in many years. The November race will challenge skiers from around the world and Killington's snowmaking system will surely make us Easterners proud, even if early season snow isn't abundant by them.

With Jay Peak doing well in its new receiver-ship and Burke going back to its roots and dropping the "Q", many of the skiers and riders in the northern half of the state will be able to continue to enjoy some of the state's best terrain regardless of any past drama.

Rumor has it veteran instructor, trainer, PSIA examiner and inspirational figure Terry Barbour, has been named the new Snowsports Director at Sugarbush. Check out Terry and his talented staff if you want to take your Castle Rock experience to the next level.

Take advantage of one of our new member benefits by uploading your FREE profile to our searchable web portal. Also, keep your eyes open for additional developments, from the Eastern Division and the National organization, to help you reach new heights of training, professional development, and fun. The PSIA/AASI event schedule is already published so grab your gear, find a friend, and take a road trip to your favorite Eastern destination to ski and ride with other like-minded instructors. We hope to see you on the slopes.

Ted Fleischer - Region 2 Director

Katherine Rockwell - Region 2 Representative

Region 3 Report (MA, CT & RI)

By David Beckwith

Region 3 Director

Summer seemed to hang on as long as it could but now the air is crisp, leaves are turning, and the forecast is Winter! Plus the early predictions are calling for it to be a snowy one!

There has been a changing of the guard at Mohawk Mountain in Cornwall, CT. Former Snowsports Director Dave Yeagle has accepted a position at Breckenridge and is heading out to Colorado. The new Snowsports Director will be Andy Raybould. Andy is a member of the PSIA-E Dev Team and comes to Mohawk with experience working in learning centers all over the world. We wish all the best to both Dave and Andy in their new roles.

Mount Southington, in CT, has launched its "Thrills made locally" campaign which will highlight the mountain events and educational programs available to their guests. The series will continually be updated and evolving throughout the season.

Ski Sundown is launching the "Girls Rock the Park" program. This is a great move to get young ladies introduced and trained in the terrain park, and freestyle in general. The program is 5 weeks and is open to girls ages 8 to 15. These girls are gonna rock!

If you are in need of an update or want to attend an event, consider taking it at a Region 3 resort. Events will be conducted at the following Region 3 resorts this season: Ski Sundown, Jiminy Peak, Wachusett, Berkshire East, Butternut and Catamount. Check the PSIA-E event schedule for details.

A Region 3 meeting will be held at Mohawk Mountain in Cornwall, CT on Saturday Jan. 28, 2017 at 4:00 PM. Regional meetings provide an excellent opportunity to hear, first hand, the latest news from both PSIA-E and National. It is also an excellent platform to have your voice heard should you have any questions, concerns, or suggestions related to our organization. Regional meetings are also a chance to meet the Board members that represent you. On some occasions, there have been meetings where we have had special guests. All are invited to attend; please mark your calendars!

Don't forget our Region 3 Facebook page (Region Three PSIA and AASI Eastern Division). Please visit often!

Both your representative, Dave Welch and I look forward to hearing from you and seeing you all this season.

Keep smiling and think snow, BIG SNOW!

Dave Beckwith (Regional Director)
davelee26@sbcglobal.net

Region 4 Report (PA, NJ)

By Bob Shostek
Region 4 Director

Hello fellow Region 4 members! It's that time of the year when the leaves are falling, darkness comes earlier, and the cold air is moving in. By the time this newsletter goes to press, some of our eastern resorts will be making snow or close to opening. The season is just around the corner for us here in the east.

Looking at the Eastern Division schedule of events for the 16/17 season, resorts in Region 4 will host a vast variety of events for every discipline. Our Alpine members can choose from 38 different events including two Level II exams. Region 4 will also host two Level II colleges this season, one for skiing and, new this season, a college for teaching. You will have the choice to either take the entire college or just sign-up for the two-day exams at the end of the three-day college prep. This is a great benefit for our regions members to have the colleges and two exams scheduled here in March. Take advantage of this great opportunity and sign up early, I believe these events will fill up fast.

Snowboarders will have ten events scheduled to choose from and we are working on the possibility of scheduling a snowboard exam in the region. There's seven Freestyle events, nine Children's events, including several CS1-CS2 events, six Adaptive and three Nordic events. This schedule provides more than 72 events in our region at 11 different resorts from December through late March. When I say a "vast variety," the R4 schedule will accommodate all levels of education and abilities, from new instructors to seasoned veterans.

The division had success conducting a 3-day Level II exam which combined the three skiing assessment areas with the three teaching/professional knowledge assessment areas. This season we will conduct another 3-day Level II, at Bristol, NY and the division is adding a 3-day Level III exam to be held at Sugarloaf, ME. A maximum number of participants will be allowed in this new format, with no reassessments, so sign up early! Last sea-

son the division started a 3-day combined Level 1 and CS1 event and will continue to provide the same event this year. Region 4 will host 2 of these combined events again this season. You will find more details and descriptions of these and other new events in this newsletter and on our Eastern website.

Along with our new R4 representative Steve Martin, I will conduct two regional meetings this season and each will run in conjunction with educational events. Having a Northern/Southern meeting during the year has been well received by R4 members in past years. We hope to hold one in the northern part of the region (Camelback or Elk) and one in the south (Liberty or White-tail). The regional meetings are designed to update members about the division, the region and provide national news. These meetings are also a venue for members to voice concerns or issues, and present suggestions and questions about the association and the division; however, Steve and I are available *any time* during the year for regional members, so feel free to contact us directly with any questions or concerns.

Have a great fall and early winter. We hope to see you on the hill soon!

Bob Shostek, Region 4 Director
Steve Martin, Representative

Region 5 Report (Western NY)

By Wendy Frank
Region 5 Director

Debbie Goslin at Kissing Bridge reports: After forty-three years in the industry, Mark Halter has retired from Kissing Bridge. He was added to the Ski Areas of New York (SANY) Wall of Fame at the recent SANY meeting. Richard Fanelli was named President of Kissing Bridge by the BOD. Rich brings more than twenty-five years of experience to Kissing Bridge. Rich, along with Corey Hickey, our Mountain Manager, plan on opening new glade skiing at both the North and Central areas, have increased our snowmaking capacity, and are installing a Magic Carpet at the Central Area beginner slope! Look for more weekend events at Kissing Bridge! It's a great place to work.

Holiday Valley's Robert Armor says: Despite a less than stellar season last year, Holiday Valley continues to reinvest. Improvements include snowmaking expansion, slope improve-

ments, and a new skier arrival area. Thirty-eight HKD Impulse snow guns were purchased for placement on Northwind and Cross Cut trails. Automation is being added to the School Haus beginner's area, as well as lower Maple Leaf, allowing quicker startups and better quality snow on these two trails. Snowmaking will also be improved on Chute, Yodeler and Champagne to allow the resort to build moguls on the east sides of these slopes. A new skier arrival area was created this year to tie in with the new access road that was constructed last year. The new arrangement added approximately forty parking spots close to the base lodge.

Holiday Valley was host to over 350 New York and Pennsylvania resort employees, equipment reps and presenters at the annual SANY/PSAA Expo in September. It was a great opportunity for network and exchange ideas. All who attended went away with enthusiasm and optimism for the upcoming season.

The Holiday Valley Snowsports staff has begun its pre-season indoor training. Over thirty instructors attended the first of four sessions on October 5 to discuss a variety of skiing and snowboarding training topics.

And last, we're looking forward to participating in the World's Largest Lesson again, to be held on Friday, January 6, lesson time is promptly at 1:00 PM!

Steve Howie from Bristol says: After a rough season, it looks as though most regions have to hunker down and get really efficient. We are hoping for a stellar, cold winter with lots of snow, and are going to focus on continuing to deliver quality in the most cost-effective way possible. Even though last winter was short, we still had great skiing. With all our snowmaking and great grooming, we hope to have excellent skiing and riding available at Bristol no matter what the weather is like.

It looks like a good blend of events in Region Five this season, so there are many opportunities to get out and ski and ride with us. There is a three day Level 2 exam including skiing and teaching at Bristol. This is a great opportunity to get certified all in one exam.

Hope to see you all on the slopes.

At HoliMont Snowsports: Our team leaders have been busy getting ready for our indoor and on-snow sessions to make sure our instructors and coaches are enthusiastic about this upcoming season. Teaching techniques, customer service practices, children's activities, the latest in

equipment and skiing techniques will all be a part of our seminars before our programs begin. Let it snow!

HoliMont is also investing in adding power which will allow us to run all our snowmaking equipment, and all lifts, at the same time and increase our snowmaking capacity.

We have widened our cross country trail, and lengthened it by fifty-percent as well as put in a mid-mountain shelter on the trail. With the new drainage and the extension, it is truly a multi-use trail for biking, hiking, snowshoeing or cross country skiing.

Also, the Magic Carpet has been moved to the far side of Sunset Trail as we prepare our new beginner slope. Millions of cubic feet of earth have been moved to make a GPS 10-1/2 degree slope with our intent to move and double the length of the chair lift from our Chipmunk Hill to the new beginner hill next summer.

HoliMont hosted its first Cycle Cross Race on October 8th, which was attended by more than one hundred and fifty athletes entered in various categories. The race was very well received and we look forward to hosting it again.

Dick and I are very excited about the new 'Find a Pro' member listings on the www.MakeWinterMoreFun.com website. Make sure you opt in on this fantastic benefit for Eastern snowsports school members.

Wendy Frank, Region Five Director - wendy@holimont.com

Dick Fox, Region Five Representative - dfox@wmf-inc.com

Region 6 Report (Eastern NY)

*By Brian C. Smith
Region 6 Director*

At last, the fall season with colder temperatures is upon us! With the hope of a winter with abundant snow fall, I, like you, am getting excited to slide on snow once again.

Throughout the summer months I was pleasantly surprised to hear of several ski and snowboard areas in region 6 continuing to invest in capital improvements. I think this is a testament to the commitments many ski area owners have to staying in the game despite a very "off" winter last season. Be sure to visit the resort websites to see what is new in your area.

I have spoken to a few of my region 6 fellow skiers and riders and everyone is gearing up for a solid season. The Eastern Board of Directors has been preparing up for a busy 2016-17 season as well.

Some key points of interest include:

Nick Herrin was hired, over the summer, as the new National Executive Director. Nick has been living in Crested Butte most recently working in senior management at the CB resort and is a former Alpine National Demo Team member. I am happy to report that Nick has done a great job getting in touch with the Eastern division. He has been communicating on various subjects of interest to the Eastern division almost biweekly. Nick is doing his best to establish relationships and create a collaborative culture between his office and the divisions nationwide. Having known Nick for several years, skiing and working with him on the slopes, he has an obvious passion and infectious energy which will serve him well in his new role.

The arduous tasks of settling the affiliation agreement and governance policies with National and the divisions is now over. I encourage all Eastern members to look to the future with a positive outlook and put the past three years of difficult, and sometimes political, hard knocks behind us. Let's give the new leadership at the National office the opportunity to gain momentum working with the divisions in a new light. If you have ever had, or heard, negative comments in regard to the National office or the National Board of Directors, and what they do for the divisions, I ask that you start this season with a renewed sense of confidence. We are truly one organization that has a lot to offer the entire snowsports industry.

The Eastern events schedule is out and available online and in the SnowPro magazine. There are lots of great events throughout the entire Eastern division. Get your updates in or your exam prerequisites scheduled if you're in the exam process.

This past spring in Breckenridge, Eastern members Matt Boyd, Eric Lipton and I were named to the Alpine National Team. I would just like to say I am deeply honored and humbled to be part of this uniquely talented and amazing group of skiers and riders.

Give it your all this winter. Make every run count. Remember "fun" first and the rest will fall into place.

Have a great season everyone! May the snow be deep beneath your feet.

Region 7 Report (South of NJ & PA)

*By Paul Crenshaw
Region 7 Representative*

As the extremely hot summer of 2016 starts to fade from memory I am excited about a hopefully

cold winter 2016-2017 season taking its place. Like you, I only need it cold enough to make snow, not so cold that some of the fun is taken out of the experience.

I would love to report changes and improvements at neighboring resorts but I'm afraid I have not heard of any. If you have made changes at your resort, please contact Walter or me about them so we might include that information in future reports. Everyone likes to hear about new things happening and this sometimes sparks a visit from fellow instructors.

Have you checked out the searchable individual listings on the "Find a Pro" section of the new consumer website www.MakeWinterMoreFun.com? Check it out, and if you are interested then enter your own information. Hopefully this new site will help create some lessons for you. This site has been a big project of the Eastern Office Staff of PSIA/AASI. It should help to educate the public about what they can expect when requesting a certified instructor. You should experience more work, hopefully in the form of requested private lessons.

Walter and I want to visit some of the other resorts in Region 7 over the next 2 seasons. We would like to spend some time with our members, both on and off the snow, hear your opinions, and help answer questions about our organization. If you have a particular time that would suit your resort please let us know. With everyone having one or more jobs it is very difficult to arrange a schedule that fits everyone's needs, but we will try.

The Event Schedule is out. Check out what is offered in Region 7 for this season. Try to take a local event so we can continue to have events we want scheduled in our region. When you read Melissa Skinner's article about building an Eastern Event Schedule, on the cover of the Summer SnowPro, you'll see that when events continue to get cancelled, due to lack of participants, the chances increase that the event will not be scheduled at that resort or region in the future. We get very good service from our division, so let's continue to support them.

As our winter draws near, I encourage everyone to be sure you are doing activities to get physically fit for the season. We all know these snowsports are very physical, reduce injuries by being in shape.

Walter and I hope everyone has a great start to your season and we both look forward to hearing from you.

Paul Crenshaw, Representative
pcrenshaw@massresort.com

Walter Jaeger, Director

wjaeger1@mac.com ☞

40 Year Old Freestyler - Lessons From an Aging Park Rider

By Greg Fatigate

AASI Examiner

Smugglers' Notmovech Resort

Here's something I thought would be tough to say: I'm forty years old. Not old really, but worn. Years ago, by my own estimation, I figured by now I would have hung up my park board and stuck to the groomers. I am glad to report, that is not the case. In fact, over the past several years, my drive to continue freestyle progressions has led to improvements in my performance as a snowboarder, a coach, and I've learned a few new tricks as well.

If I could write a letter to my 23 year old self, it would say: "Greg, stop trying to go big and huck-it as a way to progress. It's not helping your back 17 years from now. Greg: pop man, just pop. Enjoy the feeling of a clean ollie. Everything else will come." Well, at least I have figured this out. I have found that in order to stay healthy and progress, three things need to be in play:

- 1) Focus on fundamentals.
- 2) Break down the progression's steps to the finest aspects.
- 3) Accept what the day gives me.

I can no longer just hit those larger jumps where I may occasionally come up short and land on the deck. I also cannot hit jumps all day, every run.. It's just a reality; however, I still love riding though the park all day. This has led me to the awareness that all along, I just needed to 'pop' a good Ollie. That, I can do all day. It gives the thrill I've always sought out, and I can do it on whatever sized feature my body is ready to accept. Most importantly, a well popped ollie is arguably the most important park fundamental. This focus has expanded my overall ability on features of all sizes.

I haven't just settled on ollies, I have a whole list of goals that, decades after I started riding, are still there (a perfect method air, back 5's, Mctwists). I also have a new list that has developed more recently (BS tap reverts, Back lips, Miller flips). It's very possible the 23 year old version of Greg would have taken a more 'direct' approach to achieve these goals; today though, I have to breakdown aspects of a given trick to molecular levels. In addition, to improving my own skills, this need to breakdown

tricks into component parts has developed my MA (movement analysis) eye so I can identify success in other riders. Doing so has, without a doubt, improved my ability to coach and instruct.

Through all this, there are always days where conditions are less than perfect, or I am just off. My 23 year old self would have forced the issue, I'd jump, be all sketchy, and if I didn't eat s---t, I probably came close. Either outcome would, at the very least, erode my confidence, and likely make the next day(s) more physically challenging. Today, if I'm not feeling it, I find something else that is fun to ride. If that doesn't reveal itself, I slow down and work out the problem. Today I roll with the punches a bit more and work with what the day gives.

The point in all this is, the prospect of getting older isn't a reason to stop charging progressions. There's no reason to 'stop riding park' or say "I'm too old for that". What it takes is a change in your approach to progressions. I have found progression and better coaching by enjoying the small, reasonable things; using the wisdom of experience to creatively learn; and not forcing the issue. Now, if only I had a time machine. <<

AASI Update

By Brian Donovan
AASI Advisor

I always know that winter is right around the corner when my social calendar begins to revolve around ski and snowboard movie premieres and mountain activities; my credit card statement lists nothing but snowboarding gear purchases; social media is consumed with snowboarding edits; and my e-mail is flooded with "Last Chance to Purchase" lift ticket and pass deal messages. This is the most wonderful time of the year! It is also the time of year that I begin to really plan out my winter. Below I've shared some helpful tips I've learned through the years, and I've identified some important things to note in our Division this winter.

Check out the AASI Event Schedule! Plan out which events look rad and the mountains where you want to ride. Start beating the drum and rally your friends to hit up the events with you. The more people that sign-up for an event prior to the deadline, the less likely the event will get cancelled due to low participation. Avoid late registration fees and make sure the events you want to attend don't get cancelled by planning now, registering early, and rallying others to join you! You will notice an increase in weekend event options and 1 day (6 credit) events this season. The goal of these events is to better accommodate your life outside of the snowboard world. Make sure to check out Event

Descriptions at <http://www.psia-e.org/ev/event-descriptions/> for more details.

Save yourself some money this season! We are offering Mega AASI Weeks again! You will notice many different AASI events are all scheduled at a resort at the same time (also linked up with Alpine and Nordic events too!). Cut down on your costs by carpooling to events and splitting hotel rooms. Join the "AASI East" Facebook group to connect with other Pros around the Division and make plans together!

Get Fit! It's never too late to start. Go hiking, running, biking, swimming, cross-fitting, skating, kayaking, dog walking, and anything else that gets you moving! Don't try to ride yourself into shape this season. Eat healthy, stay in motion, and get plenty of rest this fall to prevent injuries and allow you to snowboard more.

Let us know what you need! The AASI Ed Staff loves when you come to events with specific goals you want to get out of the event. Make sure to communicate those goals to your clinician early on day one so we can make sure you're getting good takeaways for your own personal and professional development.

Calling all trainers!!! Did you know?!? If you are a trainer at your home mountain you have the opportunity to shadow a member of the AASI Ed Staff running one event per season. Contact Candace in the PSIA-E/AASI Eastern Division Office to inquire about opportunities to shadow an event and pick up on some key knowledge that will help you become a better trainer. Shadow opportunities are limited to certification pathway events (Level 1 Exams, Exam Preps, and Exam pre-requisites); are available if a member of the AASI Education Staff is not already understudying the event; the event is equal to, or below, your own certification level; and it is approved by the AASI Advisor. Members are not permitted to shadow Level 2 and Level 3 Exams as it is critical the Examiners focus all of their energy and attention on the candidates. Shadowing an event does not count for education credits. Think of it as an unpaid internship where knowledge and snowboarding are your rewards!

Get out and ride your snowboard this winter! Take advantage of every opportunity you have to ride your snowboard this winter. Don't be sit around in April thinking back to all of the times you were too tired or busy to snowboard. Get out there and enjoy every minute of sliding and teaching this winter!

Feel free to reach out to me on Facebook or through e-mail at mrbrandonovan@hotmail.com if you have any questions or suggestions for AASI improvement in the East. I hope to get the opportunity to see everyone very very soon! Take care! <<

adaptive airtime

Alpine/Snowboard Crossover

By Kathy Chandler
Adaptive Advisor

I know there will always be a place for adaptive lessons for students who need specialized equipment or learn better in a one-to-one environment, but for many others there is an easy crossover to the “regular” school. As more and more parents mainstream, or integrate, their children with challenges into regular classes, all instructors are teaching these kids in group settings. For many years, I and others on the Adaptive Board of Examiners (ABOE) have been preaching the importance of training *all* instructors in how to teach people with learning differences and challenges. I have seen many instructors do it so successfully. With the right instructor, it can be such a wonderful experience for all. And thank you, to you all. You know who you are. We appreciate your expertise and enthusiasm for teaching people with challenges.

Adaptive programs are always looking for instructors who come with an alpine/snowboard teaching background. They come with knowledge and experience that is the best background for teaching adaptive. Personally, I was a “regular” ski school line instructor. I spent fourteen years at Wachusett Mountain teaching skiing, getting alpine certified, just starting to dabble in the adaptive world, and while there, I earned that certification too. Now, I appreciate the value of really learning how to teach anyone how to ski. For the past twenty-six years, I have worked at Waterville Valley specializing in adaptive. At Waterville we work closely with the “regular” ski school to meet the needs of all students in snowsports, including daily or seasonal programs. Coming into adaptive from the alpine world was a huge advantage but, like anyone coming from the alpine or snowboard side, I still had a lot to learn. I have continued to learn about all of the disabilities we teach, the equipment we use, and I have such fun, thinking creatively how to make adaptations for individual needs.

On the other hand, there are many instructors who have come to an adaptive program with specialized education or experience in teaching, working, or living with people with differing physical, intellectual, or emotional challenges. Many of our adaptive instructors just want to volunteer their time and only want to teach adaptive. Our job as adaptive trainers

and program directors is to help them understand the importance of the skiing fundamentals. Everything we do in adaptive is based on the skiing fundamentals. Then we can add the creativity required to answer the question: “How will I make this work for this student?”

Whether instructors come to adaptive from the “regular” school or from their personal experience in the field, we are all here for the same reason, we love teaching and making adaptations for each person we are teaching. We encourage those in the alpine or snowboard world to join us. If you are interested in learning more, we are offering a course at the Snow Sports Management Seminar for alpine or snowboard instructors or trainers to learn more about getting into the adaptive sector. Please join us. «

Good Plans Make Great Lessons

By Dan McIntyre
Adaptive Development Team

Adaptive lessons, in particular, are not one-size fits all and benefit from a thoughtful advance plan. Making an explicit plan forces you to think in advance about what your student needs and how to address those needs. A plan also helps you stay focused during the lesson. This is your opportunity to consider the “how” of each lesson. How will your exercises help address the student’s needs? How will you execute them? How will you evaluate progress?

I encourage you to tackle planning from a practical perspective. To that end, I will suggest a few strategies that will help you develop a useful lesson plan for your students. Then, I will give you several examples of how each strategy can be applied to improve your coaching.

The first part of your plan should be to **set specific goals** for the student/lesson. Most of us set goals, but often they are not at all specific. This makes them far less useful in the context of what you will be doing in a given lesson. If achieving your goal will likely take months, or perhaps the whole season, you need to break it down into manageable chunks; specific goals, that you can work toward each day.

Second, **select purposeful exercises** to achieve your goal(s). Purposeful means, “having a clear aim or intent.” As you pick activities, think about how you want to use them to address your goals. Not only will you design a better lesson, but you will present it in a more focused and useful way.

Third, **consider the logistics** of your lesson. Where will you be riding? How will you use each member of your team? What is your timeline? What

equipment will you need, especially later in the day?

Finally, include some **contingency plans**. Maybe this is a new-to-you student. Maybe they just aren’t feeling it today. What if the snow stinks, or is knee deep? How will you change your goals, exercises and logistics?

Here are a few examples to illustrate how these strategies can help you deliver a better lesson. First, consider the following examples of goals: “to make better turns,” “get more practice - mileage,” or “learn to stop.” These are great goals, in the long run. But does “going for mileage” suggest any specific activity you’ll be doing that day? How will you evaluate progress “making better turns?” To answer, you probably need something that is more immediate and concrete, and that should be your goal from the start. If you want your student to learn to stop, they might need to “learn to engage their edge, especially at the end of the turn.”

Learning to engage and release an edge probably suggests a few exercises you might use to help your student. For example, a traverse - sideslip - traverse could be a good way to practice this skill. In this example, it’s obvious how the exercise is used to achieve your goal. But many of the exercises we use can be presented in different ways, to serve different purposes. Instead, you might present 1000 steps emphasizing holding the uphill edge as you traverse across the slope. Of course, 1000 steps can also be used to practice other skills and movement patterns. If you don’t have a clear goal, you may present it in the wrong way; present it without any clear purpose; or potentially present it in several different ways. If you begin with a specific goal, you will be able to present the exercise in a way that specifically helps to achieve that goal.

Finally, I would like to emphasize the difference between having a plan with some contingencies, and planning to figure it out on the fly. A plan with contingencies includes particular ideas about what to do if the student’s performance or the conditions aren’t what you expected. Perhaps you will need to revisit a skill you thought had been mastered. If you have considered this in advance, you will be prepared to recognize the problem and quickly adjust your lesson. Without that plan, you may not immediately know what to do, and since you need to do something, you guess, and see if that works. Maybe, by chance, you will hit on something that works for the student; but, a thoughtful plan works a lot better.

No instructor can foresee every possible teaching situation. We all have to be flexible; however, if you make a good plan, you’ll be able to adapt quickly and deliver a more effective lesson. What’s more, you’ll be free to concentrate on having more fun with your student during the lesson! «

Planning for your Level II and III Adaptive Exams for 2016-2017

By Kathy Chandler
Adaptive Advisor

We hope to see you at an adaptive event this season. We are all praying (and planning) for more snow, so let us know your plans and we are here to help you meet your goals. There are lots of educational workshops and our staff is always ready to come to you and do some in-house clinics.

If you are working on your Level II or III certification there are a few new things you need to be aware of and put into your plans. We have made some alterations in the process and the following were approved at the spring meeting of the Adaptive Board of Examiners (ABOE).

- **Banking Added-** Starting this season, you will be allowed to bank modules you have passed for as long as you maintain your membership in PSIA. There is no longer a time limit on module passes.

- **Skiing/Riding Module First** - If you are starting the process for level II or Level III you will be required to do the skiing/riding module first, before doing any of the specialty exams. As all of the specialty modules are based on alpine or snowboard techniques, this will be the first one you will need to pass before specializing.

- **Teaching Assessment Added to the Skiing/Riding Module** - In the skiing/riding exam you will be required to teach an alpine/snowboard lesson to the group of candidates. The "skiing/riding" module will examine both your skiing and teaching.

The reason for these changes are because traditionally, adaptive instructors have focused less on understanding the fundamentals of teaching skiing and riding, and more on understanding the challenges faced by adaptive students and how to work with those challenges. Over the past few years, the ABOE has extensively discussed the importance of our instructors understanding the fundamentals because they are the basis for what we do in adaptive. We have seen many students with challenges opting to go to "regular" ski school lessons where they are

doing well. In part, because we have been reaching out and training "regular" instructors to recognize and handle challenges in their lessons. The students are doing well because those instructors already firmly understood the fundamentals.

To provide the best service to our guests, now it is time to ask our adaptive instructors to fully understand the fundamentals of skiing/riding and teaching "any" student. When that is combined with our exceptional abilities to understand and work with our student's challenges it will allow us to have even greater success in our lessons. Many of you are already teaching clinics at your home mountain, so you are teaching groups of people and helping them with their personal skiing or riding. In addition, seek opportunities to train with the regular school or participate in PSIA events where you can improve your understanding of the fundamentals.

We are all here to help you continue to work on your skiing, riding and teaching. Certification is a process of personal improvement. Once you get a pin, you realize how much more there is to learn. We are all continuously working to improve. We look forward to seeing you in this process.

Let's do it this season. <<

SNOW Pro

Upcoming SnowPro Copy Deadlines

If you are submitting articles, information or ads for the *SnowPro* please note the following deadline or the upcoming issue:

Winter 2017 issue: December 30, 2016

Writing Guidelines

General member submissions should not exceed 1,000 words and should be e-mailed to Editor Kathy Brennan at kathy@arc2arc.com as a MS Word document. Please see additional guidelines on page 2 of this issue under General Information. Thank you! <<

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In Memoriam



Tina Poppleton, 55, of Rutland Town, VT lost her 10-month battle with cancer on August 20, 2016. Tina was one of our own at the Killington Ski School. She was a gregarious, fun and outspoken member of our staff. She was PSIA Level 2 certified and truly loved to teach skiing.

Tina brought so much joy to those with whom she worked. She always made us laugh; often causing tears because we were laughing so hard. This was true even to the very end of her life. She was most proud of her achievement of becoming Level 2 certified. She worked so hard at becoming a better ski teacher and skier. The training staff at Killington had a lot of respect for the work ethic she had for herself, as well as for the others that often trained with her.

Tina and her husband, Brad, loved the outdoors. In particular the Adirondack Park, in NY, where they would often hike, camp, and fish. She also loved to grow things in her garden, where she showed tremendous talent.

Tina's husband, Brad was the drummer for a band made-up of ski and snowboard pros, called The ICnuts. Tina, known to the band as "Chestnut", often accompanied them to performances where she would cruise the crowd to cajole people into buying cd's of the band, grab people to dance, or just have fun with the crowd. The band got back together after a nine-year hiatus, just to help raise funds for her treatment and show her how much she meant to them.

She was born in Malone, NY, one of seven children. Tina had a twin brother, Roger, who died shortly after childbirth. She met Brad when she moved to Broadalbin NY. She is survived by her siblings Judy, Joy, Tom, Julie and Jeff; her children Josh and Jessie; and her wonderful grandchildren, whom she loved more than anything, Chloe, Leah, and Landon.

Donations in Tina's name may be sent to either the Foley Cancer Center-Rutland, VT. or the American Cancer Society to aid Small Cell Research.

Submitted by Keith Hopkins

Tom Clendenin Peterson, 57, of Beckley, West Virginia, died on September 15, 2016 at his home. Tom was born February 19, 1959 in Wilmington, NC to Lucy and Tom Peterson. He was a member of the Hibriten High School golf team, and an excellent golfer throughout his

adulthood. A special connection was made when Tom discovered snow skiing in his youth. He set out on a lifelong commitment to help others discover the sport of skiing. After he graduated from Lees-McRae College, Tom set out on a lifelong commitment to help others discover and perfect the sport of skiing. An Alpine Level 3 member, he also served as a divisional clinic leader. For many years, Tom was the only divisional clinic leader actually residing in Region 7. For over thirty years, Tom served as the ski and snowboard school director at Winterplace Ski Resort in West Virginia.

Surviving are his loving daughter, Presley Peterson, his father, Tom Peterson, sisters Kim (David) Meeks and Lucy Bowen, nephew JT Sim, and nieces Caitlin and Ashley Meeks.

Submitted by Tom Parker.



John (Jack) H. Price, 86, of Newburgh, NY passed away on March 3rd, 2016. Jack worked most of his life in the construction/engineering industry. Jack was a site engineer with Clarke and Rapuano Associates during the building of the NYS Thruway and the Southern Tier Expressway. He also worked with Steel Style Corporation.

Jack was best known as "Alpine Jack". His true passion in life was skiing and teaching skiing. Jack was a Level 2

Instructor for the Professional Ski Instructors of America for 33 years. He began his skiing career at Hunter Mountain in 1959 when Hunter was being developed by the Hammerstein Corporation. When Hunter opened in January of 1960, Jack was a member of their ski patrol. He taught and skied with Christopher Plummer, Shelley Winters, Larry Hagman, Tammy Grimes and Jimmie Hammerstein. Jack was a member of the Karl Plattner Ski School at Hunter Mountain for many years. In 1981 Jack became a ski instructor under Franz Krickl in the Snow Sports School at Windham Mountain Resort. He continued his ski teaching career through the 2014-2015 ski season.

At Windham, Alpine Jack was admired for his true love of teaching skiing, his warm greetings and of course his beloved Tyrolean hat with pins representing all the places around the world where he skied. In 1994 Jack was the recipient of the "Instructor of the Year" award for demonstrating dedication to students, showing knowledge and love of skiing. He was a legend! In addition to the thousands of people that followed him down the mountain in lessons, his favorite time on the slopes was skiing with his wife, three kids and seven grandkids. With his famous yodel and a tapping of his ski poles we all would follow him in his tracks as he made perfect, round turns. He is the reason why all three of his children are now certified PSIA ski coaches/instructors. Alpine Jack will always be in our hearts and will continue to inspire his family and extended ski family as we hit the slopes each ski season.

Submitted by Gretchen Price Muller. <<

kids, kids, kids

Children's Total Play Series

By Gary "Griz" Caudle
Advanced Children's Educator

Children's T.O.T.A.L. P.L.A.Y. Series:

Taking - Ownership - Through - Applied – Learning Prepare -
Learn - Apply - Yourself

It has been said that change is the only constant in life, and so change shall become the norm. Not all change is good, so some resist change. But, there are times when change is really what is called for, and creates a positive vibe.

We live in a time where the information highway is at our fingertips; no farther away than our cell phone. We place pictures and videos of our exploits on the world-wide-web for all to see; all happening in the blink of an eye. Utilizing this information highway is the change I'm talking about. PSIA/AASI are intent on sharing information and teaching others how to be more effective/efficient skiers and riders. Now is the time to make the most of this plethora of online information and accessibility, and in the process save our members some money.

A new program is being offered this season that will do just that; save our members some money, yet continue to offer the learning programs that have been the strength of our organization. Each series will consist of five webinars and one day on snow for an update credit. Instead of attending a two-day on snow clinic, members will be able to earn their update credit by attending a one-day on snow clinic following their participation in five one-hour webinars streamed to their computer in the comfort of their homes. Participants must participate in all webinars to receive credit.

The Children's T.O.T.A.L. P.L.A.Y. series will be offered twice this season:

- Webinar Wednesday nights for five weeks, Dec 7, Dec 14, Dec 21, holiday break, Jan 4, and Jan 11. On snow Sunday, January 22 at Ski Roundtop, PA
- Webinar Thursday nights for five weeks, Jan 19, Jan 26, Feb 2, Feb 9, and Feb 16. On snow Sunday, March 5 at Kissing Bridge.

Change: sometimes it just makes sense. <<

Kids Kube App

By Sue Kramer
Children's Committee Chair
ACE Team Coach
Alpine Examiner

Longtime ACE Team member Tina Buckley often says, "There's an app for that." Well guess what? Now there is. The Eastern Division's ACE and DCL member Jim Polinchok, presented this idea to the Team in November of 2014 and under the direction of Coach Sue Kramer, the team has completed version 1.0. The new app is practical, easy to navigate, and specifically created for children's ski instructors. How many times have

you been with a group of kids and you just don't know what to do? This app will help guide the way to providing an effective activity or game, specifically geared toward your students.

The app features activities for 3 distinctive age groups, 3-6, 7-12, and 13-17 years old. Once you choose the age group you're working with, you can choose from 3 different ability zones; beginner, intermediate, and advanced. Easy! From there pick a skill; rotary, edging, and pressure. Again, easy! The videos are all less than 2 minutes and downloadable from YouTube. In some instances there is a written description of an activity rather than a video clip.

As we all know with the direction of technology these days, the possibilities for this app are endless. The Team intends to continually add content including more games, activities, helpful tips, and ideas. There is also a plan to work with AASI to bring this app to the snowboard side. Finally, while some resorts don't allow cell phones at work, this app can still be valuable as a learning tool to use at home or on break. So, whether you're an Apple, Google, or Windows fan, this app is for you! Find out how to sign-up for it by visiting: www.psia-e.org/kidskubee. <<

Developing Your Game Playing Skills

By Chris Saylor
Advanced Children's Educator

Game play is an integral part of a ski or snowboard lesson. It is a key component of the safety, fun and learning paradigm. How and why we use games/drills can make or break lesson outcomes. As instructors become more experienced, they move through different stages of lesson development and their ability to use and create games becomes more effective.

New instructors are given the basics and a set progression. These newcomers directly follow set progressions as this is their best chance to achieve results. Copying what they are taught is the first step to becoming an effective instructor.

Growing from the "copy" stage means beginning to gather more exercises through training and observing fellow instructors. We have all done it, you overhear or watch another instructor use a cool exercise and think: "Yep I'll steal that!" We keep adding these games and exercises to our proverbial bag of tricks. Teaching at this "choosing" stage of instructor development means having multiple activities to pull from to address skill issues; however, this can result in pulling out every trick you know and throwing it at the wall to see if it will stick, or doggedly staying with one exercise because it works on most everyone.

Enter the final stage, developing from the "choosing" phase to actually creating games/drills to address skills identified during your assessment; as well as, meeting the student's specific needs and motivations. To reach this stage, instructors need to have an understanding of the skills required for good skiing and snowboarding (tele too). Understanding the fundamentals in conjunction with good teaching skills is paramount to create a learning environment in which students can thrive.

Creating a positive learning environment involves a number of key components. First and foremost is the student; we must gain an understanding of how our student's process information. We must remain mindful of pacing, including how much information is presented and when. Here, solid knowledge of the ages and stages of kids' development is imperative.

Learning must be experience driven. What does this mean? It means the instructor helps the student discover the solution by providing tasks, feedback and coaching. They introduce these experiences, then lead the student to the outcome. Lessons need to be fluid and malleable, as a student's progression or stagnation can be mitigated by staying aware of their needs and understanding of the task at hand. The goal of every lesson should be a skill-based outcome.

Understanding the fundamentals and possessing the ability to identify needs allows instructors to deliver information in achievable, small bites. Creating those small bites is often the big challenge when teaching kids. For example, when teaching a group of grade school students you may find they have a hard time using edge angles, let alone controlling edge angles through inclination and angulation. The thought process may go as follows:

1. Q: What is the desired outcome for the group?

A: A turn that is consistently carved, not skidded.

2. Q: What type of drill would lead to said outcome?

A: An activity designed to tip the ski throughout the turn. For example: "Peel an orange". Start with a static move, tipping the skis using the lower leg. With students, discuss the difference between "taking the skin off" and "cutting the fruit in half", i.e. small angles vs. big angles. Ski the differences, allowing enough time to explore which works best. Consider ideal movements for the chosen terrain.

The same outcome may also be accomplished using all sorts of different ideas, including, but not limited to: The skis are two fighter planes and you have to tip to turn; or you have written your name on the bottom of your skis and want to show it off to the people around you.

Identifying the skill you wish to develop opens the door to a multitude of interesting presentation options. Don't be afraid to try something new. Challenge yourself, and your fellow instructors, with random tasks or objects around which a lesson may be built. The better you become at creating new drills from known skills, the better the student experience. Keep it fun and engaging and your students are sure to come back for more. «

Hunger for Games: The Sequel! Children's Academy 2016

By Harold Smith
ACE Team, Alpine Examiner
Attitash, NH


Coming soon to a mountain near you, the sequel to last season's very successful Children's Academy, Hunger for Games! The 2nd Annual Hunger for Games will be at Mt Snow in Vermont. Some may quibble with the 'near' part, but it *is* coming soon, as both the 2 and 3-day versions get underway Monday, December 5.

Why the Hunger for Games sequel? Because as coaches, and especially as kids' coaches, we're always hungry to add to our coaching toolbox. Maybe we're looking to interact with, and coach kids, of different ages; or maybe we're looking to better understand the 'real' movements of kids. Also as skiers and riders, we're always hungry to tune-up our sliding skills, particularly for those first turns of the season.

Over the first two days of the Children's Academy we are offering several morning and afternoon sessions for you to choose from. Do you want to explore activities best suited to kids aged 5 and under? Join us for "High 5!" an on-snow session looking at coaching our youngest students. Do you coach kids in a multi-session, seasonal program? Then the session on developing and building season-long progressions may be for you. Other on-snow choices include: "Finding and Using Teachable Terrain," "Integrating Freestyle into Kids' Lessons," and much more. In addition, you'll have the chance to participate in indoor roundtable discussions such as "Helicopters, Tigers and Bears - Parents in Kids' Lessons." In addition, there is an après-snow forum Monday that will explore Movement Assessment for kids pros.

The sessions aren't solely focused on developing your coaching skills, as we will also offer multiple opportunities to ski and ride with the ACE Team to get you tuned-up for the upcoming season. If you're looking for even more early-season turns, join us for the 3rd day of Academy. Day 3 focuses on your personal skiing and riding, with plenty of individualized coaching and feedback from the ACE Team. We'll also have several SkillsQuest stations on the hill, for you to experience a variety of skill-development activities.

So to satisfy your early-season hunger to develop your coaching skills, as well as your hunger to get on snow sooner than your colleagues, plan to join us for the 2016 Children's Academy the "2nd Annual Hunger for Games". «



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*“Life
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on the slopes”*

Just Say Yes

By Sue Kramer

ACE Team Coach

Children's Committee Chair

Alpine Examiner

It's a rare thing to be assigned a group of kids who all have the same interests and ski or ride at the same skill level. In fact, it never happens. Thus we find ourselves negotiating our way through the lesson, even when we don't realize it. Children are used to negotiating with their parents from an early age. Take grocery shopping. "Mommy can we get a box of Double Reese's Pieces Healthy Squares?" or "Daddy will you buy me this App?" Parents must quickly learn to navigate around these demanding requests to maintain some semblance of control and responsibility.

As snowsports instructors we are accustomed to wheeling and dealing with kids who want what they want, when they want it. We want them to be happy but, often we find ourselves having to say "no" to these requests. Finding ways to answer "yes" to their persistent requests is a way to succeed at our job of keeping them safe, teaching them something, and making it fun.

This short article provides insight in the art of negotiating a few key areas integral to a kid's lesson by molding options so kids feel they get what they want while we get our job done.

Terrain selection:

The challenge: Too many requests for deciding where to go.

Instead of asking an open-ended question such as, "Where do you want to go?" limit the options by asking, "Which trail do you guys want to do, Parkway or Thruway?" Only propose trails that will result in success regardless of the answer. It may even be possible that time allows for both runs.

Group management:

The challenge: Students are bored with Follow the Leader.

Try a game such as Flying Geese. Everyone knows that come fall, we hear and see a line of Canada Geese flying south for winter. In this game, use the Follow the Leader formation but have the leader stop after X number of turns. Every

time the group stops, skier/rider #2 in line becomes the new leader, the former leader goes to the rear, and the group resumes formation.

Lesson Goal:

The challenge: What to practice?

Skiing and riding are complex sports. To connect turns, many movements occur simultaneously. It would be handy for all kids to catch on at the same time, but having a split in the group is more of a norm, hence the need to negotiate a plan. Granted, parents place their kids in snowsports school and trust we'll teach what must be learned; but, children need to have a say in the matter as well. Providing choice in the lesson helps to engage the students and gives them ownership of the final outcomes. For example, one question to ask a group of mountain skiers, "Do you want to get better at carving today or would you rather look for some bumps?" The way in which the group answers: apathy, silence, excitement, being boisterous, these are helpful clues to making a final plan. If you're met with silence, provide either more information or a different choice.

Perhaps the situation is a little trickier. You notice the students really need to work on moving onto the new outside ski earlier for a smoother transition. Traditionally we'd take a linear approach to teaching skills, which certainly has its place but can quickly lead to boredom and disinterest. Try this, *in addition to* the traditional approach: before heading down the hill for a "free run" establish the rule that every time you put both arms up in the air the group has to copy what you do. At this point, you have the freedom to introduce them to many different ways, gross and subtle, of moving from the old outside ski to the new one. You can step, hop, make one lighter, do it switch, change the leader, or ask who can come up with a new way of moving from foot to foot at the transition. Move the group, engage the students.

At the end of the lesson what have you accomplished? Goals were established and practiced in an engaging creative manner that kept all students safe. Students had a say in key aspects of the lesson, were given the opportunity to lead (or not), and to practice a skill in a variety of ways. When I make my way around ski resorts, I often hear adults bark, "NO, we're not doing that!" in response to their ceaseless questions. This season, be proactive and help your students to make requests that you can answer with a resounding, "YES, we can do that!" <<

Education Foundation

News

Education Foundation Scholarship Review Under Way

Applications for the PSIA-E Education Foundation Scholarships for the 2016-17 season are currently under review and recipients will be notified by the end of November. More than 115 scholarship applications were received this season in hopes of receiving some of the \$13,000 in available scholarship funds. A big thank you to Scholarship Review Group Chair Dave Welch along with Peter Holland and Steve Martin for taking the time to review and select recipients for this season's EF scholarship funds. <<

Education Foundation Donors

The PSIA-E Education Foundation expresses its sincere appreciation to the following members who have contributed at least \$50.00 to the Foundation through the annual dues "add-on" program since the summer issue of the SnowPro came out. Since no dues or program fees go to the EF, contributions are the primary source of support for the Foundation and its scholarships. Thank you!

Frederica Anderson
Bryce Resort Learning Center
Dale R. Fox
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Stephen Howie
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A. Leonard Pires
Thomas H. Reynolds
Craig F. Smith

xx-ploring

Season Preview - Nordic and Telemarking

By Mickey Stone

PSIA-E Nordic Coordinator

This is the year for early and continual good snowfall, as the long-range forecasts show the jet stream cooperating in the early part of winter and then moisture throughout the season. I know I am ready to get started after a vacation at Rocky Mountain National Park, Leadville, Independence Pass, and Aspen.

The Nordic Discipline is ready to go for another great season. The staff is excited for another year of fun educational events for our members. Your Eastern team of examiners will have a lot of outside information and stories for you this year. Just a short six months ago we spent three weeks at Breckenridge ski resort for the National Team Tryout. Each one of our candidates will be assisting in examiner training and sharing their perspective on the experience. Then, as a team we will list the priorities for Nordic and Telemarking that we need to improve and make a four-year plan to integrate these new training activities into our daily lives and events. So members, get ready for some new info and more accurate movements. Plus throwing down in the trees as always.

This season we have twenty-nine Telemark events, fourteen Cross Country, and five Backcountry events on the slate. Please look at the early season events in Telemark at Sunday River, ME and Seven Springs, PA. These events are a great way to get some early season skiing and polish-up for your teaching this year. Also, our ever-popular Mini Academy and the Snow Pro Jam in December, at Mount Snow will definitely lay down some miles. This year for an optional program on Wednesday afternoon we will have group tele ski for anyone who has his or her own gear.

For Cross Country, we have two early season events in December. The first is an Early Season Primer at Craftsbury, VT. This venue is a training ground for World Cup athletes and they blow snow to target opening for Thanksgiving. This will be a great event to participate in this year. We also have our popular Instructor Training Course at Bretton Woods for three days of ski and teaching improvement.

Our Telemark Free Heel Girls event (no guys,

you cannot attend) will be at Pico this season. Our off-piste adventures will be at Smuggler's Notch, Cannon, and Sugarloaf; definitely try to get to one of these. In Cross Country, we have key clinics at the Trapp Family Lodge, the Jackson XC touring center in NH, and Mt. Van Hoevenberg in Lake Placid. Not to be missed will be Lite Backcountry Touring events at Trapp's, VT and Garnet Hill in NY. In the spring, for all disciplines, we will host our popular Norwegian Tele Fling and Spring Rally at Stowe for some awesome off-piste skiing.

In early November, we will participate in the Fall Conference & Leadership Summit at Loveland, CO. We all look forward to the new direction from National PSIA. During the conference, we will be updating the Telemark and Cross Country standards as well as the Level I workbooks/tests.

Enjoy the rest of the fall and get ready for a great year. See you on the slopes and in the woods. <<

Basic Skill versus Fundamental Movements

By Keith Rodney

US Telemark Ski Team

Assistant Coach

PSIA-E Telemark Examiner

PSIA-E Advanced Children's Educator

While at the 2016 Telemark national demo team tryouts I came to the realization that we have fundamental movements and basic skills. For years we have been looking at our fundamentals to help us perform more accurately. It was through the tryouts that I realized that if we focus on the fundamentals and not the basics, we may miss some skills. We have a tendency as teachers to practice drills based on what will be on our upcoming test. This is where we tend to start having gaps in our basic skills. When we set up our training based on improving fundamental movements, we create drills that will show those movement patterns. For example, skiing bumps without poles. As teachers preparing for a test, we then go out and practice this drill with the purpose of skiing the drill well at the test. Here is where the problem lies; we practice this task on similar terrain to that which we think the task will be tested on. So if any of the conditions change for the test, our training will not adequately prepare us for the new conditions. We receive feedback on this drill, and then go back and practice the drill. All the while we have not changed, or adapted the basic skills that are needed to do the drill in a wide vari-

ety of conditions. Let's take a look at how we can change our training patterns so that we can become more successful, not just on the next test, but for the long term.

Our training should look at both Fundamental movements and Basic skills. Fundamental movements are the most basic components that our skiing can be broken into (Control the ski rotation, turning, pivoting, and steering with leg rotation, separate from the upper body). Basic skills are the simple movements and patterns we use to create and fine-tune what we do on our equipment (rotary control movements; twisting, tipping the skis, rolling the foot, tipping the shin, twisting the thigh). As teachers we use drills to develop our student's basic skill and enhance their performance. We should use this idea when we work on our own skiing.

Let's look at the drill of skiing in the bumps with no poles. We could work on this so we have the experience and practice for the exam. Better yet using no poles in the bumps can work on our basic skills. If we use our pole touch to assist in turning and take away the poles it could show us that we twist the upper body to turn. We can then slow down our moves so that we can start the turn from the legs to limit upper body use. The poles can also hide our absorption of the bumps. We can feel the body absorb ineffectively when we eliminate the pole. Once we are aware of a movement we can then look to change or improve it. If we have a hard time stacking our hips over the feet to turn, which can cause the tails of the skis to wash out, we should work on moving our hips forward, or practice drills that will put the hips in a better position. Use leapers, hopping from the old edge to the new edge, then turning, is a possible drill to use. Start off the leapers by just getting off the ground. This will start the job of moving the hips over the feet. Next increase the challenge by jumping so the skis stay level. Then, to top it off, jump off tails and land on tips (dolphin turns). Do all of these while changing edges in the air. Once we are able to do the drill, then it is time to add a new challenge. These are just three examples of how exam drills are not just for the exam, but are to enhance our basic skills. Once we are able to accomplish the new drill, it is time to add a challenge, like a new snow condition, a different set of skis, or a change in the pitch. It is this changing of conditions that create a learning environment so that our basic skills will be enhanced and improve. So let's take a lesson from our own teaching and use these drills for what they are and build our basic skills. That way, when we have to perform these drills for a test, we have the tools necessary to ski the drill well. <<

your turn

The Psychology of Fear: Inside the Fear Factor

By Dr. Tony D. Crespi
Alpine Level 2

Standing on the mountain, confronted by steep terrain, an icy trail, or large moguls, students sometimes feel tense and, dare we say it, afraid. Have you, or a student, ever felt a knot or sinking feeling in your stomach? Can you recall some moment when you felt queasy and more than a little uneasy? From nausea to an urge to cry, many students grapple with a feeling we usually call fear.

Clearly, fear is complex. In fact, for psychologists, the complex nature of fear involves a key understanding of knowledge bases involving anxiety and stress, as well as crisis and coping theory. For the purposes of this discussion, we shall group these overall symptoms and feelings under the rubric of fear. In fact, we can include a general sense of uneasiness, a feeling of anxiety about a particular skiing/riding situation, or an overall feeling of apprehension about skiing/riding as part of this sensation.

Here's the good news. With skillful efforts skiers/riders can learn to manage or reduce their fears. One strategy, of course, involves teaching students to ski/ride better. After all, skillful movement patterns grant athletes a solid platform to approach varied snow conditions and changes in terrain. In addition, knowledgeable instructors can also work with students around equipment issues. Well-tuned skis/board, properly fit boots, and properly adjusted equipment is important in providing solid tools for handling the mountain.

Another way to help students cope with fear is to use techniques designed to actually reduce fear. Indeed, with repeated exposure and practice many students can learn to master their fear. Our focus here shall lie with reviewing four practical techniques that coaches may use to help their students.

The Displacement Factor - One very helpful technique for reducing fear involves "displacements."

Can you move your anxiety from your stomach to your hip or down to your feet? If your anxiety were a piece of fruit what type would it resemble? Is it the size of a watermelon or a grape? Perhaps it falls somewhere in between. Consider these points. For a fearful student, these 'games' can be very

helpful. Ask your student to tell you - as they slide - what size of fruit best captures their fear.

For skiers/riders, a visualization model can help develop better coping skills. This particular approach allows us to reframe the emotion. Some skiers I have worked with prefer numbers over fruits. That is, they enjoy using a numerical hierarchy with 10 symbolizing intolerable anxiety and 1 being minimal anxiety. Others have likened fear to a knot of rope. Sometimes the knot is very large, as if fastened from the large ropes used on huge ships. But then, over time, it shrank and became a knot fastened from threads. Indeed, sometimes the process of discussing the kind and size of rope itself helped reduce the fear!

Can you visualize the size of your greatest fear? Can you move that fear to your feet? Can you stomp out that fear? Consider your teaching strategies. Is this something which can fit your teaching style? Could it help one of your students?

Rebuilding that Wall of Fear - Gradually move the fear barrier.

The skier/rider who fears a steep or icy slope can be instructed to stop five feet short of the critical point of high anxiety. Where is that point? Are you 1 foot or 2 feet short of that place which elevates your fear? Finding that point allows us to reframe the situation. It also offers a visualization cue that may be helpful. It allows the student to gradually create wider cracks in one's own personal fear barrier. Now, ski two feet to the right of the most fearful point. Where is that point? A student may begin to displace their fear with determining where that point lies. It's a roundabout way to begin to reduce anxiety.

Have you had a student that is afraid of a particular slope? Do they tend to ski/ride it in the same pattern run after run? If so, have them stop before that lip or bend which they find is most intimidating. Then, have them stop AFTER that spot which escalates their fear. By helping them to negotiate the trail in new ways you can help them tear down the wall of fear which limits their enjoyment. Ultimately, they might even build a barrier against their fears. Now that's success.

Mastering Relaxation - One key to handling fear involves relaxation.

One very useful approach is deep breathing! Without qualification, learning how to relax can be a very useful strategy for learning to master fear.

When you have a student feeling fearful, try having them practice deep breathing. Have them tense and relax their different muscle groups. Begin with the fingers, add hands, add arms, add toes, add feet, and add legs. Gradually try tensing and relaxing the entire body.

Next add systematic deep breathing. Typically when fear incapacitates skiers/riders, it creates tension and reduces muscle flexibility. A series of deep breathing drills, in concert with muscle relaxation exercises, can help someone begin to modify their bodily reactions to fear.

How well do you breathe if tense and afraid? Are your muscles relaxed and flexible when you are frightened? By teaching relaxation, you can teach very specific skills from which students can tackle their fears. It can be, dare we say it, quite powerful.

The Worst Case Scenario - Sometimes a useful strategy for fearful students can involve the worst case scenario.

With this technique the student tries to imagine the most disastrous, most unlikely consequence that could ever occur. In some cases, this may make it more comfortable to confront reality. The student begins to control their reactions, rather than being thrown by them.

Remember, this is only one of the techniques to deal with fear, and be alert because it may backfire if a student visualizes a disastrous possibility! Forewarned is forearmed! Ideally students should be offered several options for how to deal with their fear. Then, given the opportunity to elect the intervention they think would be most helpful. With the worst case scenario, it can be helpful to explain, in advance, the strategy and the expected outcome. By explaining the curriculum and objectives you can help a student learn to understand and cope with their emotions. Choose your interventions thoughtfully and in concert with the student's interests and needs.

Summary And Conclusions

Fear is a complex factor in skiing. The reader will appreciate the many ways fear emerges in skiing/riding and the infinite range of possibilities available for coping. What has been provided here is but a glimpse into four approaches available to instructors and students. Clearly there are many approaches. Some psychological in nature, and some not. Whatever your repertoire, as a teacher we all have something in common: simply telling someone to relax typically is not an effective way to help students cope with fear. In fact, it tends to only make one more conscious of the very behavior we wish to reduce! As a rule of thumb, instructing someone to try something else which is mutually exclusive of the fear factor may be helpful. Try the worst case scenario. Try teaching relaxation strategies. Or, teach students to visualize their fear. Enlarge it! Then shrink it! Practice trying to create the feeling in a different situation, on a less demanding slope. Watch how fear can be changed and managed!

Clearly, fear can devastate even a competent skier/rider. Left alone, it reduces muscular flexibility and takes the pleasure out of skiing. Fortunately there are many approaches for handling the feeling but, like any skill, it takes practice. Examine your teaching curriculum for helping students cope with fear. Consider the techniques outlined here. Consider examining other models and techniques. At the risk of waxing poetic, don't be afraid to expand your skills. Don't be afraid to examine your fears. Use each situation as a learning opportunity.

[Dr. Tony D. Crespi](#) is presently Professor of Psychology and Core Faculty, School Psychology Program, The University of Hartford. A former Ski School Supervisor and Development Team Coach, his work has appeared in numerous publications throughout the United States. «

Making Winter and Lessons More Fun

By Aleksandra Hanas

AASI Level I, Children's Specialist I
Blue Mountain Resort, Palmerton, PA

When my niece and nephew were younger, probably somewhere between the ages of 4 – 9 years old, I liked to stay in touch with them by sending them postcards. Sometimes they were postcards from places where my business trips took me. Others were just postcards to say hi, with a couple of jokes or riddles related to a holiday, a season, or some other theme. I knew they got excited when the postman delivered mail that was specifically addressed to them, and I figured the jokes and riddles would provide them with a little fun. What I didn't realize was just how much fun they got out of them.

Turns out that my sister collected all the "jokes and riddles" postcards, and put them up on a cork board near the breakfast nook in their kitchen. Every time my niece and nephew needed a little distraction while waiting for their meals to be prepared, they would take a postcard from the board, and entertain themselves by reading the jokes, knock-knocking each other, and quizzing each other on the riddles.

So what does this have to do with ski or snowboard instruction, you wonder? You'll have to follow my fuzzy logic here. Last season, I had the opportunity to work in our Children's Learning Center. Over the summer, I was thinking of how to make lesson time more fun for the kids; as well as, what I could add to my bag of tricks that I could

share with some of the younger and less experienced instructors. Thinking about kids made me reminisce about my young niece and nephew, and when I remembered the postcards, I got inspired.

I decided to go out to the internet, and look-up a bunch of kid's jokes related to snow, winter, skiing, snowboarding and the like. Then, I took a stack of index cards, and wrote one joke or riddle on each card. The jokes were all written on the front of the card. For the riddles, I wrote the question on the front, and the answer on the back. Like all good snow enthusiasts, I have a variety of skiing and snowboarding magazines stacked around the house, so I cut out a bunch of winter snow and sliding scenes and glued them to the index cards to make them more colorful. I punched a hole in the top left corner, and put all the cards onto a large metal ring. Also, I added a number of blank cards as well, which will allow for more jokes, puns and riddles to be added later.

Once the season begins, I plan to bring this "Ring of Riddles and Jokes" into the Children's Learning Center, and hang it up prominently on one of our instructor information boards. Myself, and all of the other instructors will be able to refer to it when we need an ice breaker with the kids, and are drawing a blank. It will also be a handy tool to entertain the younger children when they come in for hot chocolate breaks on those really cold days. I can especially envision using this to cheer up, and distract, that youngster who may be a little tearful at having to leave mom or dad, and getting ready to take their first sliding lesson. If they are anything like my niece and nephew when they were little, these jokes will hopefully bring a smile to their faces.

Finally, since we're talking about jokes and riddles, here's one that brought a smile to my face – Q: What kind of Mexican food do snowmen like? A: Brrrr – ritos! «

Tapping Into the Secrets of Top Performers

By Matt Ellis

PSIA-E Alpine Examiner Training Squad, Technical Director Jack Frost and Big Boulder Ski Areas

By now you may have heard of the "10,000-hour rule" (made popular in the Malcolm Gladwell book, *Outliers*) that says it takes 10,000 hours to become an expert in a domain. The creator of the rule, Anders Er-

icsson, studied top performers for many years and attributes much of the success they achieve to their engagement in what he calls "deliberate practice".

Most snowsports pros I know take every opportunity to get out and work on their turns; however, more than that is required for deliberate practice. In his book, *Peak: Secrets From The New Science of Expertise*, Ericsson explains there must be purpose and knowledge behind the training in order to emulate what the masters have done to achieve their success.

To get a better understanding of the elements of deliberate practice let us look at the key points outlined below:

Learn from the best. Understand what skills the best performers have developed and how they achieved those skills.

Ideally, we would like to fast track our own development by learning one-on-one from the top performers in our sport. However, if we do not have personal access to the great performers, we can still learn from them through educational materials including video, articles, on-line posts, blogs, journals, manuals, apps, e-learning courses, and books that are available to PSIA-AASI members. These materials contain a foundation of skills and processes that have been built-up by contributions from the top performers over the years. Accessing and studying this information is one of the best ways to learn what the top performers in our organization know and have done.

Get a knowledgeable coach. Get a coach who understands a top performer's skills and how they were developed.

The elite know that studying our sport is invaluable; but to improve, an athlete needs to get out and do the sport under the watchful eye of a knowledgeable coach. Knowledgeable coaches have spent considerable time studying what the experts do and have done. Using a coach who understands how the best have gotten where they are, will waste less time with trial and error and move you toward better performance sooner.

Good coaches will be able to help with all facets of the sport: equipment, physical fitness, technique, technical knowledge, and tactics. In addition, they get to know their students' abilities and limitations and help them find ways to push through toward improved performance.

Get outside your comfort zone. As top performers work toward mastery, they are always trying things just outside their current ability level.

Pushing the comfort zone is when a good coach is invaluable. They understand how to raise or lower the bar just enough to stretch a student's capabilities. They also know how to break up overall goals into smaller tasks so students have the opportunity to bend but not break.

This is when we really start to learn.

It is important to note, it only has to be “just outside” one’s current ability level. It doesn’t have to be a huge challenge to help with growth. If it is too difficult, it’s impossible to concentrate on the task, if it’s too easy, boredom sets in. For me, finding that place where complete concentration is possible, while being nearly able to achieve the goal, lets me know I’m in the right zone.

Have a clear focus. There must be specific goals that target some aspect of the overall desired performance.

Ericsson found in order to achieve an overall goal; top performers break it down into a series of smaller changes that contribute to reaching the overall target performance. Each small change is an achievable goal that allows the athlete to experience and enjoy real progress. These little victories are key in maintaining motivation and demonstrating progress.

In snowsports, we address this point with carefully thought out exercise lines. It requires we consider the overall goal for our student and then create a series of activities that build upon each other leading to the ultimate target.

Go all in. There must be a commitment to focus on training. After all, deliberate practice is just that - deliberate!

An athlete must focus on the skill or activity with full concentration to understand the required changes to their performance. If the mind wanders, and they end up just going through the motions, they will not reap the benefits of deliberate practice.

Coach yourself. Develop the ability to recognize your own movements and give yourself feedback.

Peak performance requires getting feedback and making changes based on that feedback. While the feedback typically comes from a coach at first, a student must learn to monitor their own performance, recognize their movements as good or bad, and be able to make changes accordingly.

It is no surprise that top performers rely heavily on intrinsic feedback to push their skill levels. Being able to correlate feelings and sensations with desired movement patterns is one of the best ways to accelerate performance. When we associate good movements to good sensations, we set that mapping into memory. Then, it’s up to us to practice enough to be able to draw it out on demand.

Getting better helps you get better. Deliberate practice not only requires good “mental representations”, it helps create them as well.

The better an athlete gets at performing a skill, the better, clearer and more effective the memory of doing that skill becomes. This, in turn, fosters further performance improvements.

In summary, what is exciting about the

principles of deliberate practice is that anyone can use the approach in most any endeavor where they wish to improve, snowsports included. We all have a knowledgeable coach and get feedback, right? If not, that is a great place to start to rev-up one’s performance. If you do, then perhaps your comfort zone needs to be tested, clearer goals set, or your focus needs to be dialed-up during training. Maybe we just need to improve our ability to listen to, and trust, our inner voice as it commentates our journey down the hill.

A final point worth mentioning is Ericsson clarifies that 10,000 hours is not really a “rule” and the true number of hours it takes to become an expert varies from domain to domain. Becoming expert depends more on how many hours other top

performers in the field are engaged in deliberate practice. So do not worry if you don’t have 10,000 hours to devote to your training. If you are able to apply some, or all of the principles of deliberate practice, you will be ahead of the pack as you reach for your on-snow performance goals this season!

If you want to learn more, check out: Ericsson, Anders and Robert Pool. *Peak: Secrets From The New Science of Expertise*, New York: Houghton Mifflin Harcourt, 2016. ☞

This section is utilized for the publication of articles from the membership, and we invite your active participation. Content reflects the opinion and knowledge of the writers only, and is not to be interpreted as official PSIA-E information.

A Visit from Jack Frost

By Sheri Miltenberger with apologies to Clement C. Moore
Alpine Level 2, Children’s Specialist 1, Adaptive 1
Blue Mountain Learning Center



’Twas a night in December, when all through the slopes
Not a snow-gun was blowing; all seemed without hope.
The skis and snowboards were racked up with great care
And boots were receiving their blasts of hot air.

The sliders were nestled all snug in their beds,
While visions of glistening hills danced in their heads.
And I, settled down in the valley below,
Glanced out of the window and wished hard for snow.

When on the school hill there arose such a clatter
I sprang from the room to see what was the matter.
Across the Explorers I flew like a flash
Tore open the door and was out in a dash.

The moon on the breast of the emerald green hill
Reflected the snow-guns, now no longer still.
And what to my wondering eyes should appear?
But an odd little man near the Center Frontier.

He looked quite determined and not at all lost.
I knew in a moment it must be Jack Frost.
More rapid than eagles, his groomers they came
And he whistled and shouted and called slopes by name:

To Challenge! To Razor’s! Paradise and Main Street!
Sidewinder and Tut’s Lane! Blow snow oh so sweet.

To the top of the quad, to the top of six-pack
Let’s lose this warm weather and bring winter back!

So up to the snow-guns, his groomers they flew
And turned them all on, at the Mountain called Blue.
The temperatures dropped, and a chill filled the sky
And from white fluffy clouds, snow started to fly.



I raced to my laptop, to send an email
To all fellow sliders, this wonderful tale.
Come to the mountain, we have snow at last!
Our season is starting and will be a blast! ☞

Alpine Schedule for 2016- 2017

Key: # = Events non-members may attend for \$25 additional fee * = Events with limited attendance; may fill prior to deadlines!
 R = Events Open to Registered members P = Qualifies as Exam Prerequisite (CS may be used for Alpine Only)
 Weekend events are highlighted in blue. V = Vertical Drop - skiing a minimum of 10,000 vertical feet per day
 ^ = Non-standard event registration & start time M = Master Teacher Continuing Education Course

PLEASE Check Event Time: 8am Reg, on snow 9am-4pm; 9am Reg, on snow 10am-6pm; 2pm Reg, on snow 3pm-10pm

If openings are available after the deadline date, members may be admitted based on availability- Absolutely no walk-ons will be admitted

A \$25 non-refundable late fee will be charged, please contact the office 518-452-6095 to inquire on availability.

All educational events earn 6 CEU's per day - membership requires 12 CEU's every two seasons (NOTE: only passed exams earn CEU Credit)

PSIA-AASI Eastern Division Event Participant Safety Policy

Skiing and riding are athletic and physically demanding activities. It is the expectation of PSIA-AASI Eastern Division that each participant attending an event or exam shall possess the requisite level of fitness and stamina to participate safely, on all appropriate terrain and at a pace consistent with other members of the group. As such, PSIA-AASI Eastern Division reserves the right to have education staff reassign participants in any event that may pose a risk to themselves or others or consistently impede the progress of the group to another, more skill and fitness-appropriate event. In such a situation, an appropriate event will be recommended and the member may be transferred to that event at no charge (other than any difference in event costs) or a full refund of the originally registered event will be provided.

Feature Events (Most open to all members and some open to non-members for an additional \$25)

Key No	Event	Description	Location	Price	Dates	Deadline
R # 013	Snowsports School	For Directors & Supervisors - Keynote	Killington, VT	\$265	Nov 28-30	11/09/16
	Mgmt. Seminar	Tues; Sponsor Showcase; banquet				
R # 701	Children's Academy	2 days; New Format!	Mount Snow, VT	\$175	Dec 05-06	11/16/16
R # 702	Children's Academy	3 days; Indoor/Outdoor options	Mount Snow, VT	\$230	Dec 05-07	11/16/16
R 703	Alpine Level I	3 days at Children's Academy	Mount Snow, VT	\$230	Dec 05-07	11/16/16
* 016	Masters Academy	5 days; banquet, Level III members only	Mount Snow, VT	\$570	Dec 12-16	11/23/16
PR* 017	Snow Pro Jam	5 days; banquet, Après Ski Activities	Mount Snow, VT	\$450	Dec 12-16	11/23/16
	Alpine Level II College	5 days; Level II Skiing Exam with coaching	Mount Snow, VT	\$450	Dec 12-16	11/23/16
* V 019	Mini Academy	2 days; for Level III members	Mount Snow, VT	\$220	Dec 17-18	11/23/16
R # 052	Southern SSMS	2 days; for Director's and Staff Trainers	Snowshoe, WV	\$220	Jan 17-18	12/28/16
R 215	College Spring Break!	3 days; 21-29 only! Inclusive pkg, few incidentals	Killington, VT	\$425	Mar 13-15	02/22/17
P R 270	Spring Academy	4 days; Get Ready to Ski Out West!	Sugarbush, VT	\$355	Apr 06-09	03/15/17
R 271	Alpine Spring Rally	2 days; Après Ski party	Sugarbush, VT	\$200	Apr 08-09	03/15/17

Eastern Trainer Academy - Director's Signature Required (Open to Level 2 or Level 3 Staff Trainers)

Key No	Event	Description	Location	Price	Dates	Deadline
^ 014	Eastern Trainer 101	Follows same format as Mgmt. Seminar,	Killington, VT	\$265	Nov 28-30	11/09/16
^ 015	Eastern Trainer 201	Starts at 7pm, Keynote, includes banquet	Killington, VT	\$265	Nov 28-30	11/09/16
	049 Eastern Trainer 101	For staff trainers with Director's Signature,	Snowshoe, WV	\$220	Jan 17-18	12/28/16
	050 Eastern Trainer 201	ETA 101 is a pre-requisite for ETA 201	Snowshoe, WV	\$220	Jan 17-18	12/28/16

Alpine Resort Trainer (ART) Workshop (Open to Level 2 and 3 members; Director's Signature Required) 2 days - \$220

Key No	Event	Location	Dates	Deadline	Key No	Event	Location	Dates	Deadline
023	ART Workshop	Shawnee Peak, ME	Dec 19-20	11/30/16	059	ART Workshop	Timberline, WV	Jan 19-20	12/28/16
038	ART Workshop	Mountain Creek, NJ	Jan 11-12	12/21/16	071	ART Workshop	Elk Mountain, PA	Jan 23-24	01/04/17
044	ART Workshop	Smugglers Notch, VT	Jan 17-18	12/28/16	087	ART Workshop	Hunter Mountain, NY	Jan 30-31	01/11/17

Stance and Alignment (Open to all members) 2 days - \$175

Key No	Event	Location	Dates	Deadline	Key No	Event	Location	Dates	Deadline
R M 046	Stance & Alignment	Smugglers Notch, VT	Jan 17-18	12/28/16	R M 112	Stance & Alignment	Blue Mountain, PA	Feb 06-07	01/18/17
R M 070	Stance & Alignment	Elk Mountain, PA	Jan 23-24	01/04/17	R M 128	Stance & Alignment	Greek Peak, NY	Feb 13-14	01/25/17
R M 080	Stance & Alignment	Loon Mountain, NH	Jan 26-27	01/04/17	R M 158	Stance & Alignment	Mount Snow, VT	Feb 27-28	02/08/17
R M 102	Stance & Alignment	Windham, NY	Feb 01-02	01/11/17					

Skiing Ungroomed Terrain (Open to all members) 2 days - \$175

R 132	Skiing Ungroomed Terr	Greek Peak, NY	Feb 15-16	01/25/17	R 220	Trees & Steeps	Gore Mountain, NY	Mar 14-15	02/22/17
R 208	Trees & Steeps	Middlebury Col, VT	Mar 11-12	02/22/17	R V 257	Trees & Steeps	Sunday River, ME	Mar 29-30	03/08/17
R V 217	Trees & Steeps	Mad River Glen, VT	Mar 13-14	02/22/17	R 266	Skiing Ungroomed Terr	Stowe, VT	Apr 04-05	03/15/17

Senior Tour (Recommended for members 55 years or older) 2 days - \$165

Key No	Event	Location	Dates	Deadline	Key No	Event	Location	Dates	Deadline
R 027	Senior Skills Clinic	Mount Sunapee, NH	Jan 03-04	12/14/16	P R 168	Senior Bumps	Mount Snow, VT	Mar 01-02	02/08/17
P R 077	Senior Bumps	Elk Mountain, PA	Jan 25-26	01/04/17	P R 197	Senior Bumps	Ski Roundtop, PA	Mar 06-07	02/15/17
R 136	Senior Skills Clinic	Jiminy Peak, MA	Feb 13-14	01/25/17	R 200	Senior Skills Clinic	Ski Butternut, MA	Mar 08-09	02/15/17
R 131	Senior Skills Clinic	Greek Peak, NY	Feb 15-16	01/25/17	P R 242	Senior Bumps	Belleayre, NY	Mar 20-21	03/01/17
R 153	Senior Skills Clinic	Holiday Valley, NY	Mar 01-02	02/08/17	R 265	Senior Skills Clinic	Stowe, VT	Apr 04-05	03/15/17

Race Series (Open to all members and non-members for additional \$25) 3 days - \$250; 2 days - \$175

Key No	Event	Location	Dates	Deadline	Key No	Event	Location	Dates	Deadline
R # 750	Giant Slalom	Timberline, WV	Jan 19-20	12/28/16	R # 757	Giant Slalom	Ski Roundtop, PA	Mar 06-07	02/15/17
R # 752	Race Camp - 2 Day	Hunter Mtn, NY	Jan 30-31	01/11/17	R # 758	Slalom & Giant Slalom	Ski Butternut, MA	Mar 08-09	02/15/17
R # 753	Race Camp - 3 Day	Hunter Mtn, NY	Jan 30-Feb 1	01/11/17	R # 736	Coaching Kids in Race	Ski Butternut, MA	Mar 08-09	02/15/17
R # 754	Slalom & Giant Slalom	Bristol Mtn, NY	Feb 13-14	01/25/17	R # 759	Giant Slalom	West Mountain, NY	Mar 16-17	02/22/17
R # 755	Giant Slalom	Gunstock, NH	Feb 16-17	01/25/17	R # 761	Giant Slalom	Attitash, NH	Mar 22-23	03/01/17
R # 730	Coaching Kids in Race	Dartmouth, NH	Mar 02-03	02/15/17					

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Adaptive Clinics Available
Children's Specialist
Freestyle Specialist

See Adaptive Schedule for dates and locations
See Children's Schedule for dates and locations
See Freestyle Schedule for dates and locations

Moqu's Series (Some open to Registered members, all open to Certified members) 2 days - \$175

SENIOR BUMP EVENTS ARE ALSO AVAILABLE - PLEASE REFER TO "SENIOR TOUR" SECTION OF SCHEDULE

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
P R 075	Intro to Bumps	Elk Mountain, PA	Jan 25-26	01/04/17	P 216	Advanced Bumps	Mad River Glen, VT	Mar 13-14	02/22/17
P 076	Intermediate Bumps	Elk Mountain, PA	Jan 25-26	01/04/17	P R 240	Intro to Bumps	Belleayre, NY	Mar 20-21	03/01/17
P R 147	Intro to Bumps	HoliMont, NY	Feb 27-28	02/08/17	P 241	Intermediate Bumps	Belleayre, NY	Mar 20-21	03/01/17
P 148	Intermediate Bumps	HoliMont, NY	Feb 27-28	02/08/17	P R 252	Intro to Bumps	Sunday River, ME	Mar 29-30	03/08/17
P R 165	Intro to Bumps	Mount Snow, VT	Mar 01-02	02/08/17	P 253	Intermediate Bumps	Sunday River, ME	Mar 29-30	03/08/17
P 166	Intermediate Bumps	Mount Snow, VT	Mar 01-02	02/08/17	P 254	Advanced Bumps	Sunday River, ME	Mar 29-30	03/08/17
P 167	Advanced Bumps	Mount Snow, VT	Mar 01-02	02/08/17	P R 261	Intro to Bumps	Stowe, VT	Apr 04-05	03/15/17
P R 169	Women Only Bumps	Mount Snow, VT	Mar 01-02	02/08/17	P 262	Intermediate Bumps	Stowe, VT	Apr 04-05	03/15/17
P R 194	Intro to Bumps	Ski Roundtop, PA	Mar 06-07	02/15/17	P 263	Advanced Bumps	Stowe, VT	Apr 04-05	03/15/17
P 195	Intermediate Bumps	Ski Roundtop, PA	Mar 06-07	02/15/17	P R 264	Women Only Bumps	Stowe, VT	Apr 04-05	03/15/17

Skiing Improvement (Development Series for Reg & Level I, Master Series for Level 2 & 3) 2 days - \$175

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R 045	Skiing for Women Inst.	Smugglers Notch, V	Jan 17-18	12/28/16	R 111	Skiing for Women Inst.	Blue Mountain, PA	Feb 06-07	01/18/17
R 051	Skiing for Women Inst.	Snowshoe, WV	Jan 17-18	12/28/16	P R 120	Development Series	Bear Creek, PA	Feb 08-09	01/18/17
P R 068	Development Series	Elk Mountain, PA	Jan 23-24	01/04/17	121	Master Series	Bear Creek, PA	Feb 08-09	01/18/17
069	Master Series	Elk Mountain, PA	Jan 23-24	01/04/17	R 137	Skiing for Women Inst.	Jiminy Peak, MA	Feb 13-14	01/25/17
R 079	Alpine Modern Skiing	Loon Mountain, NH	Jan 26-27	01/04/17	R 146	Alpine Modern Skiing	HoliMont, NY	Feb 27-28	02/08/17
P R 099	Development Series	Windham, NY	Feb 01-02	01/11/17	R 155	Skiing for Women Inst.	Mount Snow, VT	Feb 27-28	02/08/17
100	Master Series	Windham, NY	Feb 01-02	01/11/17	P R 163	Development Series	Mount Snow, VT	Mar 01-02	02/08/17
P R 105	Development Series	Wintergreen, VA	Feb 02-03	01/11/17	164	Master Series	Mount Snow, VT	Mar 01-02	02/08/17
106	Master Series	Wintergreen, VA	Feb 02-03	01/11/17					

Teaching Improvement (Open to all Certified Members) 2 days - \$175

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
P M 024	Movement Analysis 101	Shawnee Peak, ME	Dec 19-20	11/30/16	P M 143	Movement Analysis 101	Cataloochee, NC	Feb 26-27	02/08/17
P M 026	Movement Analysis 101	Mount Sunapee, NH	Jan 03-04	12/14/16	P M 149	Movement Analysis 101	HoliMont, NY	Feb 27-28	02/08/17
P M 040	Movement Analysis 101	Mountain Creek, NJ	Jan 11-12	12/21/16	PM^ 177	PM-Practical Teaching	Kissing Bridge, NY	Mar 02-03	02/08/17
P M 060	Movement Analysis 101	Timberline, WV	Jan 19-20	12/28/16	P M 192	Movement Analysis 101	Catamount, MA	Mar 06-07	02/15/17
P M 062	Practical Teaching	Canaan Valley, WV	Jan 21-22	12/28/16	P M 236	Movement Analysis 101	Seven Springs, PA	Mar 18-19	03/01/17
P M 101	Practical Teaching	Windham, NY	Feb 01-02	01/11/17	P M 243	Movement Analysis 101	Cranmore, NH	Mar 20-21	03/01/17
P M 110	Movement Analysis 101	Blue Mountain, PA	Feb 06-07	01/18/17	P M 246	Practical Teaching	Attitash, NH	Mar 22-23	03/01/17
P M 135	Practical Teaching	Jiminy Peak, MA	Feb 13-14	01/25/17					

Teaching Improvement (Open to Level 2 or 3 Members only) 2 days - \$175

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
M 034	Movement Analysis 201	Camelback, PA	Jan 09-10	12/21/16	M 159	Coaching High End Ski	Mount Snow, VT	Feb 27-28	02/08/17
M 054	Movement Analysis 201	Bretton Woods, NH	Jan 19-20	12/28/16	M 151	Coaching High End Ski	Holiday Valley, NY	Mar 01-02	02/08/17
M 063	Coaching High End Ski	Cannon Mtn, NH	Jan 23-24	01/04/17	M 205	Coaching High End Ski	Liberty Mountain, PA	Mar 09-10	02/15/17
M 095	Movement Analysis 201	Massanutten, VA	Jan 31-Feb 1	01/11/17	M 225	Movement Analysis 201	Gore Mountain, NY	Mar 14-15	02/22/17
M 113	Movement Analysis 201	Bolton Valley, VT	Feb 06-07	01/18/17	M 256	Movement Analysis 201	Sunday River, ME	Mar 29-30	03/08/17
M 127	Movement Analysis 201	Greek Peak, NY	Feb 13-14	01/25/17	M 267	Coaching High End Ski	Stowe, VT	Apr 04-05	03/15/17

Workshop Clinics (Open to all Members) 2 days - \$175

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R 020	Workshop Clinic	Mount Snow, VT	Dec 17-18	11/30/16	R 122	Workshop Clinic	Jay Peak, VT	Feb 08-09	01/18/17
R 021	Workshop Clinic	Berkshire East, MA	Dec 17-18	11/30/16	R 126	Workshop Clinic	Greek Peak, NY	Feb 13-14	01/25/17
R 022	Workshop Clinic	Shawnee Peak, ME	Dec 19-20	11/30/16	R 160	Workshop Clinic	Mount Snow, VT	Feb 27-28	02/08/17
R 025	Workshop Clinic	Mount Sunapee, NH	Jan 03-04	12/14/16	R 172	Workshop Clinic	Ski Beech, NC	Feb 28-Mar 1	02/08/17
R 032	Workshop Clinic	Shawnee Mtn, PA	Jan 07-08	12/21/16	R ^ 175	PM - Workshop Clinic	Yawgoo Valley, RI	Mar 01-02	02/08/17
R 037	Workshop Clinic	Mountain Creek, NJ	Jan 11-12	12/21/16	R 180	Workshop Clinic	Ski Sundown, CT	Mar 02-03	02/15/17
R 043	Workshop Clinic	Smugglers Notch, V	Jan 17-18	12/28/16	R 184	Workshop Clinic	Peek n' Peak, NY	Mar 04-05	02/15/17
R 048	Workshop Clinic	Snowshoe, WV	Jan 17-18	12/28/16	R 196	Workshop Clinic	Ski Roundtop, PA	Mar 06-07	02/15/17
R 055	Workshop Clinic	Bretton Woods, NH	Jan 21-22	01/04/17	R 213	Workshop Clinic	Swain, NY	Mar 11-12	02/22/17
R 061	Workshop Clinic	Canaan Valley, WV	Jan 21-22	01/04/17	R 219	Workshop Clinic	Okemo, VT	Mar 13-14	02/22/17
R 083	Workshop Clinic	Montage, PA	Jan 28-29	01/11/17	R 223	Workshop Clinic	Gore Mountain, NY	Mar 14-15	02/22/17
R 094	Workshop Clinic	Massanutten, VA	Jan 31-Feb 1	01/11/17	R 245	Workshop Clinic	Attitash, NH	Mar 22-23	03/01/17
R 118	Workshop Clinic	Seven Springs, PA	Feb 07-08	01/18/17	R 255	Workshop Clinic	Sunday River, ME	Mar 29-30	03/08/17

Alpine Schedule for 2016- 2017

Key: # = Events non-members may attend for \$25 additional fee * = Events with limited attendance; may fill prior to deadlines!
 R = Events Open to Registered members P = Qualifies as Exam Prerequisite (CS may be used for Alpine Only)
 Weekend events are highlighted in blue. ^ = Non-standard event registration & start time

PLEASE Check Event Time: 8am Reg, on snow 9am-4pm; 9am Reg, on snow 10am-6pm; 2pm Reg, on snow 3pm-10pm

If openings are available after the deadline date, members may be admitted based on availability- Absolutely no walk-ons will be admitted

A \$25 non-refundable late fee will be charged, please contact the office 518-452-6095 to inquire on availability.

All educational events earn 6 CEU's per day - membership requires 12 CEU's every two seasons (NOTE: only passed exams earn CEU Credit)

Exam Prep (Open to Level I or II members) 3 days - \$230; 2 days - \$175; With Video - \$200

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
P 028	L2: Skiing Prep	Waterville Valley, NH	Jan 05-06	12/14/16	P 088	L2: Unlock Your Expert	Hunter Mountain, NY	Jan 30-Feb 1	01/11/17
P 029	L3: Skiing Prep	Waterville Valley, NH	Jan 05-06	12/14/16	089	L3: Gateway Dynamic	Hunter Mountain, NY	Jan 30-Feb 1	01/11/17
P 047	L2: Skiing Prep	Snowshoe, WV	Jan 17-18	12/28/16	P 108	L2: Skiing Prep	Blue Mountain, PA	Feb 06-07	01/18/17
P 056	L2: Skiing Prep w/Video	Pico, VT	Jan 19-20	12/28/16	P 114	L2: Skiing Prep	Sugarloaf, ME	Feb 06-07	01/18/17
057	L3: Skiing Prep w/Video	Pico, VT	Jan 19-20	12/28/16	P 125	L2: Teaching Prep	Greek Peak, NY	Feb 13-14	01/25/17
P 064	L2: Unlock Your Expert	Cannon Mtn, NH	Jan 23-25	01/04/17	P 156	L2: Teaching Prep	Mount Snow, VT	Feb 27-28	02/08/17
065	L3: Gateway Dynamic	Cannon Mtn, NH	Jan 23-25	01/04/17	157	L3: Teaching Prep	Mount Snow, VT	Feb 27-28	02/08/17
P 073	L2: Unlock Your Expert	Elk Mountain, PA	Jan 25-27	01/04/17	P 170	L2: Unlock Your Expert	Mount Snow, VT	Mar 01-03	02/08/17
074	L3: Gateway Dynamic S	Elk Mountain, PA	Jan 25-27	01/04/17	171	L3: Gateway Dynamic	Mount Snow, VT	Mar 01-03	02/08/17

One & FUNDamental - 6 CEU's (Event starts at 10AM) (Open to Alpine Level I members) 1 day - \$99

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
^ 086	One & FUNDamentals	Wisp, MD	Jan 29	01/11/17	^ 231	One & FUNDamentals	West Mountain, NY	Mar 19	03/01/17
^ 178	One & FUNDamentals	Kissing Bridge, NY	Mar 05	02/15/17	^ 237	One & FUNDamentals	Seven Springs, PA	Mar 19	03/01/17
^ 207	One & FUNDamentals	McIntyre, NH	Mar 12	02/22/17					

1-Day On-snow Continuing Education - 6 CEU's (Open to all members) 1 day - \$125

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R 067	Alpine Dynamic Skiing	Elk Mountain, PA	Jan 23	01/04/17	R 141	History of Snowsports	Gunstock, NH	Feb 16	01/25/17
R 066	Alpine Dynamic Skiing	Cannon Mtn, NH	Jan 25	01/04/17	R 145	Alpine Dynamic Skiing	HoliMont, NY	Feb 26	02/08/17
R 103	Adult Develop & Aging	Windham, NY	Feb 02	01/11/17	R 154	Adult Develop & Aging	Mount Snow, VT	Feb 27	02/08/17
R 098	History of Snowsports	Windham, NY	Feb 03	01/11/17	R 161	History of Snowsports	Mount Snow, VT	Feb 28	02/03/17
R 104	Alpine Dynamic Skiing	Windham, NY	Feb 03	01/11/17	R 198	History of Snowsports	Ski Roundtop, PA	Mar 08	02/15/17
R 129	Alpine Dynamic Skiing	Greek Peak, NY	Feb 15	01/25/17	R 235	Alpine Dynamic Skiing	Pats Peak, NH	Mar 19	03/01/17
R 138	Alpine Dynamic Skiing	Wachusett, MA	Feb 15	01/25/17	R 259	Alpine Dynamic Skiing	Stowe, VT	Apr 03	03/15/17

Accreditation Programs (Open to all Certified members) - 2 days - \$200

See Children's Schedule for complete list of Children's Specialist events and Freestyle Schedule for Freestyle Specialist events

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
Coaching Advanced Skiing and Racing					Sports Science				
M 751	Advanced Movement	Pico, VT	Jan 19-20	12/28/16	M 031	Exercise Physiology	Waterville Valley, NH	Jan 05-06	12/14/16
M 756	Course Setting & Drills	Dartmouth, NH	Mar 02-03	02/08/17	M 033	Biomechanics	Camelback, PA	Jan 09-10	12/21/06
M 760	Tactics & Techniques	West Mountain, NY	Mar 16-17	02/22/17	M 058	Science of Skiing	Pico Mountain, VT	Jan 19-20	12/28/16
Backcountry					M 115	Biomechanics	Sugarloaf, ME	Feb 06-07	01/18/17
M 600	Snow Sense & Plan	Camelback, PA	Oct 29-30	10/12/16	M 152	Exercise Physiology	Holiday Valley, NY	Mar 01-02	02/08/17
M 606	Collecting Data	Maple Wind Farm, V	Feb 04-05	01/18/17	M 190	Biomechanics	Catamount, MA	Mar 06-07	02/15/17
M 613	Putting it All Together	Maple Wind Farm, V	Mar 04-05	02/15/17	M 224	Exercise Physiology	Gore Mountain, NY	Mar 14-15	02/22/17

Online Exams/Events - Director's Signature is NOT required August 15 to April 15 - Exams: \$20; eLearning: \$75

Key No.	Professional Knowledge Exams - 2 attempts only	Deadline	Key No.	e-Learning Courses - 6 CEU Credits	Deadline		
981	Level II Online Exam	2017 Online Season	04/15/17	R M 990	History of Snowsports	Earn 6 CEU's	04/15/17
982	Level III Online Exam	2017 Online Season	04/15/17	R M 991	Adult Develop & Aging	Earn 6 CEU's	04/15/17
980	Master Teacher Exams	2017 Online Season	04/15/17	R M 992	Working w/ VI&DD Ski	Earn 6 CEU's	04/15/17



We make winter more fun!

EASTERN DIVISION

Alpine Level II - Level III Exams and Reassessments

More Information on the Alpine College is available in the Snow Pro Newsletter or online at www.psia-e.org

Skiing reassessment candidates may register for one or more skiing performance areas - i.e. Mountain Skiing and Agility/Versatility in same event

Exam candidates may register for one or more teaching modules - i.e. Creative Teaching 8:00am-12:00pm & Children & Youth 12:00pm-4:00pm

All successful Skiing Performance Area or Teaching Module may be kept for life based on continuous membership

Snowsports School Director signature needed once every season for all exams

Absolutely no walk-ons will be admitted - MUST register prior to deadline date

NEW 3-Day Exam: Skiing and Teaching - No Reassessments Allowed					Alpine Level III Certification Exams					3 days - \$300
Alpine Level II Certification Exams					Alpine Level III Certification Exams					
<u>Key No.</u>	<u>Event</u>	<u>Location</u>	<u>Dates</u>	<u>Deadline</u>	<u>Key No.</u>	<u>Event</u>	<u>Location</u>	<u>Dates</u>	<u>Deadline</u>	
124	Level II 3-Day Exam	Bristol, NY	Feb 13-15	01/25/17	116	Level III Exam - 3 Day	Sugarloaf, ME	Feb 06-08	01/18/17	
Alpine Level II Certification Exams					Alpine Level III Certification Exams					5 days - \$450
<u>Key No.</u>	<u>Event</u>	<u>Location</u>	<u>Dates</u>	<u>Deadline</u>	<u>Key No.</u>	<u>Event</u>	<u>Location</u>	<u>Dates</u>	<u>Deadline</u>	
P 018	Level II Skiing College	Mount Snow, VT	Dec 12-16	11/23/16	226	Level III Skiing College	Whiteface, NY	Mar 13-17	02/22/17	
P 273	Level II Skiing College	Whitetail, PA	Mar 06-10	02/15/17	229	Level III Teaching College	Whiteface, NY	Mar 13-17	02/22/17	
P 199	Level II Teaching College	Liberty Mountain, PA	Mar 06-10	02/15/17						
Alpine Level II Certification Exams					Alpine Level III Certification Exams					2 days - \$200
<u>Key No.</u>	<u>Level II Assessment</u>	<u>Location</u>	<u>Dates</u>	<u>Deadline</u>	<u>Key No.</u>	<u>Level III Assessment</u>	<u>Location</u>	<u>Dates</u>	<u>Deadline</u>	
092	Level II Skiing	Massanutten, VA	Jan 31-Feb 1	01/11/17	090	Level III Skiing	Hunter Mtn, NY	Feb 01-02	01/11/17	
093	Level II Teaching	Massanutten, VA	Jan 31-Feb 1	01/11/17	091	Level III Teaching	Hunter Mtn, NY	Feb 01-02	01/11/17	
133	Level II Skiing	Jiminy Peak, MA	Feb 13-14	01/25/17	227	Level III Skiing	Whiteface, NY	Mar 16-17	02/22/17	
134	Level II Teaching	Jiminy Peak, MA	Feb 13-14	01/25/17	230	Level III Teaching	Whiteface, NY	Mar 16-17	02/22/17	
274	Level II Skiing	Whitetail, PA	Mar 09-10	02/15/17	268	Level III Skiing	Sugarbush, VT	Apr 06-07	03/08/17	
204	Level II Teaching	Liberty Mountain, PA	Mar 09-10	02/15/17	269	Level III Teaching	Sugarbush, VT	Apr 06-07	03/08/17	
221	Level II Skiing	Gore, NY	Mar 14-15	02/22/17						
222	Level II Teaching	Gore, NY	Mar 14-15	02/22/17						
250	Level II Skiing	Sunday River, ME	Mar 27-28	03/08/17						
251	Level II Teaching	Sunday River, ME	Mar 27-28	03/08/17						
Alpine Skiing Reassessment - Agility / Versatility					Reassessment runs from 8:00am - 4:00pm - \$67					
<u>Key No.</u>	<u>Level II Assessment</u>	<u>Location</u>	<u>Dates</u>	<u>Deadline</u>	<u>Key No.</u>	<u>Level III Assessment</u>	<u>Location</u>	<u>Dates</u>	<u>Deadline</u>	
092a	Agility / Versatility	Massanutten, VA	31-Jan	01/11/17	090a	Agility / Versatility	Hunter Mtn, NY	1-Feb	01/11/17	
133a	Agility / Versatility	Jiminy Peak, MA	13-Feb	01/25/17	227a	Agility / Versatility	Whiteface, NY	16-Mar	02/22/17	
274a	Agility / Versatility	Whitetail, PA	9-Mar	02/15/17	268a	Agility / Versatility	Sugarbush, VT	6-Apr	03/08/17	
221a	Agility / Versatility	Gore, NY	14-Mar	02/22/17						
250a	Agility / Versatility	Sunday River, ME	27-Mar	03/08/17						
Alpine Skiing Reassessment - Mountain Skiing					Reassessment runs from 8:00am - 4:00pm - \$67					
<u>Key No.</u>	<u>Level II Assessment</u>	<u>Location</u>	<u>Dates</u>	<u>Deadline</u>	<u>Key No.</u>	<u>Level III Assessment</u>	<u>Location</u>	<u>Dates</u>	<u>Deadline</u>	
092b	Mountain Skiing	Massanutten, VA	31-Jan	01/11/17	090b	Mountain Skiing	Hunter Mtn, NY	1-Feb	01/11/17	
133b	Mountain Skiing	Jiminy Peak, MA	13-Feb	01/25/17	227b	Mountain Skiing	Whiteface, NY	16-Mar	02/22/17	
274b	Mountain Skiing	Whitetail, PA	9-Mar	02/15/17	268b	Mountain Skiing	Sugarbush, VT	6-Apr	03/08/17	
221b	Mountain Skiing	Gore, NY	14-Mar	02/22/17						
250b	Mountain Skiing	Sunday River, ME	27-Mar	03/08/17						
Alpine Skiing Reassessment - Skiing at Skill Level					Reassessment runs from 8:00am - 4:00pm - \$67					
<u>Key No.</u>	<u>Level II Assessment</u>	<u>Location</u>	<u>Dates</u>	<u>Deadline</u>	<u>Key No.</u>	<u>Level III Assessment</u>	<u>Location</u>	<u>Dates</u>	<u>Deadline</u>	
092c	Skiing at Skill Level	Massanutten, VA	31-Jan	01/11/17	090c	Skiing at Skill Level	Hunter Mtn, NY	1-Feb	01/11/17	
133c	Skiing at Skill Level	Jiminy Peak, MA	13-Feb	01/25/17	227c	Skiing at Skill Level	Whiteface, NY	16-Mar	02/22/17	
274c	Skiing at Skill Level	Whitetail, PA	9-Mar	02/15/17	268c	Skiing at Skill Level	Sugarbush, VT	6-Apr	03/08/17	
221c	Skiing at Skill Level	Gore, NY	14-Mar	02/22/17						
250c	Skiing at Skill Level	Sunday River, ME	27-Mar	03/08/17						
Alpine Creative Teaching Reassessment					Reassessment runs from 8:00am 12:00pm - \$67					
<u>Key No.</u>	<u>Level II Assessment</u>	<u>Location</u>	<u>Dates</u>	<u>Deadline</u>	<u>Key No.</u>	<u>Level III Assessment</u>	<u>Location</u>	<u>Dates</u>	<u>Deadline</u>	
093e	Creative Teaching	Massanutten, VA	31-Jan	01/11/17	091e	Creative Teaching	Hunter Mtn, NY	1-Feb	01/11/17	
134e	Creative Teaching	Jiminy Peak, MA	13-Feb	01/25/17	230e	Creative Teaching	Whiteface, NY	16-Mar	02/22/17	
204e	Creative Teaching	Liberty Mountain, PA	9-Mar	02/15/17	269e	Creative Teaching	Sugarbush, VT	6-Apr	03/08/17	
222e	Creative Teaching	Gore, NY	14-Mar	02/22/17						
251e	Creative Teaching	Sunday River, ME	27-Mar	03/08/17						
Alpine Children and Youth Reassessment					Reassessment runs from 12:00pm - 4:00pm - \$67					
<u>Key No.</u>	<u>Level II Assessment</u>	<u>Location</u>	<u>Dates</u>	<u>Deadline</u>	<u>Key No.</u>	<u>Level III Assessment</u>	<u>Location</u>	<u>Dates</u>	<u>Deadline</u>	
093f	Children and Youth	Massanutten, VA	31-Jan	01/11/17	091f	Children and Youth	Hunter Mtn, NY	1-Feb	01/11/17	
134f	Children and Youth	Jiminy Peak, MA	13-Feb	01/25/17	230f	Children and Youth	Whiteface, NY	16-Mar	02/22/17	
204f	Children and Youth	Liberty Mountain, PA	9-Mar	02/15/17	269f	Children and Youth	Sugarbush, VT	6-Apr	03/08/17	
222f	Children and Youth	Gore, NY	14-Mar	02/22/17						
251f	Children and Youth	Sunday River, ME	27-Mar	03/08/17						
Alpine Movement Assessment & Teaching Reassessment					Reassessment runs from 8:00am 12:00pm - \$67					
<u>Key No.</u>	<u>Level II Assessment</u>	<u>Location</u>	<u>Dates</u>	<u>Deadline</u>	<u>Key No.</u>	<u>Level III Assessment</u>	<u>Location</u>	<u>Dates</u>	<u>Deadline</u>	
093g	Movement Assessment	Massanutten, VA	1-Feb	01/11/17	091g	Movement Assessment	Hunter Mtn, NY	2-Feb	01/11/17	
134g	Movement Assessment	Jiminy Peak, MA	14-Feb	01/25/17	230g	Movement Assessment	Whiteface, NY	17-Mar	02/22/17	
204g	Movement Assessment	Liberty Mountain, PA	10-Mar	02/15/17	269g	Movement Assessment	Sugarbush, VT	7-Apr	03/08/17	
222g	Movement Assessment	Gore, NY	15-Mar	02/22/17						
251g	Movement Assessment	Sunday River, ME	28-Mar	03/08/17						

Children's Schedule for 2016- 2017

Key: # = Events non-members may attend for \$25 additional fee * = Events with limited attendance; may fill prior to deadlines!
 R = Events Open to Registered members P = Qualifies as Exam Prerequisite (CS may be used for Alpine Only)
 Weekend events are highlighted in blue. V = Vertical Drop - skiing a minimum of 10,000 vertical feet per day
 ^ = Non-standard event registration & start time V+ = Vertical Drop - skiing a minimum of 20,000 vertical feet per day
PLEASE Check Event Time: 8am Reg, on snow 9am-4pm; 9am Reg, on snow 10am-6pm; 2pm Reg, on snow 3pm-10pm
 If openings are available after the deadline date, members may be admitted based on availability- Absolutely no walk-ons will be admitted
 A \$25 non-refundable late fee will be charged, please contact the office 518-452-6095 to inquire on availability.
 All educational events earn 6 CEU's per day - membership requires 12 CEU's every two seasons (NOTE: only passed exams earn CEU Credit)

Children's Academy (Open to all members – Some open to non-members for additional \$25)						
Key No	Event	Description	Location	Price	Dates	Deadline
R # 701	Children's Academy	2 days; New Format!	Mount Snow, VT	\$175	Dec 05-06	11/16/16
R # 702	Children's Academy	3 days; Indoor/Outdoor options	Mount Snow, VT	\$230	Dec 05-07	11/16/16
R 703	Alpine Level Exam	3 days; Dir Sig Required	Mount Snow, VT	\$230	Dec 05-07	11/16/16
R 704	AASI Level I Exam	3 days; Dir Sig Required	Mount Snow, VT	\$230	Dec 05-07	11/16/16

Children's Specialist (CS1 is Open to all Certified members; CS2 is open to Level II or III) 2 days - \$175

NOTE: Children's Specialist courses require completed workbook prior to attending -see www.psia-e.org for more info

Key No	Event	Location	Dates	Deadline	Key No	Event	Location	Dates	Deadline
P 700	Children's Specialist 1	Sugarbush, VT	Dec 03-04	11/16/16	P 726	Children's Specialist 1	Gunstock Mtn, NH	Feb 16-17	01/25/17
P 705	Children's Specialist 1	Mount Snow, VT	Dec 17-18	11/30/16	P 727	Children's Specialist 1	Thunder Ridge, NY	Feb 25-26	02/08/17
P 706	Children's Specialist 1	Shawnee, ME	Dec 19-20	11/30/16	P 728	Children's Specialist 1	Cataloochee, NC	Feb 26-27	02/08/17
P 707	Children's Specialist 1	Berkshire East, MA	Jan 07-08	12/21/16	P ^ 729	PM - CS1	Yawgoo Valley, RI	Mar 01-02	02/08/17
P 708	Children's Specialist 1	Shawnee Mtn, PA	Jan 07-08	12/21/16	P ^ 731	PM - CS1	Kissing Bridge, NY	Mar 02-03	02/08/17
P 710	Children's Specialist 1	Bretton Woods, NH	Jan 19-20	12/28/16	P 732	Children's Specialist 2	Winterplace, VA	Mar 02-03	02/08/17
P 711	Children's Specialist 2	Timberline, WV	Jan 19-20	12/28/16	P 742	Children's Specialist 2	Belleayre, NY	Mar 04-05	02/15/17
P 713	Children's Specialist 1	King Pine, NH	Jan 28-29	01/11/17	P 733	Children's Specialist 1	Dartmouth, NH	Mar 04-05	02/15/17
P 714	Children's Specialist 1	Montage, PA	Jan 28-29	01/11/17	P 734	Children's Specialist 1	Peek n' Peak, NY	Mar 04-05	02/15/17
P 715	Children's Specialist 1	Wisp Resort, MD	Jan 29-30	01/11/17	P 735	Children's Specialist 2	Ski Roundtop, PA	Mar 06-07	02/15/17
P 716	Children's Specialist 2	Hunter Mountain, NY	Jan 30-31	01/11/17	P ^ 738	PM - CS1	McIntyre, NH	Mar 11-12	02/22/17
P 717	Children's Specialist 1	Wintergreen, VA	Feb 02-03	01/11/17	P 739	Children's Specialist 1	Mount Peter, NY	Mar 11-12	02/22/17
P 719	Children's Specialist 1	Seven Springs, PA	Feb 07-08	01/18/17	P 740	Children's Specialist 1	Plattekill, NY	Mar 11-12	02/22/17
P 720	Children's Specialist 2	Seven Springs, PA	Feb 07-08	01/18/17	P 741	Children's Specialist 1	Whiteface, NY	Mar 16-17	02/22/17
P 722	Children's Specialist 2	Jay Peak, VT	Feb 08-09	01/18/17	P 743	Children's Specialist 1	Hunt Hollow, NY	Mar 18-19	03/01/17
P ^ 721	PM - CS1	Bear Creek, PA	Feb 08-09	01/18/17	P 744	Children's Specialist 1	Cranmore, NH	Mar 20-21	03/01/17
P 723	Children's Specialist 1	Jiminy Peak, MA	Feb 13-14	01/25/17	P 745	Children's Specialist 2	Sunday River, ME	Mar 29-30	03/08/17
P 725	Children's Specialist 2	Wachusett, MA	Feb 15-16	01/25/17	P 746	Children's Specialist 2	Sugarbush, VT	Apr 08-09	03/15/17
P 724	Children's Specialist 2	Greek Peak, NY	Feb 15-16	01/25/17					

Level I and Children's Specialist 1 Combined (Open to Reg Members Only, Dir Sig Required - 3 days - \$230)

Candidates must complete Level I Workbook and Children's Specialist 1 Workbook prior to event - both available free of charge at www.psia-e.org/education

Key No	Event	Location	Dates	Deadline	Key No	Event	Location	Dates	Deadline
R P 041	Alpine Level I & CS1	Mountain Creek, NJ	Jan 11-13	12/21/16	R P 150	Alpine Level I & CS1	Holiday Valley, NY	Mar 01-03	02/08/17
R P 072	Alpine Level I & CS1	Elk Mountain, PA	Jan 25-27	01/11/17	R P 260	Alpine Level I & CS1	Stowe, VT	Apr 03-05	03/15/17
R 364	AASI Level I & CS1	Elk Mountain, PA	Jan 25-27	01/11/17	R 435	AASI Level I & CS1	Mount Snow, VT	Apr 03-05	03/15/17
R P 201	Alpine Level I & CS1	Ski Butternut, MA	Mar 08-10	02/15/17					

Children's Events (Open to all members and non-members for additional \$25) 2 days - \$175

Key No	Event	Location	Dates	Deadline	Key No	Event	Location	Dates	Deadline
R # 709	Intro to Kids Zone - CS1 Prep	Camelback, PA	Jan 09-10	12/21/16	R # 736	Coaching Kids in Racing	Ski Butternut, MA	Mar 08-09	02/15/17
R # 718	Advanced Kids Zone - CS2 Prep	Bolton Valley, VT	Feb 06-07	01/18/17	R # 737	Advanced Kids Zone - CS2 Prep	Ski Liberty, PA	Mar 09-10	02/15/17
R # 730	Coaching Kids in Racing	Dartmouth, NH	Mar 02-03	02/15/17					

NEW Total Play Series (Open to all members and non-members) 5 weekly webinars & 1 day on snow - \$175

Key No	Event	Deadline	Key No	Event	Dates	Deadline
747	Total Play Series - Must Participate in ALL	11/16/16	748	Total Play Series - Must Participate in ALL		12/28/16
Webinar	Wed from 7:00pm-8:00pm	7-Dec	Webinar	Thurs from 7:00pm-8:00pm	19-Jan	
Webinar	Wed from 7:00pm-8:00pm	14-Dec	Webinar	Thurs from 7:00pm-8:00pm	26-Jan	
Webinar	Wed from 7:00pm-8:00pm	21-Dec	Webinar	Thurs from 7:00pm-8:00pm	2-Feb	
Webinar	Wed from 7:00pm-8:00pm	4-Jan	Webinar	Thurs from 7:00pm-8:00pm	9-Feb	
Webinar	Wed from 7:00pm-8:00pm	11-Jan	Webinar	Thurs from 7:00pm-8:00pm	16-Feb	
On-Snow	Wed from 8:00am-4:00pm-Ski Roundtop, PA	01/22/17	On-Snow	Wed from 8:00am-4:00pm-Kissing Bridge, NY	03/05/17	

Freestyle Schedule for 2016- 2017

Key: # = Events non-members may attend for \$25 additional fee

R = Events Open to Registered members

Weekend events are highlighted in blue.

^ = Non-standard event registration & start time

PLEASE Check Event Time: 8am Reg, on snow 9am-4pm; 9am Reg, on snow 10am-6pm; 2pm Reg, on snow 3pm-10pm

If openings are available after the deadline date, members may be admitted based on availability- Absolutely no walk-ons will be admitted

A \$25 non-refundable late fee will be charged, please contact the office 518-452-6095 to inquire on availability.

All educational events earn 6 CEU's per day - membership requires 12 CEU's every two seasons (NOTE: only passed exams earn CEU Credit)

Freestyle Specialist (FS1 is Open to all Certified members; FS2 and FS3 is open to Level II or III) 2 days - \$200

NOTE: Freestyle Specialist courses require completed online course prior to attending -see www.psia-e.org/education for more info

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
370	Snowboard FS1	Sugarbush, VT	Feb 02-03	01/11/17	380	Freestyle Specialist 2	Seven Springs, PA	Feb 09-10	01/18/17
107	Alpine FS1	Mount Snow, VT	Feb 02-03	01/11/17	381	Freestyle Specialist 3	Seven Springs, PA	Feb 09-10	01/18/17
375	Snowboard FS1	Shawnee, ME	Feb 06-07	01/18/17	387	Snowboard FS1	Bristol Mountain, NY	Feb 13-14	01/25/17
109	Alpine FS1	Berkshire East, MA	Feb 06-07	01/18/17	123	Alpine FS1	Bristol Mountain, NY	Feb 13-14	01/25/17
379	Snowboard FS1	Seven Springs, PA	Feb 09-10	01/18/17	428	Freestyle Specialist 2	Loon Mountain, NH	Mar 20-21	03/01/17
119	Alpine FS1	Seven Springs, PA	Feb 09-10	01/18/17	429	Freestyle Specialist 3	Loon Mountain, NH	Mar 20-21	03/01/17

Alpine Freestyle Prep (Open to all members and non-members for additional \$25) 2 days - \$175

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R # 039	Intro to Park Zone - FS1 Prep	Mountain Creek, NJ	Jan 11-12	12/21/16	R # 182	Intro to Park Zone - FS1 Prep	Jack Frost, PA	Mar 04-05	02/15/17
R # 053	Intro to Park Zone - FS1 Prep	Bretton Woods, NH	Jan 19-20	12/28/16	R # 191	Intro to Park Zone - FS1 Prep	Catamount, MA	Mar 06-07	02/15/17
R # 117	Advanced Park Zone - FS2 Prep	Seven Springs, PA	Feb 07-08	01/18/17	R # 248	Intro to Park Zone - FS1 Prep	Sunday River, ME	Mar 27-28	03/08/17
R#^ 176	Intro to Park Zone - FS1 Prep	Kissing Bridge, NY	Mar 02-03	02/08/17	R # 249	Advanced Park Zone - FS2 Prep	Sunday River, ME	Mar 27-28	03/08/17

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AASI Snowboard Schedule for 2016 - 2017

Key: # = Events non-members may attend for \$25 additional fee * = Events with limited attendance; may fill prior to deadlines!
 R = Events Open to Registered members P = Qualifies as Exam Prerequisite (CS may be used for Alpine Only)
 Weekend events are highlighted in blue. ^ = Non-standard event registration & start time

PLEASE Check Event Time: 8am Reg, on snow 9am-4pm; 9am Reg, on snow 10am-6pm; 2pm Reg, on snow 3pm-10pm

If openings are available after the deadline date, members may be admitted based on availability- Absolutely no walk-ons will be admitted

A \$25 non-refundable late fee will be charged, please contact the office 518-452-6095 to inquire on availability.

All educational events earn 6 CEU's per day - membership requires 12 CEU's every two seasons (NOTE: only passed exams earn CEU Credit)

PSIA-AASI Eastern Division Event Participant Safety Policy

Skiing and riding are athletic and physically demanding activities. It is the expectation of PSIA-AASI Eastern Division that each participant attending an event or exam shall possess the requisite level of fitness and stamina to participate safely, on all appropriate terrain and at a pace consistent with other members of the group. As such, PSIA-AASI Eastern Division reserves the right to have education staff reassign participants in any event that may pose a risk to themselves or others or consistently impede the progress of the group to another, more skill and fitness-appropriate event. In such a situation, an appropriate event will be recommended and the member may be transferred to that event at no charge (other than any difference in event costs) or a full refund of the originally registered event will be provided.

Feature Events (Open all members and some open to non-members for an additional \$25)

Key No	Event	Description	Location	Price	Dates	Deadline
R # 013	Snowsports School Management Seminar	2 days; Keynote Tues; banquet	Killington, VT	\$265	Nov 28-30	11/09/16
R # 013	AASI Resort Trainers	For Supervisors and Trainers	Killington, VT	\$265	Nov 28-30	11/09/16
R # 701	Children's Academy	2 days; New Format!	Mount Snow, VT	\$175	Dec 05-06	11/16/16
R # 702	Children's Academy	3 days; Indoor/Outdoor options	Mount Snow, VT	\$230	Dec 05-07	11/16/16
R # 704	AASI Level I	3 days at Children's Academy	Mount Snow, VT	\$230	Dec 05-07	11/16/16
R # 051	Southern SSMS	2 days; For Directors & Trainers	Snowshoe, WV	\$220	Jan 17-18	12/28/16
R # 424	College Spring Break	For age 21-29 only! Inclusive Pkg	Killington, VT	\$425	Mar 13-15	02/22/17
R # 441	AASI Spring Rally	2 days; Après Ski party	Sugarbush, VT	\$200	Apr 08-09	03/15/17

Rider Update (Open to all members) 2 days - \$180

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R # 352	All Mountain Focus	Killington, VT	Dec 01-02	11/09/16	R # 395	All Mountain Focus	Sugarbush, VT	Feb 16-17	01/25/17
R # 376	Moguls & More Moguls	Blue Mountain, PA	Feb 06-07	01/18/17	R # 404	Intro to Steeps	Holiday Valley, NY	Mar 01-02	02/08/17
R # 382	All Mountain Focus	Seven Springs, PA	Feb 09-10	01/18/17	R # 406	All Mountain Focus	Massanutten, VA	Mar 02-03	02/08/17
R # 389	Intro to Trees	Greek Peak, NY	Feb 13-14	01/25/17	R # 418	All Mountain Focus	Liberty Mountain, PA	Mar 09-10	02/15/17
R # 393	PM-All Mountain Focus	Kissing Bridge, NY	Feb 15-16	01/25/17	R # 430	All Mountain Focus	Loon Mountain, NH	Mar 20-21	03/01/17

Specialty Clinics (Open to all members and non-members for an additional \$25) 2 days - \$180

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R # 358	Snowskating	Belleayre, NY	Jan 19-20	12/28/16	R # 407	Teaching KIDS	Cranmore, NH	Mar 02-03	02/08/17
R # 373	Teaching KIDS	Oak Mountain, NY	Feb 04-05	01/18/17	R # 409	Teaching KIDS	Timberline, WV	Mar 04-05	02/15/17
R # 402	Teaching KIDS	HoliMont, NY	Feb 27-28	02/08/17	R # 414	Snowskating	Jay Peak, VT	Mar 06-07	02/15/17

Resort Area Trainer - Director Signature Required (Open to Level II or Level III Staff Trainers) 2 days - \$180

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
353	Resort Area Trainer	Killington, VT	Dec 19-20	11/30/16	368	Resort Area Trainer	Hunter Mountain, NY	Jan 30-31	01/11/17

Dynamic Riding - 6 CEU's (Open to all members) 1 day - \$125

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R # 365	Dynamic Riding	Windham, NY	01/29/16	01/11/17	R # 427	Dynamic Riding	Pats Peak, NH	03/19/16	03/01/17
R # 374	Dynamic Riding	Blue Mountain, PA	02/05/16	01/18/17	R # 440	Dynamic Riding	Sugarbush, VT	04/07/16	03/15/17
R # 397	Dynamic Riding	HoliMont, NY	02/26/16	02/08/17					

Camps (Open to all Certified members, Women's camps open to non-members) 3 day \$250; 2 days - \$180

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
357	Steeps Camp 2 Day	Stowe, VT	Jan 19-20	12/28/16	412	Trees Camp 2 Day	Jay Peak, VT	Mar 06-07	02/15/17
386	Powder Camp 2 Day	Jay Peak, VT	Feb 13-14	01/25/17	413	Trees Camp 3 Day	Jay Peak, VT	Mar 06-08	02/15/17
388	Freestyle Camp 2 Day	Bristol, NY	Feb 13-14	01/25/17	423	Halfpipe Camp 2 Day	Okemo, VT	Mar 13-14	02/22/17
R # 394	Women's Camp	Sugarbush, VT	Feb 16-17	01/25/17	431	Freestyle Camp 2 Day	Mount Snow, VT	Mar 27-28	03/08/17
R # 401	Women's Camp	HoliMont, NY	Feb 27-28	02/08/17	R # 432	Women's Park Camp	Mount Snow, VT	Mar 27-28	03/08/17

Off Piste (Open to Certified Members) 1 day - \$125; 2 days - \$180

NOTE: Level I or II Members must pass Off Piste Assessment to attend Off Piste event at Smuggler's Notch - Open to All Level III Members

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
356	Off Piste Assessment	Stowe, VT	18-Jan	12/28/16	417	Off Piste - 2 Day	Smugg's Notch, VT	Mar 09-10	02/15/17
416	Off Piste Assessment	Jay Peak, VT	8-Mar	02/15/17					

Exam Prep / Pre Requisites (Open to Certified members) 2 days - \$180

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
P ^ 355	PM-Movement Analysis	West Mountain, NY	Jan 16-17	12/28/16	P # 378	Level III Prep	Snowshoe, WV	Feb 07-08	01/18/17
P # 361	Teaching Concepts	Whitetail, PA	Jan 22-23	01/04/17	P # 392	Teaching Concepts	Jiminy Peak, MA	Feb 15-16	01/25/17
P # 362	Riding Concepts	Wintergreen, VA	Jan 24-25	01/04/17	P # 399	Level II Prep	Mount Snow, VT	Feb 27-28	02/08/17
P # 366	Level II Prep	Hunter Mountain, NY	Jan 30-31	01/11/17	P # 400	Level III Prep	Mount Snow, VT	Feb 27-28	02/08/17
P # 367	Level III Prep	Hunter Mountain, NY	Jan 30-31	01/11/17	P # 403	Level II Prep	Holiday Valley, NY	Mar 01-02	02/08/17
P # 372	Teaching Concepts	Waterville Valley, NH	Feb 02-03	01/11/17	P # 410	Teaching Concepts	Timberline, WV	Mar 04-05	02/15/17
P # 377	Level II Prep	Snowshoe, WV	Feb 07-08	01/18/17	P # 433	Riding Concepts	Sunday River, ME	Mar 27-28	03/08/17

AASI Snowboard Schedule for 2016 - 2017

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All educational events earn 6 CEU's per day - membership requires 12 CEU's every two seasons (NOTE: only passed exams earn CEU Credit)

Adaptive Snowboard Available Backcountry Accreditation Freestyle Specialist Children's Specialist	See Adaptive Schedule for dates and locations See Cross Country Schedule for dates and locations See Freestyle Schedule for dates and locations See Children's Schedule for dates and locations
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Teams (Open to Level III members) - Prep - \$175

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
383	AASI Dev Tryout Prep	Killington, VT	Feb 09-10	01/18/16	434	AASI Dev Tryout Prep	Mount Snow, VT	Mar 31-Apr 01	03/08/17

AASI Level I Exams - Director's Signature Required (Open to Registered members) 2 days - \$150

A new member application must be submitted prior to, or at the same time as Level I Exam Application. Director Signature is required.

New members who join after February 15, 2017 will receive membership benefits through June 2018.

ATTENTION **NEW MEMBERS** - If you are a new member wishing to attain Level I Certification at an event after February 15, 2017 – you still need to submit your new member application and event application **before the deadline date**. Your application will be processed on February 15 to ensure you receive the extended membership benefits. The event will be closed to registration on the deadline date printed on the event schedule. Thank you in advance for your understanding.

Key No.	Event	Description	Location	Price	Dates	Deadline
R 704	AASI Level I Exam	Level I Exam at Children's Academy – 3 days	Mount Snow, VT	\$230	Dec 05-07	11/16/16

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R 351	AASI Level I Exam	Killington, VT	Dec 01-02	11/09/16	R 405	AASI Level I Exam	Massanutten, VA	Mar 02-03	02/08/17
R ^ 354	PM - AASI Level I Exam	West Mountain, NY	Jan 16-17	12/28/16	R 408	AASI Level I Exam	Dartmouth, NH	Mar 04-05	02/15/17
R 359	AASI Level I Exam	Stowe, VT	Jan 19-20	12/28/16	R 415	AASI Level I Exam	Jay Peak, VT	Mar 06-07	02/15/17
R 360	AASI Level I Exam	Whitetail, PA	Jan 22-23	01/04/17	R 419	AASI Level I Exam	Liberty Mtn, PA	Mar 09-10	02/15/17
R 363	AASI Level I Exam	Wintergreen, VA	Jan 24-25	01/04/17	R 420	AASI Level I Exam	Mount Peter, NY	Mar 11-12	02/22/17
R 369	AASI Level I Exam	Hunter Mountain, NY	Jan 30-31	01/11/17	R 421	AASI Level I Exam	Swain, NY	Mar 11-12	02/22/17
R 371	AASI Level I Exam	Waterville Valley, NH	Feb 02-03	01/11/17	R 422	AASI Level I Exam	Okemo, VT	Mar 13-14	02/22/17
R ^ 390	PM - AASI Level I Exam	Kissing Bridge, NY	Feb 15-16	01/25/17	R 425	AASI Level I Exam	Pats Peak, NH	Mar 18-19	03/01/17
R 391	AASI Level I Exam	Jiminy Peak, MA	Feb 15-16	01/25/17	R 426	AASI Level I Exam	Seven Springs, PA	Mar 18-19	03/01/17
R 396	AASI Level I Exam	Wisp, MD	Feb 26-27	02/08/17	R 442	AASI Level I Exam	Sugarbush, VT	Apr 08-09	03/15/17
R 398	AASI Level I Exam	Blue Mountain, PA	Feb 27-28	02/08/17					

Level I and Children's Specialist 1 Combined Open to Reg Members Only, Dir Sig Required - 3 days - \$230

Candidates must complete Level I Workbook and Children's Specialist 1 Workbook prior to event - both available free of charge at www.psia-e.org/education

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R 364	AASI Level I & CS1	Elk Mountain, PA	Jan 25-27	01/04/17	R 435	AASI Level I & CS1	Mount Snow, VT	Apr 03-05	03/15/17

Online Exams/Events - Director's Signature is NOT required August 15 to April 15 - Exams: \$20; eLearning: \$75

Key No.	Professional Knowledge Exams - 2 attempts only	Deadline	Key No.	e-Learning Courses - 6 CEU Credits	Deadline		
983	Level II Online Exam	2016-2017 Online Season	04/15/17	R M 990	History of Snowsports	2016-2017 Online Season	04/15/17
984	Level III Online Exam	2016-2017 Online Season	04/15/17	R M 991	Adult Develop & Aging	2016-2017 Online Season	04/15/17
				R M 992	Working w/ VI&DD Ski	2016-2017 Online Season	04/15/17

AASI Reassessments - Director's Signature Required 1 day - \$125

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
384	Lvl II Assess/Retake	Snowshoe, WV	Feb 09	01/18/17	438	Lvl II Assess/Retake	Mount Snow, VT	Apr 06	03/15/17
385	Lvl III Assess/Retake	Snowshoe, WV	Feb 09	01/18/17	439	Lvl III Assess/Retake	Mount Snow, VT	Apr 06	03/15/17

AASI Exams - Director's Signature Required 3 days - \$292

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
411	AASI Level II Exam	Snowshoe, WV	Mar 06-08	02/15/17	437	AASI Level III Exam	Mount Snow, VT	Apr 03-05	03/15/17
436	AASI Level II Exam	Mount Snow, VT	Apr 03-05	03/15/17					

Adaptive Schedule for 2016- 2017

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PLEASE Check Event Time: 8am Reg, on snow 9am-4pm; 9am Reg, on snow 10am-6pm; 2pm Reg, on snow 3pm-10pm

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Adaptive Feature Events (Open all members and some open to non-members for an additional \$25)

Key No	Event	Description	Location	Price	Dates	Deadline
Disabled Sports	Adaptive National Academy	Register at DSUSA: www.disabledsportsusa.org	Breckenridge, CO	Varies	Nov 28-Dec 04	see DSUSA website
# R 013	Snowsports School Management Seminar	For Directors & Supervisors -Keynote Tues; banquet	Killington, VT	265	Nov 28-30	11/09/16
# R 701	Children's Academy	New Format! Select Your Option	Mount Snow, VT	175	Dec 05-06	11/16/16
# R 501	Adaptive Snow Pro Jam	5 days; Après Ski activities daily	Mount Snow, VT	450	Dec 12-16	11/23/16
# R 599	Adaptive Spring Rally	2 days; Après Ski party	Sugarbush, VT	200	Apr 08-09	03/15/17

Adaptive Specialty Events (Open to members & non-members for an additional \$25) 2 days-\$175

NOTE: Alpine Development Series Skiing and Master Series Skiing Events are excellent Skiing Improvement courses

Key No	Event	School	Resort	Dates	Deadline
# R 502	Effective Set-up for Sit Down Equipment	Maine Adaptive Sports & Recreation	Sunday River, ME	Dec 19-20	11/30/16
# R 503	Behavior Modification Techniques that WORK	Pennsylvania Center for Adaptive Sports	Camelback, PA	Jan 09-10	12/21/16
# R 507	Guiding Techniques for VI and Blind Skier/Ride	Timberline Ski & Snowboard School	Timberline, WV	Jan 19-20	12/28/16
# R 508	Taking Adaptive Skiers to the next Level	New England Disabled Sports	Bretton Woods, NH	Jan 20-21	12/28/16
# R 509	When, Where, & How to use Adaptive Equipme	Canaan Valley Snowsports School	Canaan Valley, WV	Jan 21-22	01/04/17
# R 546	When, Where, & How to use Adaptive Equipme	Vermont Adaptive Ski & Sports	Pico Mountain, VT	Feb 04-05	01/18/17
# R 537	Tethering Mythbusters - Alpine & Snowboard	Gore Mountain Snowsports School	Gore Mountain, NY	Feb 06-07	01/18/17
# R 538	Raising the Bar for Adaptive Skiers: How & Wh	Wachusett Mountain Snowsports School	Wachusett Mountain, MA	Feb 15-16	01/25/17
# R 539	Managing Disruptive Behavior in a Class Settin	Blue Mountain Learning Centers	Blue Mountain, PA	Feb 25-26	02/08/17
# R 546	Develop Stand-up Skiers using Outriggers	Greek Peak Adaptive Sports	Greek Peak, NY	Mar 04-05	02/15/17
#^R 553	PM - Building Your Skills for Tethering	McIntyre Ski & Snowboard School	McIntyre, NH	Mar 11-12	02/22/17
# R 554	Effective methods for handling ADHD & ASD	Seven Springs Snowsports School	Seven Springs, PA	Mar 18-19	03/01/17
# R 555	Guiding Techniques for VI and Blind Skier/Ride	Hunt Hollow Snowsports School	Hunt Hollow Ski Club, NY	Mar 18-19	03/01/17

Adaptive Exam Prep (Open to Registered, Level I or Level II members) 1 day-\$125; 2 days-\$175

Key No	Event	School	Resort	Dates	Deadline
R 510	Adaptive Snowboard Level I Exam Prep	Cannon Mountain Snowsports School	Cannon Mountain, NH	Jan 23-24	01/04/17
R 511	Adaptive Skiing Level I Exam Prep	New England Disabled Sports	Loon Mountain, NH	Jan 26-27	01/04/17
R 518	Adaptive Snowboard - Stand Up	STRIDE Adaptive Sports Program	Jiminy Peak, MA	Feb 01	01/11/17
519	Adaptive Skiing Level II & III - 3 Track / 4 Track	STRIDE Adaptive Sports Program	Jiminy Peak, MA	Feb 01	01/11/17
R 520	Adaptive Snowboard - VI / Cognitive	STRIDE Adaptive Sports Program	Jiminy Peak, MA	Feb 02	01/11/17
521	Adaptive Skiing Level II & III Blind / DD	STRIDE Adaptive Sports Program	Jiminy Peak, MA	Feb 02	01/11/17
R 522	Adaptive Snowboard - Sit Down	STRIDE Adaptive Sports Program	Jiminy Peak, MA	Feb 03	01/11/17
523	Adaptive Skiing Level II & III - Mono-Bi	STRIDE Adaptive Sports Program	Jiminy Peak, MA	Feb 03	01/11/17
R 563	Adaptive Snowboard - Stand Up	New England Disabled Sports	Loon Mountain, NH	Mar 27	03/08/17
564	Adaptive Skiing Level II & III - 3 Track / 4 Track	New England Disabled Sports	Loon Mountain, NH	Mar 27	03/08/17
R 565	Adaptive Snowboard - VI / Cognitive	New England Disabled Sports	Loon Mountain, NH	Mar 28	03/08/17
566	Adaptive Skiing Level II & III Blind / DD	New England Disabled Sports	Loon Mountain, NH	Mar 28	03/08/17
R 567	Adaptive Snowboard - Sit Down	New England Disabled Sports	Loon Mountain, NH	Mar 29	03/08/17
568	Adaptive Skiing Level II & III - Mono-Bi	New England Disabled Sports	Loon Mountain, NH	Mar 29	03/08/17

Online Exams/Events - Director's Signature is not required August 15, 2016 to April 15, 2017

NOTE: Candidate has two attempts per season to score 70% or higher - otherwise may attempt the following season

Key No	Event	Description	Price	Deadline
985	Adaptive Level II Online Exam	Registration allows two attempts for each exam - opt to take one or more	\$20	04/15/17
986	Adaptive Level III Online Exam	Registration allows two attempts for each exam - opt to take one or more	\$20	04/15/17
987	Adaptive Snowboard Level II Online Exam	Registration allows two attempts for each exam - opt to take one or more	\$20	04/15/17
990	History of Snowsports	E-Learning Continuing Education Course - Compliments 1 Day On Snow	\$75	04/15/17
991	Adult Development and Aging	E-Learning Continuing Education Course - Compliments 1 Day On Snow	\$75	04/15/17
992	Working with Blind Develop Delayed Skiers	E-Learning Continuing Education Course - Compliments 1 Day On Snow	\$75	04/15/17

Adaptive Schedule for 2016 - 2017

Key: # = Events non-members may attend for \$25 additional fee
 * = Events with limited attendance; may fill prior to deadlines!
 ^ = Non-standard event registration & start time
 If openings are available after the deadline date, members may be admitted based on availability- Absolutely no walk-ons will be admitted
 R = Events Open to Registered members
 P = Qualifies as Exam Prerequisite
 Weekend events are highlighted in blue.
 A \$25 non-refundable late fee will be charged, please contact the office 518-452-6095 to inquire on availability.

PLEASE Check Event Time: 8am Reg, on snow 9am-4pm; 9am Reg, on snow 10am-6pm; 2pm Reg, on snow 3pm-10pm

All educational events earn 6 CEU's per day - membership requires 12 CEU's every two seasons (NOTE: only passed exams earn CEU Credit)

Adaptive Level I Exams - Director's Signature Required (For Registered members) 2 days - \$200

A new member application and current dues payment must be submitted prior to, or at the same time as Level I Exam Application.

New members who join after February 15, 2017 will receive membership benefits through June 2018.

ATTENTION **NEW MEMBERS** - If you are a new member wishing to attain Level I Certification at an event after February 15, 2017 – you still need to submit your new member application and event application **before the deadline date**. Your application will be processed on February 15 to ensure you receive the extended membership benefits. The event will be closed to registration on the deadline date printed on the event schedule. Thank you in advance for your understanding.

R 504	Alpine Mono/Bi	Smugglers Notch Adaptive Program	Smugglers Notch, VT	Jan 17-18	12/28/16
R 505	Alpine 3/4 Track	Smugglers Notch Adaptive Program	Smugglers Notch, VT	Jan 17-18	12/28/16
R 506	Alpine Blind/DD	Smugglers Notch Adaptive Program	Smugglers Notch, VT	Jan 17-18	12/28/16
R 512	Alpine Mono/Bi	Mount Sunapee Learning Center	Mount Sunapee, NH	Jan 28-29	01/11/17
R 513	Alpine 3/4 Track	Mount Sunapee Learning Center	Mount Sunapee, NH	Jan 28-29	01/11/17
R 514	Alpine Blind/DD	Mount Sunapee Learning Center	Mount Sunapee, NH	Jan 28-29	01/11/17
R 515	Snowboard VI/Cognitive	Mount Sunapee Learning Center	Mount Sunapee, NH	Jan 28-29	01/11/17
R 516	Snowboard Sit Down	Mount Sunapee Learning Center	Mount Sunapee, NH	Jan 28-29	01/11/17
R 517	Snowboard Stand Up	Mount Sunapee Learning Center	Mount Sunapee, NH	Jan 28-29	01/11/17
R 540	Alpine Mono/Bi	Wintergreen Adaptive Sports	Wintergreen Resort, VA	Feb 25-26	02/08/17
R 541	Alpine 3/4 Track	Wintergreen Adaptive Sports	Wintergreen Resort, VA	Feb 25-26	02/08/17
R 542	Alpine Blind/DD	Wintergreen Adaptive Sports	Wintergreen Resort, VA	Feb 25-26	02/08/17
R 543	Alpine Mono/Bi	Liberty Mountain Snowsports School	Liberty Mountain, PA	Mar 04-05	02/15/17
R 544	Alpine 3/4 Track	Liberty Mountain Snowsports School	Liberty Mountain, PA	Mar 04-05	02/15/17
R 545	Alpine Blind/DD	Liberty Mountain Snowsports School	Liberty Mountain, PA	Mar 04-05	02/15/17
R 547	Alpine Mono/Bi	Butternut Snowsports School	Ski Butternut, MA	Mar 11-12	02/22/17
R 548	Alpine 3/4 Track	Butternut Snowsports School	Ski Butternut, MA	Mar 11-12	02/22/17
R 549	Alpine Blind/DD	Butternut Snowsports School	Ski Butternut, MA	Mar 11-12	02/22/17
R 550	Snowboard VI/Cognitive	Butternut Snowsports School	Ski Butternut, MA	Mar 11-12	02/22/17
R 551	Snowboard Sit Down	Butternut Snowsports School	Ski Butternut, MA	Mar 11-12	02/22/17
R 552	Snowboard Stand Up	Butternut Snowsports School	Ski Butternut, MA	Mar 11-12	02/22/17
R 556	Alpine Mono/Bi	HoliMont Phoenix Adaptive Program	HoliMont Ski Area, NY	Mar 25-26	03/08/17
R 557	Alpine 3/4 Track	HoliMont Phoenix Adaptive Program	HoliMont Ski Area, NY	Mar 25-26	03/08/17
R 558	Alpine Blind/DD	HoliMont Phoenix Adaptive Program	HoliMont Ski Area, NY	Mar 25-26	03/08/17
R 593	Alpine Mono/Bi	Maine Adaptive Sports & Recreation	Sunday River, ME	Apr 01-02	03/08/17
R 594	Alpine 3/4 Track	Maine Adaptive Sports & Recreation	Sunday River, ME	Apr 01-02	03/08/17
R 595	Alpine Blind/DD	Maine Adaptive Sports & Recreation	Sunday River, ME	Apr 01-02	03/08/17
R 596	Snowboard VI/Cognitive	Maine Adaptive Sports & Recreation	Sunday River, ME	Apr 01-02	03/08/17
R 597	Snowboard Sit Down	Maine Adaptive Sports & Recreation	Sunday River, ME	Apr 01-02	03/08/17
R 598	Snowboard Stand Up	Maine Adaptive Sports & Recreation	Sunday River, ME	Apr 01-02	03/08/17

Level II Exam - Director's Signature Required (Open to Level I members) - 1 day - \$119

Key No	Event	School	Resort	Dates	Deadline
525	Alpine Blind/DD	Adaptive Sports Foundation	Windham Mountain, NY	Feb 4	01/18/17
527	Alpine Skiing	Adaptive Sports Foundation	Windham Mountain, NY	Feb 4	01/18/17
529	Snowboard VI/Cognitive	Adaptive Sports Foundation	Windham Mountain, NY	Feb 4	01/18/17
530	Snowboard Riding	Adaptive Sports Foundation	Windham Mountain, NY	Feb 4	01/18/17
531	Alpine 3/4 Track	Adaptive Sports Foundation	Windham Mountain, NY	Feb 5	01/18/17
533	Alpine Mono/Bi	Adaptive Sports Foundation	Windham Mountain, NY	Feb 5	01/18/17
535	Snowboard Sit Down	Adaptive Sports Foundation	Windham Mountain, NY	Feb 5	01/18/17
536	Snowboard Stand Up	Adaptive Sports Foundation	Windham Mountain, NY	Feb 5	01/18/17
559	Alpine Blind/DD	HoliMont Phoenix Adaptive Program	HoliMont Ski Area, NY	Mar 25	03/08/17
560	Alpine Skiing	HoliMont Phoenix Adaptive Program	HoliMont Ski Area, NY	Mar 25	03/08/17
561	Alpine 3/4 Track	HoliMont Phoenix Adaptive Program	HoliMont Ski Area, NY	Mar 26	03/08/17
562	Alpine Mono/Bi	HoliMont Phoenix Adaptive Program	HoliMont Ski Area, NY	Mar 26	03/08/17
569	Alpine Blind/DD	Maine Adaptive Sports & Recreation	Sunday River, ME	Mar 30	03/08/17
571	Alpine Skiing	Maine Adaptive Sports & Recreation	Sunday River, ME	Mar 30	03/08/17
573	Snowboard VI/Cognitive	Maine Adaptive Sports & Recreation	Sunday River, ME	Mar 30	03/08/17
574	Snowboard Riding	Maine Adaptive Sports & Recreation	Sunday River, ME	Mar 30	03/08/17
575	Alpine 3/4 Track	Maine Adaptive Sports & Recreation	Sunday River, ME	Mar 31	03/08/17
577	Alpine Mono/Bi	Maine Adaptive Sports & Recreation	Sunday River, ME	Mar 31	03/08/17
579	Snowboard Sit Down	Maine Adaptive Sports & Recreation	Sunday River, ME	Mar 31	03/08/17
580	Snowboard Stand Up	Maine Adaptive Sports & Recreation	Sunday River, ME	Mar 31	03/08/17
581	Alpine Blind/DD	Maine Adaptive Sports & Recreation	Sunday River, ME	Apr 1	03/08/17
583	Alpine Skiing	Maine Adaptive Sports & Recreation	Sunday River, ME	Apr 1	03/08/17
585	Snowboard VI/Cognitive	Maine Adaptive Sports & Recreation	Sunday River, ME	Apr 1	03/08/17
586	Snowboard Riding	Maine Adaptive Sports & Recreation	Sunday River, ME	Apr 1	03/08/17
587	Alpine 3/4 Track	Maine Adaptive Sports & Recreation	Sunday River, ME	Apr 2	03/08/17
589	Alpine Mono/Bi	Maine Adaptive Sports & Recreation	Sunday River, ME	Apr 2	03/08/17

Adaptive Schedule for 2016 - 2017

Key: # = Events non-members may attend for \$25 additional fee
 * = Events with limited attendance; may fill prior to deadlines!
 ^ = Non-standard event registration & start time
 If openings are available after the deadline date, members may be admitted based on availability- Absolutely no walk-ons will be admitted
 A \$25 non-refundable late fee will be charged, please contact the office 518-452-6095 to inquire on availability.

R = Events Open to Registered members

P = Qualifies as Exam Prerequisite

Weekend events are highlighted in blue.

PLEASE Check Event Time: 8am Reg, on snow 9am-4pm; 9am Reg, on snow 10am-6pm; 2pm Reg, on snow 3pm-10pm

All educational events earn 6 CEU's per day - membership requires 12 CEU's every two seasons (NOTE: only passed exams earn CEU Credit)

Level III Exam - Director's Signature Required		(Open to Level II members) - 1 day - \$119			
Key No	Event	School	Resort	Dates	Deadline
526	Alpine Blind/DD	Adaptive Sports Foundation	Windham Mountain, NY	Feb 4	01/18/17
528	Alpine Skiing	Adaptive Sports Foundation	Windham Mountain, NY	Feb 4	01/18/17
532	Alpine 3/4 Track	Adaptive Sports Foundation	Windham Mountain, NY	Feb 5	01/18/17
534	Alpine Mono/Bi	Adaptive Sports Foundation	Windham Mountain, NY	Feb 5	01/18/17
570	Alpine Blind/DD	Maine Adaptive Sports & Recreation	Sunday River, ME	Mar 30	03/08/17
572	Alpine Skiing	Maine Adaptive Sports & Recreation	Sunday River, ME	Mar 30	03/08/17
576	Alpine 3/4 Track	Maine Adaptive Sports & Recreation	Sunday River, ME	Mar 31	03/08/17
578	Alpine Mono/Bi	Maine Adaptive Sports & Recreation	Sunday River, ME	Mar 31	03/08/17
582	Alpine Blind/DD	Maine Adaptive Sports & Recreation	Sunday River, ME	Apr 1	03/08/17
584	Alpine Skiing	Maine Adaptive Sports & Recreation	Sunday River, ME	Apr 1	03/08/17
588	Alpine 3/4 Track	Maine Adaptive Sports & Recreation	Sunday River, ME	Apr 2	03/08/17
590	Alpine Mono/Bi	Maine Adaptive Sports & Recreation	Sunday River, ME	Apr 2	03/08/17



2016 Snow Pro Jam – Masters Academy Registration Info

The 2016 Snow Pro Jam and Masters Academy will be held December 12th – 16th at Mount Snow, Vermont.



Once again we will be accepting applications online, by fax, by mail or even in person. This process was very successful in the past and it helps you save time and money! We will begin to accept applications beginning Monday, September 19, 2016. Applications received prior to September 19th will be returned.

PREMIER EVENTS - These events are made possible in part through a grant from the PSIA-AASI Education Foundation

Num#	Event Title	Open to	Limit	Price
016	Masters Academy	Open to Level III Members	90 Participants	\$570
017	Alpine Snow Pro Jam	Reg, Level I or II Members	350 Participants	\$450
651	Tele Snow Pro Jam	Open to all members & Non*	No Limit	\$355
501	Adaptive Snow Pro Jam	Open to all members & Non*	No Limit	\$450
018	Alpine Level II College	Use a standard event app - director's signature is required		

* Non-members may attend the Tele Snow Pro Jam or the Adaptive Snow Pro Jam for an additional \$25, but online registration is only available for members. Alpine Snow Pro Jam and Masters Academy are only open to members. Non-members should complete an event application, available on the Eastern Division website at www.psia-e.org.

What is the Pro Jam and Masters Academy?

Snow Pro Jam and Masters Academy is the gathering spot for nearly 500 snowsports instructors, sponsors and guests from all over the East Coast. Each day offers great skiing, coaching and après ski activities along with the opportunity to network with other snowsports enthusiasts. Sponsor Showcase will be on Tuesday, Wednesday we will offer afternoon optional sessions, Thursday all attendees are invited to the Banquet, and wrapping up on Friday with a full day of fantastic skiing with the best coaches in the country! There are groups for those who want to gear up for the season, groups for those who want practice Freestyle, or for people who want to begin preparing for exams. Regardless of which type of group you choose, you can expect to have a great time.

What is the Alpine Level II College?

Members may attend this five day event as the Alpine Level II Skiing exam. The first three days you will be coached in the Level II Skiing Performance Areas by your course conductor. On Thursday, you will be evaluated by two examiners, one in the morning and one in the afternoon. The examiner will assess your performance in the Level II Skiing tasks and provide a score for the Skiing exam. Your final score will come from your original examiner on Friday morning. Any performance area you are successful in, you may keep for life based on continuous membership.

Guest Package for the week of Snow Pro Jam & Masters Academy:

A Guest Package will be offered through the Mount Snow Ski and Snowboard School. Guests need to register directly with Mount Snow for the five-day lift ticket and five, daily two-hour (AM) lesson package with a maximum group size of five. There will be no limit to the number of guests who may take advantage of this option. Cost of the package is \$225 and does not include a banquet ticket. Sign up by calling Mount Snow Ski and Snowboard School at 800-889-4411 after October 1, 2016. Please identify yourself as a PSIA-E Pro Jam guest. Package is available for individuals over the age of four.

Additional Banquet Tickets:

Your registration includes one banquet ticket. There will be an additional number of banquet tickets reserved for guests. Any member wishing to bring a guest to the banquet should include the guest name and payment on their application where indicated. Payment of \$50 must be included with the application and there will be absolutely no refunds given once payment has been accepted.

Nordic Telemark Schedule for 2016 - 2017

Key: # = Events non-members may attend for \$25 additional fee

R = Events Open to Registered members

Weekend events are highlighted in blue.

* = Events with limited attendance; may fill prior to deadlines!

P = Qualifies as Exam Prerequisite (CS may be used for Alpine Only)

^ = Non-standard event registration & start time

PLEASE Check Event Time: 8am Reg, on snow 9am-4pm; 9am Reg, on snow 10am-6pm; 2pm Reg, on snow 3pm-10pm

If openings are available after the deadline date, members may be admitted based on availability- Absolutely no walk-ons will be admitted

A \$25 non-refundable late fee will be charged, please contact the office 518-452-6095 to inquire on availability.

Members become Level I by attending any Upgrade event and stating "Level I Certification Requested" on application. New members should submit a new member application and current dues payment prior to, or at the same time as event application. All upgrades count as exam prerequisite.

All educational events earn 6 CEU's per day - membership requires 12 CEU's every two seasons (NOTE: only passed exams earn CEU Credit)

Telemark Feature Events (Open to all members and non-members for an additional \$25)

Key No	Event	Description	Location	Price	Dates	Deadline
R#^ 013	Snowsports School Management Seminar	For Directors & Supervisors - Keynote; banquet	Killington, VT	265	Nov 28-30	11/09/16
R # 701	Children's Academy	New Format! Select Your Option	Mount Snow, VT	175	Dec 05-06	11/16/16
R#P 651	Tele Pro Jam	5 days; includes banquet	Mount Snow, VT	355	Dec 12-16	11/23/16
R#P 652	Tele Mini-Academy	2 days; open to all members	Mount Snow, VT	165	Dec 17-18	11/23/16
R # 677	Norwegian Tele Fling	2 days; Spring corn & bumps	Stowe, VT	140	Mar 25-26	03/08/17
R # 679	Tele Spring Rally	2 days; Après Ski party	Sugarbush, VT	200	Apr 08-09	03/15/17

Telemark Upgrades (Open to all members and non-members for an additional \$25) 2 days - \$140

ATTENTION **NEW MEMBERS** - If you are a new member wishing to attain Level I Certification at an event after February 15, 2017 – you still need to submit your new member application and event application **before the deadline date**. Your application will be processed on February 15 to ensure you receive the extended membership benefits. The event will be closed to registration on the deadline date printed on the event schedule. Thank you in advance for your understanding.

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R#P 650	Early Season Primer	Sunday River, ME	Dec 10-11	11/23/16	R#P^ 663	PM-Level I Learn to Tele	Blue Hills, MA	Feb 15-16	01/25/17
R#P 653	Early Season Primer	Seven Springs, PA	Dec 17-18	11/30/16	R#P 664	Inter/Adv Trees/Bumps	Mad River Glen, VT	Feb 16-17	01/25/17
R#P 654	Level I Learn To Tele	Mount Sunapee, NH	Jan 14-15	12/28/16	R#P 665	Trees/Bumps	Plattekill, NY	Feb 25-26	02/08/17
Rentals Available for Mount Sunapee Learn to Tele Event									
R#P 655	Carving On Piste Tactics	Okemo, VT	Jan 17-18	12/28/16	R#^ 666	Level I Learn to Tele	HoliMont, NY	Feb 27-28	02/08/17
R#P 656	Tele Freestyle Beg/Int	Mount Snow, VT	Jan 23-24	01/04/17	R#P 667	Intro/Interm Trees	Mount Snow, VT	Mar 01-02	02/08/17
R#P 657	Exam Prep/Upgrade	Killington, VT	Feb 01-02	01/11/17	R# 668	Off Piste Adventure	Smuggs Notch, VT	Mar 07-08	02/15/17
R#P 658	Intro to Trees/Bumps	Bretton Woods, NH	Feb 04-05	01/18/17	R# 669	Off Piste Adventure	Cannon Mtn, NH	Mar 09-10	02/15/17
R#P 659	Free Heel Women	Pico, VT	Feb 06-07	01/18/17	R# 670	Bumps All Levels	Belleayre, NY	Mar 11-12	02/22/17
R#P 660	Intermed Trees/Bumps	Gore Mountain, NY	Feb 09-10	01/18/17	R# 671	Ski Improvement	Windham Mtn, NY	Mar 18-19	03/01/17
R#P 661	Level I Learn to Tele	Stowe, VT	Feb 13-14	01/25/17	R# 676	Ski Improvement	Sunday River, ME	Mar 21-22	03/01/17
R#P 662	Level I Learn to Tele	Timberline, WV	Feb 13-14	01/25/17	R# 678	Off Piste Adventure	Sugarloaf, ME	Mar 29-30	03/08/17

Telemark Certification Exams (Open to all members with appropriate prerequisite) 2 days - \$155

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
672	Level II Exam	Killington, VT	Mar 18-19	03/01/17	674	DCL Exam	Killington, VT	Mar 18-19	03/01/17
673	Level III Exam	Killington, VT	Mar 18-19	03/01/17	675	DEV Exam	Killington, VT	Mar 18-19	03/01/17

Online Exams/Events - Director's Signature is NOT required August 15 to April 15 - Exams: \$20; eLearning: \$75

Key No.	Professional Knowledge Exams - 2 attempts only	Deadline	Key No.	e-Learning Courses - 6 CEU Credits	Deadline
988	Level II Online Exam	2017 Online Season	R M 990	History of Snowsports	2017 Online Season
989	Level III Online Exam	2017 Online Season	R M 991	Adult Develop & Aging	2017 Online Season
			R M 992	Working w/ VI&DD Ski	2017 Online Season

What
it's ALL
about...



"Share it!"

Nordic Cross Country Schedule for 2016 - 2017

Key: # = Events non-members may attend for \$25 additional fee * = Events with limited attendance; may fill prior to deadlines!
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 Weekend events are highlighted in blue. ^ = Non-standard event registration & start time

PLEASE Check Event Time: 8am Reg, on snow 9am-4pm; 9am Reg, on snow 10am-6pm; 2pm Reg, on snow 3pm-10pm

If openings are available after the deadline date, members may be admitted based on availability- Absolutely no walk-ons will be admitted

A \$25 non-refundable late fee will be charged, please contact the office 518-452-6095 to inquire on availability.

Members become Level I by attending any Upgrade event and stating "Level I Certification Requested" on application. New members should submit a new member application and current dues payment prior to, or at the same time as event application. All upgrades count as exam prerequisite.

All educational events earn 6 CEU's per day - membership requires 12 CEU's every two seasons (NOTE: only passed exams earn CEU Credit)

Cross Country Feature Events (Open to all members and non-members for an additional \$25)

Key No	Event	Description	Location	Price	Dates	Deadline
R#P 602	Instructor Train Course	3 days; Level I Exam	Bretton Woods XC Nordic Center, NH	175	Dec 20-22	11/30/16

Cross Country Upgrades (Open to members and non-members for an additional \$25) 2 days - \$130

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R#P 601	Early Season Primer	Craftsbury Outdoor XC Center, VT	Dec 06-07	11/16/16	R#P 609	Level I Skiing / Teaching Upgrade	Adventures Sports-Garrett College @ White Grass, WV	Feb 24-25	02/08/17
R#P 603	Level I Skiing / Teaching Upgrade	Gunstock X-C & Snowshoe Ctr, NH	Jan 19-20	12/28/16	R# 610	Level I Skiing / Teaching Upgrade	White Grass XC Touring Center, WV	Feb 25-26	02/08/17
R#P 604	Skiing Improvement	Jackson XC Ski Touring Center, NH	Jan 28-29	01/11/17	R# 611	Lite Backcountry Touring	Garnet Hill Lodge & XC Ski Area, NY	Feb 25-26	02/08/17
R#P 605	Level I Skiing / Teaching Upgrade	Mt. Van-Hoevenberg, NY	Feb 02-03	01/11/17	R# 612	Level I Skiing / Teaching Upgrade	Bethel Inn XC Ski School, ME	Feb 27-28	02/08/17
R#P 607	Master's Go Faster!	Trapps Family Lodge, VT	Feb 16-17	01/25/17	R# 617	Lite Backcountry Touring	Trapps Family Lodge, VT	Mar 11-12	02/22/17
R#P 608	Level I Skiing / Teaching Upgrade	Notchview XC Ski Center, MA	Feb 23-24	02/01/17					

Backcountry Accreditation (Open to all Certified members) 2 days - \$200

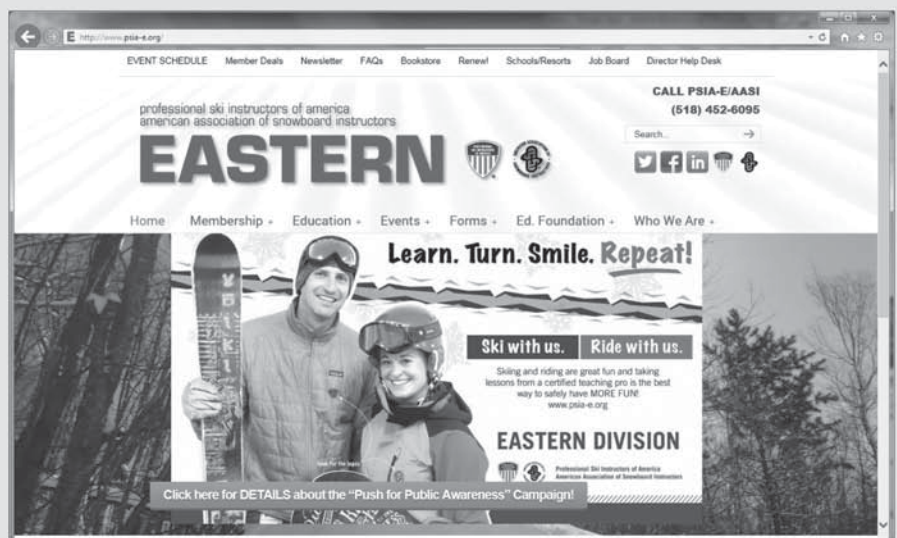
Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
600	Snow Sense & Plan	Camelback, PA	Oct 29-30	10/05/16	613	Putting It All Together	Maple Wind Farm, V	Mar 04-05	02/15/17
606	Collecting Data	Maple Wind Farm, V	Feb 04-05	01/18/17					

Cross Country Exams All Levels- 2 days - \$130

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
614	Level II Exam	Trapps Family	Mar 04-05	02/15/17	616	DEV Team Exam	Trapps Family	Mar 04-05	02/15/17
615	Level III Exam	Lodge, Vermont	Mar 04-05	02/15/17			Lodge, Vermont		



For the latest updates, visit us here





2016-2017 Pro Shop / Bookstore

Materials available from: **PSIA/AASI - Eastern Division**, 1-A Lincoln Ave, Albany, NY, 12205-4907
Orders can be faxed or mailed. Fax: (518) 452-6099 No phone orders, please.



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Signature _____	E-mail _____
	Member Number _____ Day phone _____

MANUALS AND VIDEOS (ALL PRICES AND AVAILABILITY SUBJECT TO CHANGE)		PRICE	QTY	TOTAL
126	Core Concepts Manual - <i>For all disciplines</i>	\$24.95		
152	Park & Pipe Instructor's Guide	19.95		
	Promotional Lesson Cards (Bundles of 50 business card-sized for notes to resort guests) EF Donation	5.00		
	Promotional "Ask for Our Certified Instructors" Car Magnets EF Donation	5.00		
	Exam Guides (please circle choice) - Alpine - AASI - Nordic D/H - Nordic T/S - Adaptive	5.00		

All exam guides (and history of changes) are available to download and print FREE at www.psia-e.org

ALPINE				
124	Alpine Technical Manual	34.95		
124/154	Alpine Technical Manual - with Electronic Version (Bundle)	39.95		
120	Adult Alpine Teaching Handbook, 2 nd Edition	<i>* New in 2015-2016 *</i> 24.95		
120/130	Adult Alpine Teaching Handbook, 2 nd Edition - with Electronic Version (Bundle)	<i>* New in 2015-2016 *</i> 29.95		
149	Tactics for All-Mountain Skiing	49.50		OUT OF STOCK*
174	Movement Analysis Pocket Guide, 2 nd Edition (Cues to Effective/Ineffective Skiing)	5.00		
17208	Alpine Cues to Effective/Ineffective Teaching	5.00		
328	PSIA-E Alpine Standards DVD	<i>* INVENTORY REDUCTION SALE! *</i> 5.00		

NORDIC				
127	Telemark Technical Manual	34.95		
127/157	Telemark Technical Manual - with Electronic Version (Bundle)	39.95		
308	PSIA-E Nordic Standards DVD	<i>* INVENTORY REDUCTION SALE! *</i> 5.00		
330	Tele Elements 2011 DVD	<i>* INVENTORY REDUCTION SALE! *</i> 5.00		

AASI / SNOWBOARD				
128	Snowboard Technical Manual	34.95		
128/158	Snowboard Technical Manual - with Electronic Version (Bundle)	39.95		
121	Snowboard Teaching Handbook, 2 nd Edition	<i>* New in 2015-2016 *</i> 24.95		
121/131	Snowboard Teaching Handbook, 2 nd Edition - with Electronic Version (Bundle)	<i>* New in 2015-2016 *</i> 29.95		
122	Snowboard Teaching Handbook (<i>Children & Adult</i>)	<i>* INVENTORY REDUCTION SALE! *</i> 16.00		
129	Snowboard Movement Analysis Handbook	40.00		OUT OF STOCK*
173	Vail Adult Snowboard Handbook	<i>* INVENTORY REDUCTION SALE! *</i> 5.00		

ADAPTIVE				
131	Adaptive Snowsports Instruction Manual	14.00		OUT OF STOCK*
331	Coaching Fundamentals for Adaptive Skiers DVD	15.00		
QC	The Quick Check Pocket Guide: Managing Behavior for Success on the Slopes	5.00		

CHILDREN'S/KIDS				
264	PSIA/AASI Children's Instruction Manual, 2 nd Edition	24.95		
161	PSIA Children's Alpine Handbook	22.95		
153	Children's Ski & Snowboard Movement Guide	5.00		
QT	Children's Quick Tips - Snowboard or - Alpine (PLEASE CIRCLE DISCIPLINE)	8.00		

PINS				
Registered Lapel Pin - PSIA or - AASI		(PLEASE CIRCLE DISCIPLINE)	3.00	
Certified PSIA Pin - Adaptive - Alpine - Nordic, Level - I - II - III		(PLEASE CIRCLE DISCIPLINE & LEVEL)	7.00	
Certified AASI Pin Level - I - II - III		(PLEASE CIRCLE LEVEL)	7.00	
Certified AASI Adaptive Pin Level - I - II - III		(PLEASE CIRCLE LEVEL)	7.00	
PSIA-E Master Teacher Certified Pin			7.00	

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For NY residents, please add 8%			

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Displaying 1 - 2 of 2



Featured Member

[Featured Pro - View Details](#)

Greg Paquin

For Those Looking To do More

Over 30 years working on Telemark Gear. I am the director of Telemark Skiing at Bromley in VT. Home of the nations oldest Telemark School. As a professional coach in the winter for Telemark Skiing and Sea Kayaking in the...

Teaches Telemark at Bromley Mountain
 5+ years of membership.

Age: In my 50's.

Specialties: Adults, Freestyle, Women

Certifications:

PSIA Telemark Level 3

2017 Board Elections for PSIA-E Regions 5 and 6

Overview for Members and Candidates

It is time for interested members in Region 5 (central & western New York) and Region 6 (eastern and northern New York) to declare their candidacy for the Board of Directors for the next three-year term of office. Per the Bylaws and our staggered regional election process, Regions 5 and 6 are up for election in early 2017. Following is an overview of this process. We encourage you to review this and get involved!

- Members interested in running for a Board seat must fill out and submit the candidacy form on the next page. It must be postmarked and sent via U.S. Mail to the Albany office no later than **December 30, 2016**. It may also be sent as a .pdf file via e-mail to mmendrick@psia-e.org. No one is permitted to run for more than one position; to do so will invalidate the form. Late candidacy forms will not be accepted.
- The winter issue of the *SnowPro* (out late-January) will include comprehensive candidate profiles and will serve as the official communication of candidate messages to voters in each electing region. In addition, there will be a dedicated web page for the election including candidate profiles and the ability for members to cast a secure vote online.
- The positions open include two Board seats for each of the three regions of PSIA-E up for election in 2017 (Regions 5 & 6).
- Elections for regional Board representatives are for three (3) year terms (beginning April 1, 2017 and concluding March 31, 2020).
- A position for which there is no candidate will be filled by Board appointment after the election.
- All submitted candidacy forms will be acknowledged by e-mail. Any concerns about confirmation must be resolved before the deadline.
- Qualifications for the Board seats: Must be a certified Level 1, 2 or 3 member in your fourth year of continuous membership. Complete qualifications in section 12.3 of association bylaws (available at www.psia-e.org). Must also meet the requirements of item #9 below.
- All members in good standing as of December 31 of each year may vote in the subsequent regional election. The Eastern Division of PSIA & AASI is divided into seven geographic regions (see "Around the Regions" section of the *SnowPro*). As a member, you may choose to be affiliated with one region – the one in

which you work as a snowsports instructor or the one in which you live. This affiliation is for regional mailing and voting purposes. **You should affiliate your membership with the region in which you are most active as a snowsports instructor.** If you have not previously chosen a regional affiliation (when you joined), the region in which you live would have been assigned as your designated regional affiliation by PSIA-E Bylaws, Section 10.8. In order to change your regional affiliation (to where you work as an instructor) you must notify the division office in writing (e-mail accepted) by December 31 for the subsequent election.

- To hold office in any region, a member must run for election in the region of his/her snowsports work affiliation (Association Bylaws, Article X, Section 10.3.c). You may be declared a member of only one region.
- Upon receipt of all valid candidacy forms and support materials, the division office will compile candidate profiles from all candidates in each electing region. These profiles will appear in the winter issue of the *SnowPro* (to be sent to members in late January, 2017) along with the official web page dedicated to the 2017 election.
- Voting for the 2017 election will take place online via electronic voting on a secure, dedicated web page.** Paper ballots will only be provided to members without online access upon request. Online voting will begin in late January and end on March 10, 2017.
- Official results will be announced by March 20, 2017 via broadcast e-mail, social media and the PSIA-E web site. Results will also be posted in the spring issue of the *SnowPro*. The

terms of the new Board members will begin on April 1, 2017, providing the opportunity for newly elected representatives to communicate with constituents prior to the June 2017 Board meeting.

Position Specifications:

Regional Director (Board) – This will be the person receiving the most votes among all persons running for Board seats within a region. A Regional Director will be responsible for, and will have final authority for, the administration of all regional affairs.

Regional Representative (Board) – This will be the person receiving the second most votes, *subject to item (a) below*, among all persons in a region running for Board seats. A Regional Representative will be responsible for assisting the Regional Director in regional matters as outlined by the Regional Director. Both the Regional Director and Regional Representative will sit on the Board of Directors and will exercise independent and equal voting rights.

(a) At least one Board member from each region must be a person who is not an examiner or employee of the organization; provided that at least one such individual is on the ballot.

Being an elected or appointed official requires some commitment. We urge members who have the interest, time and capability to submit candidacy forms. Board members should plan on two Board meetings a year (mid-October and mid-June), one or more regional meetings, and involvement in at least one ongoing project. Board Officers serving on the Executive Committee must commit to more time and participation than others.

This is your organization; your participation and your vote CAN make a difference. Get involved! ☞

ELECTION PROCEDURE CALENDAR

Fall <i>SnowPro</i> :	Candidacy form published.
December 30, 2016	All candidacy forms must be postmarked by this date and sent to the Albany office.
Late January 2017	The winter (Election) issue of the <i>SnowPro</i> , including all candidate profiles, will be mailed to members. The dedicated web page for the 2017 election will go "live" and be available for secure online voting.
March 10, 2017	Online voting deadline.
By March 20, 2017	Election results announced via multiple outlets.
April 1, 2017	New three-year Board terms begin for Region 5 and 6.

Official PSIA-E/AASI Candidacy Form

2017 Board Elections for Regions 5 and 6

Use this form to state your candidacy for the PSIA-E/AASI Board of Directors for the 2017 elections. Refer to "Election Overview for Members and Candidates" on the previous page of this issue for more details. Complete the entire form; do not omit any information. Remember to submit the information requested in items #1 and 2 below. Apply for only one position.

Personal Data for Board Seat Election

Please print or type

Name		
Address		
City	State	Zip
Daytime Phone	E-Mail	
Membership Discipline/Level	Membership Number	
School Affiliation/Position		
The region for which you are running for a Board seat: 5: (central/western NYS) 6: (eastern/northern NYS)		

Candidates must submit a separate document, preferably via e-mail, with the following information.

- 1) **Statement of your background and qualifications for the position you are seeking.**
- 2) **Statement of the general philosophies and directions you would support if elected.**

Each candidate will be provided with a profile in the Winter 2017 *SnowPro* (not to exceed 500 words per statement) as well as the dedicated election web page. Candidates may also choose to submit a photo or digital photo file (.jpg format preferred). The office will add a line of text above each space stating the position you are seeking, your name, membership level, and snowsports school affiliation.

Statements will be reproduced as submitted or written, subject to verification of factual information.

You must **submit this form by mail, fax** (518) 452-6099 or e-mail (PDF). We encourage you to submit your **support materials** (outlined in 1 & 2 above) **via e-mail** to mmendrick@psia-e.org.

Candidate Signature

Candidacy Forms must be postmarked no later than December 30, 2016

Send to PSIA-E Elections, 1-A Lincoln Ave., Albany, NY 12205




Professional Ski Instructors of America
Eastern/Education Foundation

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Albany, NY 12205-4900
Phone: 518-452-6095

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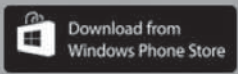



Kids' Kube

Kids' Kube is the app that will help guide the way to providing an effective activity or game, specifically geared toward your students.











Easy Install

Click and Scan





To check out the app, go to: www.psia-e.org/kidskubec or scan the code.